PATHS FOR ALL PARTNERSHIP (A Company limited by guarantee, not having a share capital)

REPORT and FINANCIAL STATEMENTS

for the year to 31 March 2018

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PATHS FOR ALL PARTNERSHIP (A Company limited by guarantee, not having a share capital)

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(a company limited by guarantee, not having a share capital)

Report of the Trustees for the year ended 31 March 2018

The directors of Paths for all Partnership have pleasure in presenting their annual report, which incorporates the Strategic Report, and the audited Financial Statements for the year ended 31st March 2018. In preparing this report the Directors have complied with the Companies Act 2006, the Charities and Trustee Investment (Scotland) Act 2005 and applicable accounting standards.

REFERENCE AND ADMINISTRATIVE DETAILS Registered Company number

SC168554

Registered Charity number

SC025535

Registered office

Office 8 Forrester Lodge Tullibody Road Alloa

Trustees

FK10 2HU

Mr J Boswell (resigned 25th October 2017)

Mr D Brotherston

Mr J Fowlie

Ms A Gray

Ms J Hoeflich

Mr N Kempe

Dr M Kidd

Prof R Mitchell

Ms E Reid

Mr S Rennie

Ms A Riddell (appointed 25th October 2017)

Mr M Sangster

Day to day management of the charity is delegated to the Chief Officer, Ian Findlay, who is not a director or trustee of the charity.

Company Secretary

Ian Findlay

Chief Officer

Ian Findlay

Auditors

Dickson Middleton
Chartered Accountants & Statutory Auditors
20 Barnton Street
Stirling
FK8 1NE

(a company limited by guarantee, not having a share capital)

Report of the Trustees for the year ended 31 March 2018 (continued)

Bankers

Bank of Scotland 21 Mar Street Alloa FK10 1HR

Virgin Money 9 Castle Street Edinburgh EH2 3AH

Aldermore Bank Western House Lynch Wood Peterborough PE2 6FZ

Nationwide Building Society PO Box 3 5-11 St Georges Street Douglas Isle of Man IM99 1RN

Advisors

Health and Safety Adviser
John Morris Safety Ltd
Craignavie Farmhouse
Killin
FK21 8SJ

Employment Law Adviser
Creideasach Employment Law Specialists
Forrester Lodge
Tullibody Road
Alloa
FK10 2HU

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Report of the Trustees for the year ended 31 March 2018 (continued)

OUR PURPOSES AND ACTIVITIES

The Objects for which the Charity is established are:-

- a) to advance, encourage and facilitate the creation, improvement, management, promotion and use by everyone of paths and other routes on land and water for recreation, everyday journeys and physical activity; and in so doing advance health and well-being, environmental improvement, heritage, community development, sustainable transport and economic development;
- b) to advance, encourage and facilitate the creation, improvement, management, promotion and use by everyone of paths and other routes for public amenity, recreation, everyday journeys and physical activity within the vicinity of a landfill site in order to comply with Entrust's requirements for enrolment as an Environmental Body.

The above Objects are in turn translated into the Charity's Vision which is for a happier and healthier Scotland, where increased physical activity improves quality of life and wellbeing for all. Paths for All has a very clear focus; it wants to significantly increase the number of people walking: everyone, everyday, everywhere.

The Charity's Vision is delivered through four, interlinked, delivery themes as follows:

- Walking for Health We will increase the number of people who regularly join our led Health Walks. We will work with partners to develop projects promoting everyday walking.
- Active environments We will enable communities to create, maintain and promote safe, welcoming everyday walking paths and routes.
- Active travel We will increase the number of everyday journeys walked and cycled, through communications, support and partnership projects.
- Communications and policy We will increase the profile of the benefits of everyday walking and will be a strong voice advocating for policy which supports physical activity and walking.

A detailed Operational Plan is produced annually, which states what the Charity plans to achieve in that year within the context of the 3-year Strategy. The Charity monitors and evaluates its performance against indicators relating to the key outcomes and outputs in the Operational Plan, and quarterly reports across the whole of the Operational Plan, including the indicators. The quarterly reports are considered by the Board and main funders. Throughout the reporting year, the Charity has been working with Social Value Lab to develop a comprehensive impact framework. This work will be completed in 2018/ 2019.

OUR ACHIEVEMENTS AND PERFORMANCE

Operationally, the Charity and our funders set targets and indicators at the beginning of the accounting year. The vast majority of targets and indicators were fully met and for those which were not, a justification was provided. Furthermore, additional activities were achieved throughout the year that were not included in the targets and indicators.

From a funding and resourcing perspective, the Charity secured all the planned funding for the accounting period and expended the funds as planned and required by the funders. All funding claims were honoured in full by funders and no funds were withheld or clawed back.

In terms of Governance, the Board met as planned 4 times in the year. Policies and procedures were kept up to date to ensure legal compliance and good practices were followed. An Attendance and Return to Work Policy was introduced and a Flexible Working Policy was significantly revised.

Staff development continues to be of paramount importance to the Charity. All Performance and Development Review and Personal Development Plans were completed.

(a company limited by guarantee, not having a share capital)

Report of the Trustees for the year ended 31 March 2018 (continued)

Detailed achievements

Walking for Health

The Scottish Health Walk Network was launched via a one-day national conference open to all Network members and partners. The Network aims to consolidate support, promote awareness and ensure quality throughout the projects delivering Health Walks. The programme brought in partner organisations and promoted models of best practice and sources of additional support, including a new insurance package for volunteer walk leaders. 75 delegates attended.

5,886 new walkers joined one of the 140 Health Walk projects in Scotland. The majority of these projects accessed a wide range of tailored development support, guidance, advocacy and marketing opportunities via a Development Officer from the Walking for Health Team.

An additional £48,744 in Walking for Health Grant funding was offered to 12 projects bringing the total amount awarded for the year to £210,000. 1,263 participants were trained via our suite of 6 Walking for Health courses passing the milestone of 10,000 trained volunteer walk leaders. 74% felt fully confident afterwards in their delivery of Health Walk activity.

The launch of the new, searchable, online Health Walk Map took place, providing a single point of reference for all 550+ weekly health walks.

14 Health Walk Project Coordinators attended our 3-day Cascade Train the Trainers course to allow them to deliver our Walk Leader Training to new volunteers in their communities. We supported our network of 39 trainers with e-bulletins, resources and update workshops with The University of Edinburgh's Physical Activity for Health Research Centre.

Facebook advertising training was delivered to 7 Health Walk projects and a Facebook advertising pilot campaign was trialled in 3 areas, along with recruitment workshops for Project Coordinators to increase engagement and attendance at health walks.

Strength and Balance

Over 100 care home staff from North and South Lanarkshire participated in Strength & Balance training to support them to deliver activity to residents. The total number of people trained in Strength and Balance activity delivery in 2017/ 2018 was 366.

Collaboration with the Care Inspectorates' Care about Physical Activity Programme continued to be successful with PFA delivering 8 Strength and Balance for older adults courses to CAPA care home staff. Ongoing joint working with the programme continued through the Stakeholder group and regional meeting attendance ensuring Health walks and Strength & Balance were promoted through the CAPA networks.

Leaflet and cue card resources to support the Strength and Balance work have been revised and reprinted to be more inclusive.

Dementia Friendly Walking

23 Walking for Health projects were supported to become Dementia Friendly. 17 Walking for Health coordinators attended cascade training for the Dementia Friendly Walk Leader course. The coordinators can now deliver the training for their projects ensuring ongoing support to volunteers.

Dementia friendly walks have been compiled in an online map, there are currently 132 walks listed, approximately a fifth of all health walks. The achievements of the past three years of the projects were celebrated at a national networking event bringing together stakeholders and partners.

(a company limited by guarantee, not having a share capital)

Report of the Trustees for the year ended 31 March 2018 (continued)

Detailed achievements (continued)

The development work to make Kings Park, Stirling more accessible has been successful. A working group of local people and organisations identified key priorities from the consultation activities. This includes additional seating, improved signage for the toilets, access signage for the park and a volunteering day to tidy up the Peace of Mind garden.

