

Company registration number: 13395013

Charity registration number: 1197430

# Signposted Cymru Ltd

(A company limited by guarantee)

Annual Report and Financial Statements

for the Year Ended 31 May 2023

HSJ Accountants Ltd  
Severn House  
Hazell Drive  
Newport  
South Wales  
NP10 8FY



## **Signposted Cymru Ltd**

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## **Signposted Cymru Ltd**

### **Reference and Administrative Details**

<b>Charity Registration Number</b>	1197430
<b>Company Registration Number</b>	13395013
<b>Registered Office</b>	The charity is incorporated in Wales. 5 Pendarren Street Aberdare Wales CF44 7PE
<b>Independent Examiner</b>	HSJ Accountants Ltd Severn House Hazell Drive Newport South Wales NP10 8FY

## **Signposted Cymru Ltd**

### **Trustees' Report**

The trustees, who are directors for the purposes of company law, present the annual report together with the financial statements of the charitable company for the year ended 31 May 2023.

#### **Objectives and activities**

##### ***Objects and aims***

##### **Objectives:**

1. **Expand Mental Health Support:** Continue providing immediate intervention and support for individuals struggling with mental health issues across Wales.
2. **Increase Reach:** Reach out to a larger number of individuals in need of mental health support, ensuring accessibility across diverse communities and regions.
3. **Sustainability:** Secure funding and develop income generation strategies to sustain the operations of Signposted Cymru in the long term, ensuring continued support for those in need.

## **Signposted Cymru Ltd**

### **Trustees' Report**

#### ***Objectives, strategies and activities***

##### **Strategies:**

1. **Partnerships with Mental Health Organizations:** Collaborate with existing mental health organizations, clinics, and professionals to extend the reach of Signposted Cymru's services and resources.
2. **Community Outreach:** Conduct targeted outreach programs to raise awareness about mental health issues and the availability of immediate intervention services provided by Signposted Cymru.
3. **Technology Integration:** Utilize technology platforms such as mobile apps, online chats, or telehealth services to provide accessible and timely support to individuals in remote or underserved areas.
4. **Training and Capacity Building:** Invest in training programs for staff and volunteers to enhance their skills in providing effective mental health support, crisis intervention, and empathy-driven communication.
5. **Fundraising and Grant Applications:** Develop a comprehensive fundraising strategy that includes grant applications, corporate partnerships, individual donations, and community fundraising events to secure additional funding for sustainability.

##### **Activities:**

1. **Continued Service Provision:** Maintain and expand the provision of immediate mental health intervention services, ensuring that individuals in crisis receive timely support.
2. **Public Awareness Campaigns:** Launch targeted public awareness campaigns to reduce stigma surrounding mental health issues and encourage individuals to seek help when needed.
3. **Capacity Building Workshops:** Organize workshops and training sessions for staff, volunteers, and community members to enhance their understanding of mental health issues and improve their ability to provide support.
4. **Grant Writing and Fundraising Events:** Dedicate resources to writing grant proposals and organizing fundraising events to secure funding for ongoing operations and future expansion.
5. **Evaluation and Improvement:** Regularly evaluate the effectiveness of Signposted Cymru's services through feedback mechanisms and data analysis, and use this information to continuously improve service delivery and impact.

By implementing these strategies and activities, Signposted Cymru can continue its mission of providing immediate mental health support to individuals in need while also working towards long-term sustainability and expansion.

#### ***Fundraising disclosures***

The principal source of funds comes from the Restricted grants including Lottey Grant, Cynon Vale CRF Project, Arnold Clark, Coalfields Trust, Neighbourhood Network Fund Council and Inter Link Charity - Winter Pressure. From donations from local residents and businesses. Fundraising events by the general public and from events organised by volunteers of the Charity. We also receive grants for staff overheads.

## **Signposted Cymru Ltd**

### **Trustees' Report**

#### ***Public benefit***

The charity has assisted over 400 families in the South Wales with loan of medical aids from our home comforts free loan service.

The trustees confirm that they have complied with the requirements of section 17 of the Charities Act 2011 to have due regard to the public benefit guidance published by the Charity Commission for England and Wales.

#### **Trustees and officers**

The trustees and officers serving during the year and since the year end were as follows:

Trustees:	Mr M Jones
	Ms T J Barker
	Mr D Gooch
	Mr M H Tuck
	Ms L A Davies
	Mr D M B Jones (appointed 1 July 2022)

#### **Structure, governance and management**

##### ***Organisational structure***

Signposted Cymru is a local organisation, the day to day management of Signposted Cymru is delegated to Darren Thomas, CEO.

