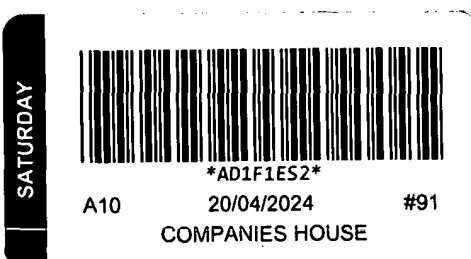


Registered number  
14271712

Supremacy of the mind CIC

Report and Accounts

31 August 2023



**Supremacy of the mind CIC**  
**Report and accounts**  
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**Supremacy of the mind CIC**  
**Company Information**

**Director**  
N Cockbill

**Bankers**  
Nat West Bank

**Registered office**  
7 Manners Corner  
Manners Way  
Southend-on-sea  
Essex  
SS2 6QR

**Registered number**  
14271712

**Supremacy of the mind CIC**

**Registered number:** 14271712

**Director's Report**

The director presents her report and accounts for the period ended 31 August 2023.

**Principal activities**

The company's principal activity during the period was the sale of clothing and merchandise to raise funds for local people with mental health issues.

**Directors**

The following persons served as directors during the period:

N Cockbill

**Small company provisions**

This report has been prepared in accordance with the provisions in Part 15 of the Companies Act 2006 applicable to companies subject to the small companies regime.

This report was approved by the board on 16 April 2024 and signed on its behalf.

A handwritten signature in black ink, appearing to read 'N Cockbill', with a long horizontal stroke extending to the left.

N Cockbill  
Director

**Supremacy of the mind CIC**  
**Profit and Loss Account**  
**for the period from 2 August 2022 to 31 August 2023**

	<b>2023</b>
	<b>£</b>
<b>Turnover</b>	941
Cost of sales	(250)
<b>Gross profit</b>	<u>691</u>
Administrative expenses	(719)
<b>Operating loss</b>	<u>(28)</u>
<b>Loss before taxation</b>	<u>(28)</u>
Tax on loss	-
<b>Loss for the period</b>	<u>(28)</u>

**Supremacy of the mind CIC**  
**Registered number:**  
**Balance Sheet**  
**as at 31 August 2023**

14271712

	Notes	2023 £
<b>Current assets</b>		
Stocks		350
Cash at bank and in hand		222
		<u>572</u>
<b>Creditors: amounts falling due within one year</b>	3	(600)
<b>Net current liabilities</b>		<u>(28)</u>
<b>Net liabilities</b>		<u>(28)</u>
<b>Capital and reserves</b>		
Profit and loss account		(28)
<b>Shareholder's funds</b>		<u>(28)</u>

The director is satisfied that the company is entitled to exemption from the requirement to obtain an audit under section 477 of the Companies Act 2006.

The member has not required the company to obtain an audit in accordance with section 476 of the Act.

The director acknowledges her responsibilities for complying with the requirements of the Companies Act 2006 with respect to accounting records and the preparation of accounts.

The accounts have been prepared and delivered in accordance with the special provisions applicable to companies subject to the small companies regime. The profit and loss account has not been delivered to the Registrar of Companies.



N Cockbill  
 Director

Approved by the board on 16 April 2024

**Supremacy of the mind CIC**  
**Notes to the Accounts**  
**for the period from 2 August 2022 to 31 August 2023**

**1 Accounting policies**

***Basis of preparation***

The accounts have been prepared under the historical cost convention and in accordance with FRS 102, The Financial Reporting Standard applicable in the UK and Republic of Ireland (as applied to small entities by section 1A of the standard).

***Turnover***

Turnover is measured at the fair value of the consideration received or receivable, net of discounts and value added taxes. Turnover includes revenue earned from the sale of goods and from the rendering of services. Turnover from the sale of goods is recognised when the significant risks and rewards of ownership of the goods have transferred to the buyer. Turnover from the rendering of services is recognised by reference to the stage of completion of the contract. The stage of completion of a contract is measured by comparing the costs incurred for work performed to date to the total estimated contract costs.

***Stocks***

Stocks are measured at the lower of cost and estimated selling price less costs to complete and sell. Cost is determined using the first in first out method. The carrying amount of stock sold is recognised as an expense in the period in which the related revenue is recognised.

***Creditors***

Short term creditors are measured at transaction price (which is usually the invoice price). Loans and other financial liabilities are initially recognised at transaction price net of any transaction costs and subsequently measured at amortised cost determined using the effective interest method.

***Taxation***

A current tax liability is recognised for the tax payable on the taxable profit of the current and past periods. A current tax asset is recognised in respect of a tax loss that can be carried back to recover tax paid in a previous period. Deferred tax is recognised in respect of all timing differences between the recognition of income and expenses in the financial statements and their inclusion in tax assessments. Unrelieved tax losses and other deferred tax assets are recognised only to the extent that it is probable that they will be recovered against the reversal of deferred tax liabilities or other future taxable profits. Deferred tax is measured using the tax rates and laws that have been enacted or substantively enacted by the reporting date and that are expected to apply to the reversal of the timing difference, except for revalued land and investment property where the tax rate that applies to the sale of the asset is used. Current and deferred tax assets and liabilities are not discounted.

