(A Company Limited by Guarantee)

Company Number SC260631
Charity Number SC029817

REPORT AND FINANCIAL STATEMENTS
FOR YEAR TO 31ST MARCH, 2016

Murray and Henderson Chartered Accountants, 13 William Street GREENOCK



SCT 16/07/2016 COMPANIES HOUSE #378

(A Company Limited by Guarantee)

FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31ST MARCH, 2016

CONTENTS	<u>PAGE</u>
Report of the Trustees/Management Committee	2 - 5
Independent Examiners' Report	6
·	
Statement of Financial Activities	7
Statement of I manoiar / lett vittes	•
Income and Expenditure Account	8 - 9
Balance Sheet	10 - 12
Notes to the Financial Statements	13 - 16

TRUSTEES ANNUAL REPORT: 2015 - 2016

Secretary

SECTION 1: REFERENCE & ADMINISTRATIVE DETAILS

Charity Name: Financial Fitness Resource Team

Scottish Charity: SC029817

Company No: 260631

Registered Office: 29 West Stewart Street, Greenock, PA15 1SH

Directors: Mary Sanderson Chairperson

Wilson Dunlop Eleanor Robertson Elizabeth Robertson William Rice

John Williams Barry Blust

Staff: Paul Findlay Manager

Jennifer Duffy
Ross MacTaggart
Elizabeth McArthur
Angela Hall
Ashley Campbell
Karen Burns
Adflice Manager
Admin Assistant
Adviser
Adviser
Adviser
Adviser
Adviser

Karen Burns Adviser
Ian Gallacher Money Adviser
Angela Barrilli Domestic Assistant

Bankers: Bank of Scotland, 64/66 West Blackhall Street, Greenock PA15 1XG

Accountant: Murray & Henderson, 13 William Street, Greenock PA15 1BT

Solicitor: Seamus Lamb, Maitlands Solicitors, 4 Brougham Street, Greenock PA16 8AA

SECTION 2: STRUCTURE, GOVERNANCE & MANAGEMENT

Financial Fitness Resource Team is registered as a company limited by guarantee and a recognised Scottish charity. The company began trading on 1 April 2004 in accordance with the Memorandum and Articles of Association, dated 11 December 2003. We are governed by a six-strong board of Directors, nominated and elected by members at the Annual General Meeting following the submission of an application for membership. Regulations dictate that there are a minimum of two Directors and no maximum number required. Overall responsibility for all aspects of the organisation lies with the Board of Directors. Board members have individual duties including chairing meetings, secretarial matters, linemanagement of the Manager and financial matters.

Day-to-day responsibility for managing the organisation lies with the Manager in liaison with the Board of Directors. The Manager is primarily responsible for over-seeing all aspects of service delivery, managing the staff team and exploring the financial sustainability of the Company. The Manager meets fortnightly with the Treasurer and monthly with the Board to monitor and discuss the organisation's progress.

The organisation employs a further eight staff members who are responsible for service delivery to Inverciyde residents. These staff are line-managed by the Manager and Board where appropriate.

SECTION 3: OBJECTIVES & ACTIVITIES

The primary objective of the organisation is

"To relieve the poverty of inhabitants of Inverclyde, regardless of age, disability, race, religion, sex, sexual orientation or other opinions, and in furtherance of the project will (a) disseminate information and provide advice and guidance relevant

to individuals and communities suffering disadvantage through poverty; (b) establish communication channels and promote collaborative work with relevant organisations operating within the anti-poverty advice field; (c) facilitate and or participate in working groups on tasks associated with anti-poverty initiatives; (d) liaise with national organisations, statutory agencies and others on order to influence policy, resourcing and promoting good practice". (Section 3, Memorandum of Association)

In practice the organisation provide the following services on an outreach basis:

- · Advice on all welfare benefits
- · Assistance with form filling
- Comprehensive benefit checks and back-to-work calculations
- Money advice
- Signposting clients to other agencies and services

SECTION 4: ACHIEVEMENTS & PERFORMANCE IN 2015-16

£5,147,190 SECURED IN UNCLAIMED BENEFITS

2015/16 has been another successful year for the Company, who managed to successfully secure £5,147,190 in unclaimed benefits for the residents of Inverclyde. This is an indication of just how much benefit is going unclaimed in the area and highlights the continuing need for the service across the district.

By maximising the incomes of local residents in this way, clients were able to have greater choice and better options in terms of health, diet, social participation and budgeting. In addition to this, people are able to have greater control over their lives, as informed lifestyle choices can now be made based on need rather than affordability.

