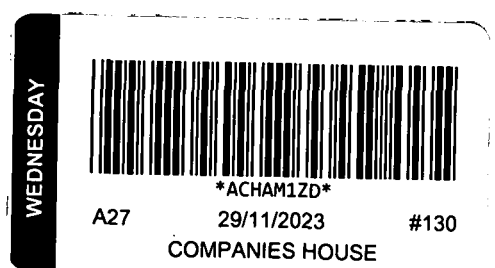


**LIFERITES CIC
ANNUAL REPORT AND UNAUDITED ACCOUNTS
FOR THE YEAR ENDED 28 FEBRUARY 2023**



LIFERITES CIC
ANNUAL REPORT AND UNAUDITED ACCOUNTS
FOR THE YEAR ENDED 28 FEBRUARY 2023

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**LIFERITES CIC
COMPANY INFORMATION
FOR THE YEAR ENDED 28 FEBRUARY 2023**

Directors

Sarah Jane Brackpool-Trotter
Helena Margaret Sharland
Gregory William Townsend

Company Number

13210903 (England and Wales)

Registered Office

C/O Paddle and Cocks LLP
CHARLES HOUSE , 18-21 CHARLES STREET
TRURO
TR1 2PQ
ENGLAND

Accountants

Catherine Smith Accountants Ltd
Penstraze Business Centre
Penstraze
Chacewater
Truro
TR4 8PN

CHARTERED ACCOUNTANTS' REPORT TO THE BOARD OF DIRECTORS ON THE PREPARATION OF THE UNAUDITED STATUTORY ACCOUNTS OF LIFERITES CIC FOR THE YEAR ENDED 28 FEBRUARY 2023

In order to assist you to fulfil your duties under the Companies Act 2006, we have prepared for your approval the accounts of LIFERITES CIC for the year ended 28 February 2023 as set out on pages 5 - 6 from the company's accounting records and from information and explanations you have given us.

As a practising member firm of the Institute of Chartered Accountants in England and Wales (ICAEW), we are subject to its ethical and other professional requirements which are detailed at [icaew.com/membershandbook](https://www.icaew.com/membershandbook).

This report is made solely to the Board of Directors of LIFERITES CIC, as a body, in accordance with the terms of our engagement letter dated 22 November 2023. Our work has been undertaken solely to prepare for your approval the accounts of LIFERITES CIC and state those matters that we have agreed to state to the Board of Directors of LIFERITES CIC, as a body, in this report in accordance with AAF 07/16 as detailed at [icaew.com/compilation](https://www.icaew.com/compilation). To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than LIFERITES CIC and its Board of Directors as a body for our work or for this report.

It is your duty to ensure that LIFERITES CIC has kept adequate accounting records and to prepare statutory accounts that give a true and fair view of the assets; liabilities, financial position and profit of LIFERITES CIC. You consider that LIFERITES CIC is exempt from the statutory audit requirement for the year.

We have not been instructed to carry out an audit or a review of the accounts of LIFERITES CIC. For this reason, we have not verified the accuracy or completeness of the accounting records or information and explanations you have given to us and we do not, therefore, express any opinion on the statutory accounts.

Catherine Smith Accountants Ltd
Chartered Accountants

Penstraze Business Centre
Penstraze
Chacewater
Truro
TR4 8PN

22 November 2023

LIFERITES CIC
INCOME STATEMENT
FOR THE YEAR ENDED 28 FEBRUARY 2023

	2023 £	2022 £
Turnover	-	-
Profit	<u>-</u>	<u>-</u>

LIFERITES CIC
STATEMENT OF FINANCIAL POSITION
AS AT 28 FEBRUARY 2023

	2023 £	2022 £
Current assets	4	4
Net current assets	<u>4</u>	<u>4</u>
Total assets less current liabilities	<u>4</u>	<u>4</u>
Net assets	<u><u>4</u></u>	<u><u>4</u></u>
Capital and reserves	<u><u>4</u></u>	<u><u>4</u></u>

NOTES TO THE ACCOUNTS

1 Statutory information

LIFERITES CIC is a private company, limited by shares, registered in England and Wales, registration number 13210903. The registered office is C/O Paddle and Cocks LLP, CHARLES HOUSE, 18-21 CHARLES STREET, TRURO, TR1 2PQ, ENGLAND.

