

REGISTERED COMPANY NUMBER: SC195069 (Scotland)
REGISTERED CHARITY NUMBER: SC028928

**Report of the Trustees and
Financial Statements for the Year Ended 31 December 2022**
for
Hope Connections



Brett Nicholls Associates
Herbert House
24 Herbert Street
Glasgow
G20 6NB

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COMPANIES HOUSE

Hope Connections

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Hope Connections

Reference and Administrative Details for the Year Ended 31 December 2022

TRUSTEES

I Macfarlane - Chair
A B McCruden
M Smith
R M Lynch (appointed 25.4.23)
A McWilliam (resigned 30.8.22)
P Clancy (resigned 30.8.22)

REGISTERED OFFICE

c/o Brett Nicholls Associates
Herbert House
24 Herbert Street
Glasgow
G20 6NB

REGISTERED COMPANY NUMBER

SC195069 (Scotland)

REGISTERED CHARITY NUMBER SC028928

INDEPENDENT EXAMINER

David Nicholls FCCA
Brett Nicholls Associates
Herbert House
24 Herbert Street
Glasgow
G20 6NB

BANKERS

Bank of Scotland
PO Box 1000
BX2 1LB

Hope Connections

Report of the Trustees for the Year Ended 31 December 2022

The trustees who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 31 December 2022. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

OBJECTIVES AND ACTIVITIES

Objectives and aims

HOPE Connections is a charity focused on alleviating poverty of all forms for people most on the edges of society in Glasgow, especially those living in Poverty of Hope. In 2022 we continued to bring hope, positive connections, and lasting relationships for people trapped in cycles of addiction, reoffending, homelessness, and poor mental health. HOPE Connections helps them to stabilise, to recover, and to thrive, because no one's past should define who they are today. We were also there for the families impacted by their loved-one's struggles - as they are often the blameless victims of the chaos that ensues when someone is trapped in a seemingly inescapable cycle of despair and apparent self-destruction.

Our amazing team continued to go towards the pain, jumping-in beside people as Peer Mentors, Connectors, Navigators and Advocates; walking-with people and bringing the power of Changed People, Changing People so they make that critical first step into recovery with hope and positive connections in their lives, knowing they are not alone as they continue on their personal journey to unlock their full potential and become whoever they want to be.

ACHIEVEMENT AND PERFORMANCE

Charitable activities

2022 was another fantastic year for HOPE Connections, where we continued to reach and positively impact the lives of people across Glasgow who needed some hope and support the most, with our person-centred and trauma-informed work being recognised at the highest levels in a motion of thanks placed before the Scottish Parliament.

We continued to engage and build lasting relationships with people known to justice, addiction, mental health, and homelessness services to offer intensive one to one practical and psycho-social support, and critically, we also focused on reaching those not engaging with any services but who are struggling with highly complex and interdependent challenges in their lives. We believe that no one is hard to reach, only services are, which is why we assertively go into communities to build relationships and provide a bridge into the appropriate statutory and community supports, whilst continuing to walk with people on their journey and live life with them on their terms.

We consolidated our partnership with HMP Barlinnie, bringing our powerful group work sessions and one to one supports into their Resource Hub, whilst helping to plan for the launch of the new Wellbeing Hub that opened in Q1 2023. Our presence on the ground four days per week allowed for lasting relationships and trust to be developed with the general and remand populations we work with, which is vital as many of the men we support have suffered trauma in their lives, often rooted in adverse childhood experiences (ACEs), and many find it difficult to form meaningful relationships and to reach out for support.

We continued to support men on release, including making Custody to Rehab pathways a reality, giving people the best possible start by being there for them, by offering practical support, by opening doors to positive connections, and by just offering a supportive connected community to belong to. We also supported women in the new Community Custody Unit in North Glasgow that became operational in October 2022, and we continued to expand our support services for women involved in the justice system across the city.

Hope Connections

Report of the Trustees for the Year Ended 31 December 2022

ACHIEVEMENT AND PERFORMANCE

Charitable activities

The Outreach Team continued to take self-referrals via our 0800 number, and we continued to operate as a trusted and extended support partner for statutory bodies, commissioned services, and other charities. We maintained a visible presence in the Homelessness Access Hub in Glasgow city centre, in the daily Recovery Cafes across the city, and in homeless accommodation services, doing all we could to be there for the next person who just needed someone to jump in beside them, walk with them, and live life with them.