## Signposted Cymru Ltd

### Trustees' Report

#### Statement of Trustees' Responsibilities

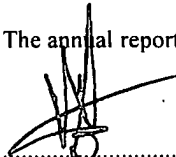
The trustees (who are also the directors of Signposted Cymru Ltd for the purposes of company law) are responsible for preparing the trustees' report and the financial statements in accordance with the United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice) and applicable law and regulations.

Company law requires the trustees to prepare financial statements for each financial year. Under company law the trustees must not approve the financial statements unless they are satisfied that they give a true and fair view of the state of affairs of the charitable company and of its incoming resources and application of resources, including its income and expenditure, for that period. In preparing these financial statements, the trustees are required to:

- select suitable accounting policies and apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable UK Accounting Standards have been followed, subject to any material departures disclosed and explained in the financial statements; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charitable company will continue in business.

The trustees are responsible for keeping adequate accounting records that are sufficient to show and explain the charitable company's transactions and disclose with reasonable accuracy at any time the financial position of the charitable company and enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

The annual report was approved by the trustees of the charity on 22 April 2024 and signed on its behalf by:

  
.....  
Mr M H Tuck  
Trustee

## **Signposted Cymru Ltd**

### **Independent Examiner's Report to the trustees of Signposted Cymru Ltd ("the Company")**

I report to the charity trustees on my examination of the accounts of the Company for the year ended 31 May 2023.

#### **Responsibilities and basis of report**

As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

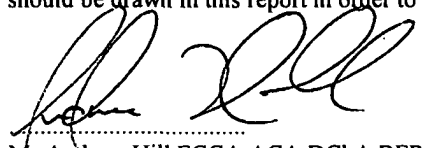
Having satisfied myself that the accounts of Signposted Cymru Ltd are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

#### **Independent examiner's statement**

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of Signposted Cymru Ltd as required by section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a 'true and fair view' which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities [applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)].

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



Mr Andrew Hill FCCA ACA DChA BFP  
ACCA

Severn House  
Hazell Drive  
Newport  
South Wales  
NP10 8FY

24 April 2024



# Signposted Cymru Ltd

## Statement of Financial Activities for the Year Ended 31 May 2023 (Including Income and Expenditure Account and Statement of Total Recognised Gains and Losses)

	Note	Unrestricted funds £	Restricted funds £	Total 2023 £
<b>Income and Endowments from:</b>				
Donations and legacies	3	48,062	-	48,062
Charitable activities	4	20,169	14,500	34,669
Total income		68,231	14,500	82,731
<b>Expenditure on:</b>				
Charitable activities		(58,998)	(28,259)	(87,257)
Total expenditure		(58,998)	(28,259)	(87,257)
Net income/(expenditure)		9,233	(13,759)	(4,526)
Net movement in funds		9,233	(13,759)	(4,526)
<b>Reconciliation of funds</b>				
Total funds brought forward		10,840	13,759	24,599
Total funds carried forward	12	20,073	-	20,073
	Note	Unrestricted funds £	Restricted funds £	Total 2022 £
<b>Income and Endowments from:</b>				
Donations and legacies	3	18,991	-	18,991
Charitable activities	4	4,250	35,575	39,825
Total income		23,241	35,575	58,816
<b>Expenditure on:</b>				
Charitable activities		(12,401)	(21,816)	(34,217)
Total expenditure		(12,401)	(21,816)	(34,217)
Net income		10,840	13,759	24,599
Net movement in funds		10,840	13,759	24,599
<b>Reconciliation of funds</b>				
Total funds carried forward	12	10,840	13,759	24,599

All of the charity's activities derive from continuing operations during the above two periods.

The funds breakdown for 2022 is shown in note 12.

The notes on pages 9 to 14 form an integral part of these financial statements.

## Signposted Cymru Ltd

(Registration number: 13395013)

### Balance Sheet as at 31 May 2023

	Note	2023 £	2022 £
<b>Current assets</b>			
Cash at bank and in hand	9	20,973	24,999
<b>Creditors: Amounts falling due within one year</b>	10	<u>(900)</u>	<u>(400)</u>
<b>Net assets</b>		<u>20,073</u>	<u>24,599</u>
<b>Funds of the charity:</b>			
<b>Restricted income funds</b>			
Restricted funds		-	13,759
<b>Unrestricted income funds</b>			
Unrestricted funds		<u>20,073</u>	<u>10,840</u>
<b>Total funds</b>	12	<u>20,073</u>	<u>24,599</u>

For the financial year ending 31 May 2023 the charity was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

#### Directors' responsibilities:

- The members have not required the charity to obtain an audit of its accounts for the year in question in accordance with section 476; and
- The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.

