

Strategic Report, Report of the Directors and  
Financial Statements for the Year Ended 31 March 2019  
for  
APPLECROSS NURSING HOME LIMITED

Contents of the Financial Statements  
for the Year Ended 31 March 2019

	Page
Company Information	1
Strategic Report	2
Report of the Directors	3
Report of the Independent Auditors	5
Statement of Comprehensive Income	7
Balance Sheet	8
Statement of Changes in Equity	9
Cash Flow Statement	10
Notes to the Cash Flow Statement	11
Notes to the Financial Statements	12

APPLECROSS NURSING HOME LIMITED

Company Information  
for the Year Ended 31 March 2019

<b>DIRECTORS:</b>	A Kelly Mrs M Kelly
<b>SECRETARY:</b>	P Kelly
<b>REGISTERED OFFICE:</b>	Glasgow Road The Hurlet Glasgow G53 7TG
<b>REGISTERED NUMBER:</b>	SC177933 (Scotland)
<b>SENIOR STATUTORY AUDITOR:</b>	Robert Pollock BA CA
<b>AUDITORS:</b>	Sharles Audit Limited Statutory Auditor 29 Brandon Street Hamilton ML3 6DA
<b>SOLICITORS:</b>	Brodies LLP 110 Queen Street Glasgow G1 3BX

Strategic Report  
for the Year Ended 31 March 2019

The directors present their strategic report for the year ended 31 March 2019.

**REVIEW OF BUSINESS**

In the opinion of the board of directors, the company has achieved good results of the year under review, despite the difficult market conditions affecting the sector generally.

	<b>31st March 2019</b>	<b>31st March 2018</b>
Turnover	£3,625,456	£3,408,132
Profit after taxation	£289,819	£399,080
Gross Profit	£1,229,238	£1,167,536
Gross profit percentage	33.91%	34.26%

Shareholders' funds amount to £1,440,308 (2018 - £1,362,322). The directors are confident that the company has sufficient reserves to finance the anticipated levels of activity in the future.

Turnover for the year ended March 2020 is likely to be consistent, and the board is satisfied that, with tight control of margins generated, and careful monitoring of overheads, profitability will continue at satisfactory levels.

There have been no events since the balance sheet date that materially affect the financial position of the company.

**PRINCIPAL RISKS AND UNCERTAINTIES**

The company operates in the nursing home industry and is therefore subject to the trading cycles that occur in that sector. The market is competitive although the company has a good reputation with local and regulatory authorities and therefore has repeat business and provides specialist care with barriers to entry. The board is confident that the excellent levels of service provided will ensure that the company continues to be competitive in its chosen market.

**ON BEHALF OF THE BOARD:**

P Kelly - Secretary

19 December 2019

Report of the Directors  
for the Year Ended 31 March 2019

The directors present their report with the financial statements of the company for the year ended 31 March 2019.

**PRINCIPAL ACTIVITY**

The principal activity of the company in the year under review was that of nursing home.

**DIVIDENDS**

An interim dividend of £217,850 per share on the Ordinary £1 shares was paid on 30 April 2018. The directors recommend that no final dividend be paid on these shares.

No interim dividend was paid on the A £1 shares. The directors recommend that no final dividend be paid on these shares.

No interim dividend was paid on the B £1 shares. The directors recommend that no final dividend be paid on these shares.

The total distribution of dividends for the year ended 31 March 2019 will be £ 217,850 .

**30th April 2018**

- Ordinary shares interim dividend £72,000 per share
- A share interim dividend £30,000 per share
- B share interim dividend £30,000 per share
- C share interim dividend £13,850 per share

**DIRECTORS**

The directors shown below have held office during the whole of the period from 1 April 2018 to the date of this report.

A Kelly  
Mrs M Kelly

**STATEMENT OF DIRECTORS' RESPONSIBILITIES**

The directors are responsible for preparing the Strategic Report, the Report of the Directors and the financial statements in accordance with applicable law and regulations.