Additional funding has been awarded through Stirling Council's Your Place Your Priorities fund, decided through a participatory budgeting process, to develop a dementia friendly leaflet and map to support visits and a handrail for a steeper section of path.

Cancer Friendly Walking

17 local authorities' areas are now supported to deliver cancer friendly walks via our support to the Macmillan Move More programme.

There are now 211 people affected by cancer in walking groups. 105 people affected by cancer have been supported to walk more through the use of pedometer packs. 85 people affected by cancer have engaged through the Paths for All/Move More 'Get Active' service which uses an accelerometer, one to one behaviour change support and an online platform.

There are now 88 new Move More Walk Leader volunteers. The project has engaged 368 health and social care professionals through the delivery of the Grampian Wide Step Count Challenge and the Dundee Step Count Challenge to promote the Move More programme.

The number of walking attendances at Move More walking groups by people affected by cancer during 2017/ 2018 was 1,604. From our Walkers Database reports, we can see that 76 new walkers have reported that they have cancer at the time of joining during 2017/ 2018.

Workplace Walking

The eight-week spring Step Count Challenge was delivered between May and June 2017. 4,663 people participated and took just over two billion steps in that time, the equivalent of more than 1 million miles. The Autumn Step Count Challenge ran for four weeks in November. 1,788 people participated. A collective 526,465,634 steps were taken, approximately 250,000 miles. 12 bespoke Step Count challenges have been delivered for individual workplaces across Scotland taking the total of participants to 7,901.

A PhD on the Step Count Challenge is now underway and a student has started at The University of Edinburgh's Physical Activity for Health Research Centre. The research will be a realist evaluation of the challenge looking at the impact in the short, medium and longer term on participants through a qualitative study.

The national Walk at Work Award development has been completed and the resources are currently being piloted in workplaces. The award supports workplaces to promote, support and encourage an increase in walking and a decrease in sedentary behaviour.

Walking Football

A very successful third Scottish National Walking Football Festival was delivered in partnership with Glasgow Sport. 32 teams took part. A team of former professional players also took part representing BBC Scotland Sportsound and significant media coverage was generated.

(a company limited by guarantee, not having a share capital)

Report of the Trustees for the year ended 31 March 2018 (continued)

Detailed achievements (continued)

Walking Football Scotland was launched in December by the Minister, Aileen Campbell MSP. Other key partners who attended included the Scotlish FA, Age Scotland, SPFL Trust and SAMH. Over 50 people attended including Walking Football Scotland patrons Craig Brown and Rose Reilly.

Walking Football Scotland has 67 members/teams representing 1,853 players across 30 council areas. There are 109 walking football sessions taking place every week.

Active Environments

34 community organisations were awarded Community Path Gants while 7 were awarded Community Active Travel grants.

The total value of projects generated by this year's grant schemes is £324,344 with 815 local volunteers contributing £181,575 of in kind support to deliver the projects and an additional £72,083 of match funding secured from other external sources.

84 community organisations were provided with advice and support with 27 of these receiving onsite technical advice.

38 days of technical support has been provided to SNH to assist in the delivery of the National Walking and Cycling Network.

69 people attended our programme of community path training courses.

25 people attended 2 half day good practice workshops aimed at professionals and communities which were delivered at the National Path Demonstration site at SRUC Oatridge in partnership with Bug Life, Central Scotland Green Network Trust and The British Horse Society.

44 practitioners attended 3 Sharing Best Practice events coordinated and delivered for the Scottish Outdoor Access Network. The events were delivered in partnership with Sustrans, Transport Planning and Engineering, Edinburgh and Lothian Greenspace Network, Loch Lomond and Trossachs National Park, SNH, East Lothian Council and Edinburgh City Council.

£31,215 in funding has been secured through the Scottish Landfill Communities Fund for the development of the Oatridge Community Links project.

Our Youth 'Path Skillz' training programme has been delivered via 8 courses involving youth organisations, 71 young people participated in the programme. We are now registered as a Dynamic Youth Awards participating unit. The SCQF Level 3 award scheme programme has been integrated into the programme. Participant's achievements were celebrated at an SNH Parliamentary reception.

3 disadvantaged communities were supported to develop community path projects.

Active Travel

The annual Walking Cycling Connecting Communities Conference was held in Glasgow. 180 delegates attended with PFA leading the planning and delivery group.

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Report of the Trustees for the year ended 31 March 2018 (continued)

Detailed achievements (continued)

We made a significant contribution to active travel policy and delivery through membership of the Active Travel Alliance, direct input to Ministerial meetings and feedback to Transport Scotland officials. A significant amount of time was spent working collaboratively with Active Travel Delivery Partners to ensure Transport Scotland could make best use of the additional £40m allocated to active travel as part of the 2017 Programme for Government announcements.

The Smarter Choices, Smarter Places programme team offered grants worth £4,997,000 to local authorities for 2017/ 2018. This was followed by further awards of £423,800 later in the year meaning that for the first time all 32 local authorities in Scotland were receiving SCSP funding.

Support was delivered to all grant recipients including a comprehensive training programme with a subsequent on-line delivery guide. Case studies and topic information sheets were also published along with two e-newsletters. An annual learning event was held with 60 attendees, chaired by the Chief Officer with 28 local authorities represented, 5 Active Travel Partners also attended. The team also received and reviewed applications for 2018/ 2019, making awards of £4,950,000 to 30 local authorities.

Policy and Communications

The Big Fit Walk launch took place in May in Kirkintilloch, we were joined by Michelle McManus. Michelle launched the campaign then joined over 120 walkers and volunteers on their Big Fit Walk. We delivered a Density Done Well and Walkable Communities Masterclass, inviting internationally recognised urban planner, Brent Toderian to Scotland to deliver an inspiring and informative workshop with a particular emphasis on multi-modal city-making and designing walkable communities at any scale. The event was chaired by the Director of the Royal Town Planning Institute Scotland. The event attracted 77 professional attendees from across the architecture, building design planning, and active travel and transport sectors. Brent Toderian was again our Keynote Speaker at our Expert Lecture. He gave a compelling presentation to 200 guests aiming to raise awareness of the impact our built environment has on our ability live active and healthy lives. Our guests included our staff, directors and representatives from our partner organisations, as well as invited guests including professional stakeholders, funders, projects and volunteers.

Our volunteer awards were expanded this year to include 9 awards, with new awards for Dementia Friendly Walking, Walking Football and Community Paths Young Person Awards. Each award was presented by the project funder.

Our Tweets reached over 750,000 people this quarter and we recorded 417,616 visits to our website. We published a total of 78 articles on our work. There was widespread coverage of our work and message in local and national press.

We have responded to 68 national, regional and local consultations this year to promote walking, physical activity, public health, active travel, community development and environment.

Business Development and Organisational Management

We have been instrumental in progressing the development of a Social Prescribing delivery model within NHS Tayside, providing development support and input to the project group. The group now has the support of senior management at NHS Tayside, the 3 local authorities and the Third Sector Interface's in Tayside.

£65,000 in funding has been secured from the Life Changes Trust, The William Grant Foundation and The Robertson Trust to deliver the Dementia Friendly project in 2018/ 2019.

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Report of the Trustees for the year ended 31 March 2018 (continued)

Detailed achievements (continued)

Work is progressing well on our organisation wide impact assessment, with stakeholders being interviewed and questionnaires circulated to all our relevant contacts to collect data on our impact and activities.

Grant-making

A key mechanism by which the Charity delivers its charitable purposes is through grant-making. Grants are provided for Smarter Choices Smarter Places, Walking for Health, Community Path Group activity and Dementia Friendly Walking projects. The processes of applying, assessing, awarding, monitoring and evaluating grants are set out in detailed grant guidance.

The maximum intervention rate for the Charity's grants varies depending on the type of grant. Equally, the type and level of in-kind contributions vary. However, for the 2 largest grant schemes, Smarter Choices Smarter Places and Walking for Health, the maximum intervention rate is 50%. This helps ensure the development of local partnerships and sustainability beyond the Charity's grant input, as well as providing good leverage of additional funds. The maximum levels of intervention and treatment of in-kind contributions are set out in the relevant grant guidance.

