

Registered Number 13541284

BE KIND, UNWIND AND LOOK AFTER YOUR MIND LTD

Micro-entity Accounts

31 July 2022

Micro-entity Balance Sheet as at 31 July 2022

	<i>Notes</i>	<i>2022</i>
		£
Fixed Assets		749
Current Assets		1,779
Creditors: amounts falling due within one year		(1,891)
Net current assets (liabilities)		<u>(112)</u>
Total assets less current liabilities		<u>637</u>
Accruals and deferred income		(613)
Total net assets (liabilities)		<u>24</u>
Capital and reserves		<u>24</u>

- For the year ending 31 July 2022 the company was entitled to exemption under section 477 of the Companies Act 2006 relating to small companies.
- The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.
- The directors acknowledge their responsibilities for complying with the requirements of the Companies Act 2006 with respect to accounting records and the preparation of accounts.
- The accounts have been prepared in accordance with the micro-entity provisions and delivered in accordance with the provisions applicable to companies subject to the small companies regime.

Approved by the Board on 31 July 2023

And signed on their behalf by:

Heather Britton, Director

Notes to the Micro-entity Accounts for the period ended 31 July 2022**1 Employees***2022*

Average number of employees during the period

1

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