Company law requires the directors to prepare financial statements for each financial year. Under that law the directors have elected to prepare the financial statements in accordance with United Kingdom Generally Accepted Accounting Practice (United Kingdom Accounting Standards and applicable law), including Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland'. Under company law the directors must not approve the financial statements unless they are satisfied that they give a true and fair view of the state of affairs of the company and of the profit or loss of the company for that period. In preparing these financial statements, the directors are required to:

- select suitable accounting policies and then apply them consistently;
- make judgements and accounting estimates that are reasonable and prudent;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the company will continue in business.

The directors are responsible for keeping adequate accounting records that are sufficient to show and explain the company's transactions and disclose with reasonable accuracy at any time the financial position of the company and enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

**STATEMENT AS TO DISCLOSURE OF INFORMATION TO AUDITORS**

So far as the directors are aware, there is no relevant audit information (as defined by Section 418 of the Companies Act 2006) of which the company's auditors are unaware, and each director has taken all the steps that he or she ought to have taken as a director in order to make himself or herself aware of any relevant audit information and to establish that the company's auditors are aware of that information.

Report of the Directors  
for the Year Ended 31 March 2019

**AUDITORS**

The auditors, Sharles Audit Limited, will be proposed for re-appointment at the forthcoming Annual General Meeting.

**ON BEHALF OF THE BOARD:**

P Kelly - Secretary

19 December 2019

Report of the Independent Auditors to the Members of  
Applecross Nursing Home Limited

**Opinion**

We have audited the financial statements of Applecross Nursing Home Limited (the 'company') for the year ended 31 March 2019 which comprise the Statement of Comprehensive Income, Balance Sheet, Statement of Changes in Equity, Cash Flow Statement and Notes to the Cash Flow Statement, Notes to the Financial Statements, including a summary of significant accounting policies. The financial reporting framework that has been applied in their preparation is applicable law and United Kingdom Accounting Standards, including Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' (United Kingdom Generally Accepted Accounting Practice).

In our opinion the financial statements:

- give a true and fair view of the state of the company's affairs as at 31 March 2019 and of its profit for the year then ended;
- have been properly prepared in accordance with United Kingdom Generally Accepted Accounting Practice; and
- have been prepared in accordance with the requirements of the Companies Act 2006.

**Basis for opinion**

We conducted our audit in accordance with International Standards on Auditing (UK) (ISAs (UK)) and applicable law. Our responsibilities under those standards are further described in the Auditors' responsibilities for the audit of the financial statements section of our report. We are independent of the company in accordance with the ethical requirements that are relevant to our audit of the financial statements in the UK, including the FRC's Ethical Standard, and we have fulfilled our other ethical responsibilities in accordance with these requirements. We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

**Conclusions relating to going concern**

We have nothing to report in respect of the following matters in relation to which the ISAs (UK) require us to report to you where:

- the directors' use of the going concern basis of accounting in the preparation of the financial statements is not appropriate; or
- the directors have not disclosed in the financial statements any identified material uncertainties that may cast significant doubt about the company's ability to continue to adopt the going concern basis of accounting for a period of at least twelve months from the date when the financial statements are authorised for issue.

**Other information**

The directors are responsible for the other information. The other information comprises the information in the Strategic Report and the Report of the Directors, but does not include the financial statements and our Report of the Auditors thereon.

Our opinion on the financial statements does not cover the other information and, except to the extent otherwise explicitly stated in our report, we do not express any form of assurance conclusion thereon.

In connection with our audit of the financial statements, our responsibility is to read the other information and, in doing so, consider whether the other information is materially inconsistent with the financial statements or our knowledge obtained in the audit or otherwise appears to be materially misstated. If we identify such material inconsistencies or apparent material misstatements, we are required to determine whether there is a material misstatement in the financial statements or a material misstatement of the other information. If, based on the work we have performed, we conclude that there is a material misstatement of this other information, we are required to report that fact. We have nothing to report in this regard.

**Opinions on other matters prescribed by the Companies Act 2006**

In our opinion, based on the work undertaken in the course of the audit:

- the information given in the Strategic Report and the Report of the Directors for the financial year for which the financial statements are prepared is consistent with the financial statements; and
- the Strategic Report and the Report of the Directors have been prepared in accordance with applicable legal requirements.

Report of the Independent Auditors to the Members of  
Applecross Nursing Home Limited

**Matters on which we are required to report by exception**

In the light of the knowledge and understanding of the company and its environment obtained in the course of the audit, we have not identified material misstatements in the Strategic Report or the Report of the Directors.

