

REGISTERED COMPANY NUMBER: SC247216 (Scotland)  
REGISTERED CHARITY NUMBER: SC034256

**Report of the Trustees and  
Financial Statements for the Year Ended 30 April 2022  
for  
Parkinson's Self Help Group  
(North Lanarkshire)**

Brett Nicholls Associates  
Herbert House  
24 Herbert Street  
Glasgow  
G20 6NB

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COMPANIES HOUSE

**Parkinson's Self Help Group  
(North Lanarkshire)**

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for the Year Ended 30 April 2022**

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**Parkinson's Self Help Group  
(North Lanarkshire)**

**Reference and Administrative Details  
for the Year Ended 30 April 2022**

**TRUSTEES**

I Eadie (Chairperson from 21.10.21)  
N Cameron (Chairperson) (resigned 21.10.21)  
J McCardle (Vice Chairperson from 21.10.21)  
H Orr (Treasurer)  
M Murray  
L Guild  
J Graham  
C Donaldson (appointed 28.4.22)  
R Armstrong (appointed 11.11.21) (resigned 3.3.22)  
A McNeil (appointed 28.9.22) (resigned 21.10.21)  
A McNeil (appointed 28.9.22) (resigned 21.10.21)  
M Houston (resigned 21.10.21)  
M McNicol (resigned 3.3.22)  
W Irving (appointed 8.11.21) (resigned 21.4.22)  
F Tweedie (appointed 28.4.22)  
D McNeil (appointed 29.9.22)  
C McClory (appointed 29.9.22)

**COMPANY SECRETARY**

M Murray

**REGISTERED OFFICE**

Former Weavers Cottages  
23/25 Wellwynd  
Airdrie  
ML6 0BN

**REGISTERED COMPANY NUMBER** SC247216 (Scotland)

**REGISTERED CHARITY NUMBER** SC034256

**INDEPENDENT EXAMINER**

Brett Nicholls Associates  
Herbert House  
24 Herbert Street  
Glasgow  
G20 6NB

**BANKERS**

Bank of Scotland  
PO Box 1000  
BX2 1LB

**Parkinson's Self Help Group  
(North Lanarkshire)**

**Report of the Trustees  
for the Year Ended 30 April 2022**

The trustees who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 30 April 2022. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

**OBJECTIVES AND ACTIVITIES**

**Significant activities**

The charitable purpose and aims of Parkinson's Self Help Group ("PSHG") as agreed by the management group are:

"To create a unique, happy and sustainable atmosphere for people with Parkinson's, their carers and their families. Where they are safe, secure, supported and can be themselves. Exchange and share experiences and problems in a friendly "relaxing environment".

This aim is supported by the following more detailed objectives:

1. To provide a range of specific support services to Parkinson's sufferers and their carers, including a range of centre based and external activities for members; outreach services; and provision of a respite service to carers.
2. To develop all provision based on the operation of ongoing systems to record and respond to customer needs.
3. To ensure appropriate access to services for all potential user groups.
4. To promote wider community and public agency understanding of Parkinson's disease, and its implications for sufferers and carers.
5. To develop and continually support a user led Board of Directors, and to operate the highest standards of company governance.
6. To robustly record and monitor all aspects of company performance.

**ACHIEVEMENT AND PERFORMANCE**

**Charitable activities**

As is now customary, I would like you all to take a few moments of silence, as we remember ALL, of our friends who have passed away, both over the past year and years gone by.

We continue to consult with our members on the services and activities provided, through our yearly combined services form, together with ongoing group and individual discussions. This is to ensure we are meeting the needs of those using the services, encouraging feedback and suggestions of additional services and activities, with the aim of improving the lives of individuals, carers, families and communities, who experience negative physical health, mental health and emotional challenges and barriers due to a diagnosis of a neurological condition. These past and current projects have served to break down barriers, having a significant, positive impact on individual's happiness, security, quality of life and wellbeing whilst also reducing isolation and empowering people. We continue to encourage and nurture peer and natural support networks to those using the services, together with providing support via staff/volunteers, signposting and referring to appropriate services.

