# REGISTERED COMPANY NUMBER: 205665 (Scotland) REGISTERED CHARITY NUMBER: SC029979

REPORT OF THE DIRECTORS AND AUDITED FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2008 FOR THE MOIRA ANDERSON FOUNDATION



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#### CHAIRPERSON'S REPORT FOR THE YEAR ENDED 31 MARCH 2008

It is with great pride that I write this first report as the Chairperson of the Moira Anderson Foundation. This organisation has been part of my life and my family's life over the last decade and I have watched it grow since its inception into a caring and well respected charity within the Scottish community. I have taken over the mantle of ensuring that the charity develops in a prudent and successful manner without losing sight of the fundamental aim of the charity - that of supporting children and adults who have been affected by childhood sexual abuse. MAF in the early 21st century continues to respond to the needs of children who have experienced sexual abuse. We will continue to respond to these children and their parents and carers in a sympathetic and caring manner.

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I am very proud of the wonderful staff within the charity who carry out this support every day. I have personally spoken to parents and carers who have expressed their gratitude for the personal support they have received within the walls of our small building. They have all spoken of the care and love they have received from all staff within our community. These expressions of support are a testament to the commitment of therapists, counsellors, volunteers, Board and all staff of the Moira Anderson Foundation. The present climate has made it difficult for all charities within the voluntary sector but we were delighted to receive news in March about the renewal of our core funding from the Scottish Government, which ensured that our therapeutic team could continue to support all our clients. I am also delighted to share with you the following successes of the charity during this year.

- The launch of our Safe Hands Resources and associated training within educational establishments and voluntary agencies.
- Sandra Brown's participation as a key note speaker at a variety of events e.g. Scottish Childminding Association Annual Conference, and CORA conferences at Bishopton and Erskine.
- Presentations at a variety of agencies and forums.
- Successful presentation of our Safe Hands Resources to the Minister for Children and Young People, Adam Ingram, at Holyrood.
- Fundraising by Friends of MAF, Maggie Wheeler and Morag McLean, after completion of walking a section of the Great Wall of China, and participation at a successful Xmas Book Fayre fundraiser at the Scottish Prison Headquarters, Gyle, Edinburgh.
- Scottish winners Nationwide Awards for Voluntary Endeavour July 2007. Marie Gault, a volunteer, proudly
  accepted the award.
- Participation in filming for training video for sheriffs in court cases involving children (using real MAF case studies with anonymous names) at Edinburgh Sheriff Court.
- Awareness raising performance of the play about Moira Anderson, "One of Our Ain "at the Lowry Theatre, Manchester, with Carol Laula providing musical entertainment and the event hosted by writer, Val McDermid.
- Participation in a number of radio interviews e.g. BBC Woman's Hour, BBC Radio Manchester, and BBC Radio 5 Saturday Live.
- Participation in the launch of the "Survivor Scotland" website event.
- Founder Sandra Brown awarded the Open University's Alumni Award 2007 for Outstanding Contribution as an ambassador.

#### CHAIRPERSON'S REPORT FOR THE YEAR ENDED 31 MARCH 2008

I would like to personally thank everyone for all their hard work for MAF during the past year. The values which staff have of integrity and empathy and of compassion and respect for the clients we help are at the unique core of this charity. Whether they remain with the organisation and look forward to the future with great hopes as I do, or whether they are outgoing staff or Directors who have contributed their time and expertise to help make Scotland a safer place for children and their families, my sincere thanks.

I believe as we move on into a new cycle of growth that we have recently gained better shared meaning and clarity about what MAF is really about: it is, and always has been, a client-centred charity, and the focus needs to be firmly on meeting the needs of every child and adult that we work with individually. Our client surveys show how much a people-friendly organisation, and a quality service, is appreciated by those using MAF.

Finally, a heartfelt thank you must go to all our partners and funders, especially at the Scottish Government, for their enduring support, their patience and good will towards our agency.

Janet McGill

Chairperson

## FOUNDER'S REPORT BY SANDRA BROWN OBE FOR THE YEAR ENDED 31 MARCH 2008

I will remember the period of 07-08 as one of mixed fortunes and feelings. Much emphasis was on completing large funding applications and grants, with very time- consuming but necessary paperwork for Directors. Some worked on applications jointly, and some tackled them on their own, which can feel overwhelming. As is the nature of these things, not all had positive outcomes, but little of the learning went to waste. The hard work did pay off in the end, and we were able to celebrate the good news of our continued Scottish Government core-funding at our dance in early March 2008.

It was good to know we had achieved financial stability to allow crucial core services for the period 2008-11. Such welcome news meant that though we can never be complacent, the high quality in-house therapeutic support provided by Jeanette Kirkham, Dr Brian Venters, and play therapist Tricia Hughes is not at risk financially.

There was sadness however, about the departure, at the same time, of long-standing staff member, Anne Murray. The loss of our cheery Clerical Officer is Monklands Hospital Health Centre's gain, but many of us remain in contact with Anne. Her beaming smile meant that new clients always felt reassured, and she instinctively could put people at ease, whether adults or children. Her warm manner is much missed by colleagues, and six years service on the front line of a charity is no small achievement.

Her thoughts on clients - often heartbroken, or deeply affected in other ways by the anger and hurt that sexual abuse causes are enlightening. Anne's belief is that MAF is a 'special place.' It is a building where she has laughed and cried, learned much, and given much- and felt that she has made a difference. Anne is astonished how many people now recognise her in the Monklands, and smile or wave. Whilst sorry to go, she is convinced that Moira's legacy will survive - even when there are crisis times and unpredictable threats to its very existence. One small girl's tragedy has been channelled into positive help for others, and Anne has seen the results of that, and just how support has turned lives round, at first hand.

I'm determined to keep Anne's focus in mind when difficult times arise.

With expansion, inevitably there is change, and staff numbers are now poised to double. A good thing, but growing in the right way is crucial, to ensure that the vision that put Moira's legacy in place stays focused too.

It could not have been predicted that having had such welcome news of core-funding and new grants for 2008-11, that we would then experience disharmony on the Board of Directors, and indeed acrimony, but this is what occurred. A proposed staff re-structure caused several resignations as the financial year drew to its close and then, a split in the Board altogether.

To lose a long-valued member of staff like Anne is hard enough, but to see a person of Gillian Urquhart's calibre being considered for redundancy - after 7 years of outstanding service to MAF- caused major unhappiness. We are a caring organisation, and have always had a culture of integrity with careful, considered and open decision making. The period of turbulence encountered has been unheard of in MAF's history, and hard lessons have been learned.

I am thankful that several long-serving, experienced Directors who shared my personal concerns about MAF duly returned after I took action to protect the agency. People do not resign lightly from a cause close to their heart. They were joined by several former Directors, who had all made highly significant contributions to the development of the agency during its first five years. They too, shared the view that the charity I founded was in danger of being taken in quite a different direction from its purpose by a few individuals.

I am relieved that matters are now stable, and we can go on in good heart.