The financial statements on pages 7 to 14 were approved by the trustees, and authorised for issue on 22 April 2024 and signed on their behalf by:

  
.....  
Mr M H Luck  
Trustee

The notes on pages 9 to 14 form an integral part of these financial statements.

## **Signposted Cymru Ltd**

### **Notes to the Financial Statements for the Year Ended 31 May 2023**

#### **1 Charity status**

The charity is limited by guarantee, incorporated in Wales, and consequently does not have share capital. Each of the trustees is liable to contribute an amount not exceeding £1 towards the assets of the charity in the event of liquidation.

The address of its registered office is:

5 Pendarren Street  
Aberdare  
Wales  
CF44 7PE

These financial statements were authorised for issue by the trustees on 22 April 2024.

#### **2 Accounting policies**

##### **Summary of significant accounting policies and key accounting estimates**

The principal accounting policies applied in the preparation of these financial statements are set out below. These policies have been consistently applied to all the years presented, unless otherwise stated.

##### **Statement of compliance**

The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)) (issued in October 2019) - (Charities SORP (FRS 102)), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Companies Act 2006.

##### **Basis of preparation**

Signposted Cymru Ltd meets the definition of a public benefit entity under FRS 102. Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy notes.

##### **Going concern**

The trustees consider that there are no material uncertainties about the charity's ability to continue as a going concern nor any significant areas of uncertainty that affect the carrying value of assets held by the charity.

##### **Exemption from preparing a cash flow statement**

The charity opted to early adopt Bulletin 1 published on 2 February 2016 and have therefore not included a cash flow statement in these financial statements.

##### **Income and endowments**

All income is recognised once the charity has entitlement to the income, it is probable that the income will be received and the amount of the income receivable can be measured reliably.

## **Signposted Cymru Ltd**

### **Notes to the Financial Statements for the Year Ended 31 May 2023**

#### ***Donations and legacies***

Donations are recognised when the charity has been notified in writing of both the amount and settlement date. In the event that a donation is subject to conditions that require a level of performance by the charity before the charity is entitled to the funds, the income is deferred and not recognised until either those conditions are fully met, or the fulfilment of those conditions is wholly within the control of the charity and it is probable that these conditions will be fulfilled in the reporting period.

#### ***Expenditure***

All expenditure is recognised once there is a legal or constructive obligation to that expenditure, it is probable settlement is required and the amount can be measured reliably. All costs are allocated to the applicable expenditure heading that aggregate similar costs to that category. Where costs cannot be directly attributed to particular headings they have been allocated on a basis consistent with the use of resources, with central staff costs allocated on the basis of time spent, and depreciation charges allocated on the portion of the asset's use. Other support costs are allocated based on the spread of staff costs.

#### ***Charitable activities***

Charitable expenditure comprises those costs incurred by the charity in the delivery of its activities and services for its beneficiaries. It includes both costs that can be allocated directly to such activities and those costs of an indirect nature necessary to support them.

#### ***Support costs***

Support costs include central functions and have been allocated to activity cost categories on a basis consistent with the use of resources, for example, allocating property costs by floor areas, or per capita, staff costs by the time spent and other costs by their usage.

#### ***Governance costs***

These include the costs attributable to the charity's compliance with constitutional and statutory requirements, including audit, strategic management and trustees's meetings and reimbursed expenses.

#### ***Taxation***

The charity is considered to pass the tests set out in Paragraph 1 Schedule 6 of the Finance Act 2010 and therefore it meets the definition of a charitable company for UK corporation tax purposes. Accordingly, the charity is potentially exempt from taxation in respect of income or capital gains received within categories covered by Chapter 3 Part 11 of the Corporation Tax Act 2010 or Section 256 of the Taxation of Chargeable Gains Act 1992, to the extent that such income or gains are applied exclusively to charitable purposes.

#### ***Cash and cash equivalents***

Cash and cash equivalents comprise cash on hand and call deposits, and other short-term highly liquid investments that are readily convertible to a known amount of cash and are subject to an insignificant risk of change in value.

## Signposted Cymru Ltd

### Notes to the Financial Statements for the Year Ended 31 May 2023

#### Trade creditors

Trade creditors are obligations to pay for goods or services that have been acquired in the ordinary course of business from suppliers. Accounts payable are classified as current liabilities if the charity does not have an unconditional right, at the end of the reporting period, to defer settlement of the creditor for at least twelve months after the reporting date. If there is an unconditional right to defer settlement for at least twelve months after the reporting date, they are presented as non-current liabilities.

Trade creditors are recognised initially at the transaction price and subsequently measured at amortised cost using the effective interest method.

#### Fund structure

Unrestricted income funds are general funds that are available for use at the trustees discretion in furtherance of the objectives of the charity.

Restricted income funds are those donated for use in a particular area or for specific purposes, the use of which is restricted to that area or purpose.

