

**REGISTERED COMPANY NUMBER: SC247216 (Scotland)**  
**REGISTERED CHARITY NUMBER: SC034256**

**Report of the Trustees and  
Financial Statements for the Year Ended 30 April 2017  
for**

**Parkinson's Self Help Group  
(North Lanarkshire)**

TUESDAY



\*S6YP4UJS\*

SCT

30/01/2018

#382

COMPANIES HOUSE

**Brett Nicholls Associates  
63 Ruthven Lane  
Glasgow  
G12 9BG**

**Parkinson's Self Help Group  
(North Lanarkshire)**

**Contents of the Financial Statements  
for the Year Ended 30 April 2017**

	Page
Reference and Administrative Details	1
Report of the Trustees	2 to 5
Independent Examiner's Report	6
Statement of Financial Activities	7
Balance Sheet	8 to 9
Notes to the Financial Statements	10 to 18
Detailed Statement of Financial Activities	19 to 20

**Parkinson's Self Help Group  
(North Lanarkshire)**

**Reference and Administrative Details  
for the Year Ended 30 April 2017**

**TRUSTEES**

N Cameron (Chairperson)  
H Hinson (Vice Chairperson)  
H Orr (Treasurer)  
M C Kyle (Secretary)  
J Fleming  
J Lithgow (resigned 8.8.16)  
J Mccardle (appointed 8.9.16)  
J C McCormack (resigned 16.9.16)  
F McMahon  
A P Mcmanus  
J R M Mcnicol  
A Mctaggart (appointed 8.9.16)  
M Murray

**COMPANY SECRETARY**

M C Kyle

**REGISTERED OFFICE**

Former Weavers Cottages, 23/25 Wellwynd  
Airdrie  
ML6 0BN

**REGISTERED COMPANY  
NUMBER**

SC247216 (Scotland)

**REGISTERED CHARITY  
NUMBER**

SC034256

**INDEPENDENT EXAMINER**

Brett Nicholls Associates  
63 Ruthven Lane  
Glasgow  
G12 9BG

**BANKERS**

Airdrie Savings Bank  
56 Stirling Street  
Airdrie  
ML6 0AW

**Parkinson's Self Help Group  
(North Lanarkshire)**

**Report of the Trustees  
for the Year Ended 30 April 2017**

The trustees who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 30 April 2017. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015).

**OBJECTIVES AND ACTIVITIES**

**Significant activities**

The charitable purpose and aims of Parkinson's Self Help Group ("PSHG") as agreed by the management group are:

"To create a unique, happy and sustainable atmosphere for people with Parkinson's, their carers and their families. Where they are safe, secure, supported and can be themselves. Exchange and share experiences and problems in a friendly "relaxing environment".

This aim is supported by the following more detailed objectives:

1. To provide a range of specific support services to Parkinson's sufferers and their carers, including a range of centre based and external activities for members; outreach services; and provision of a respite service to carers.
2. To develop all provision based on the operation of ongoing systems to record and respond to customer needs.
3. To ensure appropriate access to services for all potential user groups.
4. To promote wider community and public agency understanding of Parkinson's disease, and its implications for sufferers and carers.
5. To develop and continually support a user led Board of Directors, and to operate the highest standards of company governance.
6. To robustly record and monitor all aspects of company performance.

**Parkinson's Self Help Group  
(North Lanarkshire)**

**Report of the Trustees  
for the Year Ended 30 April 2017**

**ACHIEVEMENT AND PERFORMANCE**

**Charitable activities**

The two Activity Days, Respite visits, Befriending, Therapy Services, Welfare and Health advice Outreach & Information service, Hall hire and Weaver's Kitchen are the main services the Charity offers. The Weaver's Kitchen expended its opening days to include a Saturday opening. This was helped by receiving pilot funding for three months from the Airdrie Locality.