A main priority now is to ensure further expansion of our innovative "Safe Hands" programme over the next three years so that it reaches more and more adults who work with children and the youngsters themselves who need strategies for keeping themselves safe. Early intervention is shown to work, and our resources were warmly welcomed in September 2007 by the Parliamentary Minister for Children and Young People. The messages and skills we have advocated in our booklets and the self-help tools we promote compliment Adam Ingram's curriculum framework for the Early Years, and we now need to capitalise in the interest in our "Safe Hands" training by completing accreditation process with the Scottish Qualification Authority. Initial meetings took place in March, 2008, and I believe securing credit ratings for the courses is now vital to help extend the charity's training arm.

# FOUNDER'S REPORT BY SANDRA BROWN OBE FOR THE YEAR ENDED 31 MARCH 2008

Our commitment to campaigning for better treatment for children and other vulnerable people continues, mainly through our work with the coalition group we helped establish "Justice for Children". There are still many justice issues that affect children in court, in contact disputes, etc, and we have had to raise the issue of poor treatment of mothers speaking up for their children once again with the Commissioner for Children and Young People. We do not believe, despite best intentions, that the Vulnerable Witness Bill does enough to protect those giving evidence, or that the introduction of special measures has made the difference it should have. We will keep advocating that court is no place for youngsters. We see too many cases where few allowances are made for them to give best evidence, or where they are not able to access play therapy, an outrageous situation we aim to change.

2007-08 has also been a bitter sweet time in Moira Anderson's own case. An extraordinary amount of research, a breakthrough ground penetrating radar survey by a Cambridge expert, and sheer hard work by fellow Trustee, the indefatigable Colin Scougall, and myself, has led us to conclude that only a full exhumation of a grave can determine if there has been an unauthorised burial and we have the location of her remains. All the authorities concerned have proved helpful; her sisters are fully aware of these matters, have both provided DNA, and endorse what will be the final attempt to find Moira.

We pray the coming months bring closure for her family. If we do succeed, it will not be the end of one of Scotland's most notorious unsolved crimes. We see it as the beginning of the healing needed for her loved ones, and the beginning of a new era under a new Board of Directors one hundred per cent dedicated to carry on the work done in Moira's name, which is so very, very needed. For those who question the power of her story, published now in Belgium, Germany and Austria, or how much influence a child missing for over fifty years can have on those souls presently affected by sexual abuse, I would simply say...... read on overleaf.

Here is the testimony of someone who should have the final closing words of this report; a survivor, and one who has been helped in recent months. One who has expressed deep gratitude for the "life line" that she has been offered, thanks to the remarkable Jeanette Kirkham, our counsellor who has been there for her, and who is there for so many others. Such a beautiful tribute sums up what MAF is all about. This is why staff, volunteers and directors are here. It is our focus for the future.

# FOUNDER'S REPORT BY SANDRA BROWN OBE FOR THE YEAR ENDED 31 MARCH 2008

#### Moira's Blanket of Love

There you stand nervously outside the door
Tiny beads of perspiration trickle down your spine
Your hands are shaking, you will yourself to ring the bell.
The sound of footsteps gets louder as they finally reach their destination
The door opens.

Instantly you feel the invisible presence of warmth, encapsulating your very being, Wrapping you up in a blanket made from fibres of the heart. Compassion, love and trust are the intricate threads woven throughout Providing you with an overwhelming feeling of safety.

And as you wait for your coffee, the blanket continues to work its magic As the threads embrace you over and over Like the waves of the sea, washing over you-dispelling all thoughts of fear and doubt.

Suddenly you are aware of a caring, smiling face in front of you Reaching out to you
Guiding you to step forward to your safe haven
Where tears may be shed onto your wounds
To aid their healing
And laughter, to ease the sadness behind your eyes.

At the end of the session, the blanket tightens its grip holding you secure. You say your goodbyes until next week, Feeling safe in the warmth of Moira's Blanket of Love.

A survivor, 2008.

#### REPORT OF THE DIRECTORS FOR THE YEAR ENDED 31 MARCH 2008

The Trustees who are also Directors of the charity for the purposes of the Companies Act 1985, present their report with the financial statements of the charity for the year ended 31 March 2008. The directors have adopted the provisions of the Statement of Recommended Practice (SORP) 'Accounting and Reporting by Charities' issued in March 2005.

## REFERENCE AND ADMINISTRATIVE DETAILS

#### Registered Company number

205665 (Scotland)

#### Registered Charity number

SC029979

#### Registered office

50 Lothian Road Festival Square EDINBURGH EH3 9BY

#### **Directors**

S Brown S Pollock S Pollock J McGill J McGill C Scougall C Scougall C Thomson R Weir E Dinardo D Brown A Roberts A Brodie A Brodie M Williamson M Williamson K Gilchrist F Leggat W McCloy

- appointed 16/6/2008 - resigned 22/4/2008 - appointed 16/6/2008 - resigned 12/3/2008 - appointed 16/6/2008 - resigned 2/3/2008 - appointed 16/6/2008 - resigned 24/7/2008 - resigned 24/7/2008 - resigned 24/7/2008 - appointed 16/6/2008 - resigned 24/7/2008 - appointed 1/10/2007 - resigned 24/7/2008 - appointed 15/12/2007 - resigned 24/7/2008 - appointed 16/6/2008 - appointed 24/7/2008 - appointed 24/7/2008

- appointed 16/6/2008

#### **Company Secretary**

**Burness LLP** 

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### Auditors

HW Edinburgh
Chartered Accountants and Registered Auditors
Q Court
3 Quality Street
Edinburgh
EH4 5BP

#### REPORT OF THE DIRECTORS FOR THE YEAR ENDED 31 MARCH 2008

#### REFERENCE AND ADMINISTRATIVE DETAILS

#### **Bankers**

The Royal Bank of Scotland plc 239 St John's Road EDINBURGH EH12 7XB

#### **Solicitors**

Burness WS 50 Lothian Road Festival Square EDINBURGH EH3 9WJ

#### STRUCTURE, GOVERNANCE AND MANAGEMENT

#### **Governing Document**

The charity is controlled by its governing document, a deed of trust, and constitutes a limited company, limited by guarantee, as defined by the Companies Act 1985.

#### Recruitment and appointment of new directors

During the operational year April 2007 to March 2008, 2 Directors were appointed - Mgt Williamson, following a recruitment interview with the Chair, and then, by consensus of the Board, Ann Brodie, a long serving volunteer was appointed as Volunteers Representative Trustee. Michelle Campbell was considered as a Director, but problems with a change of job led to her appointment not being submitted to Companies House.