We continued to grow the power of our HOPE Connection Network of support organisations in and around Glasgow and we extended our network to national and UK levels in specialist areas such as addiction rehabilitation support options, where being away from the city is the best option for building someone's recovery resilience.

The human and social impact of the work we deliver is self-evident as lives and whole families are transformed by the support and social connections being offered. Our Stories of Hope are powerful, with some highlighted on our website launched in early 2022 (www.hopeconnections.scot). This impact led to requests from NHS, Council, and Scottish Prison Service partners to replicate the HOPE Connections model in their local authority areas, which we plan to progress during 2023.

It is a privilege to be part of HOPE Connections and to Chair our amazing Board of volunteers who are committed to supporting the team to maximise their impact into 2023 and beyond. On behalf of the Board, I want to thank our incredible staff team and volunteers who are out there touching and transforming lives every day, and our portfolio of partners and funders who allow us to develop and do what we do, and who share our passion for unlocking the potential in everyone, no matter where they're at today. During 2022, we were privileged to receive funding from the following sources:

- National Lottery Improving Lives Fund
- People's Postcode Trust
- CORRA Drugs Improvement Fund
- VOLANT Charitable Trust, supporting our work with women
- Bank of Scotland REACH programme
- GCVS Mental Health and Wellbeing Fund

As we continue to live life in a post COVID world where many people are struggling financially and where way too many people are battling with poor mental and emotional health, we want to continue to be there to offer support and positive connections for those who need them most. The need is sadly only increasing but we're committed to doing all we can to stand up, step out, and shine some light in the darkness in our prisons, crisis centres, homelessness hubs, recovery cafes, and communities across the city for many years to come.

FINANCIAL REVIEW

Financial Results

During the year to 31 December 2022, the charity had total income of £147,745 (2021: £176,510), expenditure of £134,070 (2021: £67,428) resulting in a net surplus of £13,675 (2021: £109,082).

The charity's total reserves at 31 December 2022 were £139,720 (2021: £126,045) and of these, the unrestricted reserves total £12,290 (2021: £7,631).

Reserves policy

The trustees aim to have unrestricted reserves equivalent to 6 months unrestricted expenditure which amounts to £67,035 for the year ended 31 December 2022. At balance date the charity held free unrestricted reserves of £12,290. The trustees are aware that this policy is not being met and aim to build unrestricted reserves through income generation.

Hope Connections

Report of the Trustees for the Year Ended 31 December 2022

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

Hope Connections, previously Whiteinch Transformation, is a charitable company limited by guarantee. The charity follows the rules and regulations of the Companies Act 2006 and purposes and administration arrangements are set out in the memorandum and articles.

Recruitment and appointment of new trustees

The board regularly reviews the opportunities and challenged ahead as Hope Connections seeks to develop, recruiting trustees with a blend of missional and business experience.

Organisational structure

The charitable company is managed by the trustee committee and run day to day by staff and volunteers.

Induction and training of new trustees

On the recruitment of new trustees they are given documentation on their responsibility as a trustees and an explanation of their duties and briefing from current trustees.

Key management remuneration

The trustees are deemed to be the key management personnel of the charity in charge of directing and controlling, running and operating the Charity on a day to day basis. All trustees give their time freely and no trustee received remuneration in the year.

Approved by order of the board of trustees on 29 SEPTEMBER 23 and signed on its behalf by:



I Macfarlane - Trustee

Independent Examiner's Report to the Trustees of Hope Connections

I report on the accounts for the year ended 31 December 2022 set out on pages six to seventeen.

Respective responsibilities of trustees and examiner

The charity's trustees are responsible for the preparation of the accounts in accordance with the terms of the Charities and Trustee Investment (Scotland) Act 2005 and the Charities Accounts (Scotland) Regulations 2006 (as amended). The charity's trustees consider that the audit requirement of Regulation 10(1)(a) to (c) of the Accounts Regulations does not apply. It is my responsibility to examine the accounts as required under Section 44(1)(c) of the Act and to state whether particular matters have come to my attention.

Basis of the independent examiner's report

My examination was carried out in accordance with Regulation 11 of the Charities Accounts (Scotland) Regulations 2006. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently I do not express an audit opinion on the view given by the accounts.