**Parkinson's Self Help Group  
(North Lanarkshire)**

**Report of the Trustees  
for the Year Ended 30 April 2022**

**ACHIEVEMENT AND PERFORMANCE**

**Charitable activities**

Outreach

We have put a large amount of effort and resources into the outreach work of the group over the last year. This was done through face to face, online and social media. We have been establishing and growing close working relationships with all statutory, voluntary and community organisations in North Lanarkshire. Being part of the consortium and other groups allows us to benefit from the knowledge and experience of others and also ensures that the wider community are aware of the services and activities that we can provide. We have also continued establishing links through GP practices, hospital discharge teams, local Councillors and others to provide information and encourage referrals to the group and continued to build relationships with minority groups within the local community.

Funding

We are currently funded through a number of different funding streams both national and local - RS MacDonald, National Lottery Community Fund, North Lanarkshire Council, the Corra Foundation and the Community Solutions framework. We would like to thank these funders for their on-going support. As you will appreciate funding is an on-going challenge for the group and the Board of Directors and staff continue to strive to ensure financial security for the coming years.

Fundraising/Donations

On behalf of the Board, I would like to thank those individual's and groups who have made donations over the past year.

We have had a number of fundraising events - Anniversary and Christmas outing, Summer Fair, Raffles. Again I would like to thank those that gave their time to organise, attend and help us raise some funds. The 50/50 Club also ran smoothly during the year.

Updates

We continue to provide therapies to improve physical and mental health, with funding awarded through the Corra Foundation to allow our therapist to undertake training such as Reflexology to extend the options open to our members.

Our Support Groups are on-going for both individual's with a diagnosis, carers and families. We provide lunches and activities on these days, such as tai chi, gentle exercise classes, Bollywood dancing, musical memories and relaxation sessions.

Leaflets have been widely distributed highlighting the services and activities provided and the individual's and families that can access these. We have had a number of new members join the group over the past year.

Introduction of new projects 2022.

In 2022, we have a new project around the health benefits of plant based foods through lunches and taster sessions and we have re-opened the Community Café.

We have also begun developing the garden space attached to the premises, recognising the beneficial effects of nature exposure on mental health and wellbeing, with many users commenting on how peaceful and relaxing they are finding it. We have also created a rose memorial garden, this has been a lovely part of the project to be involved in.

Moving Forward

With diagnosis set to rise by nearly a fifth in 2025, the need for appropriate and accessible services will become greater. Our current and future projects will allow the group, to nurture, continue and grow the services that are currently offered, with the intention to increase the capacity of the services.

**FINANCIAL REVIEW**

**Financial position**

The charity incurred a net deficit of £3,032 for the year ended 30 April 2022 (2021: surplus of £8,866).

At the balance sheet date, reserves totalled £36,532 (2021: £39,564), which comprises unrestricted free reserves of £21,090 (2021: £15,943) and restricted funds of £15,442 (2021: £23,621).

**Parkinson's Self Help Group  
(North Lanarkshire)**

**Report of the Trustees  
for the Year Ended 30 April 2022**

**FINANCIAL REVIEW**

**Reserves policy**

Parkinson's Self Help Group (North Lanarkshire) is currently dependant on Project funding to sustain its activities, earned income alone would not allow PSHG to continue operating. This means that if there were to be a gap in Project funding, it is likely that PSHG would have to reduce its main operations and staffing levels. To avoid closure, if funding difficulties were to happen, the PSHG Board has agreed to work towards a reserve target figure of £54,771 to ensure that main operations can continue for a period of 3 - 4 months.

At the end of the financial year the level of free reserves was £21,090, which is below the target.