#### Induction and training of new directors

Training was provided to the new Directors as well as the whole Board at a development planning day held on March 3, 2008. Three long-serving Directors however all resigned as the financial year ended - Secretary Janet McGill, Treasurer Sheena Pollock and Colin Scougall. \*

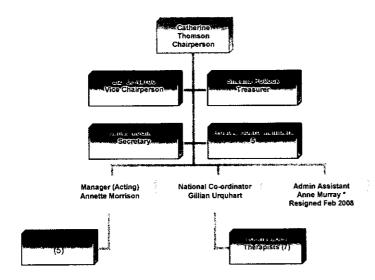
\* (All three later reappointed June 2008)

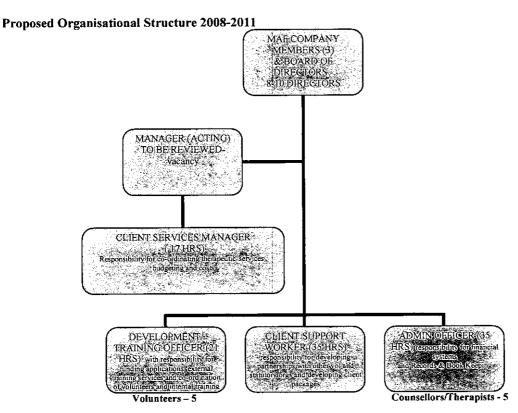
## REPORT OF THE DIRECTORS FOR THE YEAR ENDED 31 MARCH 2008

#### STRUCTURE, GOVERNANCE AND MANAGEMENT

#### Organisational structure 2007-2008

Honorary Patron - Janet Anderson Hart Honorary Founder - Sandra Brown OBE





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#### REPORT OF THE DIRECTORS FOR THE YEAR ENDED 31 MARCH 2008

#### STRUCTURE, GOVERNANCE AND MANAGEMENT

#### Wider network

- Member of SCVO
- Member of Community Volunteer Services North Lanarkshire (CVSNL)
- Member of COSCA Counselling and Psychotherapy in Scotland
- Member of the British Association for the Study and Prevention of Child Abuse and Neglect
- · Member of the X Party Parliamentary Working Group on Survivors of Child Sexual Abuse
- Member of the Child Protection Independent Providers Forum which covers North and South Lanarkshire
- We are affiliated to the Suzy Lamplugh Trust
- Founder members of Justice for Children (a coalition of Children's Charities to campaign for legal change)

We are working in Partnership with the Family Project (Easterhouse) developing collaborative development interventions for both children and adults affected by childhood sexual abuse.

We work in collaboration with Witness Service and also with VIA (Victim Information and Advice) to provide support to clients going through the judicial process.

#### Related parties

#### We have links with:

- Lone Parent Project, South Lanarkshire and Burnbank Family Centre, Hamilton.
- Children 1st incorporating ChildLine and Parentline
- Kingdom Abuse Survivors Project, Fife
- Open Secret, Falkirk and Stirling
- Eighteen and Under in Dundee
- Rape & Abuse Line in Dingwall
- Safe Space in Dunfermline
- Women's Rape & Sexual Abuse Centre, Dundee
- Women's Rape & Sexual Abuse Centre, Perth & Kinross
- Breaking the Silence, Kilmarnock, Ayrshire
- S.C.M.A, Scottish Childminding Association in North Lanarkshire and nationally.
- PETAL (People Experiencing Trauma and Loss) Victim Support, Support after Murder
- Scottish Women's Aid nationally and locally, Monklands Women's Aid
- Victim Support, Scotland
- Apex Scotland

#### Risk management

During the operational year the Board revisited Risk Assessment from the Matrix done the previous year which covered Strategic Risks - those risks that need to be taken into account in judgments about the medium to long term goals and objectives of the Foundation and Operational Risks - those risks relating to day to day management of the work of the Foundation.

Areas of risk explored were categorised under the following headings and the risk management plan incorporated:

- Ability to deliver to Funders criteria, processes and procedures
- Ability to meet financial commitments. (These include internal budgetary pressures, the failure to purchase adequate insurance to cover external economic changes or the consequences of proposed investment decisions)

#### REPORT OF THE DIRECTORS FOR THE YEAR ENDED 31 MARCH 2008

#### STRUCTURE, GOVERNANCE AND MANAGEMENT

- Capacity of the Foundation to deal with the pace/scale of technological change in the sector and its ability to use technology to address changing demands
- Ability to keep abreast of research and changes in the justice system and child protection, and other legislative areas e.g. employment law, etc.
- Ability to deliver best value and high quality training and education
- Ability to protect charity from failure of any external sources e.g., contractors delivering services or products to the agreed cost and specification e.g., counsellors, other service providers
- Ability to keep abreast of financial forward planning, control and the adequacy of funding, insurance, reserves etc, to cover emergencies

Actions were duly delegated to the relevant sub committees. It was believed that the capacity building grant from Lloyds TSB Foundation, with the recruiting of specific expertise on finance, information technology, website design and market research, etc would build on the work previously done, and it would be fair to say there have been some elements of day to day operations improved or streamlined.

For example, the TAS system was recommended by the consultant who provided expertise on accounting and book keeping systems. It was brought in however, after the financial year end, and so will be evaluated fully in the operational year 2008-2009.

#### REPORT OF THE DIRECTORS FOR THE YEAR ENDED 31 MARCH 2008

#### **OBJECTIVES AND ACTIVITIES**

#### Objectives and aims

The Moira Anderson Foundation was established in 2000 and has now supported well over 700 families since inception.

In the year April 1st - March 31st 2008, some 124 referrals were received, an increase on the previous statistics which have been approximately 100-117 families or individuals per year. Calls to the centre remain steady with many about enquiries information on services available from potential referrers, e.g., GPs, health visitors, head teachers, and clients themselves. All age groups are represented, and both genders.

A pop-in self help group meets weekly, presently only for females.

#### Core Objectives and Aims

- We provide support to children and adults who have been affected by childhood sexual abuse. This may often be support through a court case, and counselling, and may include group support under the guidance of a qualified counsellor or trained volunteers.
- We provide various types of therapy including play therapy and through other therapeutic services provided by accredited professional sessional workers, normally registered with COSCA. We also assist with supporting Criminal Injuries applications on behalf of survivors and their families.
- We lobby for the rights of children who have to go to court to give evidence, and campaign for the introduction of trained intermediaries. Our aim is to remove the requirement for children, young people or other very vulnerable adults to be present at criminal trials at all.
- We deliver a number of training initiatives as well as training for our own volunteers.
- We have launched and currently run a campaign called "Safe Hands" which is based on Protective Behaviours training- a comprehensive programme which provides a foundation for personal safety and child protection, and is aimed at everyone wishing to see our communities made safer places. UK accredited, Protective Behaviours is highly regarded. MAF staff are PB's trained, and able to deliver Training for Trainers.
- Awareness raising of the prevalence of Childhood Sexual Abuse (CSA) is a major focus of our work, and we
  provide this at a national level as well as within local areas, through the training described, through media
  campaigns and through presentations to a wide variety of groups, e.g., churches, Children's Panel, health visitors,
  politicians.
- We are members of the Parliamentary X-Party Group for Survivors of CSA and also sit on The National Reference Group, an advisory board currently taking forward the Scottish Government's Strategic Development Project
- We have 5 key objectives detailed in the charity's 3 year development plan.

The work of the Charity is split into the following focus areas:

- 1. Core Provision Client Support this is about growing our current services
- 2. Enabling Services this is about growing our current group of therapists & volunteers
- 3. Training & Education- this is about expanding training & awareness raising delivery
- 4. Legislative/Networking/Research- this is about keeping abreast of these areas and the opportunities to be gained by working in partnership with other agencies
- 5. Growth and Sustainability of the Charity- this is about improving the way that MAF operates, through its key people, its Governance, its staff and sessional workers, its volunteers, and the appropriate development of plans, policies and procedures that comply with the requirements of the Office of the Scottish Charities Regulator.