**2 Employees**

**2023  
Number**

Average number of persons employed by the company

1

**3 Creditors: amounts falling due within one year**

**2023  
£**

Other creditors

600

**Supremacy of the mind CIC**  
**Notes to the Accounts**  
**for the period from 2 August 2022 to 31 August 2023**

**4 Other information**

Supremacy of the mind CIC is a private company limited by guarantee and incorporated in England. Its registered office is:  
7 Manners Corner  
Manners Way  
Southend-on-sea  
Essex  
SS2 6QR



**Supremacy of the mind CIC**  
**Detailed profit and loss account**  
**for the period from 2 August 2022 to 31 August 2023**  
*This schedule does not form part of the statutory accounts*

	<b>2023</b>
	<b>£</b>
<b>Sales</b>	941
Cost of sales	(250)
<b>Gross profit</b>	<u>691</u>
Administrative expenses	(719)
<b>Operating loss</b>	<u>(28)</u>
<b>Loss before tax</b>	<u>(28)</u>

**Supremacy of the mind CIC**  
**Detailed profit and loss account**  
**for the period from 2 August 2022 to 31 August 2023**  
*This schedule does not form part of the statutory accounts*

	2023
	£
<b>Sales</b>	
Sales	941
	<hr/>
<b>Cost of sales</b>	
Purchases	600
Increase in stocks	(350)
	<hr/>
	250
	<hr/>
<b>Administrative expenses</b>	
General administrative expenses:	
Counselling Services	360
Stationery and printing	301
Subscriptions	40
Sundry expenses	18
	<hr/>
	719
	<hr/>
	719
	<hr/>

# CIC 34

## Community Interest Company Report

For official use  
(Please leave blank)

Please  
complete in  
typescript, or  
in bold black  
capitals.

Company Name in  
full

SUPREMACY OF THE MIND CIC

Company Number

14271712

Year Ending

(31/08/2023)

(The date format is required in full)

**Please ensure the company name is consistent with the company name entered on the accounts.**

This template illustrates what the Regulator of Community Interest Companies considers to be best practice for completing a simplified community interest company report. All such reports must be delivered in accordance with section 34 of the Companies (Audit, Investigations and Community Enterprise) Act 2004 and contain the information required by Part 7 of the Community Interest Company Regulations 2005. For further guidance see chapter 8 of the Regulator's guidance notes and the alternate example provided for a more complex company with more detailed notes.

**(N.B. A Filing Fee of £15 is payable on this document. Please enclose a cheque or postal order payable to Companies House)**

### PART 1 - GENERAL DESCRIPTION OF THE COMPANY'S ACTIVITIES AND IMPACT

In the space provided below, please insert a general account of the company's activities in the financial year to which the report relates, including a description of how they have benefited the community.

Established In the wake of the 2020 pandemic, As barbers we began to notice that many of our clients were not quite themselves. Some unexpectedly revealed to us their mental health struggles, and frustrations. That's why I founded Supremacy of the Mind, a contemporary non-profit clothing brand. Existing mental health charities already do some amazing work in this field, but we saw an opportunity to do something a little bit different and provide immediate professional support to those in need without having a lengthy wait for a referral - this isn't always cheap.

All Supremacy of the Mind sales go into a 'Supremacy Pot.' This enables us to pay for a block of six counselling sessions for those in our local community. These sessions will facilitate genuine positive change in people's lives, and act as a temporary solution before they are able to receive more long-term, NHS treatment. We work with both male and female counsellors with many years' experience between them all. Each offering their own tailored approach to individual clients.

(If applicable, please just state "A social audit report covering these points is attached").

(Please continue on separate continuation sheet if necessary.)

**PART 2 – CONSULTATION WITH STAKEHOLDERS** – Please indicate who the company's stakeholders are; how the stakeholders have been consulted and what action, if any, has the company taken in response to feedback from its consultations? If there has been no consultation, this should be made clear.

No consultation made as sole director.

*(If applicable, please just state "A social audit report covering these points is attached").*

**PART 3 – DIRECTORS' REMUNERATION** – if you have provided full details in your accounts you need not reproduce it here. Please clearly identify the information within the accounts and confirm that, "There were no other transactions or arrangements in connection with the remuneration of directors, or compensation for director's loss of office, which require to be disclosed" (See example with full notes). If no remuneration was received you must state that "no remuneration was received" below.

No Remuneration was received.

**PART 4 – TRANSFERS OF ASSETS OTHER THAN FOR FULL CONSIDERATION** – Please insert full details of any transfers of assets other than for full consideration e.g. Donations to outside bodies. If this does not apply you must state that "no transfer of assets other than for full consideration has been made" below.

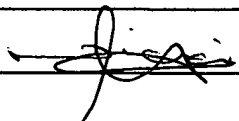
No transfer of assets other than full consideration has been made.

*(Please continue on separate continuation sheet if necessary.)*

**PART 5 – SIGNATORY (Please note this must be a live signature)**

**The original report must be signed by a director or secretary of the company**

Signed



Date

(DD/MM/YY)

17/04/2024

**Please note that it is a legal requirement for the date format to be provided in full throughout the CIC34 report.**

**Applications will be rejected if this information is incorrect.**

*Office held (delete as appropriate) Director/Secretary*

You do not have to give any contact information in the box opposite but if you do, it will help the Registrar of Companies to contact you if there is a query on the form. The contact information that you give will be visible to searchers of the public record.

Tel	
DX Number	DX Exchange

**When you have completed and signed the form, please attach it to the accounts and send both forms by post to the Registrar of Companies at:**

*For companies registered in England, Wales and Scotland:* Companies House, Crown Way, Cardiff, CF14 3UZ  
DX 33050 Cardiff

*For companies registered in Northern Ireland:* Companies House, 2nd Floor, The Linenhall, 32-38 Linenhall Street, Belfast, BT2 8BG

**(N.B. Please enclose a cheque for £15 payable to Companies House)**