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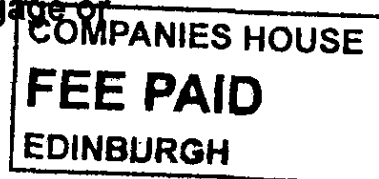
COMPANIES FORM No. 410(Scot)

Particulars of a charge created by a company registered in Scotland

410

A fee of £10 is payable to Companies House in
respect of each register entry for a mortgage or
charge

Pursuant to section 410 of the Companies Act 1985



Please do not
write in
this margin

Please complete
legibly, preferably in
black type, or bold
block lettering

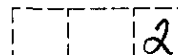
*insert full name
of company

To the Registrar of Companies
(Address overleaf - Note 6)

Name of company

For official use

Company number



SC228623

* **ADVANCED COMPLIMENTARY MEDICINES SERVICES LIMITED**

Date of creation of the charge (note 1)

30 May 2003

Description of the instrument (if any) creating or evidencing the charge (note 1)

STANDARD SECURITY

Amount secured by the charge

ALL SUMS OF PRINCIPAL, INTEREST AND CHARGES WHICH ARE NOW AND WHICH MAY AT ANY TIME BECOME DUE TO NATIONAL WESTMINSTER BANK PLC BY ADVANCED COMPLIMENTARY MEDICINES SERVICES LIMITED, WHETHER SOLELY OR JOINTLY WITH ANY OTHER PERSON, CORPORATION, FIRM OR OTHER BODY, AND WHETHER AS PRINCIPAL OR SURETY.

Names and addresses of the persons entitled to the charge

NATIONAL WESTMINSTER BANK PLC, 135 BISHOPSGATE, LONDON, EC2M 3UR

Presentor's name address telephone
number and reference (if any):

**BIGGART BAILLIE
DX GW9
GLASGOW**

For official use

Charges Section

Post room



**SCT
COMPANIES HOUSE**

**0485
11/06/03**

**THOSE ~~SUBJECTS~~ KNOWN AS AND FORMING 71 NEWTON CHURCH ROAD,
DANDERHALL, EDINBURGH**

Please complete legibly, preferably in black type, or bold block lettering

1. The first step in the process of identifying a problem is to recognize that a problem exists. This is often done by comparing current performance with a desired state or goal. If there is a discrepancy, a problem is identified. For example, if a company's sales are declining, this indicates a problem that needs to be addressed.

2. Once a problem is identified, the next step is to define the problem more precisely. This involves determining the scope of the problem, the resources available, and the time frame for addressing the problem. For example, if a company's sales are declining, it is important to determine whether the decline is due to a change in market conditions, a change in the company's product offering, or a change in the company's marketing strategy.

3. The third step in the process is to generate potential solutions. This is often done by brainstorming or by using a structured problem-solving technique. For example, if a company's sales are declining, potential solutions might include increasing the company's marketing budget, improving the quality of the product, or changing the company's pricing strategy.

4. The fourth step is to evaluate the potential solutions. This involves comparing the potential solutions against the criteria established in the previous step. For example, if a company's sales are declining, the potential solutions might be evaluated based on their cost, their potential for increasing sales, and their potential for improving the company's reputation.

5. The final step in the process is to implement the chosen solution. This involves putting the solution into action and monitoring its progress. For example, if a company's sales are declining, the chosen solution might be to increase the marketing budget, and the company would monitor the resulting increase in sales.

Beget Lake

On behalf of ²⁰~~company~~ [chargee] +

† delete as appropriate

1. A description of the instrument e.g. "Standard Security" "Floating Charge" etc, should be given. For the date of creation of a charge see section 410(5) of the Act. (Examples - date of signing of an Instrument of Charge; date of recording / registration of a Standard Security; date of intimation of an Assignment.)

2. In the case of a floating charge a statement should be given of (1) the restrictions, if any, on the power of the company to grant further securities ranking in priority to, or pari passu with the floating charge; and / or (2) the provisions, if any, regulating the order in which the floating charge shall rank with any other subsisting or future floating charges or fixed securities over the property which is the subject of the floating charge or any part of it.

3. A certified copy of the instrument, if any, creating or evidencing the charge, together with this form with the prescribed particulars correctly completed must be delivered to the Registrar of Companies within 21 days after the date of the creation of the charge. In the case of a charge created out of the United Kingdom comprising property situated outside the U.K., within 21 days after the date on which the copy of the instrument creating it could, in due course of post, and if despatched with due diligence, have been received in the U.K. Certified copies of any other documents relevant to the charge should also be delivered.

4. A certified copy must be signed by or on behalf of the person giving the certification and where this is a body corporate it must be signed by an officer of that body.

5. Cheques and Postal Orders are to be made payable to **Companies House**.

6. The address of the Registrar of Companies is:-

Companies House
37 Castle Terrace
Edinburgh EH1 2EB

FILE COPY



CERTIFICATE OF THE REGISTRATION OF A CHARGE

Company number 228623

I hereby certify that a charge created by

ADVANCED COMPLEMENTARY MEDICINE SERVICES LIMITED

on 30 MAY 2003

for securing ALL SUMS DUE, OR TO BECOME DUE

in favour of NATIONAL WESTMINSTER BANK PLC

was delivered pursuant to section 410 of the Companies Act, 1985,
on 11 JUNE 2003

Given at Companies House, Edinburgh
12 JUNE 2003



C O M P A N I E S H O U S E



THE OFFICIAL SEAL OF THE
REGISTRAR OF COMPANIES

N.B. Searchers may find it desirable to refer to the documents mentioned in column (2) for more detailed particulars

REGISTER of Charges, Alterations to Charges,

COMPANY: SC228623 CHARGE: 2

(1) Date of Registration	(2) Serial Number of Document on File	(3) Date of Creation of each Charge and Description thereof	(4) Date of the aquisition of the Property	(5) Amount secured by the Charge £	(6) Short Particulars of the Property Charged	(7) Names of the Persons entitled to the Charge
11/06/2003		30/ 5/03 STANDARD SECURITY		ALL SUMS DUE, OR TO BECOME DUE	71 NEWTON CHURCH ROAD, DANDERHALL, EDINBURGH	NATIONAL WESTMINSTER BANK PLC

Memoranda of Satisfaction and Appointments etc. of Receivers

N.B. Searchers may find it desirable to refer to the documents mentioned in column (2) for more detailed particulars

COMPANY: SC228623 CHARGE: 2

(8)	(9)	(10)	(11)	(12)		
In the case of a floating charge, a statement of the provisions, if any, prohibiting or restricting the creation by the company of any fixed security or any other floating charge having priority over, or ranking <i>pari passu</i> with the floating charge.	In the case of a floating charge, a statement of the provisions if any regulating the order in which the floating charge shall rank with any other subsisting or future floating charges or fixed securities over the property the subject of the floating charge or any part of it.	Amount or rate per cent of the Commission Allowance or discount	Memoranda of Satisfaction	Receiver		
				Name	Date of Appointment	Date of Ceasing to act