At this time the main concerns of the Board were to ensure:

1. That staff can continue working, primarily to secure funding
2. That members/Service Users are supported to move to other services (should it become necessary)/

The level of reserves is monitored every month by Staff & the PSHG Board of Directors.

The gap in Project funding required to be addressed to enable PSHG to increase its income generation over a 3 year period to achieve its target of Reserved Income.

This policy will be reviewed annually and whenever there are significant changes in funding or staffing levels.

**STRUCTURE, GOVERNANCE AND MANAGEMENT**

**Governing document**

The charity is controlled by its governing document, a memorandum and articles of association as a company limited by guarantee, as defined by the Companies Act 2006.

**Key management remuneration**

In the opinion of the directors the member of key management is the centre coordinator. The total employer cost paid to this post in 2021-22 was £27,358 (2021: £26,874).

Approved by order of the board of trustees on .....12 October 2022..... and signed on its behalf by:

.....**IAN EADIE**.....

I Eadie - Trustee

**Independent Examiner's Report to the Trustees of  
Parkinson's Self Help Group  
(North Lanarkshire)**

I report on the accounts for the year ended 30 April 2022 set out on pages six to sixteen.

**Respective responsibilities of trustees and examiner**

The charity's trustees are responsible for the preparation of the accounts in accordance with the terms of the Charities and Trustee Investment (Scotland) Act 2005 and the Charities Accounts (Scotland) Regulations 2006 (as amended). The charity's trustees consider that the audit requirement of Regulation 10(1)(a) to (c) of the Accounts Regulations does not apply. It is my responsibility to examine the accounts as required under Section 44(1)(c) of the Act and to state whether particular matters have come to my attention.

**Basis of the independent examiner's report**

My examination was carried out in accordance with Regulation 11 of the Charities Accounts (Scotland) Regulations 2006. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently I do not express an audit opinion on the view given by the accounts.

**Independent examiner's statement**

In connection with my examination, no matter has come to my attention :

- (1) which gives me reasonable cause to believe that, in any material respect, the requirements
- to keep accounting records in accordance with Section 44(1)(a) of the 2005 Act and Regulation 4 of the 2006 Accounts Regulations; and
  - to prepare accounts which accord with the accounting records and to comply with Regulation 8 of the 2006 Accounts Regulations

have not been met; or

- (2) to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.



David Nicholls FCCA  
Fellow, Association of Chartered Certified Accountants  
Brett Nicholls Associates  
Herbert House  
24 Herbert Street  
Glasgow  
G20 6NB

Date: 12 October 2022

**Parkinson's Self Help Group  
(North Lanarkshire)**

**Statement of Financial Activities  
(Incorporating an Income and Expenditure Account)  
for the Year Ended 30 April 2022**

	Notes	Unrestricted funds £	Restricted funds £	2022 Total funds £	2021 Total funds £
<b>INCOME AND ENDOWMENTS FROM</b>					
Donations and legacies	2	21,447	86,330	107,777	118,241
Other trading activities	3	12,164	-	12,164	2,188
Other income	4	4,000	-	4,000	4,000
<b>Total</b>		<u>37,611</u>	<u>86,330</u>	<u>123,941</u>	<u>124,429</u>
<b>EXPENDITURE ON</b>					
Raising funds	5	3,011	1,044	4,055	216
<b>Charitable activities</b>	6				
Providing support to Parkinson's sufferers and carers.		29,453	93,465	122,918	115,347
<b>Total</b>		<u>32,464</u>	<u>94,509</u>	<u>126,973</u>	<u>115,563</u>
<b>NET INCOME/(EXPENDITURE)</b>		5,147	(8,179)	(3,032)	8,866
<b>RECONCILIATION OF FUNDS</b>					
<b>Total funds brought forward</b>		15,943	23,621	39,564	30,698
<b>TOTAL FUNDS CARRIED FORWARD</b>		<u>21,090</u>	<u>15,442</u>	<u>36,532</u>	<u>39,564</u>

**CONTINUING OPERATIONS**

All income and expenditure has arisen from continuing activities.



