

FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 DECEMBER 2022

FOR

FUTURE FITNESS KEEP FIT CLUB LTD.

CONTENTS OF THE FINANCIAL STATEMENTS
for the Year Ended 31 December 2022

	Page
Balance Sheet	1

FUTURE FITNESS KEEP FIT CLUB LTD. (REGISTERED NUMBER: SC238910)**BALANCE SHEET****31 December 2022**

31.12.21			31.12.22	
£	£		£	£
	78,495	FIXED ASSETS		193,730
150,457		CURRENT ASSETS	111,279	
		CREDITORS		
(81,842)		Amounts falling due within one year	(65,033)	
	68,615	NET CURRENT ASSETS		46,246
	147,110	TOTAL ASSETS LESS CURRENT LIABILITIES		239,976
		CREDITORS		
	34,167	Amounts falling due after more than one year		116,448
	112,943	NET ASSETS		123,528
	112,943	CAPITAL AND RESERVES		123,528

NOTES TO THE FINANCIAL STATEMENTS**1. STATUTORY INFORMATION**

Future Fitness Keep Fit Club Ltd. is a private company, limited by shares , registered in Scotland. The company's registered number and registered office address are as below:

Registered number: SC238910

Registered office: 70 Kilmarnock Road
Shawlands
Glasgow
G41 3NN

The presentation currency of the financial statements is the Pound Sterling (£).

2. AVERAGE NUMBER OF EMPLOYEES

The average number of employees during the year was 4 (2021 - 5) .

BALANCE SHEET - continued
31 December 2022

NOTES TO THE FINANCIAL STATEMENTS

3. DIRECTOR'S ADVANCES, CREDITS AND GUARANTEES

The following advances and credits to a director subsisted during the years ended 31 December 2022 and 31 December 2021:

	31.12.22 £	31.12.21 £
J Evans		
Balance outstanding at start of year	32,162	71,627
Amounts advanced	-	32,162
Amounts repaid	(30,647)	(71,627)
Amounts written off	-	-
Amounts waived	-	-
Balance outstanding at end of year	<u>1,515</u>	<u>32,162</u>

The loan to the director is unsecured, interest is charged at 2.5% and there is no fixed repayment terms.

The company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 December 2022.

The members have not required the company to obtain an audit of its financial statements for the year ended 31 December 2022 in accordance with Section 476 of the Companies Act 2006.

The director acknowledges his responsibilities for:

- (a) ensuring that the company keeps accounting records which comply with Sections 386 and 387 of the Companies Act 2006 and
- (b) preparing financial statements which give a true and fair view of the state of affairs of the company as at the end of each financial year and of its profit or loss for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the company.

The financial statements have been prepared in accordance with the micro-entity provisions and delivered in accordance with the provisions applicable to companies subject to the small companies regime.

The financial statements were approved by the director and authorised for issue on 10 May 2023 and were signed by:

J Evans - Director

This document was delivered using electronic communications and authenticated in accordance with the registrar's rules relating to electronic form, authentication and manner of delivery under section 1072 of the Companies Act 2006.