In accordance with Section 444 and 448 of the Companies Act 2006.

AA02

Dormant company accounts (DCA)



	You can use the Please go to w			o file dormant co .uk	отралу асс	ounts online		
	What this is for You may use the company accounting per after 6th April 2 the guidance in before complet	ne AA02 'Dorma unts' (DCA) for iods beginning 2008. Please re 1 Section 6	on or	What this is N You cannot use accounting peri 6th April 2008.	the AA	SCT	*SWXRF 03/02/2 DMPANIES	011 238
1	Company d	etails						
Company number	S C 2	5 8 1	4 4				→ Filling in	
Company name in full	ACTIVE HEALTH & WEALTH LIMITED Please complete in typescript bold black capitals. All fields are mandatory unle specified or indicated by *						ck capitals. are mandatory unless	
2	Date of bal	ance sheet						
Date of balance sheet	d 1	^m 1 0	y ₂ y	0 1 0				
3	Accounts	1 1		<u>' ' ' ' ' ' ' ' ' ' ' ' ' ' ' ' ' ' ' </u>				,
						Current Year		Previous Year
			Called	l up share capital	not paid	f 1		£ 1
	Cash at bank and in hand				£		£	
			Net a	ssets		£ 1	· · · · · · · · · · · · · · · · · · ·	£ 1
Issued share capital		<u>.</u>				·		
Ordinary shares	1	of	£ 1		each	1		1
			Share	holders' fund		f ₁		£ 1
	Statements							
	For the below year ending the company was entitled to exemption from audit under section 480 of the Companies Act 2006 relating to dormant companies.							
For the year ending	^d 3 ^d 1	1 0	^y 2	0 1 0				
	 Director's responsibilities: The members have not required the company to obtain an audit of its accounts for the year in question in accordance with section 476. The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting periods and the preparation of accounts. These accounts have been prepared in accordance with the provision applicable to companies subject to small companies' regime. Please tick the box if during the year the company acted as an agent for a person. 							

- AAO2 Dormant company accounts (DCA)

5 Director's signature and name Signature X Director's name Ms. P.E.Morton Guidance This guidance is on preparing dormant company accounts for a company	Please insert the date the accounts were approved by the board of directors Please Note:
Signature X Director's name Ms. P.E.Morton Guidance This guidance is on preparing dormant company accounts for a company limited by shares where its only transaction is the issue of subscriber shares and the company is not a subsidiary: for financial years beginning	Please Note:
Director's name Ms. P.E.Morton Guidance This guidance is on preparing dormant company accounts for a company limited by shares where its only transaction is the issue of subscriber shares and the company is not a subsidiary: for financial years beginning	Please Note:
Guidance This guidance is on preparing dormant company accounts for a company limited by shares where its only transaction is the issue of subscriber shares and the company is not a subsidiary: for financial years beginning	Please Note:
This guidance is on preparing dormant company accounts for a company limited by shares where its only transaction is the issue of subscriber shares and the company is not a subsidiary: for financial years beginning	Piesco Note:
limited by shares where its only transaction is the issue of subscriber shares and the company is not a subsidiary: for financial years beginning	Places Note:
 a. The attached template for dormant company accounts is only suitable for those companies limited by shares which have never traded and where the only transaction entered into the accounting records of the company is the issue of subscriber shares. b. Shares may be fully paid, partly paid or unpaid: Any paid element should be shown as "Cash at Bank and in hand", Any unpaid element shown as "Called up share capital not paid". c. Dormant companies acting as an agent for any person must state that they have so acted in Section 3. d. A fee or penalty raised on the company for the payment of an annual return fee, change of name fee, reregistration fee, or late filing penalty may be omitted from the company records and this DCA - if the payment was made by a third party without any right of reimbursement. e. The company directors are responsible for preparing and filing accounts at Companies House that comply with the requirements of the Companies Act and failure to do so may result in prosecution. Should you have any doubt about the company's entitlement to file dormant accounts, or the preparation of those accounts, you should seek professional advice. f. This guidance only advises on the preparation of abbreviated dormant accounts which can be filed at Companies House. It does not advise on the preparation of full accounts for the members. 	The total of Net Assets should equal the total of Shareholders' Funds. The DCA is only suitable for dormant companies where the company's only transaction is one mentioned in 'a' above and the company is not a subsidiary. Do not use the DCA if your company is a charity or is limited by guarantee or has no shares. Do not use the DCA if preparing accounts in accordance with International Accounting Standards (IAS).