We have nothing to report in respect of the following matters where the Companies Act 2006 requires us to report to you if, in our opinion:

- adequate accounting records have not been kept, or returns adequate for our audit have not been received from branches not visited by us; or
- the financial statements are not in agreement with the accounting records and returns; or
- certain disclosures of directors' remuneration specified by law are not made; or
- we have not received all the information and explanations we require for our audit.

**Responsibilities of directors**

As explained more fully in the Statement of Directors' Responsibilities set out on page three, the directors are responsible for the preparation of the financial statements and for being satisfied that they give a true and fair view, and for such internal control as the directors determine necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error.

In preparing the financial statements, the directors are responsible for assessing the company's ability to continue as a going concern, disclosing, as applicable, matters related to going concern and using the going concern basis of accounting unless the directors either intend to liquidate the company or to cease operations, or have no realistic alternative but to do so.

**Auditors' responsibilities for the audit of the financial statements**

Our objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue a Report of the Auditors that includes our opinion. Reasonable assurance is a high level of assurance, but is not a guarantee that an audit conducted in accordance with ISAs (UK) will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of these financial statements.

A further description of our responsibilities for the audit of the financial statements is located on the Financial Reporting Council's website at [www.frc.org.uk/auditorsresponsibilities](http://www.frc.org.uk/auditorsresponsibilities). This description forms part of our Report of the Auditors.

**Use of our report**

This report is made solely to the company's members, as a body, in accordance with Chapter 3 of Part 16 of the Companies Act 2006. Our audit work has been undertaken so that we might state to the company's members those matters we are required to state to them in a Report of the Auditors and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the company and the company's members as a body, for our audit work, for this report, or for the opinions we have formed.

Robert Pollock BA CA (Senior Statutory Auditor)  
for and on behalf of Charles Audit Limited  
Statutory Auditor  
29 Brandon Street  
Hamilton  
ML3 6DA

19 December 2019



APPLECROSS NURSING HOME LIMITED (REGISTERED NUMBER: SC177933)

Statement of Comprehensive Income  
for the Year Ended 31 March 2019

	Notes	2019 £	2018 £
<b>TURNOVER</b>		<b>3,625,456</b>	3,408,132
Cost of sales		<u>2,396,218</u>	<u>2,240,596</u>
<b>GROSS PROFIT</b>		<b>1,229,238</b>	1,167,536
Administrative expenses		<u>749,937</u>	<u>577,982</u>
		<b>479,301</b>	589,554
Other operating income		<u>204</u>	<u>6</u>
<b>OPERATING PROFIT</b>	5	<b>479,505</b>	589,560
Interest payable and similar expenses	6	<u>128,029</u>	<u>139,271</u>
<b>PROFIT BEFORE TAXATION</b>		<b>351,476</b>	450,289
Tax on profit	7	<u>61,657</u>	<u>51,209</u>
<b>PROFIT FOR THE FINANCIAL YEAR</b>		<b>289,819</b>	399,080
<b>OTHER COMPREHENSIVE INCOME</b>			
Deferred tax movement on revaluation			
Income tax relating to other comprehensive income		6,017	6,017
<b>OTHER COMPREHENSIVE INCOME FOR THE YEAR, NET OF INCOME TAX</b>		<u>6,017</u>	<u>6,017</u>
<b>TOTAL COMPREHENSIVE INCOME FOR THE YEAR</b>		<u><b>295,836</b></u>	<u>405,097</u>

APPLECROSS NURSING HOME LIMITED (REGISTERED NUMBER: SC177933)