Volunteers

The Charity itself does not engage the services of volunteers, other than voluntary Trustees (Directors). However, a significant proportion of the Charity's achievements are possible only through volunteer effort, where the volunteers are recruited and managed by third parties. The Charity, therefore, puts considerable resources into providing training and development materials for volunteers, such as training courses, cascade trainers, insurance, newsletters and volunteer awards.

FINANCIAL REVIEW

Overview

The Company's overall financial position at the end of the reporting year showed a deficit of £135,346 (2017 – surplus of £175,845). The deficit is largely as a result of timing of expenditure with the designated surplus from 2017 now being utilised. The key external funding sources for the reporting year are reported in Note 3. Regarding the SOFA, resources expended have been allocated between fundraising, charitable activities and governance. Refer to Notes 6 and 7 for details on how the allocations have been calculated. In summary, 1% of total resources expended have been allocated to fundraising, 98% to charitable activities and 1% to governance.

Financial management

The Charity's financial management system is Sage 50. The Board of Directors approve the annual budget for the Charity at the May Board meeting each year.

Detailed quarterly financial reports are produced approximately 2-3 weeks after the end of each quarter. The reports typically include the following: Balance Sheet, Board Summary Report (including income and expenditure by funding source and a report of variances in excess of £2,000 and 20% of budget), Forecast reviews in January and March (an analysis which allows for an accurate prediction of year-end out-turn), Detailed variance report, Grants in advance analysis, Budget summary, Detailed analysis of nominal actual activity versus budget, Designated funds and a 12 month rolling analysis of vatable income. The reports are presented to and reviewed by the Directors at their quarterly meetings. The detailed reports are supported by a commentary. The main aim of the commentary is to summarise the Charity's financial position and to highlight matters relevant for the Director's consideration.

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Report of the Trustees for the year ended 31 March 2018 (continued)

The Finance Sub-group (FSG) meets in January and September to coincide with the year-end forecast out-turn and completion of the annual accounts.

Key financial management tools are monthly management reports, the quarterly reports and the year-end forecast out-turns. The out-turns are produced at the beginning of January and the third week in March and are based on the finances up to the end of Quarter 3 and beginning of March respectively. The out-turn produced in January is reviewed by the FSG. Both out-turns are critical in terms of year-end expenditure decisions and ensuring income due is received.

The Chief Officer, Management Team and Senior Development Officers with budget responsibilities receive detailed monthly management reports generated by Sage.

A key development in the reporting year from a financial management perspective has been the appointment of a Finance and Corporate Services Manager, line managed by the Business Manager. The combination of the Business Manager and Finance Manager posts has been fundamental in terms of developing the Charity's budgeting, monitoring and reporting procedures. As well as developing the commentary mentioned above, these posts have refined the budgeting and reporting tools.

Development Fund

The Charity received an endowment of £130,228 from Scottish Natural Heritage in 1997. This sum was placed in the Development Fund; and the Directors use the Fund to further Paths for All's Vision and Outcomes. The sum of £59,418 was provided as a match funding contribution to the original 5-year Paths to Health Project, which finished in October 2006. The Development Fund balance at 31 March 2018 stood at £86,055. The use of this Fund is set out in Operational Guidelines, which has been approved by the Directors.

Value Added Tax

At the end of the reporting year the Charity registered for VAT.

Policy on Reserves

The Charity's Financial Reserves Policy was reviewed and approved by the Paths for All Board of Directors in August 2018. The Policy is based on OSCR's published factsheet on financial reserves policies. The financial reserve target has been calculated at £344,000. Currently the financial reserve (General Fund) stands at £359,432 (2017 - £299,900).

Going concern

At the time of approving this Report, the Directors, whilst not in any sense meaning to imply complacency, are not unduly concerned about going concern for the reasons outlined in the 'Plans for the Future' section below.

Social investment

The Charity has no trading subsidiaries and does not consider itself to be a social enterprise. However, the Charity does and will continue to optimise its income generation as a 'by-product' of delivering its charitable purposes where this does not in any way impinge negatively on the delivery of such purposes.

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Report of the Trustees for the year ended 31 March 2018 (continued)

PLANS FOR THE FUTURE

The national policy and political environment in which the Charity is working remains predominantly positive. The Charity is also at a stage of organisational development where it can increasingly influence its operating environment, as well as react to it. A welcome development in the reporting year has been the increased level of cross policy working at a Ministerial and Government level, which has reinforced the connections between the Charity's different workstreams.

Within Government, the Active Scotland Division, which sits within the Health Improvement Directorate and the physical activity budget are relatively stable. The Active Scotland Division has developed a high-level Active Scotland Outcomes Framework into which all physical activity implementation fits. The Charity's activities are well represented within the Framework. Linked to this is, the Charity continues to play a lead facilitation role in delivery of the National Walking Strategy. At the end of the reporting year, the Charity was invited to join a high-level Development Group which reports to the National Strategic Group for Physical Activity, which is chaired by the relevant Minister.

A significant development in the reporting year was the doubling of the active travel budget from £40million to £80million, announced in the Programme for Government in September 2017. As a direct result of this the Charity has been able to extend its Smarter Choices Smarter Places programme to include a £2million Open Fund. The Open Fund will be open to all formally constituted bodies. The Charity has now established itself as a key stakeholder in the development of transport policy and a key delivery agent of active travel policy more generally.

During the year there has been continuing policy focus on the development of 'Our Natural Health Service' to include the establishment of Green Health Partnerships. This initiative has been led by Scottish Natural Heritage. Recently, the Charity was invited to join the new high-level Programme Board which is overseeing this initiative.

During the reporting year the Charity finalised its Strategy for the period 2018/2021. The Strategy has been fundamentally informed by the policy and political context outlined above.

In summary, the Strategy states that the Charity should build on its successes and what it uniquely does best by developing and evolving its current strategic direction and activities, rather than significantly changing direction. The Strategy is complemented by a Strategic Statement which addressed the following matters: market position and diversification, strategic priorities, the scope of the Charities activities, the Partnership, collaboration and competition, funding priorities and trading, future growth, the balance between delivery and policy influencing and campaigning. The audiences for the Statement are internal and key stakeholders.

In terms of maintaining and building on the current business model, the Charity recognises that securing ongoing funding from the Scottish Government Active Scotland Division, Transport Scotland and SNH is vital. Discussions are already underway with the hope of moving the funding arrangements onto a multi-year basis. In addition to this, the Charity will continue to develop projects such as the Macmillan Cancer Support and Life Changes Trust projects and sponsorship opportunities.

As stated in the Financial Management section, the Charity has employed a Business Manager. Throughout the reporting year the Business Manager led the staff team and Directors thinking on business development priorities.

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Report of the Trustees for the year ended 31 March 2018 (continued)

Three priority areas of activity have been identified: increase the Charity's presence in the policy areas of health and social care, communities and sustainable travel; improve the Charity's evidence and evaluation capabilities and strengthen the Charity's links with volunteers. Good progress has been made on these priorities as follows: The Charity is a key stakeholder in the development of social prescribing within the Tayside Health Board area, the expansion of the Smarter Choices Smarter Places programme and Transport Scotland funding for Walking for Health and Active Travel workstreams; the development of an impact framework with Social Value Lab and finally the launch of the Scottish Walking for Health Network. The plan is to build on these successes in 2018/ 2019.

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing documents

The Paths for All Partnership is a company limited by guarantee and has no share capital. It was founded by Scottish Natural Heritage to take forward the Paths for All Initiative to help others provide better opportunities for walkers, horse riders and cyclists to enjoy the countryside in and around their town or village. Since its inception, the Charity's remit has expanded significantly with a vision to create a happier and healthier Scotland through the delivery themes of walking for health, active environments, active travel and communications and policy.

The Paths for All Partnership currently comprises 30 Partner organisations representing the public sector and national representative bodies which share a commitment to the delivery of the Charity's charitable purposes, i.e. the objects as defined in the Memorandum and Articles of Association. The Charity was incorporated on 19 September 1996 at Companies House, Edinburgh. Its Scottish Charity number is SC025535.