2 Average number of employees

During the year the average number of employees was 0 (2022: 0).

For the year ending 28 February 2023 the company was entitled to exemption from audit under section 480 of the Companies Act 2006 relating to dormant companies. The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.

The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.

These accounts have been prepared in accordance with the micro-entity provisions of the Companies Act 2006 and FRS 105, The Financial Reporting Standard applicable to the Micro-entities Regime.

Approved by the board on

28/1/2023

Helena Sharland

Helena Margaret Sharland
 Director

Company Registration No. 13210903

CIC 34

Community Interest Company Report

For official use
(Please leave blank)

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Please
complete in
typescript, or
in bold black
capitals.

Company Name in
full

LIFERITES CIC

Company Number

13210903

Year Ending

28/02/23

(The date format is required in full)

Please ensure the company name is consistent with the company name entered on the accounts.

This template illustrates what the Regulator of Community Interest Companies considers to be best practice for completing a simplified community interest company report. All such reports must be delivered in accordance with section 34 of the Companies (Audit, Investigations and Community Enterprise) Act 2004 and contain the information required by Part 7 of the Community Interest Company Regulations 2005. For further guidance see chapter 8 of the Regulator's guidance notes and the alternate example provided for a more complex company with more detailed notes.

(N.B. A Filing Fee of £15 is payable on this document. Please enclose a cheque or postal order payable to Companies House)

PART 1 - GENERAL DESCRIPTION OF THE COMPANY'S ACTIVITIES AND IMPACT

In the space provided below, please insert a general account of the company's activities in the financial year to which the report relates, including a description of how they have benefited the community.

The company was dormant during the reporting period

(If applicable, please just state "A social audit report covering these points is attached").

(Please continue on separate continuation sheet if necessary.)

PART 2 – CONSULTATION WITH STAKEHOLDERS – Please indicate who the company's stakeholders are; how the stakeholders have been consulted and what action, if any, has the company taken in response to feedback from its consultations? If there has been no consultation, this should be made clear.

Dormant

(If applicable, please just state "A social audit report covering these points is attached").

PART 3 – DIRECTORS' REMUNERATION – if you have provided full details in your accounts you need not reproduce it here. Please clearly identify the information within the accounts and confirm that, "There were no other transactions or arrangements in connection with the remuneration of directors, or compensation for director's loss of office, which require to be disclosed" (See example with full notes). If no remuneration was received you must state that "no remuneration was received" below.

No remuneration was received.

PART 4 – TRANSFERS OF ASSETS OTHER THAN FOR FULL CONSIDERATION – Please insert full details of any transfers of assets other than for full consideration e.g. Donations to outside bodies. If this does not apply you must state that "no transfer of assets other than for full consideration has been made" below.


No transfer of assets has been made.

(Please continue on separate continuation sheet if necessary.)

PART 5 – SIGNATORY (Please note this must be a live signature)

The original report must be signed by a director or secretary of the company

Signed



(DD/MM/YY)

Date

28/11/23

Please note that it is a legal requirement for the date format to be provided in full throughout the CIC34 report.

Applications will be rejected if this information is incorrect.

Office held (delete as appropriate) Director/Secretary

You do not have to give any contact information in the box opposite but if you do, it will help the Registrar of Companies to contact you if there is a query on the form. The contact information that you give will be visible to searchers of the public record.

Tel	
DX Number	DX Exchange

When you have completed and signed the form, please attach it to the accounts and send both forms by post to the Registrar of Companies at:

For companies registered in England and Wales: Companies House, Crown Way, Cardiff, CF14 3UZ
DX 33050 Cardiff

For companies registered in Scotland: Companies House, 4th Floor, Edinburgh Quay 2, 139
Fountainbridge, Edinburgh, EH3 9FF DX 235 Edinburgh or LP – 4 Edinburgh 2

For companies registered in Northern Ireland: Companies House, 2nd Floor, The Linenhall, 32-38
Linenhall Street, Belfast, BT2 8BG

(N.B. Please enclose a cheque for £15 payable to Companies House)