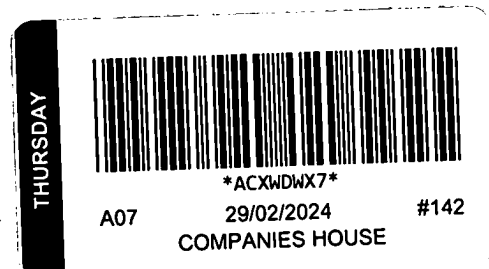


Unaudited financial statements
for the period ended 30 June 2023
for
Sunflowers In York CIC
(limited by guarantee)

Pages for filing with the Registrar



Sunflowers In York CIC

(limited by guarantee)

**Balance sheet
as at 30 June 2023**

	£	£
Fixed assets		173
Current assets	8,337	
Creditors: amounts falling due within one year	(4,478)	
Net current assets		3,859
NET ASSETS		4,032
RESERVES		4,032

Notes**1 Company information**

The company is registered in England and Wales. Its registered number is 14145349. The company is limited by guarantee. Its registered office is 124 City Road, London, EC1V 2NX.

2 Average number of employees

During the period the average number of employees was 7.

The company was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies for the period ended 30 June 2023.

The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.

The directors acknowledge their responsibilities to comply with the Companies Act 2006 in respect to accounting records and the preparation of financial statements.

Sunflowers In York CIC

(limited by guarantee)

Balance sheet - continued as at 30 June 2023

The financial statements have been prepared in accordance with the micro-entity provisions.

The financial statements have been delivered in accordance with the provisions applicable to companies subject to the small companies regime.

These financial statements were approved by the Board of directors and authorised for issue on 28/02/2024..... and signed on its behalf by:



Mrs Lena Henderson (Feb 28, 2024 09:15 GMT)

Lena Henderson, Director

Date: 28/02/2024

P0/ 24614275/15

CIC 34

Community Interest Company Report

For official use (Please leave blank)		
Please complete in typescript, or in bold black capitals.	Company Name in full	SUNFLOWERS IN YORK

Company Number	14145349
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Year Ending	30/06/2023
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(The date format is required in full)

Please ensure the company name is consistent with the company name entered on the accounts.

This template illustrates what the Regulator of Community Interest Companies considers to be best practice for completing a simplified community interest company report. All such reports must be delivered in accordance with section 34 of the Companies (Audit, Investigations and Community Enterprise) Act 2004 and contain the information required by Part 7 of the Community Interest Company Regulations 2005. For further guidance see chapter 8 of the Regulator's guidance notes and the alternate example provided for a more complex company with more detailed notes.

(N.B. A Filing Fee of £15 is payable on this document. Please enclose a cheque or postal order payable to Companies House)

PART 1 - GENERAL DESCRIPTION OF THE COMPANY'S ACTIVITIES AND IMPACT

In the space provided below, please insert a general account of the company's activities in the financial year to which the report relates, including a description of how they have benefited the community.

The main service that our company provides is Sunflowers Kids Club - a nurturing space that supports mental health and well-being of Ukrainian refugee children and their parents in York. In the club children, age 2 to 17, have opportunities to learn, express themselves, enhance their emotional well-being, make friends and integrate into York. All sessions and support are delivered by a team of Ukrainian specialists who work with children, most of whom are Ukrainian refugees themselves.

The Club has delivered:

- a safe space for families to play, chat, learn and process their displacement;
- free play sessions for children to socialise, make friends and destress from the challenges that had faced in Ukraine during the war and ongoing challenges they were facing with missing their fathers and other family members and with the transition to living in UK;
- group sessions for children in 4 age groups on art, mindfulness, music and more to provide educational development and support their emotional health;
- group well-being sessions for adults
- support cafe for parents and carers to receive advice and support on integration aspects;
- tailored individual consultations for children, adults and teenagers;
- day trips to local attractions to help Ukrainians assimilate into their new environment and familiarise themselves with the landscape of the city and region.

IMPACT

Sunflowers Kids Club opened on 13 July 2022 and in the first year of it operation 70 families have registered and visited the club: 89 carers and 106 children.

Over this year the Club has delivered the following free services:

- 144 children's group sessions: art, music, dance, mindfulness and more;
- 226 consultations with qualified Ukrainian psychologists: 90 consultations for children and 136 for adults;
- 14 group well-being sessions for carers;

- 1,650 lunches;
- 8 trips away with from 70 to 115 people attending in each trip.