Balance Sheet  
31 March 2019

	Notes	2019 £	£	2018 £	£
<b>FIXED ASSETS</b>					
Tangible assets	9		5,954,260		6,018,571
<b>CURRENT ASSETS</b>					
Debtors	10	201,359		466,662	
Cash at bank and in hand		<u>262,214</u>		<u>11,825</u>	
		463,573		478,487	
<b>CREDITORS</b>					
Amounts falling due within one year	11	<u>606,154</u>		<u>581,730</u>	
<b>NET CURRENT LIABILITIES</b>			<u>(142,581)</u>		<u>(103,243)</u>
<b>TOTAL ASSETS LESS CURRENT LIABILITIES</b>			5,811,679		5,915,328
<b>CREDITORS</b>					
Amounts falling due after more than one year	12		(3,966,133)		(4,129,618)
<b>PROVISIONS FOR LIABILITIES</b>	16		<u>(405,238)</u>		<u>(423,388)</u>
<b>NET ASSETS</b>			<u>1,440,308</u>		<u>1,362,322</u>
<b>CAPITAL AND RESERVES</b>					
Called up share capital	17		5		5
Revaluation reserve	18		1,031,374		1,057,029
Retained earnings	18		<u>408,929</u>		<u>305,288</u>
<b>SHAREHOLDERS' FUNDS</b>			<u>1,440,308</u>		<u>1,362,322</u>

The financial statements were approved by the Board of Directors on 19 December 2019 and were signed on its behalf by:

A Kelly - Director

APPLECROSS NURSING HOME LIMITED (REGISTERED NUMBER: SC177933)

Statement of Changes in Equity  
for the Year Ended 31 March 2019

	<b>Called up share capital £</b>	<b>Retained earnings £</b>	<b>Revaluation reserve £</b>	<b>Total equity £</b>
<b>Balance at 1 April 2017</b>	5	54,536	1,082,684	1,137,225
<b>Changes in equity</b>				
Dividends	-	(180,000)	-	(180,000)
Total comprehensive income	-	430,752	(25,655)	405,097
<b>Balance at 31 March 2018</b>	5	305,288	1,057,029	1,362,322
<b>Changes in equity</b>				
Dividends	-	(217,850)	-	(217,850)
Total comprehensive income	-	321,491	(25,655)	295,836
<b>Balance at 31 March 2019</b>	5	408,929	1,031,374	1,440,308

Cash Flow Statement  
for the Year Ended 31 March 2019

	Notes	2019 £	2018 £
<b>Cash flows from operating activities</b>			
Cash generated from operations	1	970,261	619,582
Interest paid		(128,029)	(139,271)
Tax paid		(50,000)	-
Net cash from operating activities		<u>792,232</u>	<u>480,311</u>
<b>Cash flows from investing activities</b>			
Purchase of tangible fixed assets		<u>(77,665)</u>	<u>(154,450)</u>
Net cash from investing activities		<u>(77,665)</u>	<u>(154,450)</u>
<b>Cash flows from financing activities</b>			
Loan repayments in year		(163,485)	(15,745)
Amount introduced by directors		287,325	457,300
Amount withdrawn by directors		(313,083)	(481,549)
Equity dividends paid		<u>(217,850)</u>	<u>(180,000)</u>
Net cash from financing activities		<u>(407,093)</u>	<u>(219,994)</u>
<b>Increase in cash and cash equivalents</b>		<u>307,474</u>	<u>105,867</u>
<b>Cash and cash equivalents at beginning of year</b>	2	(45,260)	(151,127)
<b>Cash and cash equivalents at end of year</b>	2	<u>262,214</u>	<u>(45,260)</u>

Notes to the Cash Flow Statement  
for the Year Ended 31 March 2019

1. **RECONCILIATION OF PROFIT BEFORE TAXATION TO CASH GENERATED FROM OPERATIONS**

	2019	2018
	£	£
Profit before taxation	351,476	450,289
Depreciation charges	141,976	88,450
Finance costs	128,029	139,271
	<u>621,481</u>	<u>678,010</u>
Decrease/(increase) in trade and other debtors	265,303	(34)
Increase/(decrease) in trade and other creditors	83,477	(58,394)
<b>Cash generated from operations</b>	<u><b>970,261</b></u>	<u><b>619,582</b></u>

2. **CASH AND CASH EQUIVALENTS**

The amounts disclosed on the Cash Flow Statement in respect of cash and cash equivalents are in respect of these Balance Sheet amounts:

**Year ended 31 March 2019**

	31.3.19	1.4.18
	£	£
Cash and cash equivalents	262,214	11,825
Bank overdrafts	-	(57,085)
	<u><b>262,214</b></u>	<u><b>(45,260)</b></u>

**Year ended 31 March 2018**

	31.3.18	1.4.17
	£	£
Cash and cash equivalents	11,825	9,233
Bank overdrafts	(57,085)	(160,360)
	<u><b>(45,260)</b></u>	<u><b>(151,127)</b></u>

Notes to the Financial Statements  
for the Year Ended 31 March 2019

1. **STATUTORY INFORMATION**

Applecross Nursing Home Limited is a private company, limited by shares, registered in Scotland. The company's registered number and registered office address can be found on the Company Information page.