Development & Funding

We continued to work towards our building extension, by obtaining a building warrant, but unfortunately this was followed by our BIG Lottery funding application being unsuccessful. Although a shock to everyone involved with the Group, we turned this into an activity and made a film about how important this Group is to our Members, with James Fagan and the @ Home Centre Youth Group. Simultaneously, Staff carried out dilapidations on No.27 prior to vacating it and moved everything into the Weavers Cottages. This was an extended period of additional work both manually through DIY and mentally through renegotiation of contracts and cost cutting exercises and we thank everyone who helped by taking on extra duties during this time, especially the Local Community Payback Team, run by Jim & Kirsty. We did gain funding through successful application to Lloyds/Henry Duncan, Reshaping Care, NLC Carers Development, NLC GAP funding and Councillors Grants. We also entered into new discussions early this year with Eimear Cassidy, North Lanarkshire Grants officer from BIG Lottery.

Personnel

Following last summer's funding disappointment, our 5-year BIG Lottery project came to an end and from August we had a much reduced staff, from 7 to 4. Margaret Houston & Billy Irving continued to work with the Group as Volunteers following the end of their contracts. Remaining staff agreed to large reductions in salary to allow volunteers, Kirsty Allen & John Deacon help out, as well as our regular volunteers two Respite Staff and Kitchen Staff/Volunteers. Losing our Volunteer Bus Driver, our other Volunteer Driver, John Mooney also retired at the beginning of this year, through ill-health, following 27 years' service with PSHG.

Activity Days

To incorporate time for Staff and Volunteers to have Annual Leave, the Board introduced four closure periods during the year. To raise Group spirits Drew and Staff at the Fourways held a Tea Dance to cheer us all up, we held our 27th birthday party there also and had Xmas events for Carers, Group Members and the Rotary Club also held a Xmas lunch for some of our Members. For the first time ever, our Burn's Lunch was cancelled, due to low numbers and we sold our beloved bus to a Glasgow family for days out. We held our Awareness Games with PSHG Motherwell Area during Parkinson's Awareness Week and also held two Tulip Teas in the Weaver's Kitchen which raised awareness of PSHG and raise over £300.

PSHG Income Generation- Weaver's Kitchen, Therapy Service & Hall Hires

We welcomed a new Complimentary Therapist to PSHG, Vicki Duffie and were gifted a new Therapy treatment bed by some of our Members. Hall Hires continued on a reduced scale from having No.27 Regular clients from: Moira Anderson Foundation, Cornerstone, Dystonia Society, Wellwynd Art Group, RCA Counselling Services and private hires have assisted in supporting the Charity, staff cover these on a voluntary basis (unpaid).

**Parkinson's Self Help Group  
(North Lanarkshire)**

**Report of the Trustees  
for the Year Ended 30 April 2017**

**ACHIEVEMENT AND PERFORMANCE**

**Charitable activities**

The Weavers Kitchen Cafe introduced a new menu to offer more choice to customers, in addition to providing more support to the Charity, we continued to work with Tesco Foodshare. Saturday opening was introduced with Pilot funding from Reshaping Care. We passed our Hygiene inspections, Kirsty attained her Rehis Certificate, Shannon passed her City and Guilds- Modern apprenticeship Course at the Bentley Hotel, to become a Comis Chef, we also held monthly Carer's Pamper Lunches.

**FINANCIAL REVIEW**

**Financial position**

The charity generated a net deficit of -£59,324 for the year ended 30 April 2017 (2016: surplus £26,271).

At balance date, reserves stood at £17,209 (2016: £76,533), with £10,763 of these being unrestricted, free reserves (2016: £27,680).

**Reserves policy**

Parkinson's Self Help Group (North Lanarkshire) is currently dependant on Project funding to sustain its activities, earned income alone would not allow PSHG to continue operating. This means that if there were to be a gap in Project funding, it is likely that PSHG would have to reduce its main operations and staffing levels. To avoid closure, if funding difficulties were to happen, the PSHG Board has agreed to work towards a reserve target figure of £54,771 to ensure that main operations can continue for a period of 3 - 4 months.

When funding is below this level the Reserves Policy would be implemented.

At the end of the financial year the level of reserves was £17,209, which is below the target.

At this time the main concerns of the Board were to ensure:

1. That staff can continue working, primarily to secure funding
2. That members/Service Users are supported to move to other services (should it become necessary)/

The level of reserves is monitored every month by Staff & the PSHG Board of Directors.