Listed below are the key performance areas and specific objectives for 2007-08 established at the strategic planning day:

Goal Setting	•	Set strategic Goals with realistic and robust key performance indicators (measures)
	•	Increase our training portfolio, develop further resources
·	•	Create project plans for all future initiatives - someone/group has full end to end responsibility
	•	Review existing projects such as Safe Hands

#### REPORT OF THE DIRECTORS FOR THE YEAR ENDED 31 MARCH 2008

#### **OBJECTIVES AND ACTIVITIES**

#### Objectives and aims

Policies	<ul> <li>Review our policies and procedures (people, operational and financial)</li> <li>Create policies to inform a staff handbook/Trustees handbook</li> </ul>
Monitoring	<ul> <li>Revisit and decide what reporting procedures this Board requires in order to monitor and evaluate more effectively</li> </ul>
Roles and Responsibilities	<ul> <li>Trustees to explore how we delegate responsibility and decision making through the sub committee structure</li> <li>Get more clarity on sub committee structure</li> </ul>
Funding	<ul> <li>Increase long term funding streams</li> <li>Link the funding to the service proposition</li> <li>Attract more diverse revenue streams</li> <li>Develop a Marketing Strategy</li> <li>Draw up Service Levels Agreements</li> </ul>
Executive Manager	Find funding to employ a manager
Premises	Look at possible new premises with regard to future expansion
Communication	Improve our internal and external communication

#### Significant activities

- 1. Good media coverage helped raise the charity's profile, as did a special fundraiser event at the Lowry Theatre in Manchester on July 28 2007 to showcase Sandra's one woman play and the music of Carol Laula.
- 2. Our Directors and Volunteers were named as the Scottish winners of the Nationwide Award for Voluntary Endeavour, and to mark their valued contribution Foundation volunteer Marie Gault accepted a presentation in Edinburgh on July 23, 2007
- 3. Our campaigning for better treatment of those affected by child sexual abuse in court has helped see the adoption of training videos for Sheriffs which go some way to assist those giving evidence. Also our early intervention initiative 'Safe Hands' gathered further momentum. We believe that spreading the word on Protective Behaviours through this programme is crucial for a safer Scotland for children.
- 4. We witnessed the emergence of a National Strategy to tackle the prevalence of the problem of child sexual abuse and participated in the Spring 2008 website launch of Survivor Scotland, which provides access to help, no matter gender, age, race or class, and identifies geographical locations of services nationally. It is our view that campaigning, and hard work by MAF has contributed to this welcome development.
- 5. Proceeds from the book written by our Founder "Where There is Evil" (Pan) about the Moira Anderson case, have continued to help the charity. Translations of the updated 2006 version were published in early 2008 in four more European countries. This and the success of the play about Moira's story, "One of Our Ain" has ensured that a child, whose body was never located, is not lost from public awareness. Sandra also received the 2007 Alumni award from the Open University for her work in making an outstanding contribution to education as an ambassador for the University.
- 6. We successfully launched in May 2007 our "SAFE HANDS" RESOURCES PACK (a unique range of personal safety booklets which are based around our Protective Behaviour Training. (age appropriate covering ages 3-8, 8-12, 12-16 with a special booklet aimed at carers and parents). Guest Speakers at Airdrie Football Club included top comedienne, actress, Scotsman columnist, and bestselling author Janey Godley, and Dr. Mairead Tagg, an associate lecturer at Strathclyde and Caledonian University. The funding for the development of the Resource pack was provided by Clarke UK, a local employer who sponsored us over 2006-2007, and also helped us with their attendance at the Conference which was opened by Tom Clarke MP and attracted over 170 delegates from across Scotland. Evaluations were 100% positive.

#### REPORT OF THE DIRECTORS FOR THE YEAR ENDED 31 MARCH 2008

#### **OBJECTIVES AND ACTIVITIES**

#### Volunteers

During the operational year, as well as gaining a national award, MAF volunteers received ongoing development and training to increase their own personal awareness, self esteem, and confidence in their abilities. Activities which involved using the volunteers included:

- Administrative and other support in hosting the Safe Hands Conference
- Clerical support (reception and telephone duties) within the Centre when staff were receiving training or away on development sessions e.g. ASIST
- Practical and emotional support for pop-in group clients, including catering
- Fundraising activities in relation to the Annual Ball, e.g. raffles, prize gathering

## REPORT OF THE DIRECTORS FOR THE YEAR ENDED 31 MARCH 2008

#### ACHIEVEMENT AND PERFORMANCE

#### Charitable activities- Client Management

The creation of a Policy Forum, comprising Board members, staff and counsellors has been a successful channel for:

- Dealing with risks identified that may occur in client-agency relationships
- Identifying and writing relevant policies and procedures now underway this year
- Expanding the portfolio of support we give clients and encompassing this information in a new booklet devised at the same time as the Safe Hands resources
- Managing external contractors who deliver our counselling and therapeutic services.

#### This has resulted in:

- Improved contracts and improved client relations, with better feedback mechanisms
- Policies and procedures (financial and legal) now in place requiring evaluation
- Membership of appropriate Counselling Bodies
- Expansion of ideas to support clients in a more holistic way which appears beneficial
- Revised processes for client record keeping now in place and working well

#### **Financial Procedures**

The role of an Acting Manager helped revision and improvement of financial protocols and brought some procedures into better alignment with governance and legal requirements, although also of benefit was consultation as provided by Lloyds TSB capacity building.

#### **Education & Training**

MAF continued to deliver a variety of training programmes, although our major focus is our "Safe Hands"- Personal Safety Programme. Clients were able to access it (Feb 2008)

We delivered it further within North and South Lanarkshire. Course delivery included several private nurseries, primary schools, special needs schools, Colleges of Further Education, Parent Teacher Associations, Scottish Child Minding Associations, Women's Aid and Youth Organisations. CORA conferences were attended and workshops provided. The Scottish National Childminding Association conference (Oct 2007) alone attracted over 300 delegates, so the number of people hearing the messages of "Safe Hands" is ever increasing.

Even in just the first quarter of 2008, the Safe Hands initiative which we first launched in 2004 has been accessed in the following areas of Scotland: Inverness, Dingwall, Dundee, Angus and Ayrshire as well as in North and South Lanarkshire.

An article on MAfs innovative work is due to appear in Childcare Magazine which is published throughout the UK, in January 2009.

A major objective is now to take this aspect of our work forward so that more children and young people in schools hear our presentations and receive the resources which include key rings, pencil, ruler and eraser packs with badges, as well as more early years practitioners and other multi-agency workers being able to access our 2 full day training course. We are currently in discussions with SQA regarding our intention to proceed through their accreditation process for our Safe Hands course to secure credit rating. We hope to achieve this by March 2009.

The training itself, which is of high interest to many, e.g., the Scottish Childminding Association, the Care Commission, and groups such as private sector nurseries, out of school carers, etc, as well as parent teacher associations, will be enhanced further by SQA national certification, and ensure further income generation for the charity.