Independent examiner's statement

In connection with my examination, no matter has come to my attention :

- (1) which gives me reasonable cause to believe that, in any material respect, the requirements
 - to keep accounting records in accordance with Section 44(1)(a) of the 2005 Act and Regulation 4 of the 2006 Accounts Regulations; and
 - to prepare accounts which accord with the accounting records and to comply with Regulation 8 of the 2006 Accounts Regulations

have not been met; or

- (2) to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.



David Nicholls, FCCA
The Association of Chartered Certified Accountants
Brett Nicholls Associates
Herbert House
24 Herbert Street
Glasgow
G20 6NB

Date: 29 September 2023

Hope Connections

Statement of Financial Activities (Incorporating an Income and Expenditure Account) for the Year Ended 31 December 2022

	Notes	Unrestricted funds £	Restricted funds £	2022 Total funds £	2021 Total funds £
INCOME AND ENDOWMENTS FROM					
Donations and legacies	3	16,551	131,175	147,726	175,129
Other trading activities	4	19	-	19	1,381
Total		<u>16,570</u>	<u>131,175</u>	<u>147,745</u>	<u>176,510</u>
EXPENDITURE ON					
Raising funds	5	-	6,068	6,068	3,510
Charitable activities	6				
Supporting vulnerable and marginalised people in the community		12,911	115,091	128,002	63,918
Total		<u>12,911</u>	<u>121,159</u>	<u>134,070</u>	<u>67,428</u>
NET INCOME		<u>3,659</u>	<u>10,016</u>	<u>13,675</u>	<u>109,082</u>
Transfers between funds	16	1,000	(1,000)	-	-
Net movement in funds		<u>4,659</u>	<u>9,016</u>	<u>13,675</u>	<u>109,082</u>
RECONCILIATION OF FUNDS					
Total funds brought forward		7,631	118,414	126,045	16,963
TOTAL FUNDS CARRIED FORWARD		<u>12,290</u>	<u>127,430</u>	<u>139,720</u>	<u>126,045</u>

CONTINUING OPERATIONS

All income and expenditure has arisen from continuing activities.

This statement of financial activities includes all gains and losses recognised in the year.

All income and expenditure derive from continuing activities in both years.

Comparative figures for the previous year by fund type are shown in Note 11.

The notes on pages 8 to 17 form part of these financial statements.

Hope Connections

**Balance Sheet
31 December 2022**

	Notes	2022 £	2021 £
CURRENT ASSETS			
Debtors	13	225	225
Cash at bank		<u>149,388</u>	<u>131,600</u>
		149,613	131,825
CREDITORS			
Amounts falling due within one year	14	<u>(9,893)</u>	<u>(5,780)</u>
NET CURRENT ASSETS		<u>139,720</u>	<u>126,045</u>
TOTAL ASSETS LESS CURRENT LIABILITIES		<u>139,720</u>	<u>126,045</u>
NET ASSETS		<u>139,720</u>	<u>126,045</u>
FUNDS	16		
Unrestricted funds		12,290	7,631
Restricted funds		<u>127,430</u>	<u>118,414</u>
TOTAL FUNDS		<u>139,720</u>	<u>126,045</u>

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 December 2022.

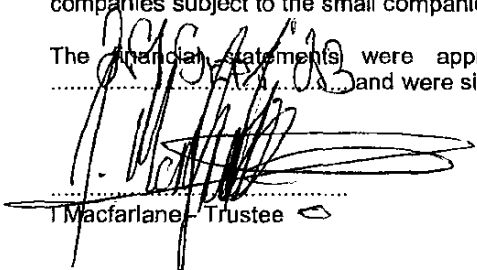
The members have not required the company to obtain an audit of its financial statements for the year ended 31 December 2022 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

- ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and
- preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

These financial statements have been prepared in accordance with the provisions applicable to charitable companies subject to the small companies regime.

The financial statements were approved by the Board of Trustees and authorised for issue on and were signed on its behalf by:


T Macfarlane - Trustee

The notes on pages 8 to 17 form part of these financial statements

Hope Connections

Notes to the Financial Statements for the Year Ended 31 December 2022

1. GENERAL INFORMATION

Hope Connections ("the charity") is a Scottish charitable company limited by guarantee. It is governed by its Memorandum and Articles of Association. It was registered as a charity in Scotland (registered number SC028928) on 8 April 1999. Its registered address is c/o Brett Nicholls Associates, Herbert House, 24 Herbert Street, Glasgow, G20 6NB.