The presentation currency of the financial statements is the Pound Sterling (£).

2. **STATEMENT OF COMPLIANCE**

These financial statements have been prepared in accordance with Financial Reporting Standard 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland" and the Companies Act 2006. There were no material departures from the standard.

3. **ACCOUNTING POLICIES**

**Basis of preparing the financial statements**

The company meets its day to day working capital requirements through an overdraft facility which is repayable on demand, and from directors loans. The directors have prepared projected cash flow information for the current financial year. On the basis of this cash flow information and discussions with the above parties, the directors have formed a judgement at the time of approving the financial statements that they will continue to support the company. On this basis, the directors consider it appropriate to prepare the financial statements on the going concern basis. The financial statements do not include any adjustments that would result from withdrawal of support by the above mentioned parties.

**Significant judgements and estimates**

In the application of the company's accounting policies, management is required to make judgements, estimates and assumptions about the carrying values of assets and liabilities that are not readily apparent from other sources. The estimates and underlying assumptions are based on historical experience and other factors that are considered to be relevant. Actual results may differ from these estimates. The estimates and underlying assumptions are reviewed on an ongoing basis. Revisions to accounting estimates are recognised in the period in which the estimate is revised if the revision affects only that period, or in the period of the revision and future periods if the revision affects both current and future periods.

**Turnover & revenue recognition**

Turnover is derived from nursing and care services supplied by the company.

Turnover is measured at the fair value of nursing and care services supplied, net of discounts and is recognised at the point that the company obtains the right to consideration.

Notes to the Financial Statements - continued  
for the Year Ended 31 March 2019

3. **ACCOUNTING POLICIES - continued**

**Tangible fixed assets**

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Freehold property	- 2% on cost
Plant and machinery	- 15% on cost
Fixtures and fittings	- 15% on cost
Motor vehicles	- 20% on cost

At each balance sheet date, the company reviews the carrying amounts of its tangible fixed assets to determine whether there is any indication that any items have suffered an impairment loss. If any such indication exists, the recoverable amount of an asset is estimated in order to determine the extent of the impairment loss. Where it is not possible to estimate the recoverable amount of the asset, the company estimates the recoverable amount of the cash-generating unit to which the asset belongs.

Expenditure of £1,000 or more on individual tangible fixed assets is capitalised at cost. Expenditure on assets below this threshold is charged directly to the income account in the period it is incurred.

**Basic financial instruments**

Trade and other debtors are initially recognised at fair value and thereafter stated at amortised cost using the effective interest method, less impairment losses for bad and doubtful debts except where the effect of discounting would be immaterial. In such cases, the receivables are stated at cost less impairment losses for bad and doubtful debts.

Trade and other creditors are initially recognised at fair value and thereafter stated at amortised cost using the effective interest method unless the effect of discounting would be immaterial, in which case they are stated at cost.

**Cash and cash equivalents**

Cash and cash equivalents comprise cash at bank and on hand, demand deposits with banks and other short-term highly liquid investments with original maturities of three months or less and bank overdrafts. In the statement of financial position, bank overdrafts are shown within borrowings or current liabilities.

**Taxation**

Taxation for the year comprises current and deferred tax. Tax is recognised in the Statement of Comprehensive Income, except to the extent that it relates to items recognised in other comprehensive income or directly in equity.

Current or deferred taxation assets and liabilities are not discounted.

Current tax is recognised at the amount of tax payable using the tax rates and laws that have been enacted or substantively enacted by the balance sheet date.

**Deferred tax**

Deferred tax is recognised in respect of all timing differences that have originated but not reversed at the balance sheet date.

Timing differences arise from the inclusion of income and expenses in tax assessments in periods different from those in which they are recognised in financial statements. Deferred tax is measured using tax rates and laws that have been enacted or substantively enacted by the year end and that are expected to apply to the reversal of the timing difference.