The gap in Project funding required to be addressed to enable PSHG to increase its income generation over a 3 year period to achieve its target of Reserved Income.

This policy will be reviewed annually and whenever there are significant changes in funding or staffing levels.

**STRUCTURE, GOVERNANCE AND MANAGEMENT**

**Governing document**

The charity is controlled by its governing document a memorandum and articles of association as a company limited by guarantee, as defined by the Companies Act 2006.

**Key management remuneration**

In the opinion of the director's there is one member of key management, the centre coordinator. the gross salary paid to this post in 2016-17 was £28,500.

**Parkinson's Self Help Group  
(North Lanarkshire)**

**Report of the Trustees  
for the Year Ended 30 April 2017**

Approved by order of the board of trustees on 27th January 2018 and signed on its behalf by:



N Cameron - Trustee

**Independent Examiner's Report to the Trustees of  
Parkinson's Self Help Group  
(North Lanarkshire)**

I report on the accounts for the year ended 30 April 2017 set out on pages seven to eighteen.

**Respective responsibilities of trustees and examiner**

The charity's trustees are responsible for the preparation of the accounts in accordance with the terms of the Charities and Trustee Investment (Scotland) Act 2005 and the Charities Accounts (Scotland) Regulations 2006. The charity's trustees consider that the audit requirement of Regulation 10(1)(a) to (c) of the Accounts Regulations does not apply. It is my responsibility to examine the accounts as required under Section 44(1)(c) of the Act and to state whether particular matters have come to my attention.

**Basis of the independent examiner's report**

My examination was carried out in accordance with Regulation 11 of the Charities Accounts (Scotland) Regulations 2006. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently I do not express an audit opinion on the view given by the accounts.

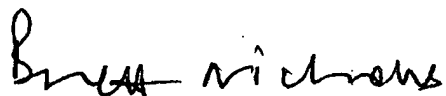
**Independent examiner's statement**

In connection with my examination, no matter has come to my attention:

- (1) which gives me reasonable cause to believe that, in any material respect, the requirements
  - to keep accounting records in accordance with Section 44(1)(a) of the 2005 Act and Regulation 4 of the 2006 Accounts Regulations; and
  - to prepare accounts which accord with the accounting records and to comply with Regulation 8 of the 2006 Accounts Regulations

have not been met; or

- (2) to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.



Brett Nicholls CA (NZ) FCIE  
Association of Charity Independent Examiners  
Brett Nicholls Associates  
63 Ruthven Lane  
Glasgow  
G12 9BG

Date: 29 January 2018



**Parkinson's Self Help Group  
(North Lanarkshire)**

**Statement of Financial Activities  
for the Year Ended 30 April 2017**

		<b>Unrestricted funds</b>	<b>Restricted funds</b>	<b>2017 Total funds</b>	<b>2016 Total funds as restated</b>
	<b>Notes</b>	<b>£</b>	<b>£</b>	<b>£</b>	<b>£</b>
<b>INCOME AND ENDOWMENTS FROM</b>					
Donations and legacies	2	26,382	31,984	58,366	206,959
Other trading activities	3	43,624	-	43,624	60,679
Other income		3,000	-	3,000	-
<b>Total</b>		<b>73,006</b>	<b>31,984</b>	<b>104,990</b>	<b>267,638</b>
<b>EXPENDITURE ON</b>					
<b>Charitable activities</b>	4				
Providing support to Parkinson's sufferers and carers.		89,014	75,300	164,314	241,848
<b>NET INCOME/(EXPENDITURE)</b>		<b>(16,008)</b>	<b>(43,316)</b>	<b>(59,324)</b>	<b>25,790</b>
<b>Transfers between funds</b>	15	<b>(909)</b>	<b>909</b>	<b>-</b>	<b>-</b>
<b>Net movement in funds</b>		<b>(16,917)</b>	<b>(42,407)</b>	<b>(59,324)</b>	<b>25,790</b>
<b>RECONCILIATION OF FUNDS</b>					
<b>Total funds brought forward</b>		<b>27,680</b>	<b>48,853</b>	<b>76,533</b>	<b>50,743</b>
<b>TOTAL FUNDS CARRIED FORWARD</b>		<b>10,763</b>	<b>6,446</b>	<b>17,209</b>	<b>76,533</b>

**CONTINUING OPERATIONS**

All income and expenditure has arisen from continuing activities.

