



**BLUEPRINT**  
Company Secretary

Please complete in typescript,  
or in bold black capitals.

CHFP055

Company Number **SC122481**

Company Name in full **Telewest Communications (Falkirk) Limited**

# 288a

## APPOINTMENT of director or secretary

(NOT for resignation (use Form 288b) or  
change of particulars (use Form 288c))

### Appointment form

Notes on completion  
appear on reverse.

|                                                   |                                     |              |                 |                |                          |                  |                 |                                                                                                 |
|---------------------------------------------------|-------------------------------------|--------------|-----------------|----------------|--------------------------|------------------|-----------------|-------------------------------------------------------------------------------------------------|
| Date of appointment                               | Day<br>1 8                          | Month<br>0 8 | Year<br>2 0 0 0 | †Date of Birth | Day<br>0 6               | Month<br>0 4     | Year<br>1 9 6 0 |                                                                                                 |
| Appointment as director                           | <input checked="" type="checkbox"/> |              | as secretary    |                | <input type="checkbox"/> |                  |                 | Please mark the appropriate box. If appointment is as a director and secretary mark both boxes. |
| NAME *Style / Title                               |                                     |              |                 |                | *Honours etc             |                  |                 |                                                                                                 |
| Forename(s)                                       | <b>Stephen Sands</b>                |              |                 |                |                          |                  |                 |                                                                                                 |
| Surname                                           | <b>Cook</b>                         |              |                 |                |                          |                  |                 |                                                                                                 |
| Previous Forename(s)                              |                                     |              |                 |                |                          |                  |                 |                                                                                                 |
| Previous Surname                                  |                                     |              |                 |                |                          |                  |                 |                                                                                                 |
| Usual residential address                         | <b>Rosburn Farmhouse</b>            |              |                 |                |                          |                  |                 |                                                                                                 |
|                                                   | <b>Rosburn Lane</b>                 |              |                 |                |                          |                  |                 |                                                                                                 |
|                                                   |                                     |              |                 |                |                          |                  |                 |                                                                                                 |
| Post town                                         | <b>Blair Drummond</b>               |              |                 |                | Postcode                 | <b>FK9 4AH</b>   |                 |                                                                                                 |
| County / Region                                   |                                     |              |                 |                | Country                  | <b>Scotland</b>  |                 |                                                                                                 |
| † Nationality                                     | <b>British</b>                      |              |                 |                | †Business occupation     | <b>Solicitor</b> |                 |                                                                                                 |
| † Other directorships (additional space overleaf) | <b>(See continuation sheet).</b>    |              |                 |                |                          |                  |                 |                                                                                                 |

**Consent Signature**

I consent to act as \*\* director / secretary of the above named company

A director, secretary etc must sign the form below.

**Signed**

**C. Burns** Date **17/2/2000**

(\*\*a director / secretary / administrator / administrative receiver / receiver manager / receiver)

C Peace  
Telewest Communications  
Genesis Business Park  
Albert Drive  
Woking  
Surrey GU21 5RW  
Tel: 01483 295275

Please give the name, address,  
telephone number and, if available,  
a DX number and Exchange of  
the person Companies House should  
contact if there is any query



When you have completed and signed the form please send it to the  
Registrar of Companies at:  
**Companies House, Crown Way, Cardiff, CF14 3UZ DX 33050 Cardiff**  
for companies registered in England and Wales or  
**Companies House, 37 Castle Terrace, Edinburgh, EH1 2EB**  
for companies registered in Scotland **DX 235 Edinburgh**