Unrelieved tax losses and other deferred tax assets are recognised only to the extent that it is probable that they will be recovered against the reversal of deferred tax liabilities or other future taxable profits.

Notes to the Financial Statements - continued  
for the Year Ended 31 March 2019

3. **ACCOUNTING POLICIES - continued**

**Hire purchase and leasing commitments**

Rentals paid under operating leases are charged to profit or loss on a straight line basis over the period of the lease.

**Pension costs and other post-retirement benefits**

The company operates a defined contribution pension scheme. Contributions payable to the company's pension scheme are charged to profit or loss in the period to which they relate.

4. **EMPLOYEES AND DIRECTORS**

	2019	2018
	£	£
Wages and salaries	1,958,251	1,949,524
Social security costs	142,654	132,411
Other pension costs	33,068	15,396
	<u>2,133,973</u>	<u>2,097,331</u>

The average number of employees during the year was as follows:

	2019	2018
Management	3	3
Nursing and Care Staff	94	94
Kitchen & Laundry	18	18
	<u>115</u>	<u>115</u>

  

	2019	2018
	£	£
Directors' remuneration	<u>-</u>	<u>-</u>

5. **OPERATING PROFIT**

The operating profit is stated after charging:

	2019	2018
	£	£
Other operating leases	22,725	28,134
Depreciation - owned assets	141,976	88,450
Auditors' remuneration	<u>3,000</u>	<u>3,000</u>

6. **INTEREST PAYABLE AND SIMILAR EXPENSES**

	2019	2018
	£	£
Bank interest	4	1,723
Bank loan interest	128,025	129,754
Late payment interest	-	7,794
	<u>128,029</u>	<u>139,271</u>



Notes to the Financial Statements - continued  
for the Year Ended 31 March 2019

**7. TAXATION**

**Analysis of the tax charge**

The tax charge on the profit for the year was as follows:

	<b>2019</b>	2018
	£	£
Current tax:		
UK corporation tax	73,790	50,000
Deferred tax	<u>(12,133)</u>	<u>1,209</u>
Tax on profit	<u><b>61,657</b></u>	<u><b>51,209</b></u>

**Reconciliation of total tax charge included in profit and loss**

The tax assessed for the year is lower than the standard rate of corporation tax in the UK. The difference is explained below:

	<b>2019</b>	2018
	£	£
Profit before tax	<u><b>351,476</b></u>	<u><b>450,289</b></u>
Profit multiplied by the standard rate of corporation tax in the UK of 19% (2018 - 19%)	<b>66,780</b>	85,555
Effects of:		
Expenses not deductible for tax purposes	-	1,482
Depreciation in excess of capital allowances	<b>6,198</b>	8,862
Utilisation of tax losses	-	(29,474)
Adjustments to tax charge in respect of previous periods	-	216
Depreciation on assets not ranking for capital allowances	<b>(5,304)</b>	(9,415)
Revaluation reserve release	<u><b>(6,017)</b></u>	<u>(6,017)</u>
Total tax charge	<u><b>61,657</b></u>	<u><b>51,209</b></u>

**Tax effects relating to effects of other comprehensive income**

	<b>2019</b>	
	<b>Gross</b>	<b>Net</b>
	£	£
Deferred tax movement on revaluation	<u><b>-</b></u>	<u><b>6,017</b></u>
	<b>2018</b>	
	<b>Gross</b>	<b>Net</b>
	£	£
Deferred tax movement on revaluation	<u><b>-</b></u>	<u><b>6,017</b></u>

Notes to the Financial Statements - continued  
for the Year Ended 31 March 2019

**8. DIVIDENDS**

	<b>2019</b>	2018
	£	£
Ordinary shares of £1 each		
Interim	<b>217,850</b>	120,000
A share of £1		
Interim	-	30,000
B share of £1		
Interim	-	30,000
	<u><b>217,850</b></u>	<u>180,000</u>

Interim dividends by class are as follows; Ordinary £144,000 (2018 - £120,000), A Ordinary £30,000 (2018 - £30,000), B Ordinary £30,000 (2018 - £30,000), C Ordinary £13,850 (2018 - Nil)