2. ACCOUNTING POLICIES

Basis of preparing the financial statements

The financial statements of the charity, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Charities and Trustee Investment (Scotland) Act 2005. The financial statements have been prepared under the historical cost convention. The financial statements are prepared on an accruals basis, and on a going concern basis, in accordance with:

- the Charities and Trustee Investment (Scotland) Act 2005;
- Regulation 8 (Statement of account - Fully accrued accounts) of The Charities Accounts (Scotland) Regulations 2006;
- the Financial Reporting Standard applicable in the UK and Republic of Ireland, published in March 2018 ("FRS 102"), to the extent that it applies to small entities and public benefit entities;
- 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland, published in October 2019 (FRS 102)' ("the Charities SORP");
- UK Generally Accepted Accounting Practice; and
- the historical cost convention.

The charity meets the definition of a public benefit entity under FRS 102.

Assets and liabilities are initially recognised at historical cost or transaction value, unless otherwise stated in the relevant accounting policy.

The financial statements are presented in UK sterling, which is the charity's functional currency, and rounded to the nearest pound.

There have been no changes to the basis of preparation this financial year or to the previous financial year's financial statements.

Income

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably. The following specific policies are applied to particular categories of income:

Hope Connections

Notes to the Financial Statements - continued for the Year Ended 31 December 2022

2. ACCOUNTING POLICIES - continued

Income

- Voluntary income is received by way of grants, donations and gifts and is included in full in the Statement of Financial Activities when receivable. Grants, where entitlement is not conditional on the delivery of a specific performance by the charity, are recognised when the charity becomes unconditionally entitled to the grant

- Investment income is included when receivable

- Incoming resources from charitable trading activities are accounted for when earned

- Incoming resources from grants, where related to performance and specific deliverable, are accounted for as the charity earns the right to consideration by its performance

- Income is only deferred when:

- The donor specifies that the grant or donation must be used only in future accounting periods; or

- The donor has imposed conditions which must be met before the charity has unconditional entitlement

Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Tangible fixed assets

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Office & Other Equipment - 25% on cost

Taxation

Hope Connections is a charity within the meaning of Section 467 of the Corporation Tax Act 2010. Accordingly, the charity is potentially exempt from taxation in respect of income or capital gains received within categories covered by Chapter 3 of Part 11 of the Corporation Tax Act 2010 and section 256 of the Taxation of Chargeable Gains Act 1992 to the extent that such income or gains are applied for charitable purposes only.

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

Pension costs and other post-retirement benefits

The charitable company operates a defined contribution pension scheme. Contributions payable to the charitable company's pension scheme are charged to the Statement of Financial Activities in the period to which they relate.

Hope Connections

Notes to the Financial Statements - continued for the Year Ended 31 December 2022

2. ACCOUNTING POLICIES - continued

Legal status

The charity is a company limited by guarantee and has no share capital. The liability of each member in the event of winding up is limited to £10. As at 31 December 2021 there were 5 members.

3. DONATIONS AND LEGACIES

	2022	2021
	£	£
Donations	1,561	1,101
Gift aid	-	225
Grants	<u>146,165</u>	<u>173,803</u>
	<u>147,726</u>	<u>175,129</u>

Grants received, included in the above, are as follows:

	2022	2021
	£	£
Robertson Trust	-	16,000
Zuill Charitable Trust	-	20,000
Foundation Scotland	-	3,934
Impact Funding Partners	2,400	3,976
National Lottery Community Fund	3,246	46,447
Corra Foundation (Grassroots)	-	28,500
Bank of Scotland Foundation	25,000	-
Arnold Clark Community Fund	2,000	1,000
Adapt & Thrive	-	53,946
Corra Foundation	48,832	-
Volant Trust	11,279	-
People's Postcode Trust	22,598	-
Endrick Trust	3,000	-
Woodward Trust	750	-
GCVS Mental Health Fund	9,560	-
GCVS Community Calling	<u>17,500</u>	-
	<u>146,165</u>	<u>173,803</u>

4. OTHER TRADING ACTIVITIES

	2022	2021
	£	£
Fundraising events	<u>19</u>	<u>1,381</u>

Hope Connections

Notes to the Financial Statements - continued for the Year Ended 31 December 2022

5. RAISING FUNDS

Raising donations and legacies

	2022	2021
	£	£
Fundraising	<u>6,068</u>	<u>3,510</u>

6. CHARITABLE ACTIVITIES COSTS

	Direct Costs (see note 7) £	Support costs (see note 8) £	Totals £
Supporting vulnerable and marginalised people in the community	<u>126,232</u>	<u>1,770</u>	<u>128,002</u>