#### REPORT OF THE DIRECTORS FOR THE YEAR ENDED 31 MARCH 2008

#### ACHIEVEMENT AND PERFORMANCE

Awareness raising of the prevalence of Childhood Sexual Abuse (CSA) is a major focus of our work, and presentations are given to a wide variety of groups, e.g. churches, Children's Panel, Childcare students in FE Colleges, Youth Organisations, etc. We will also expand this arm of MAF in 2009 and hope to match funding awarded in March 2008 by the Allen Lane Foundation to recruit MAF's first Training & Development Officer by March 2009. Their role will also be vital in supporting volunteer expansion.

The combination of a training and development officer post, along with training programmes for volunteers that he/she will co-ordinate to take forward our Safe Hands initiative relates directly to Section 9 Scottish Government Policy which enables voluntary agencies such as MAF to secure paid staff and recruit voluntary workers through grant assistance.

MAF wishes to help take forward the Government's current dialogue with the Volunteer Development Agency, its vision for volunteers and the contribution they can make nationally. The importance of selecting recruiting and training volunteers to assist in rolling out a valuable personal safety programme at a local level initially and then beyond, offering those trained the chance to develop new skills and gain accreditation and recognition for the role they undertake, cannot be underestimated. All of the above issues relate directly to the Changing Lives Report (Report of the 21st Century, Social Work Review) and to the recommendations in the National Strategy for the Development of the Social Service Workforce in Scotland 2005-2010: A Plan for Action.

#### **Board Governance**

During the operational year, the Board discussed the following draft policies and practices in relation to Board Governance:

- Code of Conduct
- Roles and Responsibilities of Trustee Directors
- Standards of Performance for Directors
- Recruitment Policy and Procedure
- Risk Assessment Process
- Training and Development
- Financial Protocols
- Creation of sub committee structure
- Skills Audit of Board Members

A number of the above are in place, but now require being re-visited in the light of events encountered in the late spring, and several need substantial re-working.

A clear problem, with hindsight, is that it is never a desirable situation for the Board Chair, who should maintain neutrality, to also head up any separate sub committee of 3 with the Vice Chair also in place on it. This guarantees a situation where decisions that are for the full Board are effectively happening at a much more private level, and may be pushed through without the wider discussions that are necessary.

#### **Delivery of Strategic Goals**

- Provision of core client services has continued throughout the funded period. We have consistently provided support, advice and respite to individuals and families affected by child abuse, including through the judicial system. We have promoted, maintained and monitored usage of our services and we have created further strategic alliances with local authorities, with interested educational establishments, and with statutory and voluntary agencies.
- Funding limitations deterred attempts to grow our pool of volunteers and therapists as wished. Instead more emphasis was placed on the ongoing development of existing personnel. During the funding cycle, we did, however, devise better service provision and a wider menu through further developing of informal partnerships, e.g. Family Support Project, Baillieston.

#### REPORT OF THE DIRECTORS FOR THE YEAR ENDED 31 MARCH 2008

#### ACHIEVEMENT AND PERFORMANCE

A National Strategy on Child Sexual Abuse is now rolling out, via the Scottish Government, and an effective contribution was made by our agency. Whilst MAF itself has not had the financial means to focus solely on survivors of child sexual abuse who were affected whilst in care, over the 2009-2011 period, we expect to see a significant increase in this type of client.

We have evidence we have delivered good support to in-care abuse survivors. Indeed, a former client, Eileen Munro, penned a best selling book about her early life in care homes. Written over 2007, "As I Lay Me Down to Sleep" has now been published by Mainstream and accepted for the US market. Its launch has coincided with the Government's Report by Tom Shaw on the experiences of care home survivors, and both have made a huge impact. (Please refer to our website for more information on these publications. Eileen's story is highlighted on www.moiraanderson.org.uk and we have been delighted to provide a foreword. For the Shaw Report please see our link to www.survivorscotland.org.uk.)

It is a current goal to augment existing MAF staff with a Development Officer based with us for 3 days per week over the 3 years commencing January 2009. This new, innovative role will be crucial to promote awareness of MAF to help other incare survivors with their healing, and point those who reside in Lanarkshire in particular to our unique services. This welcome innovation has come about through a partnership with Open Secret in Falkirk and KASP in Fife, the 2 agencies taking the lead in addressing the needs in providing an in-care service nationally. MAF will have responsibility for both North and South Lanarkshire.

The charity has continued to be a leading player in the field to have better treatment of children and young people through its legislative, networking and research aims, particularly in the justice system. MAF was a lead agency in the formation of the Justice for Children Coalition which has influenced change leading to the Vulnerable Witness Bill, mainly by pressurising politicians from various Parliamentary Groups, and lobbying individuals e.g. The Commissioner for Children and Young People. We have contributed to increasing public awareness of individual children's cases at court through use of the media to highlight unacceptable issues which have an adverse effect on the interests of our clients. We have liaised with relevant MSP's & MPs from different parts of Scotland about the effects on constituent families when the judicial system lets them down. MAF provided case studies to be used for training purposes.

The main work delivered by the Board during the last year has been endeavour to improve MAF's overall governance and try to put in place:

- a clear vision and strategy
- · a system of articulated values and beliefs
- a Sub committee structure with each one having responsibility for the creation of policy and procedures
- Regular reviews of the operational plan
- · Regular review of risk management
- Regular review of our financial monitoring and control systems to ensure quickly identifying errors to protect us from fraud or other criminal activities now and in the future

Significant work was progressed relating to Board roles and responsibilities. Clearly defined divisions of responsibilities between the Chair, the Directors and Acting Manager were produced. A performance profile was produced for the latter, and communication with clients was improved with the distribution of a new Client Service Booklet collated by the Acting Manager.

#### Internal and external factors

During the operational year, the acting Centre Manager was given some 15 hours to cover managerial tasks due to funding arrangements, on top of her own 17 hours. While this interim arrangement proved helpful in some ways, it had adverse effects on the existing staff, and led to a resignation in February 2008.

Restrictions in our funding allowed us to continue to provide a core but extremely valid service, but we were unable to deliver against the full business plan.

#### REPORT OF THE DIRECTORS FOR THE YEAR ENDED 31 MARCH 2008

#### FINANCIAL REVIEW

#### Reserves policy

The Board of Directors has continued to monitor reserve funds with diligence. These reserves would be required in either crisis situations or in the winding up of operational services to cover mandatory requirements e.g. staff redundancies. The reserve funds are held in a separate bank account with a higher rate of return on interest than the Charity's main accounts. We are grateful to both RBS (St John's Branch, Corstorphine, Edinburgh) and to Airdrie Savings Bank for all their support.