2,220 NEW CLIENTS ADVISED AND ASSISTED THIS YEAR

We advised and assisted 2,220 new clients from across Inverclyde, ensuring local residents were able to access and claim a range of welfare benefits, thus maximising household incomes in the area. We were able to help these clients in a variety of ways, through form filling, better off in work calculations, benefit checks and general problem solving. The staff also provided ongoing assistance to many of the 30,000 existing clients who have received advice since 1999.

12 BENEFIT PRESENTATIONS MADE

As always, the Company was actively involved in informing the Inverciyde community of their possible benefit entitlements and keeping the public updated on changes that affect them. To this end, the staff delivered a total of 12 talks and presentations to a wide cross-section of the community, incorporating elderly, family and disabled groups. These presentations were attended by 112 people, all of whom were able to receive welfare benefits advice in their local environment.

SECTION 5: FINANCIAL REVIEW

The charity's financial year runs from 1 April 2015 to 31 March 2016. The Manager has day-to-day responsibility for managing the organisation's finances. He liaises regularly with the Treasurer and reports monthly to the Board of Directors who have ultimate control of the finances. At the end of the financial year the charity's accounts are independently audited and approved by the Board thereafter. Annual accounts are presented at the AGM for the corresponding financial year.

The Board of Directors have agreed a reserves policy which states that the organisation should attempt to build up a reserve equal to the average running costs for 6 months. These reserves would allow the charity to supplement shortfalls in restricted funding and maintain service delivery whilst planning effectively for the future. This policy is reviewed annually. On 31st March 2016 the General Reserves amounted to £197,424, which is slightly higher than the required amount.

Funding Received 2015-16

The following funds were received in 2015-16:

Inverclyde Council - Employability £93,664

(To provide financial advice to unemployed Inverciyde residents)

Inverclyde Housing Association Forum £28,000

(To provide advice to RSL tenants)

River Clyde Homes

£15,000

(To provide advice to RCH tenants)

People and Communities Fund

005 000

(To provide advice to unemployed Inverciyde residents)

Inverciyde Carers Strategy

£25,000

(To provide advice to Inverciyde carers)

Bank Of Scotland

£41,510

(To provide money advice to Inverclyde residents)

Scottish Legal Aid Board

£14,009

(To provide emergency advice for Inverclyde residents)

inverciyde HSCP

630,000

(To provide welfare reforms support to Inverclyde residents)

Comic Relief

£37,449

(To provide general advice services to vulnerable residents)

Lloyds TSE

£4,500

(To support clients with the introduction of Universal Credit)

Trusthouse Charity

£5.000

(To provide debt advice to vulnerable Inverclyde families)

SECTION 6: FUTURE PLANS

The Company have secured a contract with Inverciyde Community Development Trust to provide financial-based employability services until 30th September 2016.

The Company has also secured funding from the Scottish Government to help unemployed people back into work, until 31st March 2017.

The Company has also secured funding from the Scottish Legal Aid Board, HSCP, IHAF, Bank Of Scotland, Comic Relief and The Robertson Trust for a further year until 31st March 2017.

The Company are currently examining various funding opportunities and are in negotiations with a range of organisations to secure Service Level Agreements which can allow the service to continue on a longer-term basis.

The Company will also continue to strive to increase Board membership by actively recruiting new members.

SECTION 7: RESPONSIBILITIES OF THE TRUSTEES

The trustees (who are also the directors of Financial Fitness Resource Team Ltd. For the purposes of company law) are responsible for preparing the Trustees Annual Report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally accepted Accounting Practice).

Company law requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charitable company and of the incoming resources and application of resources, including the income and expenditure, of the charitable company for that period. In preparing these financial statements, the trustees are required to:

- · Select suitable accounting policies and then apply them consistently;
- · Observe the methods and principles in the Charities SORP;
- · Make judgements and estimates that are reasonable and prudent;
- State whether applicable UK Accounting Standards have been followed, subject to any material departures disclosed and explained in the financial statements;
- Prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charitable company will continue in operation.

The trustees are responsible for keeping proper accounting records that disclose with reasonable at any time the financial position of the charitable company and enable them to ensure that the financial statements comply with the Companies Act 2006. The trustees are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

INDEPENDENT EXAMINER

EDWARD MURRAY CA
MURRAY & HENDERSON
CHARTERED ACCOUNTANTS has been re-appointed as independent examiner for the ensuing year.

