	Company Registration No. 13444303 (England and Wales)
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MODIFY LIFE LTD

(PREVIOUSLY KNOWN AS DESIGNER WELLBEING LTD) ANNUAL REPORT AND UNAUDITED ACCOUNTS

FOR THE PERIOD FROM 8 JUNE 2021 TO 30 JUNE 2022

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MODIFY LIFE LTD COMPANY INFORMATION FOR THE PERIOD FROM 8 JUNE 2021 TO 30 JUNE 2022

Directors Nicholas George Alan Rowley

Sarah Jane Rowley

Company Number 13444303 (England and Wales)

Registered Office Apartment 21, Brooke House

9-13 Mount Ephraim Road

Tunbridge Wells

Kent TN1 1ET

Accountants Barnes & Scott

86-90 Paul Street Shoreditch London EC2A 4NE

CHARTERED ACCOUNTANTS' REPORT TO THE BOARD OF DIRECTORS ON THE PREPARATION OF THE UNAUDITED STATUTORY ACCOUNTS OF MODIFY LIFE LTD FOR THE PERIOD FROM 8 JUNE 2021 TO 30 JUNE 2022

In order to assist you to fulfil your duties under the Companies Act 2006, we have prepared for your approval the accounts of Modify Life Ltd for the period from 8 June 2021 to 30 June 2022 as set out on pages 5 - 5 from the company's accounting records and from information and explanations you have given us.

As a practising member firm of the Institute of Chartered Accountants in England and Wales (ICAEW), we are subject to its ethical and other professional requirements which are detailed at icaew.com/membershandbook.

This report is made solely to the Board of Directors of Modify Life Ltd, as a body, in accordance with the terms of our engagement letter dated 8 February 2023. Our work has been undertaken solely to prepare for your approval the accounts of Modify Life Ltd and state those matters that we have agreed to state to the Board of Directors of Modify Life Ltd, as a body, in this report in accordance with AAF 07/16 as detailed at icaew.com/compilation. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than Modify Life Ltd and its Board of Directors as a body for our work or for this report.

It is your duty to ensure that Modify Life Ltd has kept adequate accounting records and to prepare statutory accounts that give a true and fair view of the assets, liabilities, financial position and loss of Modify Life Ltd. You consider that Modify Life Ltd is exempt from the statutory audit requirement for the period.

We have not been instructed to carry out an audit or a review of the accounts of Modify Life Ltd. For this reason, we have not verified the accuracy or completeness of the accounting records or information and explanations you have given to us and we do not, therefore, express any opinion on the statutory accounts.

Barnes & Scott Chartered Accountants

86-90 Paul Street Shoreditch London EC2A 4NE

7 March 2023

MODIFY LIFE LTD STATEMENT OF FINANCIAL POSITION AS AT 30 JUNE 2022

		2022 £
Current assets	305	
Creditors: amounts falling due within one year	(29,382)	
Net current liabilities		(29,077)
Total assets less current liabilities		(29,077)
Net liabilities		(29,077)
Capital and reserves		(29,077)

NOTES TO THE ACCOUNTS

1 Statutory information

Modify Life Ltd is a private company, limited by shares, registered in England and Wales, registration number 13444303. The registered office is Apartment 21, Brooke House, 9-13 Mount Ephraim Road, Tunbridge Wells, Kent, TN1 1ET.

2 Average number of employees

During the period the average number of employees was 1.

For the period ending 30 June 2022 the company was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies. The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.

The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.

These accounts have been prepared in accordance with the micro-entity provisions of the Companies Act 2006 and FRS 105, The Financial Reporting Standard applicable to the Micro-entities Regime. The accounts have been delivered in accordance with the provisions applicable to companies subject to the small companies regime. The profit and loss account has not been delivered to the Registrar of Companies.

Approved by the board on 7 March 2023

Sarah Jane Rowley Director

Company Registration No. 13444303