#### Principal funding sources

- Scottish Executive Section 10 Community Fund
- Clarke UK Ltd
- Robertson Trust
- Lloyds Foundation (Capacity Building Grant)
- BBC Children In Need
- Allen Lane Foundation (March 08)
- Significant donations from individuals
- Client donations, and the Foundation's own fundraising activities via Colin Scougall

#### **FUTURE DEVELOPMENTS**

- We will continue to deliver sufficient information to help keep children safe- through tools that provide knowledge, language to use, and a route to highlight problems. It will be vital for MAF to keep networking, and continue lobbying Education Ministers on this agenda, as we did with Adam Ingram in 2007, so that there is a proactive surge to encourage uptake of 'Safe Hands' which has proven itself so successful locally
- Communication will improve with further development of our web site over 2008. We aim to spread news on training, resources, and client services by this means
- It is our intention to develop the education and training arm of the Charity to allow us to design teaching packs to augment our present range of resources and compliment a programme of learning in the area of child protection
- We also want to develop a wider range of therapeutic care which encompasses those abused in care homes
- We wish to widen our pool of volunteers and extend the areas in which they can support the Charity, particularly
  in raising awareness of Safe Hands messages
- Develop our strategic funding approach (with the further help of Lloyds TSB)
- Develop the composition of the Board, and maximise safeguards in the form of advisers who can monitor that there
  is even handedness by the Chair and other office bearers, with no cutting of corners likely to bring the charity into
  disrepute

In a nutshell, in the operational year 2008- 2009, our short term goals are to:

- Strengthen our three year business development plan & governance
- Introduce new posts to expand our infrastructure for true growth
- Develop new client services and improve our existing ones
- Utilise the unique play about Moira- to raise the profile of MAF and awareness of child sexual abuse further across the Scottish Central Belt, with a series of tour dates in quality venues
- Consolidate strategic partnerships e.g., with Open Secret in Central Region and KASP in Fife to forge mutually helpful relationships
- Build on our ongoing work in Play Therapy to reach more children in crisis

#### REPORT OF THE DIRECTORS FOR THE YEAR ENDED 31 MARCH 2008

#### **FUTURE DEVELOPMENTS**

- Expand our premises to gain a private office, and identify funding for accommodation to include a customized play therapy suite, and an additional counselling room suitable for consideration as a remote location for giving evidence in criminal trials
- Develop more resources to attract further interest in Safe Hands and
- Acquire SQA credit rating for our innovative training courses
- Host a multi-agency conference of major interest to professionals and practitioners in early years and in other areas of education which incorporates development of the next stage of our Safe Hands training initiative

#### STATEMENT OF DIRECTORS' RESPONSIBILITIES

The directors are responsible for preparing the Annual Report and the financial statements in accordance with applicable law and United Kingdom Generally Accepted Accounting Practice.

Company law requires the directors to prepare financial statements for each financial year. Under that law the Directors have elected to prepare the financial statements in accordance with the United Kingdom Generally Accepted Accounting Practice (United Kingdom Accounting Standards and applicable law). The financial statements are required by law to give a true and fair view of the state of affairs of the charitable company and of the surplus or deficit of the charitable company for that period. In preparing those financial statements, the directors are required to

- select suitable accounting policies and then apply them consistently;
- make judgements and estimates that are reasonable and prudent;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charitable company will continue in business.

The directors are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the charitable company and to enable them to ensure that the financial statements comply with the Companies Act 1985. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

#### STATEMENT AS TO DISCLOSURE OF INFORMATION TO AUDITORS

So far as the directors are aware, there is no relevant information (as defined by Section 234ZA of the Companies Act 1985) of which the charitable company's auditors are unaware, and each director has taken all the steps that they ought to have taken as a director in order to make them aware of any audit information and to establish that the charitable company's auditors are aware of that information.

#### **AUDITORS**

The auditors, HW Edinburgh, will be proposed for re-appointment in accordance with Section 385 of the Companies Act 1985.

#### ON BEHALF OF THE BOARD:

Acceptance J McGill

Date: 24 November 2008

# REPORT OF THE INDEPENDENT AUDITORS TO THE DIRECTORS AND MEMBERS OF THE MOIRA ANDERSON FOUNDATION

We have audited the financial statements of The Moira Anderson Foundation for the year ended 31 March 2008 on pages twenty one to twenty nine. These financial statements have been prepared under the accounting policies set out therein and the requirements of the Financial Reporting Standard for Smaller Entities (effective January 2007).

This report is made solely to the charitable company's members, as a body, in accordance with Section 235 of the Companies Act 1985, and to the charity's directors, as a body, in accordance with Section 44(1)(c) of the Charities and Trustee Investment (Scotland) Act 2005 and regulation 10 of the Charities Accounts (Scotland) Regulations 2006. Our audit work has been undertaken so that we might state to the charitable company's directors those matters we are required to state to them in an auditors' report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the charitable company and the charitable company's directors as a body, for our audit work, for this report, or for the opinions we have formed.

Respective responsibilities of directors and auditors

The directors' responsibilities for preparing the Annual Report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice) are set out on page eighteen.

Our responsibility is to audit the financial statements in accordance with relevant legal and regulatory requirements and International Standards on Auditing (UK and Ireland).

We report to you our opinion as to whether the financial statements give a true and fair view and are properly prepared in accordance with the Companies Act 1985, the Charities and Trustee Investment (Scotland) Act 2005 and regulation 8 of the Charities Accounts (Scotland) Regulations 2006. We also report to you whether in our opinion the information given in the Report of the Directors is consistent with the financial statements.

In addition, we report to you if, in our opinion, the charitable company has not kept proper accounting records, if we have not received all the information and explanations we require for our audit, or if information specified by law regarding directors' remuneration and other transactions is not disclosed.

We read other information contained in the Annual Report, and consider whether it is consistent with the audited financial statements. This other information comprises only the Report of the Directors, the Chairman's Report and the Operating and Financial Review. We consider the implications for our report if we become aware of any apparent misstatements or material inconsistencies with the financial statements. Our responsibilities do not extend to any other information.

Basis of audit opinion

We conducted our audit in accordance with International Standards on Auditing (UK and Ireland) issued by the Auditing Practices Board. An audit includes examination, on a test basis, of evidence relevant to the amounts and disclosures in the financial statements. It also includes an assessment of the significant estimates and judgements made by the directors in the preparation of the financial statements, and of whether the accounting policies are appropriate to the charitable company's circumstances, consistently applied and adequately disclosed.

We planned and performed our audit so as to obtain all the information and explanations which we considered necessary in order to provide us with sufficient evidence to give reasonable assurance that the financial statements are free from material misstatement, whether caused by fraud or other irregularity or error. In forming our opinion we also evaluated the overall adequacy of the presentation of information in the financial statements.