The notes form part of these financial statements

**Parkinson's Self Help Group  
(North Lanarkshire)**

**Balance Sheet  
At 30 April 2017**

		<b>2017</b>	<b>2016</b>
		<b>£</b>	<b>as restated £</b>
<b>FIXED ASSETS</b>	<b>Notes</b>		
Tangible assets	11	290	318
<b>CURRENT ASSETS</b>			
Debtors	12	4,316	-
Cash at bank and in hand		19,537	76,215
		<u>23,853</u>	<u>76,215</u>
<b>CREDITORS</b>			
Amounts falling due within one year	13	(6,934)	-
<b>NET CURRENT ASSETS</b>		<u>16,919</u>	<u>76,215</u>
<b>TOTAL ASSETS LESS CURRENT LIABILITIES</b>		<u>17,209</u>	<u>76,533</u>
<b>NET ASSETS</b>		<u><u>17,209</u></u>	<u><u>76,533</u></u>
<b>FUNDS</b>	<b>15</b>		
Unrestricted funds:			
General fund		10,473	27,362
Designated Fixed Assets		290	318
		<u>10,763</u>	<u>27,680</u>
Restricted funds		6,446	48,853
<b>TOTAL FUNDS</b>		<u><u>17,209</u></u>	<u><u>76,533</u></u>

The notes form part of these financial statements

**Parkinson's Self Help Group  
(North Lanarkshire)**

**Balance Sheet - continued  
At 30 April 2017**

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 30 April 2017.

The members have not required the charitable company to obtain an audit of its financial statements for the year ended 30 April 2017 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

- (a) ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and
- (b) preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

These financial statements have been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small charitable companies.

The financial statements were approved by the Board of Trustees on 27th January 2018 and were signed on its behalf by:

Helen Orr  
H Orr -Trustee

**Parkinson's Self Help Group  
(North Lanarkshire)**

**Notes to the Financial Statements  
for the Year Ended 30 April 2017**

**1. ACCOUNTING POLICIES**

**Basis of preparing the financial statements**

The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

**Income**

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

**Expenditure**

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

**Tangible fixed assets**

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Equipment	- 20% on cost
Fixtures and fittings	- 20% on cost

**Taxation**

The charity is exempt from corporation tax on its charitable activities.

**Fund accounting**

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

**Pension costs and other post-retirement benefits**

The charitable company operates a defined contribution pension scheme. Contributions payable to the charitable company's pension scheme are charged to the Statement of Financial Activities in the period to which they relate.

**Parkinson's Self Help Group  
(North Lanarkshire)**

**Notes to the Financial Statements - continued  
for the Year Ended 30 April 2017**

**2. DONATIONS AND LEGACIES**

	2017	2016 as restated
	£	£
Donations	12,778	10,167
Gift aid	4,804	1,779
Grants	31,984	195,013
Donated services and facilities	8,800	-
	<u>58,366</u>	<u>206,959</u>

Grants received, included in the above, are as follows:

	2017	2016 as restated
	£	£
North Lanarkshire Council Carers Strategy	18,385	20,590
Health & Social	2,208	-
Smart Energy	1,470	-
North Lanarkshire Council Single Source	9,921	525
N.L.C Gap Funding	-	11,662
Big Lottery	-	157,236
Henry Duncan	-	5,000
	<u>31,984</u>	<u>195,013</u>

**3. OTHER TRADING ACTIVITIES**

	2017	2016 as restated
	£	£
Fundraising	11,504	6,797
Hall Lets	8,694	21,501
Apprentice Scheme	2,710	8,240
Membership Fees	965	850
Drop In Income	1,360	4,785
Income from outings	1,576	3,464
Weavers Cafe	16,815	15,042
	<u>43,624</u>	<u>60,679</u>