The positive impact of the Sunflowers Kids Club is evident through testimonials and evaluation statistics. Many expressed gratitude for the sense of belonging, understanding, and familiarity the Club has provided.

This is one of the testimonials that is typical of other from a Ukrainian mother attending the club from the beginning.

"When my children come to the club, they have a chance to develop their creative abilities and find new friends, also maintain their Ukrainian culture and learn English culture through the competent work of the club's specialists."

(If applicable, please just state "A social audit report covering these points is attached").

(Please continue on separate continuation sheet if necessary.)

PART 2 – CONSULTATION WITH STAKEHOLDERS – Please indicate who the company's stakeholders are; how the stakeholders have been consulted and what action, if any, has the company taken in response to feedback from its consultations? If there has been no consultation, this should be made clear.

The company's stakeholders are the members of the Sunflowers Kids Club: children and their carers and the team members (who are Ukrainian refugees themselves and whose children attend the club's session). From the July 2022 to June 2023, the Club has carried out 2 big evaluations with questionnaires designed for children and adults who had been attending the club: all members, those who attended weekly and those who attended less regularly. There were also regular consultation meetings with the team.

Ukrainian staff members suggested that a new format would be needed for the Club in the next academic year due to the fact that the needs of most Ukrainian families have changed. The vast majority of children found friends by July 2023 and felt more or less settled in York. Therefore, there would be no need for free play sessions in the club designed to help children make friends. Instead, it was suggested to deliver a wider range of structured classes that children could choose and attend regularly. The Club would evolve from a sanctuary to a centre for developing children's creativity and resilience. As centres for developing creativity are very popular in Ukraine, attending classes of this nature would help children normalise their lives here in UK. These changes were put into plan for the delivery from September 2023.

(If applicable, please just state "A social audit report covering these points is attached").

PART 3 – DIRECTORS’ REMUNERATION – if you have provided full details in your accounts you need not reproduce it here. Please clearly identify the information within the accounts and confirm that, “There were no other transactions or arrangements in connection with the remuneration of directors, or compensation for director’s loss of office, which require to be disclosed” (See example with full notes). If no remuneration was received you must state that “no remuneration was received” below.

The aggregate amount of emoluments paid to or receivable by directors in respect of qualifying services was £32,133.

There were no other transactions or arrangements in connection with the remuneration of directors, or compensation for director’s loss of office, which require to be disclosed.

PART 4 – TRANSFERS OF ASSETS OTHER THAN FOR FULL CONSIDERATION – Please insert full details of any transfers of assets other than for full consideration e.g. Donations to outside bodies. If this does not apply you must state that “no transfer of assets other than for full consideration has been made” below.


The company donated £590 to the Vineyard Church (Registered Charity Number : 1125764)

(Please continue on separate continuation sheet if necessary.)

PART 5 – SIGNATORY (Please note this must be a live signature)

(DD/MM/YY)

The original report must be signed by a director or secretary of the company					
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Signed		Date	27/02/2023
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<p>Please note that it is a legal requirement for the date format to be provided in full throughout the CIC34 report.</p> <p>Applications will be rejected if this information is incorrect.</p> <p><i>Office held (delete as appropriate)</i> Director/Secretary</p>	
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<p>You do not have to give any contact information in the box opposite but if you do, it will help the Registrar of Companies to contact you if there is a query on the form. The contact information that you give will be visible to searchers of the public record.</p>	Lena Henderson
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Email: hello@sunflowersinyork.org

Tel

DX Number	DX Exchange
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When you have completed and signed the form, please attach it to the accounts and send both forms by post to the Registrar of Companies at:

For companies registered in England and Wales: Companies House, Crown Way,
Cardiff, CF14 3UZ
DX 33050 Cardiff

For companies registered in Scotland: Companies House, 4th Floor, Edinburgh Quay
2, 139 Fountainbridge, Edinburgh, EH3 9FF DX 235 Edinburgh or LP – 4 Edinburgh 2

For companies registered in Northern Ireland: Companies House, 2nd Floor, The
Linenhall, 32-38 Linenhall Street, Belfast, BT2 8BG

(N.B. Please enclose a cheque for £15 payable to Companies House)