# REPORT OF THE INDEPENDENT AUDITORS TO THE DIRECTORS AND MEMBERS OF THE MOIRA ANDERSON FOUNDATION

#### **Opinion**

#### In our opinion:

the financial statements give a true and fair view, in accordance with United Kingdom Generally Accepted Accounting Practice applicable to Smaller Entities, of the state of the charitable company's affairs as at 31 March 2008 and of its incoming resources and application of resources, including its income and expenditure for the year then ended;

the financial statements have been properly prepared in accordance with the Companies Act 1985, the Charities and Trustee Investment (Scotland) Act 2005 and regulation 8 of the Charities Accounts (Scotland) Regulations 2006;

and

- the information given in the Report of the Directors is consistent with the financial statements.

rwe wy

HW Edinburgh Chartered Accountants and Registered Auditors Q Court 3 Quality Street Edinburgh EH4 5BP

Date: 24 November 2008

# STATEMENT OF FINANCIAL ACTIVITIES FOR THE YEAR ENDED 31 MARCH 2008

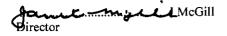
				2008	2007
		Unrestricted	Restricted	Total	Total
		funds	funds	funds	funds
	Notes	£	£	£	£
INCOMING RESOURCES					
Incoming resources from generated funds	2	£0.400	20,000	90.401	93,362
Voluntary income	2	59,492	20,999	80,491 16,695	16,926
Activities for generating funds	3	16,695 2,963	-	2,963	2,449
Investment income	4 5	2,903	-	2,903	2,449
Incoming resources from charitable activities Training and education	3	7,925	-	7,925	3,340
3		<del></del>		<del></del>	
Total incoming resources		87,075	20,999	108,074	116,077
RESOURCES EXPENDED					
Costs of generating funds	6	15,853	238	16,091	16,225
Costs of generating voluntary income Charitable activities	7	13,633	236	10,091	10,223
· ·	′	6,215	5,007	11,222	6,920
Training and education Counselling and support		58,261	14,719	72,980	81,966
Governance costs	9	4,811	488	5,299	5,038
Governance costs	1	1,011			
Total resources expended		85,140	20,452	105,592	110,149
				<del></del>	
NET INCOMING RESOURCES		1,935	547	2,482	5,928
RECONCILIATION OF FUNDS					
Total funds brought forward		68,520	11,967	80,487	74,559
		<del></del>			
TOTAL FUNDS CARRIED FORWARD		70,455	12,514	82,969	80,487

#### BALANCE SHEET AT 31 MARCH 2008

	l Notes	Unrestricted funds £	Restricted funds £	2008 Total funds £	2007 Total funds £
FIXED ASSETS Tangible assets	13	8,391	105	8,496	11,295
CURRENT ASSETS Stocks Debtors Cash at bank and in hand	14	458 2,623 70,798 73,879	12,409 12,409	458 2,623 83,207 86,288	1,168 3,773 71,261 76,202
CREDITORS Amounts falling due within one year	15	(11,815)	-	(11,815)	(7,010)
NET CURRENT ASSETS		62,064	12,409	74,473	69,192
TOTAL ASSETS LESS CURRENT LIABILITIES		70,455	12,514	82,969	80,487
NET ASSETS		70,455	12,514	82,969	80,487
FUNDS Unrestricted funds Restricted funds	17			70,455 12,514	68,520 11,967
TOTAL FUNDS				82,969	80,487

These financial statements have been prepared in accordance with the special provisions of Part VII of the Companies Act 1985 relating to small charitable companies and with the Financial Reporting Standard for Smaller Entities (effective January 2007).

The financial statements were approved by the Board of Directors on 24 November 2008 and were signed on its behalf by:



#### NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2008

#### 1. ACCOUNTING POLICIES

#### Accounting convention

The financial statements have been prepared under the historical cost convention, and in accordance with the Financial Reporting Standards for Smaller Entities (effective January 2007), the Companies Act 1985 and the requirements of the Statement of Recommended Practice, Accounting and Reporting by Charities.

#### **Incoming resources**

All incoming resources are included on the Statement of Financial Activities when the charity is legally entitled to the income and the amount can be quantified with reasonable accuracy. The following specific policies are applied to particular categories of income:

Voluntary income is received by way of grants, donations and gifts and is included in full in the statement of financial activities when receivable. Grants, where entitlement is not conditional on the delivery of a specific performance by the charity, are recognised when the charity becomes unconditionally entitled to the grant.

Any donated services and facilities are included at the value to the charity where this can be quantified. The value of services provided by volunteers has not been included in these accounts.

Investment income is included when receivable.

Incoming resources from charitable trading activity are accounted for when earned.

#### Resources expended

Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

#### Tangible fixed assets

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Plant and machinery etc

- 25% on reducing balance and
- 20% on reducing balance

#### Stocks

Stocks are valued at the lower of cost and net realisable value, after making due allowance for obsolete and slow moving items.

Stocks are valued at the lower of cost and net realisable value.

#### Taxation

The charity is exempt from corporation tax on its charitable activities.

## NOTES TO THE FINANCIAL STATEMENTS - CONTINUED FOR THE YEAR ENDED 31 MARCH 2008

#### 1. ACCOUNTING POLICIES - continued

#### **Fund accounting**

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the directors.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Designated funds are funds which are unrestricted but have been specifically designated for a particular purpose. These funds are accounted for as part of the company's unrestricted funds.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

#### Hire purchase and leasing commitments

Rentals paid under operating leases are charged to the statement of financial activities on a straight line basis over the period of the lease.

## Pension costs and other post-retirement benefits

The charitable company operates a defined contribution pension scheme. Contributions payable to the charitable company's pension scheme are charged to the Statement of Financial Activities in the period to which they relate.

#### 2. VOLUNTARY INCOME

	Donations Grants	2008 £ 9,491 71,000	2007 £ 19,912 73,450
	Grants received, included in the above, are as follows:	80,491	93,362
	Other grants	2008 £ 71,000	2007 £ <u>73,450</u>
3.	ACTIVITIES FOR GENERATING FUNDS	2008	2007
	Fundraising events	£ 16,695	£ 16,926
4.	INVESTMENT INCOME		
	Deposit account interest	2008 £ 2,963	2007 £ 2,449

The company's investment income arises solely from an interest bearing bank deposit account.

# NOTES TO THE FINANCIAL STATEMENTS - CONTINUED FOR THE YEAR ENDED 31 MARCH 2008

## 5. INCOMING RESOURCES FROM CHARITABLE ACTIVITIES

	Training seminars	Activity Training and education		2008 £ 7,925	2007 £ 3,340
6.	COSTS OF GENERATING V	OLUNTARY INCOME			
	Advertising and PR Fundraising cost of events Volunteer expenses Support costs			2008 £ 436 7,536 208 7,911	2007 £ 674 6,866 8,685
7.	CHARITABLE ACTIVITIES	COSTS			
	Training and education Counselling and support		£ 11,002 20,476 31,478	Support costs (See note 8) £ 220 52,504  52,724	Totals  £ 11,222 72,980  84,202

# NOTES TO THE FINANCIAL STATEMENTS - CONTINUED FOR THE YEAR ENDED 31 MARCH 2008

## 8. SUPPORT COSTS

9.

10.

	Costs of			
	generating		Training	
	voluntary	Counselling and	and	
	-	-	education	Total
	income	support £	£	£
	£		L	6,387
Administrator's costs	1,917	4,470	-	
Manager's costs	-	10,690	-	10,690
National Co-ordinator's costs	-	22,652	-	22,652
Premises	3,125	7,482		10,607
Equipment hire and maintenance	1,771	4,134		5,905
Telephone, postages and stationery	1,098	3,076	220	4,394
Total	7,864	52,373	211	60,635
	<del></del>		<del></del>	
Activity				
Administrator	Staff time			
Manager	Staff time			
National Co-ordinator	Staff time			
Premises	Usage			
Equipment hire and maintenance	Usage			
Telephone, postages and stationery	Usage			
, ,,				
GOVERNANCE COSTS				
			2008	2007
			£	£
Auditors' remuneration			3,701	3,525
Professional fees			488	482
Legal fees			1,090	1,031
Bank charges				
			5,299	5,038
			<del></del>	<del></del>
NET INCOMING/(OUTGOING) RESOURCES	8			
•				
Net resources are stated after charging/(crediting):				
			2008	2007
			£	£
Depreciation - owned assets			2,666	3,568
Hire of plant and machinery			461	922
Other operating leases			7,900	7,900
Deficit on disposal of fixed asset			1,090	1,026
		=	<del></del>	

### NOTES TO THE FINANCIAL STATEMENTS - CONTINUED FOR THE YEAR ENDED 31 MARCH 2008

#### **DIRECTORS' REMUNERATION AND BENEFITS** 11.

There were no directors' remuneration or other benefits for the year ended 31 March 2008 nor for the year ended 31 March 2007.

