

**ALFA ADVANCE MIND & BODY LTD  
UNAUDITED FINANCIAL STATEMENTS  
FOR THE YEAR ENDED 31 AUGUST 2023**

APH Accountants Ltd  
Chartered Management Accountants  
259 Wallasey Village  
Wallasey  
Merseyside  
CH45 3LR

**Alfa Advance Mind & Body Ltd**  
**Balance Sheet**  
**As At 31 August 2023**

---

**Registered number:** 13567925

	<b>31 August 2023</b>	<b>31 August 2022</b>
	<b>£</b>	<b>£</b>
Fixed assets	18,161	24,124
Current assets	5,346	981
Creditors: Amounts Falling Due Within One Year	(43,364 )	(38,723 )
<b>NET CURRENT LIABILITIES</b>	<b>(38,018 )</b>	<b>(37,742 )</b>
<b>TOTAL ASSETS LESS CURRENT LIABILITIES</b>	<b>(19,857 )</b>	<b>(13,618 )</b>
Accruals and deferred income	(994 )	(994 )
<b>NET LIABILITIES</b>	<b>(20,851 )</b>	<b>(14,612 )</b>
<b>CAPITAL AND RESERVES</b>	<b>(20,851 )</b>	<b>(14,612 )</b>

Notes

**1. General Information**

Alfa Advance Mind & Body Ltd is a private company, limited by shares, incorporated in , registered number 13567925 . The registered office is 259 Wallasey Village, Wallasey, Merseyside, CH45 3LR.

**2. Average Number of Employees**

Average number of employees, including directors, during the year was as follows: NIL (2022: NIL)

**Alfa Advance Mind & Body Ltd**  
**Balance Sheet (continued)**  
**As At 31 August 2023**

---

For the year ending 31 August 2023 the company was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.

The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.

These accounts have been prepared in accordance with the micro-entity provisions and delivered in accordance with the provisions applicable to companies subject to the small companies' regime.

On behalf of the board

---

Mrs Deborah Alfa

Director

3rd November 2023

This document was delivered using electronic communications and authenticated in accordance with the registrar's rules relating to electronic form, authentication and manner of delivery under section 1072 of the Companies Act 2006.