Registered Office 29 West Stewart Street Greenock PA15 1SH Signed by order of the trustees

Wilson Dunlop Company Secretary

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FINANCIAL FITNESS RESOURCE TEAM LIMITED COMPANY LIMITED BY GUARANTEE

INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES AND MEMBERS OF FINANCIAL FITNESS RESOURCE TEAM LIMITED YEAR ENDED 31ST MARCH, 2016

I report on the accounts of the Charity for the year ended 31st March, 2016 set out on pages 7 to 15.

RESPECTIVE RESPONSIBILITIES OF TRUSTEES AND INDEPENDENT EXAMINER

The Charity's Trustees (who are also the Directors of Financial Fitness Resource Team Limited for the purposes of Company Law) are responsible for the preparation of the accounts in accordance with the terms of the Charities and Trustee Investment (Scotland) Act 2005 and the Charities Accounts (Scotland) Regulations 2006. The Charity's Trustees consider that the audit requirement of Regulation 10(1) (a) to (c) of the Accounts Regulations does not apply. It is my responsibility to examine the accounts as required under section 44(1) (c) of the Act and to state whether particular matters have come to my attention.

BASIS OF INDEPENDENT EXAMINER'S STATEMENT

My examination is carried out in accordance with Regulation 11 of the Charities Accounts (Scotland) Regulations 2006. An examination includes a review of the accounting records kept by the Charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as Trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently I do not express an audit opinion on whether the accounts present a "true and fair view".

INDEPENDENT EXAMINER'S STATEMENT

In connection with my examination, no matter has come to my attention:

- (1) which gives me reasonable cause to believe that in any material respect the Trustees have not met the requirements to ensure that:
 - proper accounting records are kept in accordance with Section 44(1) (a) of the 2005 Act and Regulation 4 of the 2006 Accounts Regulations.
 - accounts are prepared which agree with the accounting records and comply with Regulation 8 of the 2006 Accounts Regulations.
- (2) to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

EDWARD MURRAY, C.A., MURRAY AND HENDERSON CHARTERED ACCOUNTANTS Independent Examiner

13 William Street Greenock

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STATEMENT OF FINANCIAL ACTIVITIES

Statement of Financial Activities for the year ended 31st March, 2016

	Total Funds 2015	Restricted Funds	Unrestricted Funds	Total Funds 2016
	£	£	£	£
Incoming Resources				·
Grants	321,850	202,857	130,928	333,785
Investment Income	-	-	-	-
Other Incoming Resources	50		-	-
Total Incoming Resources	321,900	202,857	130,928	333,785
5				
Outgoing Resources				
Direct Charitable Expenditure	256,747	196,943	66,283	263,226
Governance Costs	5,881	233	5,888	6,121
•			. ———	 .
Total Outgoing Resources	262,628	197,176	72,171	269,347
Net Incoming/(Outgoing)			`	
Resources Before Transfer	59,272	5,681	58,757	64,438
Transfers		- ·	<i>7</i> .	-
Net Movement in Funds for Year	59,272	5,681	58,757	64,438
Total Funds at 1 st April, 2015	90,540	11,145	138,667	149,812
Total Funds at 31st March, 2016	149,812	16,826	197,424	214,250
	· · ·			

INCOME AND EXPENDITURE ACCOUNT FOR YEAR TO $31^{\rm ST}$ MARCH, 2016

,		<u>201</u> £	<u>6</u>	201 £	<u>5</u>
Income	,	r		L	
Grants Received					
NHS – Greater Glasgow &	& Clyde	-		25,000	
Inverclyde Council- Empl	loyability	97,847		83,329	
Supp	ort and Connect	4,919		12,296	
Bene	fit Advice	44,009		12,672	
Carer	rs .	25,000		-	
Inverclyde CHCP		-		-	
The Scottish Government		63,028		46,481	
Total Government Funding	g		234,803		179,778
Trusthouse Charitable For	undation		5,000		-
Oak Tree Housing Associ	ation		28,000		28,000
Comic Relief			18,725		-
River Clyde Homes			15,000		30,000
Big Lottery Fund - Gre Ser	enock Central/East vice	Advice	 -		73,572
Bank of Scotland Foundat	ion - Small Grant	s	4,000		-
	Large Grant	s	23,257		10,500
CVS Inverclyde			500		-
Lloyds TSB - Henry Dune	can Foundation		4,500		-
Total Grant Funding			333,785		321,850
Other Income					
Bank Interest Received		-		-	
Training Course Income		-		-	
Sundry Income		-		-	
Donations				50 —	
			-		50
Total Income for Year			333,785		321,900
			- 1,		

