



Companies House
for the record

BR4

CHFP000

This form should be completed in black.

Return by an overseas company subject to branch registration of change of directors or secretary or of their particulars

(Pursuant to Schedule 21A, paragraph 7(1) of the Companies Act 1985)

Company number

FC 17124

Branch number

Company name

CRESTACARE PLC

Branch name
(if different)

Resignation, etc.

(This includes any form of ceasing to hold office e.g. death or removal from office)

Date of resignation etc

Resignation etc, as director

Resignation etc, as secretary

Forenames

Surname

Date of birth (directors only)

Day Month Year

DR

XD

XS

Please mark the appropriate box.
If resignation etc is as a director and secretary mark both boxes

Day Month Year

DO

(See note on page 4)

This return is delivered in respect of all the branches listed on page 4

To whom should Companies House address any enquiries about the information on this form

Name NABARRO NATHANSON DX:77 LONDON
CHANCERY
Address 65 STRATON STREET
LONDON W1X 6NX

REF: BE/AJW/
A1572/53

Telephone 0171 493 9983

When completed, this form should be returned to the address on page 4



Appointment

(Turn to page 3
notify resignation or
alteration of
particulars)

Date of appointment

Appointment of director

Appointment of secretary

Name

*Style/title

Forenames

Surname

* Honours etc

Previous forenames

Previous surname

Usual residential

Post town

County / region

Postcode

+ Date of birth

Other directorships

Give the name of every company incorporated in Great Britain which the person concerned is a director or has been a director at any time in the past 5 years. Exclude a company which either is, or at all times during the past 5 years when the person was a director, was

- dormant
- a parent company which wholly owned the company making the return
- another wholly owned subsidiary of the same parent company

You may use a separate sheet of paper if necessary.

Give brief particulars of the extent of the powers exercised (e.g. whether they are limited to powers expressly conferred by the instruments of appointment, or whether they are subject to express limitations) where the powers are exercised jointly, give the name(s) of the person(s).

Mark as applicable

This return must be delivered to the Registrar within 21 days of the notice being received in Great Britain in due course of post (if despatched with due diligence)

Consent signature

Day Month Year

DA 26 08 1999

CD X

CS

Please mark the appropriate box.
If appointment is as a director and secretary mark both boxes.

MR

MARTIN KEITH

BOLLAND

AD FLAT 18, 45 MARLBOROUGH PLACE,
ST JOHNS WOOD.

LONDON

NW8 0PX

Day Month Year

DO 15 08 1956

+ Nationality NA BRITISH

OC VENTURE CAPITALIST

SEE ATTACHED

Scope of authority

The extent of the authority to represent the company is
(give details)

POWERS EXERCISED JOINTLY

These powers :

- # ☐ May be exercised acting alone
- # ☒ Must be exercised with :- (give names of co-authorised person(s))

HAMILTON ANSTEAD

I consent to act as director/secretary of the above named company

Signed

MURBhead

Date

16.9.99

A serving director etc must also sign the form on page 4

ALTERATION OF PARTICULARS

(this section is not for appointments or resignations)

Complete this section in all cases where particulars of a serving director / secretary have changed and then the appropriate section below

Date of change of particulars

Date of change of particulars, as director

Date of change of particulars, as secretary

Forenames

(name previously notified to Companies House)

Surname

Date of birth (directors only)

Change of name (enter new name)

Forenames

Surname

Change of usual residential address

(enter new address)

Post town

County / region

Postcode

Nationality

Change to authority to act (if applicable)

Give brief particulars of any change in the authority of a director to represent the company, including any alteration to the manner in which existing or new powers may be exercised (e.g. requiring them to be exercised with other persons.)

Mark as applicable

	Day	Month	Year
DR			

XD	
XS	

Please mark the appropriate box.
If change of particulars is as a director and secretary mark both boxes

	Day	Month	Year
DO			

AD

The extent of the authority of the above person to represent the company has been altered to :- (give details)

These powers :

☐

May be exercised alone, or

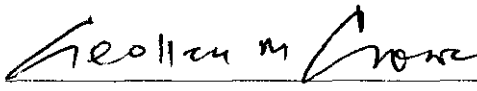
☐

Must be exercised with : (give names of co-authorised persons)

Registration number	Branch name

NOTE:- A return must be delivered in respect of any alteration to the company particulars by each branch of an overseas company. If, however, a company has more than one branch in THE SAME PART of Great Britain, it may deliver only one form in respect of all those branches, provided it completes the table above on this page.