The principal activity of the Charity, as set out in its Objects, is to work in partnership with others to advance, encourage and facilitate the creation, improvement, management, promotion and use by everyone of paths and other routes on land and water for recreation, everyday journeys and physical activity; and in so doing advance health and well-being, environmental improvement, heritage, community development, sustainable transport and economic development.

Recruitment and appointment of new trustees

The Directors of the Charity are also charity trustees for the purposes of charity law and under the Company's Articles are known as the Board of Directors. The Board comprises up to eleven Directors including office bearers. The Directors are appointed by the Members of the Charity (i.e. the Partners) at Annual General Meetings. Directors are restricted to a maximum term of office of three consecutive three-year terms from the date of appointment at an AGM.

The Board of Directors is the governing body of the Charity and is responsible for monitoring overall governance needs. Currently, there are two Sub-groups of the Board, the Staffing Sub-group and the Finance Sub-group. Both Sub-groups work to Terms of Reference which have been approved by the Board of Directors. Directors have agreed to adhere to a Code of Corporate Governance, including the retention of a Register of Interests which is held at the Charity's Registered Office and reviewed annually. Directors also sign a charity trustee declaration.

Honorary Officers and Staff

The Directors have the right to appoint an individual to be President of the Charity. This is an honorary appointment, restricted to a maximum term of five years and the President is not a Director of the Charity. The Directors appointed Mark Stephen as President at their Board meeting on 30 October 2013.

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Report of the Trustees for the year ended 31 March 2018 (continued)

At 31 March 2018, the Charity employed 30 full-time equivalents. The staff team comprised (expressed in full-term equivalents) 1 Chief Officer, 4 Managers, 8 Senior Development Officers, 2 Communications Staff, 11 Development Officers and 4 administrators.

Induction and training of new trustees

New Directors are generally familiar with the work of the Charity in that Directors are drawn from the Partner organisations and key stakeholders, which are already engaged in the Partnership's activities, or are individuals with knowledge and experience relating to the Charity's objects.

New Directors receive an induction session with the Chief Officer and an induction pack. This session covers corporate governance, strategic planning and reporting, Charity policies and procedures, risk management, staff structures, and the roles and responsibilities of being a Director. OSCR's published guidance, such as 'Guidance for Charity Trustees' is a key element of the induction process.

Organisational structure

The Board of Directors is the sole executive committee of the Charity and is responsible for decisions regarding strategic direction. The Board meets formally four times per annum. Authority for the day-to-day management of the Charity is delegated to the Chief Officer and is governed by a wide range of policies, all of which are approved by the Directors. In addition, the Board of Directors have delegated certain procurement and grant approval decisions to the Finance Subgroup of the Board as set out by the Sub-group's Terms of Reference. The policies and operating procedures are contained in the Staff Handbook and are available to all staff and Directors.

Risk management

A Risk Management Register is produced and approved by Directors on an annual basis. The Register covers the relationship between the Charity's objects and objectives, barriers to achieving its objectives, potential damage to reputation and name, protection of assets, management of liabilities, compliance risk, data protection, health and safety, personnel risks, environmental change, project management, physical disasters and financial controls. The major risks identified are loss of funding and/or key personnel. Strategies are in place to mitigate these risks as far as possible.

Related Parties

The Charity has no related party transactions.

Key Management Personnel and remuneration policy

The Directors consider the Board of Directors and the Senior Management Team (comprises the Chief Officer and 4 staff at Manager Grade) to comprise the key management personnel of the Charity as they are in charge of directing and controlling, running and operating the Charity on a day to day basis. All Directors give their time freely and no Director receives remuneration. Reasonable 'out-of-pocket' expenses are reimbursed in accordance with the Charity's Expenses Policy.

The remuneration of the Chief Officer, along with all other staff, is agreed by the Board of Directors annually. Changes to the Chief Officer's remuneration are the same as for all staff.

(a company limited by guarantee, not having a share capital)

Report of the Trustees for the year ended 31 March 2018 (continued)

Trustees' responsibilities in relation to the financial statements

The trustees (who are also the directors of Paths for All Partnership for the purposes of company law) are responsible for preparing the Report of the Trustees and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company law requires the trustees to prepare financial statements for each financial year, which give a true and fair view of the state of affairs of the charitable company and of the incoming resources and application of resources, including the income and expenditure, of the charitable company for that period. In preparing these financial statements, the trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP:
- make judgements and estimates that are reasonable and prudent;
- state whether applicable UK Accounting Standards have been followed, subject to any material departures disclosed and explained in the financial statements;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charitable company will continue in operation.

The trustees are responsible for keeping adequate accounting records that disclose with reasonable accuracy at any time the financial position of the charitable company and enable them to ensure that the financial statements comply with the Companies Act 2006, the Charities and Trustee Investment (Scotland) Act 2005 and the Charities Accounts (Scotland) Regulations 2006 (as amended). They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

In so far as the trustees are aware:

- there is no relevant audit information of which the charitable company's auditor is unaware;
- the trustees have taken all steps that they ought to have taken to make themselves aware of any relevant audit information and to establish that the auditor is aware of that information.

The trustees are responsible for the maintenance and integrity of the corporate and financial information included on the charitable company's website. Legislation in the United Kingdom governing the preparation and dissemination of financial statements may differ from legislation in other jurisdictions.

Directors' and officers' liability insurance

During the period the charity purchased liability insurance for its directors and staff as permitted by Section 233 of the Companies Act 2006.

Auditors

Messrs Dickson Middleton are auditors to the charity and the Directors recommend their reappointment at the Annual General Meeting. A resolution will be proposed at the Annual General Meeting authorising the Directors to fix the remuneration of the auditors.

By order of the Board

You Fuidla

lan Findlay

Company Secretary

3rd October 2018

(a company limited by guarantee, not having a share capital)

Independent Auditor's Report to the Trustees and Members of Paths for All Partnership for the year ended 31st March 2018

Opinion

We have audited the financial statements of Paths for All Partnership (the 'charitable company') for the year ended 31st March 2018 which comprise Statement of Financial Activities, Balance Sheet, Statement of Cash Flows and notes to the financial statements, including a summary of significant accounting policies. The financial reporting framework that has been applied in their preparation is applicable law and United Kingdom Accounting Standards, including Financial Reporting Standard 102 *The Financial Reporting Standard applicable in the UK and Republic of Ireland* (United Kingdom Generally Accepted Accounting Practice).

This report is made solely to the charitable company's members, as a body, in accordance with Chapter 3 of Part 16 of the Companies Act 2006, and to the charitable company's trustees, as a body, in accordance with Regulation 10 of the Charities Accounts (Scotland) Regulations 2006. Our audit work has been undertaken so that we might state to the charitable company's members and trustees those matters we are required to state to them in an auditor's report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the charitable company, the charitable company's members as a body and the charitable company's trustees as a body, for our audit work, for this report, or for the opinions we have formed.

In our opinion the financial statements:

- give a true and fair view of the state of the charitable company's affairs as at 31st March 2018, and of its incoming resources and application of resources, including its income and expenditure, for the year then ended;
- have been properly prepared in accordance with United Kingdom Generally Accepted Accounting Practice; and
- have been prepared in accordance with the requirements of the Companies Act 2006, the Charities and Trustee Investment (Scotland) Act 2005 and regulation 8 of the Charities Accounts (Scotland) Regulations 2006.

Basis for opinion

We conducted our audit in accordance with International Standards on Auditing (UK) (ISAs (UK)) and applicable law. Our responsibilities under those standards are further described in the Auditor's responsibilities for the audit of the financial statements section of our report. We are independent of the charitable company in accordance with the ethical requirements that are relevant to our audit of the financial statements in the UK, including the FRC's Ethical Standard, and we have fulfilled our other ethical responsibilities in accordance with these requirements. We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

Conclusions relating to going concern

We have nothing to report in respect of the following matters in relation to which the ISAs (UK) require us to report to you where:

- the trustees' use of the going concern basis of accounting in the preparation of the financial statements is not appropriate; or
- the trustees have not disclosed in the financial statements any identified material uncertainties
 that may cast significant doubt about the charitable company's ability to continue to adopt the
 going concern basis of accounting for a period of at least twelve months from the date when
 the financial statements are authorised for issue.