INCOME AND EXPENDITURE ACCOUNT FOR YEAR TO 31^{ST} MARCH, 2016

	<u>2016</u>	1	<u>2015</u>	
	£		£	
EXPENDITURE				
Employee Costs:				
Salaries and Pension Costs Travel	218,705 1,466		209,788 1,398	
		220,171		211,186
Property Costs:				
Rent and Service Charges		20,083		20,902
Administration Costs:				
Stationery Telephone and IT Costs Postage Equipment Leasing and Maintenance	2,732 5,476 2,512 202		1,799 4,440 1,884 -	
		10,922		8,123
Other Costs:				
Professional Fees Accountancy Fees Insurance Hospitality Tutor Costs Training Costs Bank Charges Publications, Handbooks and Printing Advertising and Promotion Equipment Petty Cash and Sundry Expenses	6,121 1,705 - 4,400 1,561 35 388 1,305 - 2,656		5,881 3,121 - - 8,657 36 - 2,422 - 2,300	
		18,171		22,417
TOTAL EXPENDITURE		269,347		262,628
UNDER/(OVER) SPEND FOR YEAR		64,438		59,272

FINANCIAL FITNESS RESOURCE TEAM		Page	10
BALANCE SHEET AS AT 31 ST MARCH, 2016	<u>2016</u>	<u>2015</u>	
CURRENT ASSETS	£	£	
Cash at Bank Cash on Hand Debtors and Prepaid Expenses	180,114 400 52,135		134,102 400 28,507
CURRENT LIABILITIES	232,649		163,009
Accrued Charges	18,399		13,197
NET CURRENT ASSETS	214,250		149,812
Represented By:		•	
Unrestricted Funds	·		
GENERAL FUND			
Balance Brought Forward (Over)/Underspend in Year Transferred to General Fund	138,667 58,757 -	88,142 58,997 (8,472)	
Total Unrestricted Funds	197,424		138,667
Restricted Funds		•.	
BIG LOTTERY FUND 1 – OVER 50'S			
Balance Brought Forward (Over)/Underspend in Year Transferred to General Fund	- - - -	10,056 - (10,056) ———	-
BIG LOTTERY FUND 2 – GREENOCK C	ENTRAL/EAST		
Balance Brought Forward (Over)/Underspend in Year Transferred to General Fund	- - -	(4,205) (1,693) 5,898	
PEOPLE AND COMMUNITIES FUND Balance Brought Forward (Over)/Underspend in Year	2,174 657	2,135 39	-
	2,831		2,174

BANK OF SCOTLAND FOUNDATION FUND/

	$\frac{2}{2}$	<u> 2016</u>	<u>2015</u>
		£	£
BANK OF SCOTLAND FOUND	ATION FUND	<u>!</u>	
Balance Brought Forward (Over)/Underspend in Year Transferred to General Fund	4,485 -	,	169 - (169)
COMIC RELIEF FUND		4,485	
Balance Brought Forward (Over)/Underspend in Year Transferred to General Fund	- 1,179 -		
		1,179	
CHANGE FUND			•
Balance Brought Forward (Over)/Underspend in Year Transferred to General Fund	- - -		(1,834) - 1,834
			
INVERCLYDE COUNCIL FUNI	O – EMPLOYA	BILITY	
Balance Brought Forward (Over)/Underspend in Year Transfers	8,971 (640)		7,042 1,929
	 ,	8,331	8,971
SCOTTISH GOVERNMENT - A	DVICE 4 ALL	4	
Balance Brought Forward (Over)/Underspend in Year	-		(10,965)
Transferred to General Fund	-	-	10,965
	•		
Total Restricted Funds		16,826	11,145
TOTAL FUNDS		214,250	149,812

The Trustees are satisfied that the Company is entitled to exemption from the provisions of the Companies Act 2006 (the Act) relating to the audit of the financial statements for the year by virtue of section 477 (2), and that no member of members have requested an audit pursuant to section 476 (1) of the Act.

The Trustees acknowledge their responsibilities for:

- (i) ensuring that the Company keeps proper accounting records which comply with Section 386 of the Act, and
- (ii) preparing financial statements which give a true and fair view of the state of affairs of the Company as at the end of the financial year and of its surplus or deficit for the financial year in accordance with the requirements of Section 393, and which otherwise comply with the requirements of the Act relating to financial statements, so far as applicable to the Company

These financial statements were approved by the Members of the Committee on 15th June, 2016 and signed on their behalf by:

Mary Sanderson, Chairperson.