7. DIRECT COSTS OF CHARITABLE ACTIVITIES

	2022	2021
	£	£
Staff costs	77,063	39,551
Administration	5,514	3,223
Travel	4,560	234
Premises Costs	1,540	-
Hospitality	116	20
Other donations	265	2,336
Outreach Work	14,416	16,934
Community Calling Expenses	22,368	-
Marketing	<u>390</u>	<u>-</u>
	<u>126,232</u>	<u>62,298</u>

8. SUPPORT COSTS

Finance

	2022	2021
	£	£
Independent Examination	<u>1,770</u>	<u>1,620</u>

Hope Connections

Notes to the Financial Statements - continued for the Year Ended 31 December 2022

9. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 31 December 2022 nor for the year ended 31 December 2021.

Trustees' expenses

There were no trustees' expenses paid for the year ended 31 December 2022 nor for the year ended 31 December 2021.

10. STAFF COSTS

	2022	2021
	£	£
Wages and salaries	72,461	35,496
Social security costs	1,308	2,329
Other pension costs	<u>3,294</u>	<u>1,726</u>
	<u>77,063</u>	<u>39,551</u>

The average monthly number of employees during the year was as follows:

	2022	2021
Project Staff	<u>5</u>	<u>3</u>

No employees received emoluments in excess of £60,000.

Hope Connections

Notes to the Financial Statements - continued for the Year Ended 31 December 2022

11. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES

	Unrestricted funds £	Restricted funds £	Total funds £
INCOME AND ENDOWMENTS FROM			
Donations and legacies	42,260	132,869	175,129
Other trading activities	<u>1,381</u>	<u>-</u>	<u>1,381</u>
Total	<u>43,641</u>	<u>132,869</u>	<u>176,510</u>
 EXPENDITURE ON			
Raising funds	3,510	-	3,510
Charitable activities			
Supporting vulnerable and marginalised people in the community	<u>49,193</u>	<u>14,725</u>	<u>63,918</u>
Total	<u>52,703</u>	<u>14,725</u>	<u>67,428</u>
 NET INCOME/(EXPENDITURE)	(9,062)	118,144	109,082
 RECONCILIATION OF FUNDS			
Total funds brought forward	<u>16,693</u>	<u>270</u>	<u>16,963</u>
 TOTAL FUNDS CARRIED FORWARD	<u><u>7,631</u></u>	<u><u>118,414</u></u>	<u><u>126,045</u></u>

12. TANGIBLE FIXED ASSETS

	Office & Other Equipment £
COST	
At 1 January 2022 and 31 December 2022	<u>17,274</u>
DEPRECIATION	
At 1 January 2022 and 31 December 2022	<u>17,274</u>
NET BOOK VALUE	
At 31 December 2022	<u>-</u>
At 31 December 2021	<u>-</u>

Hope Connections

**Notes to the Financial Statements - continued
for the Year Ended 31 December 2022**

13. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2022	2021
	£	£
Gift Aid Receivable	<u>225</u>	<u>225</u>

14. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2022	2021
	£	£
Social security and other taxes	5,745	3,453
Pension	758	707
Accrued expenses	<u>3,390</u>	<u>1,620</u>
	<u>9,893</u>	<u>5,780</u>

15. ANALYSIS OF NET ASSETS BETWEEN FUNDS

	Unrestricted funds £	Restricted funds £	2022 Total funds £	2021 Total funds £
Current assets	22,183	127,430	149,613	131,825
Current liabilities	<u>(9,893)</u>	<u>-</u>	<u>(9,893)</u>	<u>(5,780)</u>
	<u>12,290</u>	<u>127,430</u>	<u>139,720</u>	<u>126,045</u>

Comparatives for analysis of net assets between funds

	Unrestricted funds £	Restricted funds £	2021 Total funds £	2020 Total funds £
Current assets	13,411	118,414	131,825	19,784
Current liabilities	<u>(5,780)</u>	<u>-</u>	<u>(5,780)</u>	<u>(2,821)</u>
	<u>7,631</u>	<u>118,414</u>	<u>126,045</u>	<u>16,963</u>

Hope Connections

Notes to the Financial Statements - continued for the Year Ended 31 December 2022

