

THE SAHARA INITIATIVE CIC

Company limited by guarantee

**Company Registration Number:
14098872 (England and Wales)**

Unaudited statutory accounts for the year ended 31 May 2023

Period of accounts

Start date: 10 May 2022

End date: 31 May 2023

THE SAHARA INITIATIVE CIC

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for the Period Ended 31 May 2023

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THE SAHARA INITIATIVE CIC

Directors' report period ended 31 May 2023

The directors present their report with the financial statements of the company for the period ended 31 May 2023

Principal activities of the company

company is actively engaged in a comprehensive approach to mental health and well-being. The principal activities involve organizing workshops, conferences, and seminars with the specific aim of raising awareness about mental health. The focus extends to benefiting all individuals, with a particular emphasis on addressing the needs of those from Black, Asian, and Minority Ethnic (BAME) communities. The company's overarching goal is to contribute to the reduction of stigma surrounding mental health issues. To achieve this, there is a proactive effort to address various barriers and challenges that individuals may face in accessing culturally appropriate and representative mental health support. The company is committed to dispelling the stigma associated with mental health and empowering communities to access relevant information, events, and resources that support their mental health and emotional well-being. This holistic approach suggests a commitment to inclusivity, cultural sensitivity, and community empowerment in the mental health space.

Political and charitable donations

None

Company policy on disabled employees

We have no employees

Directors

The directors shown below have held office during the whole of the period from
10 May 2022 to 31 May 2023

Husnain Hussain
Hamza Madni
Zeeshaan Tariq
Taylor Ali
Syed Hamza Ali

Secretary Syed Tahir Ali

The above report has been prepared in accordance with the special provisions in part 15 of the Companies Act 2006

This report was approved by the board of directors on
26 January 2024

And signed on behalf of the board by:

Name: Husnain Hussain
Status: Director

THE SAHARA INITIATIVE CIC

Profit And Loss Account for the Period Ended 31 May 2023

*13 months to 31
May 2023*

	£
Turnover:	11,287
Cost of sales:	(5,074)
Gross profit(or loss):	6,213
Distribution costs:	0
Administrative expenses:	(1,100)
Other operating income:	0
Operating profit(or loss):	5,113
Profit(or loss) before tax:	5,113
Profit(or loss) for the financial year:	5,113

THE SAHARA INITIATIVE CIC

Balance sheet

As at 31 May 2023

	<i>Notes</i>	<i>13 months to 31 May 2023</i>
		£
Fixed assets		
Intangible assets:		0
Tangible assets:		0
Investments:		0
Total fixed assets:		<u>0</u>
Current assets		
Stocks:		0
Debtors:		0
Cash at bank and in hand:		6,213
Investments:		0
Total current assets:		<u>6,213</u>
Net current assets (liabilities):		<u>6,213</u>
Total assets less current liabilities:		<u>6,213</u>
Creditors: amounts falling due after more than one year:	3	<u>(1,100)</u>
Total net assets (liabilities):		<u>5,113</u>
Members' funds		
Profit and loss account:		5,113
Total members' funds:		<u>5,113</u>

The notes form part of these financial statements

THE SAHARA INITIATIVE CIC

Balance sheet statements

For the year ending 31 May 2023 the company was entitled to exemption under section 477 of the Companies Act 2006 relating to small companies.

The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.

The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.

These accounts have been prepared and delivered in accordance with the provisions applicable to companies subject to the small companies regime.

**This report was approved by the board of directors on 27 January 2024
and signed on behalf of the board by:**

Name: Husnain Hussain
Status: Director

The notes form part of these financial statements

THE SAHARA INITIATIVE CIC

Notes to the Financial Statements

for the Period Ended 31 May 2023

1. Accounting policies

Basis of measurement and preparation

These financial statements have been prepared in accordance with the provisions of Financial Reporting Standard 101

THE SAHARA INITIATIVE CIC

Notes to the Financial Statements for the Period Ended 31 May 2023

2. Employees

*13 months to 31
May 2023*

Average number of employees during the period

0

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Notes to the Financial Statements

for the Period Ended 31 May 2023

3. Creditors: amounts falling due after more than one year note

	<i>13 months to 31 May 2023</i>
	£
Other creditors	1,100
Total	<u>1,100</u>

COMMUNITY INTEREST ANNUAL REPORT

THE SAHARA INITIATIVE CIC

Company Number: 14098872 (England and Wales)

Year Ending: 31 May 2023

Company activities and impact

In the financial year, our company undertook a range of impactful activities that significantly benefited the community. One of the noteworthy initiatives was the organization of various projects, conferences, and workshops with a primary focus on raising awareness of mental health and wellbeing within the community. A particularly impactful project addressed the unprecedented challenges faced by the BAME (Black, Asian, and Minority Ethnic) community in light of the COVID-19 pandemic. The project centered around the unique difficulties experienced by this community in terms of mourning, emphasizing the profound impact the pandemic had on bereavement, grief, and loss. Through this project, our company aimed to provide support and resources to individuals and families grappling with the emotional toll of losing loved ones during these challenging times. The initiative included informational sessions, counseling services, and community engagement activities designed to foster a sense of solidarity and understanding. By addressing the specific needs of the BAME community in the context of grief and loss, our company contributed to the overall wellbeing of individuals within the community. This not only helped in alleviating the emotional burden experienced by those directly affected but also fostered a sense of community resilience and support. Additionally, our commitment to mental health awareness extended beyond the specific project, with ongoing efforts to promote a culture of openness and understanding surrounding mental health issues. By actively engaging with the community through conferences and workshops, we sought to reduce stigma, increase awareness, and encourage individuals to prioritize their mental health. In summary, our company's activities in the financial year significantly benefited the community by addressing the unique challenges faced by the BAME community in the context of grief and loss during the COVID-19 pandemic. Through these initiatives, we aimed to promote mental health awareness and provide valuable support to individuals in need, contributing to the overall well-being of the community we serve.

Consultation with stakeholders

No consultation with stakeholders

Directors' remuneration

No remuneration was received

Transfer of assets

No transfer of assets other than for full consideration

This report was approved by the board of directors on
26 January 2024

And signed on behalf of the board by:

Name: Husnain Hussain

Status: Director

This document was delivered using electronic communications and authenticated in accordance with the registrar's rules relating to electronic form, authentication and manner of delivery under section 1072 of the Companies Act 2006.