(a company limited by guarantee, not having a share capital)

Independent Auditor's Report to the Trustees and Members of Paths for All Partnership for the year ended 31st March 2018 (continued)

Other information

The trustees are responsible for the other information. The other information comprises the information included in the trustees' report, other than the financial statements and our auditor's report thereon. Our opinion on the financial statements does not cover the other information and, except to the extent otherwise explicitly stated in our report, we do not express any form of assurance conclusion thereon.

In connection with our audit of the financial statements, our responsibility is to read the other information and, in doing so, consider whether the other information is materially inconsistent with the financial statements or our knowledge obtained in the audit or otherwise appears to be materially misstated. If we identify such material inconsistencies or apparent material misstatements, we are required to determine whether there is a material misstatement in the financial statements or a material misstatement of the other information. If, based on the work we have performed, we conclude that there is a material misstatement of this other information, we are required to report that fact.

We have nothing to report in this regard.

Opinions on other matters prescribed by the Companies Act 2006

In our opinion, based on the work undertaken in the course of the audit:

- the information given in the trustees' report for the financial year for which the financial statements are prepared is consistent with the financial statements; and
- the trustees' report has been prepared in accordance with applicable legal requirements.

Matters on which we are required to report by exception

In the light of our knowledge and understanding of the charitable company and its environment obtained in the course of the audit, we have not identified material misstatements in the trustees' report.

We have nothing to report in respect of the following matters in relation to which the Companies Act 2006 and the Charities Accounts (Scotland) Regulations 2006 require us to report to you if, in our opinion:

- adequate and proper accounting records have not been kept, or returns adequate for our audit have not been received from branches not visited by us; or
- the financial statements are not in agreement with the accounting records and returns; or
- certain disclosures of directors' remuneration specified by law are not made; or
- we have not received all the information and explanations we require for our audit.

Responsibilities of trustees

As explained more fully in the statement of trustees' responsibilities, the trustees (who are also the directors of the charitable company for the purposes of company law) are responsible for the preparation of the financial statements and for being satisfied that they give a true and fair view, and for such internal control as the trustees determine is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error.

In preparing the financial statements, the trustees are responsible for assessing the charitable company's ability to continue as a going concern, disclosing, as applicable, matters related to going concern and using the going concern basis of accounting unless the trustees either intend to liquidate the charitable company or to cease operations, or have no realistic alternative but to do so.

(a company limited by guarantee, not having a share capital)

Independent Auditor's Report to the Trustees and Members of Paths for All Partnership for the year ended 31st March 2018 (continued)

Auditor's responsibilities for the audit of the financial statements

We have been appointed as auditor under section 44(1)(c) of the Charities and Trustee Investment (Scotland) Act 2005 and under the Companies Act 2006 and report in accordance with regulations made under those Acts.

Our objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue an auditor's report that includes our opinion. Reasonable assurance is a high level of assurance, but is not a guarantee that an audit conducted in accordance with ISAs (UK) will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of these financial statements.

As part of an audit in accordance with ISAs (UK), we exercise professional judgement and maintain professional scepticism throughout the audit. We also:

- Identify and assess the risks of material misstatement of the financial statements, whether due
 to fraud or error, design and perform audit procedures responsive to those risks, and obtain
 audit evidence that is sufficient and appropriate to provide a basis for our opinion. The risk of
 not detecting a material misstatement resulting from fraud is higher than for one resulting from
 error, as fraud may involve collusion, forgery, intentional omissions, misrepresentations, or the
 override of internal control.
- Obtain an understanding of internal control relevant to the audit in order to design audit
 procedures that are appropriate in the circumstances, but not for the purpose of expressing an
 opinion on the effectiveness of the charitable company's internal control.
- Evaluate the appropriateness of accounting policies used and the reasonableness of accounting estimates and related disclosures made by the trustees.
- Conclude on the appropriateness of the trustees' use of the going concern basis of accounting and, based on the audit evidence obtained, whether a material uncertainty exists related to events or conditions that may cast significant doubt on the charitable company's ability to continue as a going concern. If we conclude that a material uncertainty exists, we are required to draw attention in our auditor's report to the related disclosures in the financial statements or, if such disclosures are inadequate, to modify our opinion. Our conclusions are based on the audit evidence obtained up to the date of our auditor's report. However, future events or conditions may cause the charitable company to cease to continue as a going concern.
- Evaluate the overall presentation, structure and content of the financial statements, including the disclosures, and whether the financial statements represent the underlying transactions and events in a manner that achieves fair presentation.

We communicate with those charged with governance regarding, among other matters, the planned scope and timing of the audit and significant audit findings, including any significant deficiencies in internal control that we identify during our audit.

John Watkins (Senior Statutory Auditor)

I weller

For and on behalf of Dickson Middleton, Chartered Accountants, Statutory Auditors,

20 Barnton Street, Stirling, FK8 1NE.

Dickson Middleton is eligible to act as an auditor in terms of section 1212 of the Companies

Date: 3rd October 2018

(a company limited by guarantee, not having a share capital)

STATEMENT of FINANCIAL ACTIVITIES

for the year to 31 March 2018

| N | ote | Unrestricted Funds | Restricted Funds | 2018 Total | 2017 Total |
|---------------------------|-----|-----------------------|---------------------|---------------|---------------|
| | | £ | £ | £ | £ |
| Income: | | | | | |
| | 2 | 3,000 | - | 3,000 | 3,000 |
| | 3 | 39,711 | 6,511,588 | 6,551,299 | 6,725,339 |
| | 4 | 53,444 | - ' | 53,444 | 59,687 |
| Investments | 5 | 1,926 | 3,017 | 4,943 | 12,595 |
| Other Income | | 1,343 | - | 1,343 | 569 |
| Total | | 99,424 | 6,514,605 | 6,614,029 | 6,801,190 |
| Expenditure: | 6 | | | | |
| Raising funds | | - | 69,420 | 69,420 | 50,621 |
| Charitable activities | | 53,147 | 6,626,808 | 6,679,955 | 6,574,724 |
| Total | - | 53,147 | 6,696,228 | 6,749,375 | 6,625,345 |
| Net Income/ (expenditure) | | 46,277 | (181,623) | (135,346) | 175,845 |
| Transfers between funds | | - | - | - | - |
| Net Movement in Funds | • | 46,277 | (181,623) | (135,346) | 175,845 |
| Balances brought forward | | 418,331 | 238,595 | 656,926 | 481,081 |
| Balances carried forward | - | 464,608 | 56,972 | 521,580 | 656,926 |

All income and expenditure derive from continuing activities.

The statement of financial activities includes all gains and losses recognised during the year.

The notes on pages 21 to 30 form part of these financial statements.

(a company limited by guarantee, not having a share capital)

BALANCE SHEET

As at 31 March 2018

| | Notes | 2018 | 2017 |
|--|-------|----------------------|---------------------------------------|
| | | £ | £ |
| FIXED ASSETS Tangible fixed assets | 12 | 7,844 | 12,508 |
| CURRENT ASSETS | | · · | · · · · · · · · · · · · · · · · · · · |
| Stock | 13 | 2,109 | 8,053 |
| Debtors Cash at bank and in hand | 14 | 160,360 6,153,690 | 4,821,024 1,233,318 |
| Cash at bank and in hand | | 6,316,159 | 6,062,395 |
| CURRENT LIABILITIES - | | | |
| Creditors: amounts falling due within one year | 15 | (5,802,423) | (5,417,977) |
| NET CURRENT ASSETS | | 513,736 | 644,418 |
| NET ASSETS | | 521,580 | 656,926 |
| FUNDS | | | |
| Unrestricted Funds: General fund | | 359,432 | 299,900 |
| Designated development fund | | 359,432 86,055 | 299,900 86,055 |
| Designated active travel fund | | 8,512 | 16,369 |
| Designated training fund | | 8,500 | · - |
| Designated satin fund | | - | 7,954 |
| Designated pedometer fund | | 2,109 | 8,053 |
| | | 464,608 | 418,331 |
| Restricted Funds: | | | |
| Restricted revenue reserve fund | | 24,845 | 41,712 |
| Designated restricted revenue reserve fund | | 32,127 | 196,883 |
| | | 56,972 | 238,595 |
| TOTAL CHARITY FUNDS | 17 | 521,580 | 656,926 |

The notes on pages 21 to 30 form part of these financial statements.