**Parkinson's Self Help Group  
(North Lanarkshire)**

**Balance Sheet  
30 April 2022**

	Notes	2022 £	2021 £
<b>CURRENT ASSETS</b>			
Debtors	12	2,696	2,142
Cash at bank		35,202	38,522
		<u>37,898</u>	<u>40,664</u>
<b>CREDITORS</b>			
Amounts falling due within one year	13	(1,366)	(1,100)
		<u>36,532</u>	<u>39,564</u>
<b>NET CURRENT ASSETS</b>			
		<u>36,532</u>	<u>39,564</u>
<b>TOTAL ASSETS LESS CURRENT LIABILITIES</b>			
		<u>36,532</u>	<u>39,564</u>
<b>NET ASSETS</b>			
		<u>36,532</u>	<u>39,564</u>
<b>FUNDS</b>	16		
Unrestricted funds:			
General fund		21,090	15,943
Restricted funds		15,442	23,621
		<u>36,532</u>	<u>39,564</u>
<b>TOTAL FUNDS</b>			
		<u>36,532</u>	<u>39,564</u>

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 30 April 2022.

The members have not required the company to obtain an audit of its financial statements for the year ended 30 April 2022 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

- (a) ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and
- (b) preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

These financial statements have been prepared in accordance with the provisions applicable to charitable companies subject to the small companies regime.

The financial statements were approved by the Board of Trustees and authorised for issue on 12 October 2022 and were signed on its behalf by:

  
H Orr - Trustee

The notes form part of these financial statements

**Notes to the Financial Statements  
for the Year Ended 30 April 2022**

**1. ACCOUNTING POLICIES**

**Basis of preparing the financial statements**

The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

**Income**

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

**Expenditure**

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

**Tangible fixed assets**

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Computer Equipment	- 20% on cost
Office & Other Equipment	- 20% on cost

**Taxation**

Parkinson's Self Help Group is a charity within the meaning of Section 467 of the Corporation Tax Act 2010. Accordingly, the charity is potentially exempt from taxation in respect of income or capital gains received within categories covered by Chapter 3 of Part 11 of the Corporation Tax Act 2010 and section 256 of the Taxation of Chargeable Gains Act 1992 to the extent that such income or gains are applied for charitable purposes only.

**Fund accounting**

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

**Pension costs and other post-retirement benefits**

The charitable company operates a defined contribution pension scheme. Contributions payable to the charitable company's pension scheme are charged to the Statement of Financial Activities in the period to which they relate.

**Parkinson's Self Help Group  
(North Lanarkshire)**

**Notes to the Financial Statements - continued  
for the Year Ended 30 April 2022**

**2. DONATIONS AND LEGACIES**

	<b>2022</b>	<b>2021</b>
	<b>£</b>	<b>£</b>
Donations	8,996	11,468
Grants	86,330	94,322
Donated services and facilities	12,451	12,451
	<u>107,777</u>	<u>118,241</u>

Grants received, included in the above, are as follows:

	<b>2022</b>	<b>2021</b>
	<b>£</b>	<b>£</b>
North Lanarkshire Council Gap Funding	8,363	4,224
National Lottery Community Fund	32,242	15,258
Corra Foundation	1,160	2,000
Robertson Trust	-	15,000
R.S MacDonald	11,000	11,000
North Lanarkshire Council Business Grant	-	10,000
N.L.C Community Grant	-	775
V.A.N.L Carers	18,195	5,722
Coronavirus Job Retention Scheme Grant	4,282	30,343
Community Solutions - Locality Activity Fund	43	-
V.A.N.L Community Mental Health and Wellbeing Fund	11,045	-
	<u>86,330</u>	<u>94,322</u>