**9. TANGIBLE FIXED ASSETS**

	<b>Freehold property £</b>	<b>Plant and machinery £</b>	<b>Fixtures and fittings £</b>
<b>COST OR VALUATION</b>			
At 1 April 2018	6,401,798	44,156	295,721
Additions	<u>5,181</u>	<u>42,100</u>	<u>16,670</u>
At 31 March 2019	<u>6,406,979</u>	<u>86,256</u>	<u>312,391</u>
<b>DEPRECIATION</b>			
At 1 April 2018	476,000	28,066	219,038
Charge for year	<u>108,140</u>	<u>9,928</u>	<u>19,337</u>
At 31 March 2019	<u>584,140</u>	<u>37,994</u>	<u>238,375</u>
<b>NET BOOK VALUE</b>			
At 31 March 2019	<u><b>5,822,839</b></u>	<u><b>48,262</b></u>	<u><b>74,016</b></u>
At 31 March 2018	<u>5,925,798</u>	<u>16,090</u>	<u>76,683</u>

Notes to the Financial Statements - continued  
for the Year Ended 31 March 2019

9. **TANGIBLE FIXED ASSETS - continued**

	<b>Motor vehicles £</b>	<b>Computer equipment £</b>	<b>Totals £</b>
<b>COST OR VALUATION</b>			
At 1 April 2018	42,414	-	6,784,089
Additions	-	13,714	77,665
At 31 March 2019	<u>42,414</u>	<u>13,714</u>	<u>6,861,754</u>
<b>DEPRECIATION</b>			
At 1 April 2018	42,414	-	765,518
Charge for year	-	4,571	141,976
At 31 March 2019	<u>42,414</u>	<u>4,571</u>	<u>907,494</u>
<b>NET BOOK VALUE</b>			
At 31 March 2019	<u>-</u>	<u>9,143</u>	<u>5,954,260</u>
At 31 March 2018	<u>-</u>	<u>-</u>	<u>6,018,571</u>

Cost or valuation at 31 March 2019 is represented by:

	<b>Freehold property £</b>	<b>Plant and machinery £</b>	<b>Fixtures and fittings £</b>
Valuation in 2011	1,350,648	-	-
Cost	<u>5,056,331</u>	<u>86,256</u>	<u>312,391</u>
	<u>6,406,979</u>	<u>86,256</u>	<u>312,391</u>

  

	<b>Motor vehicles £</b>	<b>Computer equipment £</b>	<b>Totals £</b>
Valuation in 2011	-	-	1,350,648
Cost	<u>42,414</u>	<u>13,714</u>	<u>5,511,106</u>
	<u>42,414</u>	<u>13,714</u>	<u>6,861,754</u>

Notes to the Financial Statements - continued  
for the Year Ended 31 March 2019

**9. TANGIBLE FIXED ASSETS - continued**

If freehold land & buildings had not been revalued they would have been included at the following historical cost:

	<b>2019</b>	2018
	£	£
Cost	<u><b>5,091,331</b></u>	<u>5,051,150</u>
Aggregate depreciation	<u><b>364,854</b></u>	<u>283,027</u>
Value of land in freehold land and buildings	<u><b>1,000,000</b></u>	<u>1,000,000</u>

Freehold land & buildings were valued on an open market basis on 31 March 2019 by the directors .

If Freehold Property was sold this would result in an additional corporation tax liability of approximately £200,000.

**10. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR**

	<b>2019</b>	2018
	£	£
Trade debtors	<b>134,863</b>	392,512
Other debtors	<b>13,468</b>	13,468
Prepayments and accrued income	<u><b>53,028</b></u>	<u>60,682</u>
	<u><b>201,359</b></u>	<u>466,662</u>

**11. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR**

	<b>2019</b>	2018
	£	£
Bank loans and overdrafts (see note 13)	<b>289,254</b>	346,339
Trade creditors	<b>81,039</b>	28,372
Tax	<b>73,790</b>	50,000
Social security and other taxes	<b>32,399</b>	24,989
Other creditors	<b>112,073</b>	82,054
Directors' current accounts	<b>872</b>	26,630
Accrued expenses	<u><b>16,727</b></u>	<u>23,346</u>
	<u><b>606,154</b></u>	<u>581,730</u>