**Parkinson's Self Help Group  
(North Lanarkshire)**

**Notes to the Financial Statements - continued  
for the Year Ended 30 April 2017**

**4. CHARITABLE ACTIVITIES COSTS**

	Direct costs (See note 5)	Totals
	£	£
Providing support to Parkinson's suffers and carers.	164,314	164,314

**5. DIRECT COSTS OF CHARITABLE ACTIVITIES**

	2017	2016 as restated
	£	£
Staff costs	92,737	135,726
Insurance	341	1,269
Light and heat	3,240	4,133
Telephone and Internet	1,404	2,556
Volunteer Expenses	613	1,237
Events and Activities	-	4,186
Training	-	160
General Running Costs	-	687
Rent and Rates	14,283	19,937
Computer Updates/Repairs	581	145
Drop In	-	1,791
Fundraising	1,187	1,572
Outings & Outreach	4,685	5,274
Donations	127	280
Advertising, printing and stationery	5,742	8,399
Repairs and Maintenance	2,151	2,409
Respite Lounge	-	5,162
Therapies	1,720	25,289
Bus Expenses	1,604	1,440
Garden Project	-	725
Equipment	120	888
Transport	2,868	4,500
Legal and Consultant Fees	-	2,397
Development Fund	7,655	7,200
Bus Fund	-	506
Apprenticeship Scheme	6,250	2,574
Sessional Staff	5,828	-
Subscriptions	1,145	-
N.L.C Refund	525	-
Weavers Cafe Expenses	5,766	-
Activities/ Yoga	400	-
Accounting Fees	2,645	925
Staff Expenses	509	-
Depreciation	188	481
	<u>164,314</u>	<u>241,848</u>

**Parkinson's Self Help Group  
(North Lanarkshire)**

**Notes to the Financial Statements - continued  
for the Year Ended 30 April 2017**

**6. NET INCOME/(EXPENDITURE)**

Net income/(expenditure) is stated after charging/(crediting):

	2017	2016 as restated
	£	£
Depreciation - owned assets	<u>188</u>	<u>481</u>

**7. TRUSTEES' REMUNERATION AND BENEFITS**

There were no trustees' remuneration or other benefits for the year ended 30 April 2017 nor for the year ended 30 April 2016.

**Trustees' expenses**

There were no trustees' expenses paid for the year ended 30 April 2017 nor for the year ended 30 April 2016.

**8. STAFF COSTS**

	2017	2016 as restated
	£	£
Wages and salaries	84,447	122,418
Social security costs	6,153	9,889
Other pension costs	2,137	3,419
	<u>92,737</u>	<u>135,726</u>

The average monthly number of employees during the year was as follows:

	2017	2016
Core project staff	<u>3</u>	<u>4</u>

No employees received emoluments in excess of £60,000.

**9. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES**

	Unrestricted funds	Restricted funds	Total funds as restated
	£	£	£
<b>INCOME AND ENDOWMENTS FROM</b>			
Donations and legacies	11,946	195,013	206,959
Other trading activities	<u>60,679</u>	<u>-</u>	<u>60,679</u>
<b>Total</b>	<u>72,625</u>	<u>195,013</u>	<u>267,638</u>

**Parkinson's Self Help Group  
(North Lanarkshire)**

**Notes to the Financial Statements - continued  
for the Year Ended 30 April 2017**

**9. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES - continued**

	Unrestricted funds	Restricted funds	Total funds as restated
	£	£	£
<b>EXPENDITURE ON</b>			
<b>Charitable activities</b>			
Providing support to Parkinson's suffers and carers.	82,081	159,767	241,848
<b>Total</b>	82,081	159,767	241,848
<b>NET INCOME/(EXPENDITURE)</b>	(9,456)	35,246	25,790
<b>RECONCILIATION OF FUNDS</b>			
Total funds brought forward	37,136	13,607	50,743
<b>TOTAL FUNDS CARRIED FORWARD</b>	27,680	48,853	76,533

**10. PRIOR YEAR ADJUSTMENT**

On preparation of these accounts it was discovered that Parkinson's Self Help Group owned fixed assets with a net book value of £318. Therefore these have been added in to the 2016 comparative balance sheet.



