

BR4



CHFP000

Return by an overseas company subject to branch registration of change of directors or secretary or of their particulars

(Pursuant to Schedule 21A, paragraph 7(1) of the Companies Act 1985)

Please complete in typescript, or in bold black capitals.

Company number

FC 26947

Branch number **BR** 008940

Corporate name

Fitness First (BVI) Ltd

Branch name
(if different)

Resignation, etc.

(This includes any form of ceasing to hold office e.g. death or removal from office)

Date of resignation etc

Resignation etc, as director

Resignation etc, as secretary

Forenames

Surname

Date of birth (directors only)

Day Month Year

3 0 0 6 2 0 0 8

Please mark the appropriate box
If resignation etc is as a director and secretary mark both boxes

ROSS STEVEN

CHESTER

Day Month Year

1 1 0 3 1 9 6 7

(See note on page 4)

This return is delivered in respect of all the branches listed on page 4

You do not have to give any contact information in the box opposite but if you do, it will help Companies House to contact you if there is a query on the form. The contact information that you give will be visible to searchers of the public record

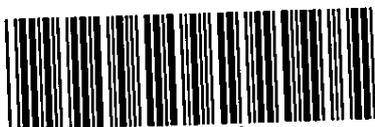
Mrs S Cadd Fitness First Ltd, 58 Fleets Lane, Poole BH15 3 BT

Tel 01202 845906

DX number

DX exchange

SATURDAY



A16

05/07/2008

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COMPANIES HOUSE

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When you have completed and signed the form please send it to the Registrar of Companies at

Companies House, Crown Way, Cardiff, CF14 3UZ

DX 33050 Cardiff

for branches registered in England and Wales

or

Companies House, 37 Castle Terrace, Edinburgh, EH1 2EB

DX 235 Edinburgh

for branches registered in Scotland

or LP - 4 Edinburgh 2

ALTERATION OF PARTICULARS

(this section is not for appointments or resignations)

Complete this section in all cases where particulars of a serving director / secretary have changed and then the appropriate section below

Date of change of particulars

Change of particulars, as director

Change of particulars, as secretary

Forenames

Surname

(name previously notified to Companies House)

Date of birth (directors only)

Change of name (enter new name)

Forenames

Surname

Change of usual residential address**

(enter new address)

Post town

County / region

Postcode

Country

Change to authority to act (if applicable)

Give brief particulars of any change in the authority of a director to represent the company, including any alteration to the manner in which existing or new powers may be exercised (e.g. requiring them to be exercised with other persons)

Nationality

Mark as applicable

Day Month Year

Day	Month	Year

Please mark the appropriate box
If change of particulars is as a director and secretary mark both boxes

Day Month Year

1	1	1	1	1	1	1	1
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** Do not tick this box unless the address shown is a service address for the beneficiary of a Confidentiality Order granted under the provisions of section 723B of the Companies Act 1985

The extent of the authority of the above person to represent the company has been altered to - (give details)

These powers

May be exercised alone, or

Must be exercised with (give names of co-authorised persons)