Presenter information	Important information		
You do not have to give any contact information, but if you do it will help Companies House if there is a query. The contact information you give will be visible to	Please note that all this information will appear on the public record.		
searchers of the public record.	☑ Where to send		
Contact name	You may return the DCA to any Companies House		
Company name	address, however for expediency we advise you to return it to the appropriate address below:		
Address	For companies registered in England and Wales: The Registrar of Companies, Companies House, Crown Way, Cardiff, Wales, CF14 3UZ. DX 33050 Cardiff.		
Post town	For companies registered in Scotland:		
\	The Registrar of Companies, Companies House, Fourth floor, Edinburgh Quay 2,		
County/Region Postcode	139 Fountainbridge, Edinburgh, Scotland, EH3 9FF. DX ED235 Edinburgh 1		
Country	or LP - 4 Edinburgh 2 (Legal Post).		
DX	For companies registered in		
Telephone	Northern Ireland: The Registrar of Companies, Companies House,		
	Second Floor, The Linenhall, 32-38 Linenhall Street,		
✓ Checklist	Belfast, Northern Ireland, BT2 8BG. DX 481 N.R. Belfast 1.		
We may return dormant company accounts completed incorrectly or with information missing.			
Please make sure you have remembered the	Further information		
following:	For further information, please see the guidance notes		
☐ The company name and number match the information held on the public Register. ☐ You have entered the date of the balance sheet in	on the website at www.companieshouse.gov.uk or email enquiries@companieshouse.gov.uk		
Section 2.	Dormant company accounts are		
 ☐ You have completed Section 3 correctly. ☐ You have entered the date of approval of the 	available in an alternative format.		
accounts in Section 4. A Director has signed the DCA and printed their	Please visit the forms page on the		
name.	website at		
☐ You have read the guidance in Section 6.	www.companieshouse.gov.uk		
	www.companiesnouse.gov.uk		

12 CASTING VOTE

If the numbers of votes for and against a proposal are equal, the Chairman or other Director chairing the meeting has a casting vote unless the Chairman or other Director is not to be counted as participating in the decision-making process for quorum or voting purposes in accordance with these Articles.

13 TRANSACTIONS OR OTHER ARRANGEMENTS WITH THE COMPANY

Provided he has declared the nature and extent of his interest in accordance with the Act, a director is entitled to vote on any resolution of the Directors or of a committee of Directors concerning any contract, transaction, arrangement or proposal to which the Company is or is to be a party and in which he or a person connected with him within the meaning of section 252 of the Act has an interest and shall be counted in the quorum for the meeting of Directors in relation to such contract, transactions, arrangement or proposal.

14 RECORDS OF DECISIONS TO BE KEPT

The Directors must ensure that the Company keeps a record, in writing, for at least 10 years from the date of the decision recorded, of every unanimous or majority decision taken by the Directors. Where decisions of the Directors are taken by electronic means, such decisions must be recorded by the Directors in permanent form so that they may be read by the naked eye.

15 DIRECTORS' DISCRETION TO MAKE FURTHER RULES

Subject to these Articles and the Act, the Directors may make any rule which they think fit about how they take decisions, and about how such rules are to be recorded or communicated to Directors.

16 METHODS OF APPOINTING DIRECTORS

- Any person who is willing to act as a Director, and is permitted by law to do so, may be appointed to be a Director by ordinary resolution.
- 16.2 In any case where, as a result of death, the Company has no Shareholders and no Directors, the personal representatives of the last Shareholder to have died have the right, by notice in writing, to appoint a person to be a Director.
- For the purposes of article 16.2, where two or more Shareholders die in circumstances rendering it uncertain who was the last to die, a younger Shareholder is deemed to have survived an older Shareholder.
- 16.4 If as a result of death or Bankruptcy, the Company has no shareholders and no Directors, the Transmittee of the last Shareholder to have died or had a bankruptcy order made against him has the right by notice in writing to appoint any natural person who is willing to act and is permitted to do so, to be a Director.