Approved by the Board of Directors on 3rd October 2018 and signed on its behalf by

....Director

Mr D Brotherston

Company Registration Number: SC168554

(a company limited by guarantee, not having a share capital)

STATEMENT OF CASH FLOWS

for the year ended 31 March 2018

| | 2018 £ | 2017 £ |
|--|------------------|------------------|
| Reconciliation of net movement in funds to net cash inflow / | ~ | ~ |
| (outflow) from operating activities Net movement in funds | (135,346) | 175,845 |
| Interest income shown in investing activities | (4,943) | |
| Depreciation | 8,431 | • • • |
| Decrease in stocks | 5,944 | • |
| Decrease/ (increase) in debtors | 4,660,664 | (4,696,952) |
| Increase/ (decrease) in creditors | 384,446 | (3,582) |
| Net cash provided by/ (used in) operating activities | 4,919,196 | (4,496,557) |
| Cash flows from investing activities Interest received | 4,943 (3,767) | 12,595 |
| Purchase of fixed assets Net cash generated by investing activities | 1,176 | (3,157) 9,438 |
| Increase/ (decrease) in cash and cash equivalents in the year | 4,920,372 | (4,487,119) |
| Cash and cash equivalents at 1 st April 2017 | 1,233,318 | 5,720,437 |
| Cash and cash equivalents at 31 st March 2018 | 6,153,690 | 1,233,318 |

The notes on pages 21 to 30 form part of these financial statements

(a company limited by guarantee, not having a share capital)

Notes to the Financial Statements

for the year ended 31 March 2018

1. Accounting Policies

Basis of preparation and assessment of going concern

The financial statements have been prepared in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS102), the Charities SORP (FRS102) and the Companies Act 2006. A summary of the more important accounting policies, which have been applied consistently, is set out below.

The charity meets the definition of a public benefit entity under FRS 102.

The directors consider that there are no material uncertainties about the Charity's ability to continue as a going concern. With respect to the financial year 2018/2019, the Charity is a going concern on a similar basis to 2017/2018. Funds have been secured at a similar level to 2017/2018 from Scottish Government Active Scotland, Transport Scotland, Scottish Natural Heritage, MacMillan Cancer Support and The Life Changes Trust.

At the time of approving this Report, the Directors, whilst not in any sense meaning to imply complacency, are not unduly concerned about going concern. The rationale for this position partly relates to the positive national policy and political environment in which the Charity is operating (as described in the 'Plans for the future' section of the Trustees Report) and partly based on initial discussions that senior staff have had with the Charity's main funders. Initial discussions have already taken place with the relevant budget holders within the Active Scotland Directorate and Transport Scotland. Whilst in both cases the officials have been clear that there is no certainty until the Scottish Budget Spending Review has been concluded (usually in Quarter 4), they have indicated their intentions to continue funding the Charity at a similar level and that they will be making this case through the Spending Review process. Furthermore, they are anticipating similar overall divisional budgets to previous years, which would allow for a 'business as usual' approach. Equally, neither party has given any indication of either a significant reduction or cessation of funding for the Charity. A similar conversation will soon be taking place with Scottish Natural Heritage. The Directors are also aware that this level of uncertainty has existed annually at this stage in the Scottish Budget process.

The Directors have also considered other uncertainties relating to going concern through the annual risk register process. It remains a priority of the Charity to diversity its funding base by securing new funding opportunities.

Accounting convention

The financial statements have been prepared under the historical cost convention.

Incoming resources

All incoming resources are included on the Statement of Financial Activities when the charity is legally entitled to the income and the amount can be quantified with reasonable accuracy. The following specific policies are applied to particular categories of income:

- Income from charitable trading activities is recognised when earned (i.e. as the related goods and services are provided).
- Voluntary income is received by way of grants, donations and gifts and is included in full when receivable.
- Grants, where entitlement is not conditional on the delivery of a specific performance by the charity, are recognised when the charity becomes unconditionally entitled to the grant.
- Incoming resources from grants, where related to performance and specific deliverables, are accounted for as the charity earns the right to consideration by its performance. Income is deferred for grants which have claw back conditions.
- Investment income is included when receivable.

(a company limited by guarantee, not having a share capital)

Notes to the Financial Statements

for the year ended 31 March 2018

1. Accounting Policies (continued)

Resources expended

Expenditure is recognised on an accruals basis as the liability is incurred. Expenditure includes VAT to the extent that it cannot be fully recovered. The following specific policies are applied to particular categories of expenditure;

- Costs of raising funds comprise the costs associated with courses, training income and income from the sale of merchandise and their associated support costs.
- Charitable expenditure comprises those costs incurred by the charity in the delivery of its activities and programmes for its beneficiaries and their associated support costs.
- Support costs are allocated between the expenditure categories of the statement of financial
 activities on a basis designed to reflect the usage of the resource. Costs relating to a particular
 activity are directly allocated to a cost category, while others are apportioned on an appropriate
 basis (e.g. staff time, activity, usage).
- Governance costs include those costs associated with meeting the constitutional and statutory requirements of the charity and include the audit fees and costs linked to the strategic management of the charity.

The bases on which costs have been allocated are set out in notes 6 and 7.

Pensions

The charity was a participating employer in a local government superannuation scheme, which was a defined benefit pension scheme in nature for some employees until 1st July 2012.

The Company staged for Auto Enrolment last year, which formalised pension provision for all employees. Generally, the company undertakes to make a 10% contribution of salary on the condition the member of staff makes a 6% personal contribution. The charge in the financial statements represents the company's contribution to such schemes. The company contributions are accounted for by recognising contributions payable in the year in the statement of financial activities.

Operating leases

Rentals applicable to operating leases where substantially all of the benefits and risks of ownership remain with the lessor are charged to the statement of financial activities on a straight line basis over the period of the lease.

Reserves policy

The Charity's Financial Reserves Policy was reviewed and approved by the Paths for All Board of Directors in August 2018. The Policy has been significantly updated and is based on OSCR's recently published factsheet on financial reserves policies. The financial reserve target has been calculated at £344,000. Currently the financial reserve (General Fund) stands at £359,432 (2017 - £299,900).

Taxation

The charity is exempt from corporation tax on its charitable activities. Interest receivable is shown gross and no provision for tax is considered necessary.

Stock

Stock is valued at the lower of cost and net realisable value on a First in First Out basis making due allowance for obsolescence.

Tangible fixed assets

The cost of tangible fixed assets is their purchase cost or, if gifted, their value at the date of gift.

(a company limited by guarantee, not having a share capital)

Notes to the Financial statements

for the year ended 31 March 2018 (continued)

1. Accounting Policies (continued)

Depreciation

Depreciation is provided at the following annual rates in order to write off the cost less estimated residual value of each asset over its estimated useful life.

Office furniture & other equipment

4 years

Computer equipment

- 4 years

Debtors

Debtors are recognised at the settlement amount due. Prepayments are valued at the amount prepaid net of any discounts due.

Cash at bank and in hand

Cash at bank and in hand includes cash and short term highly liquid investments with a maturity of three months or less from the date of acquisition or opening of the deposit or similar account.

Creditors

Creditors are recognised where the company has a present obligation resulting from a past event that will probably result in the transfer of funds to a third party and the amount due to settle the obligation can be measured or estimated reliably. Creditors are normally recognised at their settlement amount after allowing for any discounts due.

Financial Instruments

The charity only has financial assets and financial liabilities of a kind that qualify as basic financial instruments. Basic financial instruments are initially recognised at transaction value and subsequently remeasured at their settlement value.

Fund accounting

The various reserves set aside by the charity are as follows:

- Restricted funds are subject to restrictions on their expenditure imposed by the donor or through the terms of a grant.
- Unrestricted funds are available for use at the discretion of the directors in furtherance of the general objectives of the charity.
- Designated funds are funds earmarked by the directors for particular purposes.

Gifts in kind

Gifts in kind represent the value of benefits provided to the charity. These values are based on reasonable estimates and on information provided to us by the suppliers. The total value is presented in the financial statements as both an incoming and outgoing resource.