Company Registration Number: SC260631

FINANCIAL FITNESS RESOURCE TEAM		Page 13
NOTES TO THE ACCOUNTS		
FUND MOVEMENTS FOR YEAR TO 31 ST MARCH, 2016		
	<u>2016</u>	<u>2015</u>
	£	£
<u>Unrestricted Funds</u>		
General Fund		
Grant Income	130,928	118,468
Sundry Income	-	-
Bank Interest	-	-
Training Course Income Donation	-	50
Donation	-	
	130,928	118,518
Expenditure	7 2,171	59,521
(Over)/Underspend For Year	58,757	58,997
Restricted Funds Big Lottery Fund 2 – Greenock Central/East Advice Service		
Grants Received Expenditure	-	73,572 75,265
Expenditure	<u>-</u>	
(Over)/Underspend in Year	-	(1,693)
People and Communities Fund		
Grants Received	63,028	46,481
Expenditure	62,371	46,442
(Over)/Underspend for Year	657	39
Bank of Scotland Foundation Fund		
Grant Received	23,257	-
Expenditure	18,772	-
(Over)/Underspend for Year	4,485	-

NOTES TO THE ACCOUNTS

FUND MOVEMENTS (CONT'D) FOR YEAR TO 31ST MARCH, 2016

	<u>2016</u>	<u>2015</u>
	£	£
Comic Relief Fund	_	
Grant Received	18,725	-
Expenditure	17,546	-
(Over)/Underspend for Year	1,179	-
		
Change Fund		
Grant Received	_	
Expenditure	- .	. •
(Over)/Underspend for Year	-	
(S. vor.), Shadropond for Tom	-	
Inverciyde Council Fund - Employability		
Grant Received	97,847	
Expenditure	98,487	81,400
(O)(II. 116X	((40)	1.020
(Over)/Underspend for Year	(640)	1,929
Scottish Government – Advice 4 All	•	
Grant Received	-	-
Expenditure	-	-
(Over)/Underspend for Year		
(Svor), Shadispond for You		
	·	
Restricted Funds – (Over)/Underspend for Year	5,681	275
(C.11), C.12(C.11)		
	<i>(4.1</i> 20	50.050
Total (Over)/Underspend for Year	64,438	59,272
		

NOTES TO THE ACCOUNTS 31ST MARCH, 2016

1/ ACCOUNTING POLICIES

Convention

These financial statements have been prepared under the Historical Cost Convention and in accordance with applicable United Kingdom Accounting Standards. The Statement of Recommended Practice "Accounting and Reporting by charities" issued in March, 2005 (SORP 2005) and the Companies Act 2006.

Turnover

Turnover is the amount derived from the receipt of Grants and Sundry Income falling within the Company's ordinary activity.

Cash Flow Statement

The Trustees have taken advantage of the exemption in financial Reporting Standard No. 1 (revised) from including a cash flow statement in the financial statements on the grounds that the Company is small.

2/ SHARE CAPITAL

The Company is limited by Guarantee. It has no Share Capital.

3/ DEBTORS

All debtors are receivable within 12 months.

4/ ACCRUED CHARGES

	<u>2016</u>	<u>2015</u>
	£	£
Grants in Advance	7,752	5,270
Employment Costs	6,426	4,862
Accountancy Fee	3,000	2,500
Sundry Creditors	1,221	296
Property Cost	-	269
	18,399	13,197

FÍNANCIAL FITNESS

NOTES TO THE ACCOUNTS (CONT'D)

5/ FUNDS ANALYSIS

RESTRICTED FUNDS					
	Balance at 1/4/15	Income In Period	Transfers	Expenditure in Period	Balance at 31/3/16
	£	£	£	£	£
Big Lottery Fund1 – Over 50's	· -	· . · . · <u>-</u> / · · · .	, -	-	<u>-</u> ·
Big Lottery Fund 2 – Greenock Central/East	r en partir en en En en		: : : -	1	_
People and Communities Fund	2,174	63,028		62,371	2,831
Bank of Scotland Foundation Fund	! -	23,257		18,772	4,485
Change Fund	-		-	-	-
Inverclyde Council Fund – Employability	8,971	97,847	-	98,487	8,331
Comic Relief Fund	:	18,725		17,546	1,179
	11,145	202,857	-	197,176	16,826
					
UNRESTRICTED FUNDS					
General Fund	138,667	130,928	- .	72,171	197,424
			-		