**3. OTHER TRADING ACTIVITIES**

	<b>2022</b>	<b>2021</b>
	<b>£</b>	<b>£</b>
Fundraising	1,523	1,428
Hall Lets	210	-
Rent from Therapy Room	6,011	-
Membership Fees	960	760
Income from outings	310	-
Weavers Cafe	3,150	-
	<u>12,164</u>	<u>2,188</u>

**4. OTHER INCOME**

	<b>2022</b>	<b>2021</b>
	<b>£</b>	<b>£</b>
Employment Allowance	<u>4,000</u>	<u>4,000</u>

**Parkinson's Self Help Group  
(North Lanarkshire)**

**Notes to the Financial Statements - continued  
for the Year Ended 30 April 2022**

**5. RAISING FUNDS**

**Other trading activities**

	<b>2022</b>	<b>2021</b>
	<b>£</b>	<b>£</b>
Fundraising	216	216
Outings & Outreach	1,449	-
Weavers Cafe Expenses	2,390	-
	<u>4,055</u>	<u>216</u>

**6. CHARITABLE ACTIVITIES COSTS**

	<b>Direct Costs (see note 7) £</b>
Providing support to Parkinson's sufferers and carers.	<u>122,918</u>

**7. DIRECT COSTS OF CHARITABLE ACTIVITIES**

	<b>2022</b>	<b>2021</b>
	<b>£</b>	<b>£</b>
Staff costs	70,325	74,940
Insurance	1,211	1,938
Light and heat	1,634	1,942
Telephone and Internet	984	1,155
Volunteer Expenses	1,353	1,149
Rent and Rates	13,651	13,651
Advertising, printing and stationery	3,218	3,369
Repairs and Maintenance	3,312	755
Therapies	17,358	2,928
Accountancy IE Fee	1,240	1,140
Equipment	586	90
Sessional Staff	5,513	9,941
Subscriptions	188	195
Sundry Expenses	734	708
Activities/ Yoga	211	-
Accounting Fees	550	500
Staff Expenses	320	465
Bank Charges	142	114
Gas Service	388	367
	<u>122,918</u>	<u>115,347</u>

Notes to the Financial Statements - continued  
for the Year Ended 30 April 2022

8. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 30 April 2022 nor for the year ended 30 April 2021.

Trustees' expenses

There were no trustees' expenses paid for the year ended 30 April 2022 nor for the year ended 30 April 2021.

9. STAFF COSTS

	2022 £	2021 £
Wages and salaries	62,904	65,987
Social security costs	4,706	4,703
Other pension costs	2,715	4,250
	<u>70,325</u>	<u>74,940</u>

The average monthly number of employees during the year was as follows:

	2022	2021
Core project staff (FTE)	<u>3</u>	<u>3</u>

No employees received emoluments in excess of £60,000.

10. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES

	Unrestricted funds £	Restricted funds £	Total funds £
<b>INCOME AND ENDOWMENTS FROM</b>			
Donations and legacies	23,919	94,322	118,241
Other trading activities	2,188	-	2,188
Other income	4,000	-	4,000
<b>Total</b>	<u>30,107</u>	<u>94,322</u>	<u>124,429</u>
<b>EXPENDITURE ON</b>			
Raising funds	7	209	216
<b>Charitable activities</b>			
Providing support to Parkinson's sufferers and carers.	21,691	93,656	115,347
<b>Total</b>	<u>21,698</u>	<u>93,865</u>	<u>115,563</u>
<b>NET INCOME</b>	8,409	457	8,866
<b>RECONCILIATION OF FUNDS</b>			
Total funds brought forward	7,534	23,164	30,698

Notes to the Financial Statements - continued  
for the Year Ended 30 April 2022

10. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES - continued

	Unrestricted funds £	Restricted funds £	Total funds £
<b>TOTAL FUNDS CARRIED FORWARD</b>	<u>15,943</u>	<u>23,621</u>	<u>39,564</u>