(a company limited by guarantee, not having a share capital)

Notes to the Financial statements

for the year ended 31 March 2018 (continued)

2. Income from donations and legacies

| | 2018 | 2017 |
|---------------|-------|-------|
| | £ | £ |
| Gifts in kind | 3,000 | 3,000 |

3. Income from charitable activities

| | 2018 | 2017 |
|---|-----------|-----------|
| | £ | £ |
| Scottish Government – Active Scotland | 1,169,167 | 1,215,000 |
| Scottish Government – Planning and Architecture | ` 2,500 | - |
| Scottish Government – Transport Scotland | 5,010,115 | 5,090,457 |
| Scottish Natural Heritage | 151,155 | 131,960 |
| Life Changes Trust | 96,637 | 108,616 |
| MacMillan | 84,514 | 96,648 |
| Walking Football | - | 10,000 |
| William Grant Foundation | - | 14,988 |
| Age Scotland | - | 5,200 |
| Scottish Disability Sport - GOGA | - | 9,000 |
| Active Environment | - | 13,397 |
| | 6,514,088 | 6,695,266 |
| Courses & training income | 22,826 | 15,073 |
| Active Travel Conference | 14,385 | 12,000 |
| Satin income | | 3,000 |
| Income from charitable activities | 6,551,299 | 6,725,339 |

4. Income from trading

| | 2018 £ | 2017 £ |
|---------------------|-----------|-----------|
| Merchandise income | 53,444 | 59,687 |
| Income from trading | 53,444 | 59,687 |

(a company limited by guarantee, not having a share capital)

Notes to the Financial statements

for the year ended 31 March 2018 (continued)

5. Income from investments

| | 2018 | 2017 |
|--------------------------|-------|--------|
| | Ł | £ |
| Bank interest receivable | 4,943 | 12,595 |
| Income from investments | 4,943 | 12,595 |

6. Analysis of expenditure on charitable activities

| | Basis of Apportionment | Raising Funds | Charitable Activities | 2018 Total |
|---------------------------------------|---------------------------|------------------|--------------------------|---------------|
| | | £ | £ | £ |
| Staff costs | Staff Time | 51,991 | 759,575 | 811,566 |
| Other staff costs | Staff Time | 620 | 49,803 | 50,423 |
| Project costs and grants awarded | Direct | - | 5,508,510 | 5,508,510 |
| Depreciation | Direct | - | 8,431 | 8,431 |
| Office running costs | Staff Time | 1,543 | 118,777 | 120,320 |
| Professional costs | Direct | - | - | - |
| Audit fee | Direct | - | - | - |
| Board costs | Direct | - | - | - |
| | | 54,154 | 6,445,096 | 6,499,250 |
| Support costs allocated to activities | | · | , , | |
| Support costs | Staff Time | 10,403 | 160,041 | 170,444 |
| Governance costs | Staff Time | 4,863 | 74,818 | 79,681 |
| | | 69,420 | 6,679,955 | 6,749,375 |

7. Allocation of Support & Governance Costs

| | Basis of Apportionment | Support Costs | Governance Costs | 2018 Total |
|---------------------------------------|---------------------------|------------------|---------------------|---------------|
| | | £ | £ | £ |
| Staff costs | Staff Time | 112,740 | 47,883 | 160,623 |
| Other staff costs | Staff Time | 12,408 | 1,242 | 13,650 |
| Project costs and grants awarded | Direct | - | - | - |
| Depreciation | Direct | - | - | - |
| Office running costs | Staff Time | 30,851 | 3,086 | 33,937 |
| Professional costs | Direct | 14,445 | | 14,445 |
| Audit fee | Direct | _ | 7,835 | 7,835 |
| Board costs | Direct | - | 19,635 | 19,635 |
| | _ | 170,444 | 79,681 | 250,125 |
| Support costs allocated to activities | | | | |
| Charitable activities | Staff Time | 160,041 | 74,818 | 234,859 |
| Raising funds | Staff Time | 10,403 | 4,863 | 15,266 |
| | | 170,444 | 79,681 | 250,125 |

(a company limited by guarantee, not having a share capital)

Notes to the Financial statements

for the year ended 31 March 2018 (continued)

8. Analysis of grants awarded

The following grants payable, in excess of £15,000 were paid to the projects and recipients listed below.

| | Grants to | Grants to | 2018 | 2017 |
|---|--------------|-------------|-----------|-----------|
| | Institutions | Individuals | Total | Total |
| | £ | £ | £ | £ |
| Scottish Government – Smarter Choices S | | | | |
| Aberdeen City Council | 195,959 | - | 195,959 | 230,391 |
| Aberdeenshire Council | 191,298 | - | 191,298 | 209,804 |
| Angus Council | 98,848 | - | 98,848 | 75,542 |
| Argyll & Bute Council | 124,076 | - | 124,076 | 65,100 |
| Clackmannanshire Council | 75,297 | - | 75,297 | 72,080 |
| Dumfries & Galloway Council | 141,072 | - | 141,072 | 90,289 |
| Dundee City Council | 165,514 | - | 165,514 | 156,058 |
| East Ayrshire Council | 93,181 | - | 93,181 | 77,601 |
| East Dunbartonshire Council | 97,641 | - | 97,641 | 98,061 |
| East Lothian Council | 87,000 | - | 87,000 | 69,486 |
| East Renfrewshire Council | 84,098 | - | 84,098 | 80,148 |
| Edinburgh Council | 458,134 | - | 458,134 | 621,960 |
| Comhairle nan Eilean Siar Council | 36,109 | - | 36,109 | 70,000 |
| Falkirk Council | 144,886 | - | 144,886 | 144,836 |
| Fife Council | 376,550 | - | 376,550 | 313,862 |
| Glasgow Council | 512,190 | - | 512,190 | 457,492 |
| Highland Council | 208,251 | - | 208,251 | 240,794 |
| Inverciyde Council | 74,768 | - | 74,768 | - |
| Midlothian Council | 73,465 | = | 73,465 | 56,223 |
| Moray Council | 87,328 | - | 87,328 | 117,234 |
| North Ayrshire Council | 169,469 | - | 169,469 | 162,867 |
| North Lanarkshire Council | 14,539 | - | 14,539 | 78,634 |
| Orkney Council | 51,955 | - | 51,955 | 28,983 |
| Perth & Kinross Council | 212,911 | - | 212,911 | 166,787 |
| Renfrewshire Council | 133,053 | - | 133,053 | 158,145 |
| Scottish Borders Council | 110,000 | - | 110,000 | 100,580 |
| Shetland Islands Council | 48,500 | - | 48,500 | - |
| South Ayrshire Council | 89,820 | - | 89,820 | 101,960 |
| South Lanarkshire Council | 293,094 | - | 293,094 | 310,436 |
| Stirling Council | 112,175 | - | 112,175 | 57,500 |
| TACTRAN | 8,800 | - | 8,800 | - |
| West Dunbartonshire Council | 16,739 | - | 16,739 | 84,218 |
| West Lothian Council | 130,518 | - | 130,518 | 163,000 |
| • | 4,717,238 | - | 4,717,238 | 4,660,071 |
| Other | | | , , | |
| Living streets | _ | _ | _ | 162,000 |
| PHD – Edinburgh University | 15,417 | _ | 15,417 | - |
| Steps to Health | 20,000 | - | 20,000 | - |
| Health walks Aberdeenshire | 12,500 | _ | 12,500 | 15,000 |
| Hospital field Meander | 12,000 | _ | .2,000 | 18,000 |
| Put Your West Foot Forward | _ | _ | _ | 20,000 |
| Walk da Rock | _ | _ | _ | 20,000 |
| Other grants < £15,000 each | 237,431 | _ | 237,431 | 167,300 |
| Other grants 1210,000 cach | 285,348 | | 285,348 | 402,300 |
| | 200,040 | <u> </u> | 200,040 | 702,300 |
| Total | 5,002,586 | · - | 5,002,586 | 5,062,371 |

(a company limited by guarantee, not having a share capital)

Notes to the Financial Statements

for the year ended 31 March 2018 (continued)

| 9. | Net Income/(expenditure) for the year | 2018 £ | 2017 £ |
|-----|--|-----------|-----------|
| | Net Income/(expenditure) for the year is stated after charging | | |
| | Board of Directors and Members costs Auditors remuneration | 191 | 73 |
| | Audit | 3,980 | 3,980 |
| | Other | 3,855 | 3,205 |
| | Operating lease rentals | 76,795 | 67,029 |
| | Depreciation of fixed assets | 8,431 | 7,842 |
| 10. | Staff Costs | 2018 £ | 2017 £ |
| | Staff employment costs - | | |
| | Salaries | 822,889 | 704,900 |
| | Employer's NIC | 75,047 | 63,902 |
| | Employer's superannuation | 74,253 | 66,088 |
| | | 972,189 | 834,890 |
| | There are no high paid staff. | | |
| | Average staff numbers | 00 | 00 |
| | Those employed for more than 20 hours per week | 32 | 28_ |

Creditors include £11,035 (2017 - £9,903) in respect of pension contributions to be paid over to relevant schemes at the end of the year.