#### Directors' Expenses

There were no directors' expenses paid for the year ended 31 March 2008 nor for the year ended 31 March 2007.

#### STAFF COSTS 12.

	2008	2007
	£	£
Wages and salaries	35,254	41,940
Social security costs	2,577	3,763
Other pension costs	_1,763	1,442
•		
	39,594	47,145

#### 13. TANGIBLE FIXED ASSETS

TANGIBLE FIXED ASSETS	Plant and machinery etc ${\mathfrak L}$
COST	23,690
At 1 April 2007	25,090 958
Additions	
Disposals	(3,612)
At 31 March 2008	21,036
DEPRECIATION At 1 April 2007	12,396
Charge for year	2,666
Eliminated on disposal	(2,522)
At 31 March 2008	12,540

### **NET BOOK VALUE**

NET BOOK VALUE At 31 March 2008	8,496
At 31 March 2007	11,294

All tangible fixed assets are used for the running and administration of the charity.

#### **DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR** 14.

	2008	2007
	£	£
Other debtors	<u>2,623</u>	3,773

# NOTES TO THE FINANCIAL STATEMENTS - CONTINUED FOR THE YEAR ENDED 31 MARCH 2008

## 15. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	Trade creditors Taxation and social security Other creditors		2008 £ 2,103 9,712 11,815	2007 £ (1) 754 6,257 7,010
16.	OPERATING LEASE COMMITMENTS			
	The following operating lease payments are committed to be paid wit	thin one year:	:	
			2008 £	2007 £
	Expiring: Between one and five years		<u>7,900</u>	7,900
17.	MOVEMENT IN FUNDS			
	Unrestricted funds General fund Designated Fund - Pears Foundation	At 1/4/07 £ 64,720 3,800 68,520	Net movement in funds £  5,735 (3,800)  1,935	At 31/3/08 £ 70,455
	Restricted funds Children in Need Clark UK Lloyds TSB Capacity Builder Allen Lane Foundation	8,599 3,368 ————————————————————————————————————	4,634 (8,599) (488) 	4,634 - 2,880 5,000 12,514
	TOTAL FUNDS	80,487	2,482	82,969

# NOTES TO THE FINANCIAL STATEMENTS - CONTINUED FOR THE YEAR ENDED 31 MARCH 2008

#### 17. MOVEMENT IN FUNDS - continued

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds General fund Designated Fund - Pears Foundation	87,075	(81,340) (3,800)	5,735 (3,800)
	87,075	(85,140)	1,935
Restricted funds Robertson Trust Children in Need Clark UK Lloyds TSB Capacity Builder Allen Lane Foundation	7,999 8,000 - - 5,000	(7,999) (3,366) (8,599) (488)	4,634 (8,599) (488) 5,000
	20,999	(20,452)	547
	<u></u>		
TOTAL FUNDS	108,074	(105,592)	<u>2,482</u>

#### 18. SCOTTISH EXECUTIVE FUNDING

During the year the charity received £50,000 from The Scottish Executive under Section 10 of the Social Work (Scotland) Act 1968 as a contribution towards core funding. The expenditure during the year covered by this grant was as follows:

	£
Administrator's costs	5,806
National Co-ordinator's costs	20,640
Project Manager's costs	1,800
	135
Travelling expenses	7,900
Rent	353
Insurance	1,470
Heat and light	206
Repairs	
Cleaning	678
Equipment hire	461
Equipment maintenance	1,688
Postages and stationery	2,300
Telephone	1,837
Legal fees	1,090
Audit fees	3,701
	20
Bank charges	
	50,085

# DETAILED STATEMENT OF FINANCIAL ACTIVITIES FOR THE YEAR ENDED 31 MARCH 2008

	2008 £	2007 £
INCOMING RESOURCES		
Voluntary income	9,491	19,912
Donations Grants	71,000	73,450
	80,491	93,362
Activities for generating funds	16,695	16,926
Fundraising events	10,093	10,720
Investment income Deposit account interest	2,963	2,449
Incoming resources from charitable activities	7,925	3,340
Training seminars	108,074	116,077
Total incoming resources	108,074	110,077
RESOURCES EXPENDED		
Costs of generating voluntary income Advertising and PR	436	674
Fundraising cost of events	7,536 208	6,866
Volunteer expenses		7.540
	8,180	7,540
Charitable activities Counsellors	17,662	16,199
Books	1,243	1,259
Volunteer expenses	1,178	2,404 5,072
Training costs	4,485 441	5,072 487
Catering at centre	2,725	1,714
Printing and leaflets	1,942	-
Project launch expenses	392	248
Subscriptions Staff training	532	-
Start training Sundry expenses	878	396
Donations	-	59
Conference expenses	<del></del>	356
	31,478	28,194

# DETAILED STATEMENT OF FINANCIAL ACTIVITIES FOR THE YEAR ENDED 31 MARCH 2008

	2008	2007
	£	£
Governance costs		
Auditors' remuneration	3,701	3,525
Professional fees	488	482
Legal fees	1,090	1,031
Bank charges		
	5,299	5,038
Support costs		
Administration		
Administrator salary	5,940	6,480
Administrator social security	150	181
Administrator pension	297	324
	6,387	6,985
Manager		
Manager salary	9,334	19,374
Manager social security	889	2,070
Manager pension	467	49
Manager travelling expenses		186
	10,690	21,679
National Co-ordinator		
National Co-ordinator salary	19,980	16,086
National co-ordinator social security	1,538	1,512
National Co-ordinator pension	999	1,069
National co-ordinator travelling expenses	135	88
	22,652	18,755
Premises		
Rent	7,900	7,900
Insurance	353	324
Light and heat	1,470	1,417
Repairs and renewals	206	76
Cleaning	<u>678</u>	420
	10,607	10,137
Equipment hire, maintenance an	471	000
Hire of plant and machinery	461	922
Equipment maintenance	1,688	1,826
Fixtures and fittings	2,666	3,568
Loss on sale of tangible fixed assets	<u>1,090</u>	
	5,905	7,342

# DETAILED STATEMENT OF FINANCIAL ACTIVITIES FOR THE YEAR ENDED 31 MARCH 2008

	2008 £	2007 £
Telephone, postages and statio Telephone Postage and stationery	1,837 2,557	2,216 2,263
	4,394	4,479
Total resources expended	105,592	110,149
Net income/(expenditure)	_2,482	5,928