11. TANGIBLE FIXED ASSETS

	Computer Equipment £	Office & Other Equipment £	Totals £
<b>COST</b>			
At 1 May 2021 and 30 April 2022	<u>5,701</u>	<u>7,796</u>	<u>13,497</u>
<b>DEPRECIATION</b>			
At 1 May 2021 and 30 April 2022	<u>5,701</u>	<u>7,796</u>	<u>13,497</u>
<b>NET BOOK VALUE</b>			
At 30 April 2022	<u>-</u>	<u>-</u>	<u>-</u>
At 30 April 2021	<u>-</u>	<u>-</u>	<u>-</u>

12. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2022 £	2021 £
Prepayments	821	310
Accrued Income	<u>1,875</u>	<u>1,832</u>
	<u>2,696</u>	<u>2,142</u>

13. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2022 £	2021 £
Pension creditor	136	-
Accrued expenses	<u>1,230</u>	<u>1,100</u>
	<u>1,366</u>	<u>1,100</u>

14. LEASING AGREEMENTS

Minimum lease payments under non-cancellable operating leases fall due as follows:

	2022 £	2021 £
Within one year	2,341	2,341
Between one and five years	<u>1,756</u>	<u>4,097</u>
	<u>4,097</u>	<u>6,438</u>

Notes to the Financial Statements - continued  
for the Year Ended 30 April 2022

15. ANALYSIS OF NET ASSETS BETWEEN FUNDS

	Unrestricted funds £	Restricted funds £	2022 Total funds £	2021 Total funds £
Current assets	22,456	15,442	37,898	40,664
Current liabilities	(1,366)	-	(1,366)	(1,100)
	<u>21,090</u>	<u>15,442</u>	<u>36,532</u>	<u>39,564</u>

Comparatives for analysis of net assets between funds

	Unrestricted funds £	Restricted funds £	2021 Total funds £	2020 Total funds £
Current assets	15,943	24,721	40,664	31,768
Current liabilities	-	(1,100)	(1,100)	(1,070)
	<u>15,943</u>	<u>23,621</u>	<u>39,564</u>	<u>30,698</u>

16. MOVEMENT IN FUNDS

	At 1/5/21 £	Net movement in funds £	At 30/4/22 £
<b>Unrestricted funds</b>			
General fund	15,943	5,147	21,090
<b>Restricted funds</b>			
N.L.C Gap	-	1,497	1,497
R.S McDonald	4,020	(4,020)	-
Robertson Trust	9,510	(9,510)	-
Corra Foundation	-	490	490
N.L.C Business Grant	10,000	(10,000)	-
N.L.C Community Grant	91	(91)	-
V.A.N.L Carers	-	4,171	4,171
V.A.N.L Community Mental Health and Wellbeing Fund	-	9,284	9,284
	<u>23,621</u>	<u>(8,179)</u>	<u>15,442</u>
<b>TOTAL FUNDS</b>	<u>39,564</u>	<u>(3,032)</u>	<u>36,532</u>

**Notes to the Financial Statements - continued  
for the Year Ended 30 April 2022**

**16. MOVEMENT IN FUNDS - continued**

Net movement in funds, included in the above are as follows:

	<b>Incoming resources £</b>	<b>Resources expended £</b>	<b>Movement in funds £</b>
<b>Unrestricted funds</b>			
General fund	37,611	(32,464)	5,147
<b>Restricted funds</b>			
N.L.C Gap	8,363	(6,866)	1,497
National Lottery Community Fund	32,242	(32,242)	-
R.S McDonald	11,000	(15,020)	(4,020)
Robertson Trust	-	(9,510)	(9,510)
Corra Foundation	1,160	(670)	490
N.L.C Business Grant	-	(10,000)	(10,000)
N.L.C Community Grant	-	(91)	(91)
V.A.N.L Carers	18,195	(14,024)	4,171
Coronavirus Job Retention Scheme Grant	4,282	(4,282)	-
Community Solutions - Locality Activity Fund	43	(43)	-
V.A.N.L Community Mental Health and Wellbeing Fund	11,045	(1,761)	9,284
	<u>86,330</u>	<u>(94,509)</u>	<u>(8,179)</u>
<b>TOTAL FUNDS</b>	<u>123,941</u>	<u>(126,973)</u>	<u>(3,032)</u>