**Stephen Sands Cook**  
**List of Directorships**

**Current Directorships**  
**Company Name**

Avon Cable Investments Limited  
Blueyonder Limited  
Cable Adnet Limited  
Cable Camden Limited  
Cable Communications (Telecom) Limited  
Cable Communications Limited  
Cable Enfield Limited  
Cable Hackney & Islington Limited  
Cable Haringey Limited  
Cable Interactive Limited  
Cable Internet Limited  
Cable London Limited  
Cable on Demand Limited  
Central Cable Sales Limited  
Crystal Palace Radio Limited  
Crystalvision Productions Limited  
Southwestern Bell International Holdings Limited  
Telewest Communications plc  
Telewest Communications ( Central Lancashire) Limited  
Telewest Communications (Cotswolds) Limited  
Telewest Communications (Fylde & Wyre) Limited  
Telewest Communications (Internet) Limited  
Telewest Communications (Liverpool) Limited  
Telewest Communications (London South) Limited  
Telewest Communications (Midlands and North West) Limited  
Telewest Communications (Midlands) Limited  
Telewest Communications (Nominees) Limited  
Telewest Communications (North East) Limited  
Telewest Communications (North West) Limited  
Telewest Communications (South East) Limited  
Telewest Communications (South Thames Estuary) Limited  
Telewest Communications (South West) Limited  
Telewest Communications (Southport) Limited  
Telewest Communications (St Helens & Knowsley) Limited  
Telewest Communications (Taunton & Bridgwater) Limited  
Telewest Communications (Telford) Limited  
Telewest Communications (Tyneside) Limited  
Telewest Communications (Wigan) Limited  
Telewest Communications (Worcester) Limited  
Telewest Communications Cable Limited  
Telewest Communications Group Limited  
Telewest Communications Holdco Limited  
Telewest Communications Holdings Limited  
Telewest Communications Networks Limited  
Telewest Communications Services Limited  
Telewest Parliamentary Holdings Limited  
Telewest Communications (Publications) Ltd  
Telewest Share Trust Limited  
Telewest Trustees Limited  
The Cable Equipment Store Limited  
The North London Channel Limited  
Theseus No.1 Limited  
Theseus No.2 Limited

Capital City Cablevision Limited  
Telewest Communications (Scotland Holdings) Limited  
Telewest Communications (Scotland) Limited  
Telewest Communications (Motherwell) Limited  
Telewest Communications (Cumbernauld) Limited  
Telewest Communications (Dumbarton) Limited  
Telewest Communications (East Lothian and Fife) Limited  
Telewest Communications (Falkirk) Limited  
Dundee Cable and Satellite Limited  
Edinburgh Cablevision Limited  
Hieronymous Limited  
Perth Cable Television Limited  
Telewest Communications (Dundee & Perth) Limited  
Telewest Communications (Glenrothes) Limited  
General Cable Ltd  
General Cable Group Limited  
General Cable Holdings Limited  
General Cable Investments Limited  
General Cable Programming Limited  
Telewest Limited  
The Yorkshire Cable Group Limited  
Barnsley Cable Communications Limited  
Bradford Cable Communications Limited  
Doncaster Cable Communications Limited  
Halifax Cable Communications Limited  
Rotherham Cable Communications Limited  
Sheffield Cable Communications Limited  
Wakefield Cable Communications Limited  
Yorkshire Cable Communications Limited  
Yorkshire Cable Properties Limited  
Yorkshire Cable Telecom Limited  
Yorkshire Cable Limited  
Yorkshire Cable Finance Limited  
Mayfair Way Management Limited  
Northern Credit Limited  
The Cable Corporation Limited  
The Cable Corporation Equipment Limited  
European Business Network Limited  
Middlesex Cable Limited  
Windsor Television Limited  
Chariot Collection Services Limited  
Filegate Limited  
Imminus Limited  
Fastrak Limited  
Birmingham Cable Corporation Limited  
Birmingham Cable Limited  
Central Cable Limited  
Central Cable Holdings Limited  
Central Cable Sales Limited  
Lewis Reed Debt Recovery Limited  
West Midlands Credit Limited  
Flextech plc  
Flextech Family Channel Limited  
Bravo TV Limited  
Flextech Business News Limited  
Flextech Media Holdings Limited  
Flextech (Kindernet Investment) Limited  
Flextech IVS Limited  
Flextech Rights Limited  
Flextech Video Games Limited  
Flextech Distribution Limited  
Flextech Digital Broadcasting Limited  
Flextech Communications Limited  
Flextech Childrens Channel Limited

Flextech (1992) Limited  
Screenshop Limited  
United Artists Investments Limited  
UK Living Limited  
TVS Television Limited  
Telso Communications Limited  
Starstream Limited  
Maidstone Studios Limited  
Maidstone Broadcasting  
Florida Homeshopping Limited  
Flextech-Flexinvest Limited  
Flextech Television Limited  
Flextech Homeshopping Limited  
Flextech Living Well Limited  
Flextech Living Health Limited  
Flextech Interactive Limited  
Flextech (Travel Channel) Limited  
The Way Ahead Group Limited  
Minotaur International Limited  
Multi Media Mapping Limited  
Scottish Media Group PLC  
SMG plc

**Past Directorships (held within last 5 years)**

Flextech Communications Limited (resigned 5/ 6/91)  
Flextech Satellite Investments Limited (resigned 15/10/99)  
Marcbrand Limited (resigned 3/12/99)  
TV Travel Shop Limited (resigned 3/12/99)  
M D Secretaries Limited (resigned 22/12/97)  
M D Directors Limited (resigned 22/12/97)  
Multi Media Mapping Limited (resigned 3/12/99)