16. MOVEMENT IN FUNDS

	At 1/1/22 £	Net movement in funds £	Transfers between funds £	At 31/12/22 £
Unrestricted funds				
General fund	7,631	3,659	1,000	12,290
Restricted funds				
Winter Wellbeing	2,971	429	(1,000)	2,400
Adapt & Thrive	46,621	(38,252)	-	8,369
National Lottery	46,447	(14,962)	-	31,485
Corra Foundation (Grassroots)	22,375	(22,375)	-	-
Corra Foundation	-	37,701	-	37,701
Bank of Scotland Foundation	-	25,000	-	25,000
Volant Trust	-	9,970	-	9,970
People's Postcode Trust	-	12,505	-	12,505
	<u>118,414</u>	<u>10,016</u>	<u>(1,000)</u>	<u>127,430</u>
TOTAL FUNDS	<u>126,045</u>	<u>13,675</u>	<u>-</u>	<u>139,720</u>

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	16,570	(12,911)	3,659
Restricted funds			
Winter Wellbeing	2,400	(1,971)	429
Adapt & Thrive	-	(38,252)	(38,252)
National Lottery	3,246	(18,208)	(14,962)
Corra Foundation (Grassroots)	-	(22,375)	(22,375)
Corra Foundation	48,832	(11,131)	37,701
Bank of Scotland Foundation	25,000	-	25,000
GCVS - Community Calling	17,500	(17,500)	-
Volant Trust	10,539	(569)	9,970
People's Postcode Trust	19,098	(6,593)	12,505
GCVS Mental Health Fund	4,560	(4,560)	-
	<u>131,175</u>	<u>(121,159)</u>	<u>10,016</u>
TOTAL FUNDS	<u>147,745</u>	<u>(134,070)</u>	<u>13,675</u>

Hope Connections

Notes to the Financial Statements - continued for the Year Ended 31 December 2022

16. MOVEMENT IN FUNDS - continued

Comparatives for movement in funds

	At 1/1/21 £	Net movement in funds £	At 31/12/21 £
Unrestricted funds			
General fund	16,693	(9,062)	7,631
Restricted funds			
Foodbank	140	(140)	-
Covid-19 Response	130	(130)	-
Winter Wellbeing	-	2,971	2,971
Adapt & Thrive	-	46,621	46,621
National Lottery	-	46,447	46,447
Corra Foundation (Grassroots)	-	22,375	22,375
	<u>270</u>	<u>118,144</u>	<u>118,414</u>
TOTAL FUNDS	<u>16,963</u>	<u>109,082</u>	<u>126,045</u>

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	43,641	(52,703)	(9,062)
Restricted funds			
Foodbank	-	(140)	(140)
Covid-19 Response	-	(130)	(130)
Winter Wellbeing	3,976	(1,005)	2,971
Adapt & Thrive	53,946	(7,325)	46,621
National Lottery	46,447	-	46,447
Corra Foundation (Grassroots)	28,500	(6,125)	22,375
	<u>132,869</u>	<u>(14,725)</u>	<u>118,144</u>
TOTAL FUNDS	<u>176,510</u>	<u>(67,428)</u>	<u>109,082</u>

Hope Connections

Notes to the Financial Statements - continued for the Year Ended 31 December 2022

17. RELATED PARTY DISCLOSURES

There were no related party transactions for the year ended 31 December 2022.

18. PURPOSES OF UNRESTRICTED FUNDS

General funds - The Unrestricted, 'free reserves' of the Charity

19. PURPOSES OF RESTRICTED FUNDS

Foodbank - food for people in crisis.

Covid - funds to support people who are isolated and/or on low income during lockdowns; to put service in place to aid recovery from lockdown.

Winter Wellbeing - Funding received for support worker salaries and emergency supplies.

Adapt & Thrive - Funding received for projects officer and finance officer salaries and associated travel costs, as well as funding for IT & website development costs.

National Lottery Community Fund - Funding for support worker and volunteer coordinator salaries

Corra Foundation (Grassroots) - Funding for manager and support worker salaries.

Corra Foundation (Local Support Fund) - Funding for manager and support worker salaries.

Bank of Scotland Foundation - Funding for support worker and administrative staff salaries.

GCVS Community Calling - Funding to provide supported individuals with means of communication.

Volant Trust - Funding for female support worker and a contribution to core costs.

People's Postcode Trust - Funding for support worker and small contribution to core costs.

GCVS Mental Health Fund - Funding to support newly released prisoners.