One employee had employee benefits in excess of £60,000 (2017: one).

The Directors consider the Board of Directors and the Management Team to be the key management personnel of the Charity as they are in charge of directing and controlling, running and operating the Charity on a day to day basis. The management team comprises the Chief Officer and 4 staff (2017: 4) at Manager Grade. All Directors give their time freely and no Director receives remuneration. The total employee benefits of the key management personnel were £225,972 (2017: £215,279).

11. Trustees' Remuneration and Benefits

There were no trustees' remuneration or other benefits for the year ended 31st March 2018 (2017: £nil).

Trustees' Expenses

Expenses reimbursed in the year to Trustees' amounted to £191 (2017: £73).

(a company limited by guarantee, not having a share capital)

Notes to the Financial Statements

for the year ended 31 March 2018 (continued)

12. Fixed Assets

| 12. | Fixed Assets | | | |
|-----|--|-----------------------|---------------------------------------|----------------|
| | Tangible assets | Office furniture | | |
| | | and other equipment £ | Computer equipment £ | Total £ |
| | Cost: | | | |
| | At 1 April 2017 | 18,115 | 47,744 | 65,859 |
| | Additions during the year | - | 3,767 | 3,767 |
| | Disposals during year | _ | | _ |
| | At 31 March 2018 | 18,115 | 51,511 | 69,626 |
| | Accumulated depreciation: | | | |
| | At 1 April 2017 | 16,176 | 37,175 | 53,351 |
| | Provided during the year | 1,021 | 7,410 | 8,431 |
| | Disposals during year | | | |
| | At 31 March 2018 | 17,197 | 44,585 | 61,782 |
| | Net book value | | | |
| | 31 March 2018 | 918 | 6,926 | 7,844 |
| | 31 March 2017 | 1,939 | 10,569 | 12,508 |
| · | - | | | |
| | | | 2018 | 2017 |
| | | | 2018 £ | £ |
| 13. | Stock | | | |
| | Pedometers | | 2,109 | 8,053 |
| | | | | |
| | | | 2018 | 2017 |
| | | | £ | £ |
| 14. | Debtors: Amounts falling due within one year | | | |
| | Other debtors | | 20,251 | 4,761,341 |
| | Prepayments and accrued income | | 140,109 | 59,6 <u>83</u> |
| | | | 160,360 | 4,821,024 |
| | | | 100,300 | 4,021,024 |
| | | | | |
| | | | 2018 | 2017 |
| 15. | Creditors: Amounts falling due within one year | | £ | £ |
| ıJ. | Other creditors | | 77,998 | 50,577 |
| | Taxation and social security | | 19,216 | 17,850 |
| | Accruals and deferred income | | 45,349 | 65,251 |
| | Grants payable | | 4,937,063 | 4,867,900 |
| | Grants in advance | | 722,797 | 416,399 |
| | | | 5,802,423 | 5,417,977 |
| | | | · · · · · · · · · · · · · · · · · · · | |

(a company limited by guarantee, not having a share capital)

Notes to the Financial Statements

for the year ended 31 March 2018 (continued)

16. Funds Analysis at 31 March 2018

| Restricted | Unrestricted | 2018 Total Funds | 2017 Total Funds |
|-------------|--|--|--|
| £ | £ | £ | £ |
| 7,844 | - | 7,844 | 12,508 |
| | | | |
| - | 2,109 | 2,109 | 8,053 |
| 136,128 | 24,232 | 160,360 | 4,821,024 |
| 5,702,765 | 450,925 | 6,153,690 | 1,233,318 |
| 5,838,893 | 477,266 | 6,316,159 | 6,062,395 |
| (5,789,765) | (12,658) | (5,802,423) | (5,417,977) |
| 49,128 | 464,608 | 513,736 | 644,418 |
| 56,972 | 464,608 | 521,580 | 656,926 |
| | 136,128 5,702,765 5,838,893 (5,789,765) 49,128 | £ £ 7,844 - 2,109 136,128 24,232 5,702,765 450,925 5,838,893 477,266 (5,789,765) (12,658) 49,128 464,608 | Restricted Unrestricted Total Funds £ £ £ 7,844 - 7,844 - 2,109 2,109 136,128 24,232 160,360 5,702,765 450,925 6,153,690 5,838,893 477,266 6,316,159 (5,789,765) (12,658) (5,802,423) 49,128 464,608 513,736 |

| 17. | Fund Reconciliation | At 1 st April 2017 | Net movement in funds | Transfers | At 31 st March 2018 |
|-----|---|-------------------------------------|-----------------------------|-----------|--------------------------------------|
| | Unrestricted funds | £ | £ | £ | £ |
| | General fund | 299,900 | 59,532 | - | 359,432 |
| | Designated development fund | 86,055 | - | - | 86,055 |
| | Designated active travel fund | 16,369 | (7,857) | - | 8,512 |
| | Designated training fund | , - | 8,500 | - | 8,500 |
| | Designated SATIN fund | 7,954 | (7,954) | _ | , <u> </u> |
| | Designated pedometer fund | 8,053 | (5,944) | | 2,109 |
| | | 418,331 | 46,277 | - | 464,608 |
| | Restricted funds | | | | |
| | Restricted revenue reserve fund Designated restricted revenue | 41,712 | 15,260 | (32,127) | 24,845 |
| | reserve fund | 196,883 | (196,883) | 32,127 | 32,127 |
| | | 238,595 | (181,623) | <u>-</u> | 56,972 |
| | | 656,926 | (135,346) | _ | 521,580 |

Designated Development Fund

This fund is used to further Paths for All's vision and outcomes. The use of the fund is set out in the Operational Guidelines, which has been approved by the Directors.

Designated Active Travel Fund

The designated active travel fund represents the surpluses on Active Travel Conferences held in the past and have been set aside to go towards the costs of future Active Travel Conferences.

Designated Training Fund

This fund represents the surplus on any training income received in the year. This fund will go towards the costs of providing training courses in the future.

Designated Pedometer Fund

The designated pedometer fund represents costs to be incurred in 2018/2019 relating to the provision of pedometers.

Designated Restricted Revenue Reserve Fund

The designated revenue reserve fund balance represents costs to be incurred relating to activities which the charity has already committed to and which are currently in progress.

(a company limited by guarantee, not having a share capital)

Notes to the Financial Statements

for the year ended 31 March 2018 (continued)

18. Leasing Commitments

| <u>Property</u> Within one year | 2018 £ 15,253 | 2017 £ 14,882 |
|------------------------------------|----------------------|-----------------------------------|
| Other Within one year | 7,984 | 13,135 |
| Between 2 and 5 years | 5,662 | 13,646 |
| · | 28,899 | 41,663 |

19. Contingent Liabilities

Most of the charity's activities have been funded by grants receivable from Scottish Natural Heritage, Scottish Government, Transport Scotland and other funders. The funding contracts contain conditions about the repayment of grants received. These conditions are not expected to lead to any obligation to repay the grants received.

20. Commitments

There were no capital commitments at 31 March 2018 (2017: £nil). There were no contingent liabilities at 31 March 2018 (2017: £nil).