Company Registration Number: 13873626 (England and Wales)

Unaudited statutory accounts for the year ended 25 January 2023

Period of accounts

Start date: 26 January 2022

End date: 25 January 2023

Contents of the Financial Statements

for the Period Ended 25 January 2023

Profit and loss

Balance sheet

Additional notes

Balance sheet notes

Community Interest Report

Profit And Loss Account

for the Period Ended 25 January 2023

	2023
	£
Turnover:	1,000
Cost of sales:	(348)
Gross profit(or loss):	652
Distribution costs:	0
Administrative expenses:	0
Other operating income:	0
Operating profit(or loss):	652
Interest receivable and similar income:	0
Interest payable and similar charges:	0
Profit(or loss) before tax:	652
Tax:	(124)
Profit(or loss) for the financial year:	528

Balance sheet

As at 25 January 2023

	Notes	2023
		£
Called up share capital not paid:		3
Fixed assets		
Intangible assets:		0
Tangible assets:		0
Investments:		0
Total fixed assets:		0
Current assets		
Stocks:		0
Debtors:		0
Cash at bank and in hand:		652
Investments:		0
Total current assets:		652
Prepayments and accrued income:		0
Creditors: amounts falling due within one year:	3	(124)
Net current assets (liabilities):		528
Total assets less current liabilities:		531
Creditors: amounts falling due after more than one year:		0
Provision for liabilities:		0
Accruals and deferred income:		0
Total net assets (liabilities):		531
Capital and reserves		
Called up share capital:		3
Share premium account:		0
Other reserves:		0
Profit and loss account:		528
Total Shareholders' funds:		531

The notes form part of these financial statements

Balance sheet statements

For the year ending 25 January 2023 the company was entitled to exemption under section 477 of the Companies Act 2006 relating to small companies.

The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.

The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.

These accounts have been prepared and delivered in accordance with the provisions applicable to companies subject to the small companies regime.

This report was approved by the board of directors on 18 October 2023 and signed on behalf of the board by:

Name: Maria Bailey Status: Director

The notes form part of these financial statements

Notes to the Financial Statements for the Period Ended 25 January 2023

1. Accounting policies

Basis of measurement and preparation

These financial statements have been prepared in accordance with the provisions of Financial Reporting Standard 101

Notes to the Financial Statements for the Period Ended 25 January 2023

2. Employees

	202.
Average number of employees during the period	

Notes to the Financial Statements

for the Period Ended 25 January 2023

3. Creditors: amounts falling due within one year note

	2023
	£
Bank loans and overdrafts	0
Amounts due under finance leases and hire purchase contracts	0
Trade creditors	0
Taxation and social security	124
Accruals and deferred income	0
Other creditors	0
Total	124

COMMUNITY INTEREST ANNUAL REPORT

GRIEF SPECIALISTS CIC

Company Number: 13873626 (England and Wales)

Year Ending: 25 January 2023

Company activities and impact

In the financial year 2022/23, the company's activities have provided benefit to anyone dealing with loss of any kind, including people with direct experience of loss, their families, friends, and supporters, workplaces, schools, and community organisations. These people have benefited by: Provision of information and opportunities to learn about grief via the www.griefspecialists.org website, national press coverage, and social media Connection with a broad network of grief professionals for anyone requiring further support, and Promotion of recovery and wellbeing-oriented services and activities. We were able to create and set up the resource website in the first few weeks of operating. We have produced free downloadable guides on bereavement for schools, people taking in Ukrainian refugees, social prescribers, and 'What to Say' – a guide to support anyone dealing with loss, which has been read over 300 times. There have been regular articles written by grief professionals on the website that have been shared through social media (usually 2-3 per week). We have also signposted people to the website through expert articles and comments in mainstream media coverage on a regular (at least monthly, and at times, weekly) basis. We have also appeared on national television and radio. We reached social prescribers through talking at their annual conference to highlight the differences between grief and depression. We have created a safe and supportive free community space online for grief professionals to share best practice/knowledge share, training, ask questions, and support each other. We have set up a paid-for membership directory on the website for qualified and insured grief specialists, which includes the opportunity to submit articles to the website, business support, and access to media opportunities. We have started applying for funding to support grievers and to help our organisation develop. (One unsuccessful, awaiting outcomes of others).

Consultation with stakeholders

The company's stakeholders are grievers and grief professionals. The directors have all experienced significant losses and have undergone grief training, and have developed the business model based on experience of what is missing for grievers currently. This is mostly around access to help via GPs, Cruse Bereavement Care, and other charities. End user experience is generally centred on long waiting times. Also, some charities offer peer-to-peer support, and while this is helpful in removing isolation, it comes with other difficulties, such as grief remaining unresolved. We have started to gather feedback from end users, which includes: "Thank you for sharing this. My husband died at the end of November and accessing support has been both confusing and difficult. I've been hoping to find a grief/bereavement coach type person and your website has just helped me find several options." "This is a fantastic piece of work and a really easy read giving lots of practical ideas on how to support someone who is grieving. Thank you!" "So many people need a resource like this. We just aren't prepared for loss." Feedback from grief specialists includes: "The Grief Specialists community is such a safe and supportive place to be, it feels like family. I highly recommend it to any Grief professional who is feeling lonely on their journey." "Being part of the Grief Specialists community really does give me a sense of belonging, where I can reach out when I need advice or support. It provides me with the opportunity to learn from like-minded people and also encourage and support others when they may need it."

Directors' remuneration

No remuneration was received

Transfer of assets

No transfer of assets other than for full consideration

This report was approved by the board of directors on 18 October 2023

And signed on behalf of the board by:

Name: Maria Bailey Status: Director

This document was delivered using electronic communications and authenticated in accordance with the registrar's rules relating to electronic form, authentication and manner of delivery under section 1072 of the Companies Act 2006.