#### 3 Income from donations and legacies

	Unrestricted funds General £	Total 2023 £	Total 2022 £
Donations and legacies;			
Donations from individuals	48,062	48,062	18,991
	<u>48,062</u>	<u>48,062</u>	<u>18,991</u>

#### 4 Income from charitable activities

Unrestricted funds General £	Restricted funds £	Total 2023 £	Total 2022 £
20,169	14,500	34,669	39,825
<u>20,169</u>	<u>14,500</u>	<u>34,669</u>	<u>39,825</u>

## Signposted Cymru Ltd

### Notes to the Financial Statements for the Year Ended 31 May 2023

#### 5 Analysis of governance and support costs

##### Governance costs

	Unrestricted funds General £	Total 2023 £	Total 2022 £
Independent examiner fees			
Examination of the financial statements	900	900	400
	<u>900</u>	<u>900</u>	<u>400</u>

#### 6 Trustees remuneration and expenses

No trustees, nor any persons connected with them, have received any remuneration from the charity during the year.

No trustees have received any reimbursed expenses or any other benefits from the charity during the year.

#### 7 Independent examiner's remuneration

	2023 £	2022 £
Examination of the financial statements	<u>900</u>	<u>400</u>

#### 8 Taxation

The charity is a registered charity and is therefore exempt from taxation.

#### 9 Cash and cash equivalents

	2023 £	2022 £
Cash at bank	<u>20,973</u>	<u>24,999</u>

#### 10 Creditors: amounts falling due within one year

	2023 £	2022 £
Trade creditors	-	400
Accruals	<u>900</u>	<u>-</u>
	<u>900</u>	<u>400</u>

## Signposted Cymru Ltd

### Notes to the Financial Statements for the Year Ended 31 May 2023

#### 11 Obligations under leases and hire purchase contracts

##### Operating lease commitments

Total future minimum lease payments under non-cancellable operating leases are as follows:

	2023 £	2022 £
<b>Land and buildings</b>		
Within one year	<u>2,828</u>	<u>98</u>

#### 12 Funds

	Balance at 1 June 2022 £	Incoming resources £	Resources expended £	Balance at 31 May 2023 £
<b>Unrestricted funds</b>				
<i>General</i>				
General Unrestricted	10,840	68,231	(58,098)	20,973
<b>Restricted funds</b>				
Neighbourhood Network Fund Cou	-	1,000	(1,000)	-
Lottery Grant	7,367	-	(7,367)	-
Community Funding	-	6,000	(6,000)	-
Cynon Valley CRF Project	-	2,000	(2,000)	-
Coalfields Trust	6,392	-	(6,392)	-
SWP Pilot	-	3,000	(3,000)	-
Moondance	-	2,500	(2,500)	-
	<u>13,759</u>	<u>14,500</u>	<u>(28,259)</u>	<u>-</u>
<b>Total funds</b>	<u>24,599</u>	<u>82,731</u>	<u>(86,357)</u>	<u>20,973</u>

## Signposted Cymru Ltd

### Notes to the Financial Statements for the Year Ended 31 May 2023

	Incoming resources £	Resources expended £	Balance at 31 May 2022 £
<b>Unrestricted funds</b>			
<i>General</i>			
General Unrestricted	23,241	(12,001)	11,240
<b>Restricted funds</b>			
Arnold Clark Grant	2,500	(2,500)	-
Neighbourhood Network Fund Cou	1,000	(1,000)	-
Inter Link Cymru - Winter Press	4,825	(4,825)	-
Lottery Grant	10,000	(2,633)	7,367
Community Funding	5,000	(5,000)	-
Cynon Valley CRF Project	5,250	(5,250)	-
Coalfields Trust	7,000	(608)	6,392
	<u>35,575</u>	<u>(21,816)</u>	<u>13,759</u>
<b>Total funds</b>	<u>58,816</u>	<u>(33,817)</u>	<u>24,999</u>

The specific purposes for which the funds are to be applied are as follows:

Neighbourhood Network Fund - £1,000 (2022: £1,000) – counselling 28 sessions @ £35;

Lottery £10,000 - £4,000 lease of premises £6,000 34 sessions of therapy;

Coalfields Trust - £6,392 (2022: £6,392) – wages for admin assistant;

South Wales Police Pilot - £3,000 counseling;

Moondance - £2,500 (2022: £2,500) – Counseling;

Inter Link Cymru - Winter Press £4,825 (2022: £4,825) - Winter Welcome hub (cost of living);

Arnold Clark Grant - £2,500 Counselling;

Coalfields Trust - £7,000 staff wages;

Lottery Grant - £10,000 Wellbeing hub.