

Company registration number 13412421 (England and Wales)

JRD FITNESS LIMITED
UNAUDITED FINANCIAL STATEMENTS
FOR THE PERIOD ENDED 31 MAY 2023
PAGES FOR FILING WITH REGISTRAR

JRD FITNESS LIMITED

BALANCE SHEET

AS AT 31 MAY 2023

	2023		2022	
	£	£	£	£
Fixed assets		8,170		12,140
Current assets	9,842		16,780	
Creditors: amounts falling due within one year	(6,340)		(13,935)	
Net current assets		3,502		2,845
Total assets less current liabilities		11,672		14,985
Creditors: amounts falling due after more than one year		(7,000)		-
Net assets		4,672		14,985
Capital and reserves		4,672		14,985

Notes to the financial statements

1 Employees

The average number of persons, including directors, employed by the company during the year was as follows:

	2023 Number	2022 Number
Employees	1	1

JRD Fitness Limited is a private company limited by shares incorporated in England and Wales. The registered office is 2 Selby Road, Nunthorpe, Middlesbrough, England, TS7 0EY.

For the year ended 31 May 2023 the company was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

The director acknowledges his responsibilities for complying with the requirements of the Companies Act 2006 with respect to accounting records and the preparation of financial statements.

The members have not required the company to obtain an audit of its financial statements for the year in question in accordance with section 476.

These financial statements have been prepared in accordance with the micro-entity provisions and in accordance with FRS 105 'The Financial Reporting Standard applicable to the Micro-entities Regime' and delivered in accordance with the provisions applicable to companies subject to the small companies regime.

(e) the company has relied on the specified exemption as a micro company contained in section 352 Companies Act 2014; the company has done so on the grounds that it is entitled to the benefit of that exemption as a small company and I confirm that the abridged financial statements have been properly prepared in accordance with section 353 Companies Act 2014.

JRD FITNESS LIMITED

BALANCE SHEET (CONTINUED)

AS AT 31 MAY 2023

The financial statements were approved and signed by the director and authorised for issue on 26 June 2023

Mr J Ditchburn
Director

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This document was delivered using electronic communications and authenticated in accordance with the registrar's rules relating to electronic form, authentication and manner of delivery under section 1072 of the Companies Act 2006.