**Parkinson's Self Help Group  
(North Lanarkshire)**

**Notes to the Financial Statements - continued  
for the Year Ended 30 April 2017**

**11. TANGIBLE FIXED ASSETS**

	<b>Equipment £</b>	<b>Fixtures and fittings £</b>	<b>Totals £</b>
<b>COST</b>			
At 1 May 2016	5,701	7,636	13,337
Additions	-	160	160
At 30 April 2017	<u>5,701</u>	<u>7,796</u>	<u>13,497</u>
<b>DEPRECIATION</b>			
At 1 May 2016	5,541	7,478	13,019
Charge for year	40	148	188
At 30 April 2017	<u>5,581</u>	<u>7,626</u>	<u>13,207</u>
<b>NET BOOK VALUE</b>			
At 30 April 2017	<u>120</u>	<u>170</u>	<u>290</u>
At 30 April 2016	<u>160</u>	<u>158</u>	<u>318</u>

**12. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR**

	<b>2017 £</b>	<b>2016 as restated £</b>
Prepayments	1,197	-
Accrued Income	3,119	-
	<u>4,316</u>	<u>-</u>

**13. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR**

	<b>2017 £</b>	<b>2016 as restated £</b>
Other creditors	214	-
Accrued expenses	1,720	-
Deferred Income	5,000	-
	<u>6,934</u>	<u>-</u>

**Parkinson's Self Help Group  
(North Lanarkshire)**

**Notes to the Financial Statements - continued  
for the Year Ended 30 April 2017**

**14. ANALYSIS OF NET ASSETS BETWEEN FUNDS**

	<b>Unrestricted funds</b>	<b>Restricted funds</b>	<b>2017 Total funds</b>	<b>2016 Total funds</b> as restated
	£	£	£	£
Fixed assets	290	-	290	318
Current assets	17,407	6,446	23,853	76,215
Current liabilities	(6,934)	-	(6,934)	-
	<u>10,763</u>	<u>6,446</u>	<u>17,209</u>	<u>76,533</u>

**15. MOVEMENT IN FUNDS**

	<b>At 1/5/16 £</b>	<b>Net movement in funds £</b>	<b>Transfers between funds £</b>	<b>At 30/4/17 £</b>
<b>Unrestricted funds</b>				
General fund	27,362	(15,820)	(1,069)	10,473
Designated Fixed Assets	318	(188)	160	290
	<u>27,680</u>	<u>(16,008)</u>	<u>(909)</u>	<u>10,763</u>
<b>Restricted funds</b>				
N.L.C Gap	4,246	(2)	-	4,244
N.L.C Carers	2,460	(258)	-	2,202
Big Lottery	39,262	(39,262)	-	-
N.L.C Councilor	-	(525)	525	-
Henry Duncan	2,885	(3,269)	384	-
	<u>48,853</u>	<u>(43,316)</u>	<u>909</u>	<u>6,446</u>
<b>TOTAL FUNDS</b>	<u>76,533</u>	<u>(59,324)</u>	<u>-</u>	<u>17,209</u>

**Parkinson's Self Help Group  
(North Lanarkshire)**

**Notes to the Financial Statements - continued  
for the Year Ended 30 April 2017**

**15. MOVEMENT IN FUNDS - continued**

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
<b>Unrestricted funds</b>			
General fund	73,006	(88,826)	(15,820)
Designated Fixed Assets	-	(188)	(188)
	<u>73,006</u>	<u>(89,014)</u>	<u>(16,008)</u>
<b>Restricted funds</b>			
N.L.C Gap	9,741	(9,743)	(2)
N.L.C Carers	18,385	(18,643)	(258)
Big Lottery	-	(39,262)	(39,262)
N.L.C Councilor	180	(705)	(525)
Smart Energy	1,470	(1,470)	-
Health & Social Care	2,208	(2,208)	-
Henry Duncan	-	(3,269)	(3,269)
	<u>31,984</u>	<u>(75,300)</u>	<u>(43,316)</u>
<b>TOTAL FUNDS</b>	<u><u>104,990</u></u>	<u><u>(164,314)</u></u>	<u><u>(59,324)</u></u>

**16. RELATED PARTY DISCLOSURES**

There were no related party transactions for the year ended 30 April 2017.