Signature

Signed	
	* Director / Secretary / Permanent representative
Date	8/9/99
	* delete as appropriate

When completed, this form should be delivered to :-

For branches registered in England and Wales

The Registrar of Companies
Companies House
Crown Way
Cardiff
CF4 3UZ

For branches registered in Scotland

The Registrar of Companies
Companies House
37 Castle Terrace
Edinburgh
EH1 2EB

**MARTIN BOLLAND.
CURRENT DIRECTORSHIPS.**

	Appointed
1. Phoenix IT Group Limited	10.12.97
2. Phoenix Computer Group Limited	10.12.97
3. Phoenix IT Services Limited	10.12.97
4. Ashbury Confectionery Limited	14.1.98
5. Lyddington Confectionery Limited	14.1.98
6. UK Safety Holdings Limited	18.3.98
7. Paramount Hotels Holdings Limited	2.6.98
8. Instem Life Science Systems Limited	3.7.98
9. Instem Technologies Limited	3.7.98
10. Tensim Limited	3.7.98
11. Radius Plc	15.7.98
12. Ashbury Stock Company Limited	21.7.98
13. Paramount Hotels Group Limited	12.10.98
14. Ashbury Leasing Company	12.3.99
15. Novaside Limited	25.3.99
16. Novaside Trustees Limited	14.5.99
17. Care Caters Limited	7.7.99
18. Career Cast Limited	7.7.99
19. Carat Secre Plc	8.7.99
20. Paramount Hotels Investments Limited	15.7.99

MARTIN BOLLAND. PAST DIRECTORSHIPS.

	Appointed	Resigned
INCORPORATED IN ENGLAND.		
1. Birmingham Metropole Hotels Limited	1.6.85	20.11.96
2. Exhibition Hall Brighton Limited	1.6.85	20.11.96
3. Harbet Hotels Limited	1.6.85	20.11.96
4. Hotel Metropole (Brighton) Limited	1.6.85	20.11.96
5. London Metropole Hotel Limited	1.6.85	20.11.96
6. Metropole Caterers Limited	1.6.85	20.11.96
7. Metropole International Hotels Limited	1.6.85	20.11.96
8. Pembroke Hotel Limited	1.6.85	20.11.96
9. Metropole Hotels (Holdings) Limited	3.6.85	20.11.96
10. Lonrho Hotels Limited	14.12.94	9.1.97
11. Lonrho Hotels East Africa Limited	14.3.95	15.8.96
12. Lonrho Hotels (Mount Kenya) Limited	21.4.95	15.8.96
13. Princess Hotels International Limited	19.7.95	9.1.97
14. Lonrho Hotels (Ghana) Limited	16.8.95	15.8.96
15. Barbados Hotels Limited	5.12.95	13.11.96
16. Inhoco 743 Limited	30.4.98	3.7.98
17. Metsin Limited	17.9.97	17.7.98
18. Rhesus Limited	21.9.98	9.4.99
19. Rhesus Positive Limited	11.12.98	9.4.99
20. Broomco (1873) Limited	15.7.99	3.8.99
OTHER.		
1. Hotel Investments (Ghana) Limited	15.12.94	15.8.96
2. Baringo Island Camp Limited	31.1.95	29.1.96
3. Lonrho Hotels Kenya Limited	31.1.95	15.8.96
4. Mara Safari Club Limited	31.1.95	15.8.96
5. Rusinga Island Fishing Lodge Limited	31.1.95	2.2.96
6. The Ark Limited	31.1.95	15.8.96
7. The Norfolk Limited	31.1.95	15.8.96
8. Tri-Kenya Limited	31.1.95	15.8.96
9. Mount Kenya Safari Club Limited	25.5.96	15.8.96
10. Hotel Cardoso SARL	27.9.90	15.8.96
11. Sheaffer Pen Company (Delaware) (Formerly FMI Inc)	21.8.97	30.1.98
12. Nib Investments Limited	22.8.97	20.2.98

NOTE : All Other directorships are with companies incorporated in Kenya except No.1 -Ghana, No.10 -Mozambique, No.11 -USA & No. 12 -Guernsey.