

Registered number
13404778

SAILING BARGE MAY: THE BREAD AND ROSES BARGE CIC

Unaudited Filleted Accounts

31 May 2023



SAILING BARGE MAY: THE BREAD AND ROSES BARGE CIC
Registered number: 13404778
Balance Sheet
as at 31 May 2023

	2023 £	2022 £
Fixed assets	62,266	62,832
Current assets	13,474	1,551
Creditors: amounts falling due within one year	(227)	(3,951)
Net current assets/(liabilities)	13,247	(2,400)
Total assets less current liabilities	75,513	60,432
Accruals and deferred income	(12,145)	-
Net assets	63,368	60,432
 Capital and reserves	 63,368	 60,432
	Number	Number
Average number of employees	0	0

The company is a private company limited by guarantee and incorporated in England. Its registered office is 31 Colne Road, Brightlingsea, Essex, CO7 0DL.

The directors are satisfied that the company is entitled to exemption from the requirement to obtain an audit under section 477 of the Companies Act 2006.

The member has not required the company to obtain an audit in accordance with section 476 of the Act.

The directors acknowledge their responsibilities for complying with the requirements of the Companies Act 2006 with respect to accounting records and the preparation of accounts.

The accounts have been prepared in accordance with the micro entity provisions of the Companies Act 2006 and FRS 105, The Financial Reporting Standard applicable to the Micro-entities Regime. The accounts have been delivered in accordance with the provisions applicable to companies subject to the small companies regime. The profit and loss account has not been delivered to the Registrar of Companies.

Mrs J Harman

Director

Approved by the board on



CIC 34**Community Interest Company Report***Please**complete in typescript, or in bold black capitals.**For official use (Please leave blank)***Company Name in full**Sailing Barge May: The Bread
and Roses Barge CIC

13404778

31st May 2023

**(The date format is required
in full)****Please ensure the company name is consistent with the company name entered on the accounts.**

This template illustrates what the Regulator of Community Interest Companies considers to be best practice for completing a simplified community interest company report. All such reports must be delivered in accordance with section 34 of the Companies (Audit, Investigations and Community Enterprise) Act 2004 and contain the information required by Part 7 of the Community Interest Company Regulations 2005. For further guidance see chapter 8 of the Regulator's guidance notes and the alternate example provided for a more complex company with more detailed notes.

(N.B. A Filing Fee of £15 is payable on this document. Please enclose a cheque or postal order payable to Companies House)

PART 1 - GENERAL DESCRIPTION OF THE COMPANY'S ACTIVITIES AND IMPACT In the space provided below, please insert a general account of the company's activities in the financial year to which the report relates, including a description of how they have benefited the community.

Sailing Barge May: The Bread and Roses Barge CIC continues to be a social enterprise owning and managing the Thames Sailing Barge May

This year we have received grants from Essex Community Foundation; Essex County Council Active Essex; and Community Voluntary Services Tendring to enable partnership work with our community

Essex Community Foundation donated £4980 for us to hold 6 well-being days over the course of 3 months working with partnered organisations offering a free day onboard SB May. The day included refreshments, lunch and an activity facilitated by a specialist

The team members worked with each individual organisation to ascertain the best activity for the group, sourcing an appropriate facilitator for each session on a date suitable for all. Dietary needs and any mobility concerns for the clients were discussed

Next Chapter Women's Refuge had 2 sessions: the first was a yoga session with clients in a recovery phase from domestic abuse along with their support workers. The day was gentle, peaceful and created mindfulness for all that attended.

The second session for Next Chapter was a craft day applying collage, paint and pens to previously made women clay figures: these women were currently living in the Refuge and decorated their figures to reflect their own lives

Homestart Harwich mothers and their supporters attended an Embroidery/Sewing workshop using material, hoops, beads and threads. This workshop was chatty, excited and vibrant with many women sewing; some who had never done anything like this before

TeenTalk Harwich's young adults attended a clay session with the work then being fired and returned at a later date. Encouragement to each individual to create something pertinent to themselves created a quiet, contemplative, thoughtful and creative atmosphere

Carers from Carers First attended an colourful art and craft session using inks, pastels and oils whilst being guided to create 4 different individual works of art. The atmosphere was buzzing with enthusiasm, excited chatter and lots of colour.

MIND held a Mental Health Awareness workshop which the general public were invited to attend. The facilitator covered mental health self care leaving all attendees with the tools for good mental health awareness

In addition we were granted 3 months of core costs which helped us open SB May up to the general public.

Within this period we had various local Women's Institute groups coming aboard for afternoon tea and scones. Our Director gave several talks about the project to local community groups.

