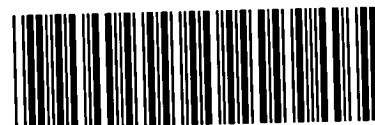


Health and Lifecare Options Limited
Registered No: SC289431

Modified Accounts
For the year ended 31 December 2016

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Health and Lifecare Options Limited

Balance Sheet

At 31 December 2016

| | Notes | 31.12.2016 £ | 31.12.2015 £ |
|---------------------------------------|-------|-----------------|-----------------|
| Fixed assets | | | |
| Fixed asset investments | 3 | 644,550 | 644,550 |
| | | | |
| Current liabilities | | | |
| Creditors falling due within one year | 4 | (105,304) | (105,304) |
| | | | |
| Net assets | | 539,246 | 539,246 |
| | | | |
| Capital and reserves | | | |
| Called up share capital | 5 | 14,286 | 14,286 |
| Share premium | | 595,714 | 595,714 |
| Profit and loss account | | (70,754) | (70,754) |
| | | | |
| Equity shareholders' funds | | 539,246 | 539,246 |

The notes on pages 2 and 3 form an integral part of these financial statements.

The financial statements have been prepared in accordance with the provisions applicable to companies subject to the small companies' regime. For the year ended 31 December 2016 the company was entitled to exemption from audit under section 480 of the Companies Act 2006 relating to dormant companies.

Members have not required the company to obtain an audit of its financial statements for the year in accordance with section 476 of the Companies Act 2006.

The directors acknowledge their responsibility for complying with the requirements of the Companies Act 2006 with respect to accounting records and the preparation of financial statements.

The financial statements on pages 1 to 3 were approved by the directors and authorised for issue on 02 June 2017.



J H Whitehead
Director

Health and Lifecare Options Limited
Company registration number: SC289431

Health and Lifecare Options Limited

Notes to the Financial Statements

For the year ended 31 December 2016

1 Basis of preparation

The financial statements have been prepared in accordance with Financial Reporting Standard 101 Reduced Disclosure Framework (FRS 101) and in accordance with applicable accounting standards. The Company transitioned from previously extant UK GAAP to FRS 101 in the period ended 31 December 2015. No adjustments arose from this transition.

The company did not trade during the year and accordingly no income statement has been prepared.

2 Employee information

The company had no employees during the period (2015: nil).

3 Fixed asset investments

| | 31.12.2016 £ | 31.12.2015 £ |
|-------------------|-----------------|-----------------|
| At cost: | 658,572 | 658,572 |
| Less: impairments | (14,022) | (14,022) |
| Net book value | 644,550 | 644,550 |

Fixed asset investments represent the Company's investment in its wholly owned subsidiary Health and Lifecare Options (Services) Limited, a company registered in Scotland.

The Company also holds an indirect investment in 100% of the issued share capital of Scot Home Care Limited, also registered in Scotland.

4 Creditors

| | 31.12.2016 £ | 31.12.2015 £ |
|--------------------------------------|-----------------|-----------------|
| Amounts falling due within one year: | | |
| Amounts due to Group companies | 105,304 | 105,304 |
| | 105,304 | 105,304 |

5 Called up share capital

| | 31.12.2015 £ | 31.01.2015 £ |
|-----------------------------------|-----------------|-----------------|
| Authorised: | | |
| 14,286 Ordinary shares of £1 each | 14,286 | 14,286 |
| Allotted, issued and fully paid | | |
| 14,286 Ordinary shares of £1 each | 14,286 | 14,286 |

Health and Lifecare Options Limited
Notes to the Financial Statements
For the year ended 31 December 2016

6 Immediate and ultimate parent undertakings

The immediate parent undertaking is Allied Healthcare Group Limited, a company incorporated in Great Britain.

The ultimate holding company is Aurelius Equity Opportunities SE & Co KGaA, a company registered and resident in Germany.

Aurelius Equity Opportunities SE & Co KGaA is the parent company of the smallest group of which the Company is a member and for which consolidated financial statements are prepared.