**17. PURPOSES OF UNRESTRICTED FUNDS**

General - the unrestricted, 'free reserves' of the charity.

Designated fixed assets - represents the net book value of the charity's tangible fixed assets. Depreciation is charged to this fund and additions transferred to it.

**Parkinson's Self Help Group  
(North Lanarkshire)**

**Notes to the Financial Statements - continued  
for the Year Ended 30 April 2017**

**18. PURPOSES OF RESTRICTED FUNDS**

North Lanarkshire Council Gap Funding- Annual funding to cover outreach workers salary and expenses in North Lanarkshire.

North Lanarkshire Council Carers Strategy- Annual funding to cover respite support workers' salaries and expenses, carers' respite activities and transport costs.

North Lanarkshire Council Councillors Fund- Grant for outings and activities.

Big Lottery Fund- Funding for five years Staff salaries, office rent and Therapies.

Henry Duncan Trust- Sessional worker to help run respite lounge.

RS McDonald Trust- For therapies and equipment.

Moffat Charitable Trust- To pay for sessional garden supervisor.

**Parkinson's Self Help Group  
(North Lanarkshire)**

**Detailed Statement of Financial Activities  
for the Year Ended 30 April 2017**

	2017 £	2016 as restated £
<b>INCOME AND ENDOWMENTS</b>		
<b>Donations and legacies</b>		
Donations	12,778	10,167
Gift aid	4,804	1,779
Grants	31,984	195,013
Donated services and facilities	8,800	-
	<hr/> 58,366	<hr/> 206,959
<b>Other trading activities</b>		
Fundraising	11,504	6,797
Hall Lets	8,694	21,501
Apprentice Scheme	2,710	8,240
Membership Fees	965	850
Drop In Income	1,360	4,785
Income from outings	1,576	3,464
Weavers Cafe	16,815	15,042
	<hr/> 43,624	<hr/> 60,679
<b>Other income</b>		
Employment Allowance	3,000	-
	<hr/> 104,990	<hr/> 267,638
<b>Total incoming resources</b>		
<b>EXPENDITURE</b>		
<b>Charitable activities</b>		
Wages	84,447	122,418
Social security	6,153	9,889
Pensions	2,137	3,419
Insurance	341	1,269
Light and heat	3,240	4,133
Telephone and Internet	1,404	2,556
Volunteer Expenses	613	1,237
Events and Activities	-	4,186
Training	-	160
General Running Costs	-	687
Rent and Rates	14,283	19,937
Computer Updates/Repairs	581	145
Drop In	-	1,791
Carried forward	113,199	171,827

This page does not form part of the statutory financial statements

**Parkinson's Self Help Group  
(North Lanarkshire)**

**Detailed Statement of Financial Activities  
for the Year Ended 30 April 2017**

	2017 £	2016 as restated £
<b>Charitable activities</b>		
Brought forward	113,199	171,827
Fundraising	1,187	1,572
Outings & Outreach	4,685	5,274
Donations	127	280
Advertising, printing and stationery	5,742	8,399
Repairs and Maintenance	2,151	2,409
Respite Lounge	-	5,162
Therapies	1,720	25,289
Bus Expenses	1,604	1,440
Garden Project	-	725
Equipment	120	888
Transport	2,868	4,500
Legal and Consultant Fees	-	2,397
Development Fund	7,655	7,200
Bus Fund	-	506
Apprenticeship Scheme	6,250	2,574
Sessional Staff	5,828	-
Subscriptions	1,145	-
N.L.C Refund	525	-
Weavers Cafe Expenses	5,766	-
Activities/ Yoga	400	-
Accounting Fees	2,645	925
Staff Expenses	509	-
Plant and machinery	40	481
Fixtures and fittings	148	-
	<hr/> 164,314	<hr/> 241,848
<b>Total resources expended</b>	164,314	241,848
	<hr/>	<hr/>
<b>Net (expenditure)/income</b>	<u>(59,324)</u>	<u>25,790</u>

This page does not form part of the statutory financial statements