**12. CREDITORS: AMOUNTS FALLING DUE AFTER MORE THAN ONE YEAR**

	<b>2019</b>	2018
	£	£
Bank loans (see note 13)	<u><b>3,966,133</b></u>	<u>4,129,618</u>

Notes to the Financial Statements - continued  
for the Year Ended 31 March 2019

**13. LOANS**

An analysis of the maturity of loans is given below:

	<b>2019</b>	2018
	<b>£</b>	£
Amounts falling due within one year or on demand:		
Bank overdrafts	-	57,085
Bank loans	<u><b>289,254</b></u>	<u>289,254</u>
	<u><b>289,254</b></u>	<u>346,339</u>
 Amounts falling due between two and five years:		
Bank loans	<u><b>228,340</b></u>	<u>228,340</u>
 Amounts falling due in more than five years:		
Repayable by instalments		
Bank loans more 5 years by instalments	<u><b>3,737,793</b></u>	<u>3,901,278</u>

**14. LEASING AGREEMENTS**

Minimum lease payments under non-cancellable operating leases fall due as follows:

	<b>2019</b>	2018
	<b>£</b>	£
In more than five years	<u><b>22,244</b></u>	<u>22,244</u>

**15. SECURED DEBTS**

The following secured debts are included within creditors:

	<b>2019</b>	2018
	<b>£</b>	£
Bank overdraft	-	57,085
Bank loans	<u><b>4,255,387</b></u>	<u>4,418,872</u>
	<u><b>4,255,387</b></u>	<u>4,475,957</u>

Bank loans and overdraft are secured by a bond and floating charge together with standard security over the Freehold Property.

APPLECROSS NURSING HOME LIMITED (REGISTERED NUMBER: SC177933)

Notes to the Financial Statements - continued  
for the Year Ended 31 March 2019

**16. PROVISIONS FOR LIABILITIES**

	<b>2019</b>	2018
	£	£
Deferred tax		
Other timing differences	<b>(6,017)</b>	(6,017)
Accelerated capital allowances	<b>411,255</b>	429,405
	<u><b>405,238</b></u>	<u>423,388</u>
		<b>Deferred tax</b>
		£
Balance at 1 April 2018		423,388
Provided during year		(12,133)
Deferred tax on revaluation		<u>(6,017)</u>
Balance at 31 March 2019		<u><b>405,238</b></u>

**17. CALLED UP SHARE CAPITAL**

Allotted, issued and fully paid:

Number:	Class:	Nominal value:	<b>2019</b>	2018
			£	£
2	Ordinary	£1	<b>2</b>	2
1	A	£1	<b>1</b>	1
1	B	£1	<b>1</b>	1
1	C	£1	<u><b>1</b></u>	<u>1</u>
			<u><b>5</b></u>	<u>5</u>

**18. RESERVES**

	<b>Retained earnings</b>	<b>Revaluation reserve</b>	<b>Totals</b>
	£	£	£
At 1 April 2018	305,288	1,057,029	1,362,317
Profit for the year	289,819		289,819
Dividends	(217,850)		(217,850)
Revaluation reserve release	31,672	(31,672)	-
Deferred tax on revaluation reserve release	-	6,017	6,017
At 31 March 2019	<u><b>408,929</b></u>	<u><b>1,031,374</b></u>	<u><b>1,440,303</b></u>

Notes to the Financial Statements - continued  
for the Year Ended 31 March 2019

19. **DIRECTORS' ADVANCES, CREDITS AND GUARANTEES**

The following advances and credits to directors subsisted during the years ended 31 March 2019 and 31 March 2018:

	<b>2019</b>	2018
	<b>£</b>	£
<b>A Kelly and Mrs M Kelly</b>		
Balance outstanding at start of year	<b>(26,630)</b>	(50,879)
Amounts advanced	<b>263,388</b>	661,549
Amounts repaid	<b>(237,630)</b>	(637,300)
Amounts written off	-	-
Amounts waived	-	-
Balance outstanding at end of year	<u><b>(872)</b></u>	<u>(26,630)</u>

This document was delivered using electronic communications and authenticated in accordance with the registrar's rules relating to electronic form, authentication and manner of delivery under section 1072 of the Companies Act 2006.