Community Voluntary Services Tendring awarded us £1000 for Cancer Screening

Awareness and we facilitated this by requesting everybody who stepped aboard to fill in an anonymous questionnaire regarding their Cancer Screening habits. Alongside were leaflets and discussions about cancer screening with information reported back to CVST.

Linking in to this, we held a Menopause Support Session Open Evening for women to come aboard to meet Julie Court - a Nutritionist who specialises in Menopause symptoms and treatments. Feedback was very positive.

Towards the end of this financial period our bid for funding from Essex County Council for the Active Essex project was successful. The award was used to cover the costs of planning and holding four 6 week courses of yoga onboard SB May.

We have had various donations which enabled us to open May up to the public. As a primary example, Clacton Womens Golf Club donated £3670.00

Hosting a Splicing Workshop organised by Women in Boatbuilding CIC (led by Jas from Heritage Marine Foundation) enabled women from all walks of life to come on board for a day to learn how to splice ropes

Also this year we have updated our website to improve navigation and better reflect our purpose and activities.

Finally we were awarded funds from Pin Mill Bay CIC who ceased trading, amounting to just over £10000. The late skipper of SB May Gerald Gadd was a founder member of the PMBCIC

We continue to care for the fabric of May ensuring the cover is as water tight as possible, keeping her pumped free of water and opened up to the public and organisations as much as possible. The community engagement summarised above proves that SBMay is a significantly valuable asset to the wider community. This is coupled with her incredible heritage. We are deeply passionate about saving her for future generations.

(If applicable, please just state "A social audit report covering these points is attached").

PART 2 – CONSULTATION WITH STAKEHOLDERS – Please indicate who the company's stakeholders are; how the stakeholders have been consulted and what action, if any, has the company taken in response to feedback from its consultations? If there has been no consultation, this should be made clear.

Our stakeholders remain the same; the local community, groups and organisations that support vulnerable women and followers on social media followers- the number of which has grown considerably.

In response to social media posts, new volunteers have become involved. Their roles include, but are not limited to - helping with activities onboard, taking responsibility for sourcing grants, accounting and overseeing general organisation.

Feedback gathered through social media and questionnaires completed by those that have been aboard continues to be extremely enthusiastic. The positivity shared has been motivational. We are looking forward to further improvement with our Governance and have consulted with Erica Crump from Bates Wells Solicitors to share good practice. We are in the process of appointing volunteers to broaden the scope of this governance and the general running of the project.

(If applicable, please just state "A social audit report covering these points is attached").

PART 3 – DIRECTORS’ REMUNERATION – if you have provided full details in your accounts you need not reproduce it here. Please clearly identify the information within the accounts and confirm that, “There were no other transactions or arrangements in connection with the remuneration of directors, or compensation for director’s loss of office, which require to be disclosed” (See example with full notes). If no remuneration was received you must state that “no remuneration was received” below.

No Remuneration was received

PART 4 – TRANSFERS OF ASSETS OTHER THAN FOR FULL CONSIDERATION – Please insert full details of any transfers of assets other than for full consideration e.g. Donations to outside bodies. If this does not apply you must state that “no transfer of assets other than for full consideration has been made” below.

No transfer of assets other than for full consideration has been made

(Please continue on separate continuation sheet if necessary.)

PART 5 – SIGNATORY (Please note this must be a live signature) (DD/MM/YY)

The original report must be
signed by a director or
secretary of the

Signed Date

16/03/24

company

Please note that it is a legal requirement for you give will be visible to searchers of the public
the date format to be provided in full
throughout the CIC34 report.

query on the form. The contact information that
record.

Applications will be rejected if this is

information is incorrect. *Office held (delete*

as appropriate) Director/Secretary

You do not have to give any contact information in
the box opposite but if you do, it will help the
Registrar of Companies to contact you if there is a

When you have completed and signed the form, please attach it to the accounts and send

Tel

DX Number DX E:

both forms by post to the Registrar of Companies at:

For companies registered in England and Wales: Companies House, Crown Way, Cardiff, CF14 3UZ DX 33050 Cardiff

For companies registered in Scotland: Companies House, 4th Floor, Edinburgh Quay 2, 139 Fountainbridge, Edinburgh, EH3 9FF DX 235 Edinburgh or LP – 4 Edinburgh 2

For companies registered in Northern Ireland: Companies House, 2nd Floor, The Linenhall, 32-38 Linenhall Street, Belfast, BT2 8BG

(N.B. Please enclose a cheque for £15 payable to Companies House)