**Comparatives for movement in funds**

	<b>At 1/5/20 £</b>	<b>Net movement in funds £</b>	<b>At 30/4/21 £</b>
<b>Unrestricted funds</b>			
General fund	7,534	8,409	15,943
<b>Restricted funds</b>			
N.L.C Gap	1,168	(1,168)	-
National Lottery Community Fund	10,174	(10,174)	-
R.S McDonald	7,231	(3,211)	4,020
Robertson Trust	4,591	4,919	9,510
N.L.C Business Grant	-	10,000	10,000
N.L.C Community Grant	-	91	91
	<u>23,164</u>	<u>457</u>	<u>23,621</u>
<b>TOTAL FUNDS</b>	<u>30,698</u>	<u>8,866</u>	<u>39,564</u>



**Notes to the Financial Statements - continued  
for the Year Ended 30 April 2022**

**16. MOVEMENT IN FUNDS - continued**

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
<b>Unrestricted funds</b>			
General fund	30,107	(21,698)	8,409
<b>Restricted funds</b>			
N.L.C Gap	4,224	(5,392)	(1,168)
National Lottery Community Fund	15,258	(25,432)	(10,174)
R.S McDonald	11,000	(14,211)	(3,211)
Robertson Trust	15,000	(10,081)	4,919
Corra Foundation	2,000	(2,000)	-
N.L.C Business Grant	10,000	-	10,000
N.L.C Community Grant	775	(684)	91
V.A.N.L Carers	5,722	(5,722)	-
Coronavirus Job Retention Scheme Grant	30,343	(30,343)	-
	<u>94,322</u>	<u>(93,865)</u>	<u>457</u>
<b>TOTAL FUNDS</b>	<u>124,429</u>	<u>(115,563)</u>	<u>8,866</u>

**17. RELATED PARTY DISCLOSURES**

There were no related party transactions for the year ended 30 April 2022.

**18. PURPOSES OF UNRESTRICTED FUNDS**

General - the unrestricted, 'free reserves' of the charity.

Designated fixed assets - represents the net book value of the charity's tangible fixed assets. Depreciation is charged to this fund and additions transferred to it.

**19. PURPOSES OF RESTRICTED FUNDS**

Community Solution - Locality Activity Fund - To provide subsidised therapy treatments to members.

Coronavirus Job Retention Scheme Grant - Cost burden of employees furloughed during the COVID-19 pandemic.

Corra Foundation - Funding towards Centre Coordinator salary to provide PSHG services.

National Lottery Community Fund - Funding for three years Staff salaries, office rent and Therapies.

North Lanarkshire Council Business Grant - Top up income generated for services that have been closed because of the pandemic.

North Lanarkshire Council Community Grant - Small award to help with 'stay at home' events for members.

North Lanarkshire Council Carers - Annual funding to cover respite support workers' salaries and expenses, carers' respite activities and transport costs.

North Lanarkshire Council Gap Funding - Annual funding to cover outreach workers salary and expenses in North Lanarkshire.

**Notes to the Financial Statements - continued  
for the Year Ended 30 April 2022**

**19. PURPOSES OF RESTRICTED FUNDS - continued**

Robertson Trust - Funding for salary costs for the Health and Development worker and funding towards the therapy service for members.

R.S MacDonald - Funding towards salary costs for the Centre Coordinator to provide PSHG services.

Voluntary Action North Lanarkshire Carers - Annual funding to cover respite support workers' salaries and expenses, carers' respite activities and transport costs.

Voluntary Action North Lanarkshire Community Mental Health and Wellbeing Fund - Funding to renew boiler and running electricity/gas costs to allow all services to continue. Also to part fund salary costs.