

**FOCUSED FITNESS TC LTD
UNAUDITED ACCOUNTS
FOR THE YEAR ENDED 31 JANUARY 2023**

FOCUSED FITNESS TC LTD
UNAUDITED ACCOUNTS
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FOCUSED FITNESS TC LTD
COMPANY INFORMATION
FOR THE YEAR ENDED 31 JANUARY 2023

Directors	Alex LLoyd Conor McKeogh
Company Number	13126425 (England and Wales)
Registered Office	120 RHOSNESNI LANE WREXHAM LL12 7NB WALES
Accountants	AB Accountancy Dalton House 35 Chester Street Wrexham LL13 8AH

FOCUSED FITNESS TC LTD
STATEMENT OF FINANCIAL POSITION
AS AT 31 JANUARY 2023

	Notes	2023 £	2022 £
Fixed assets			
Tangible assets	<u>4</u>	7,833	-
Current assets			
Debtors	5	2,000	-
Cash at bank and in hand		2,052	-
		<u>4,052</u>	<u>-</u>
Net current assets		<u>4,052</u>	<u>-</u>
Total assets less current liabilities		<u>11,885</u>	<u>-</u>
Creditors: amounts falling due after more than one year	<u>6</u>	(29,916)	-
Net liabilities		<u>(18,031)</u>	<u>-</u>
Capital and reserves			
Profit and loss account		(18,031)	-
Shareholders' funds		<u>(18,031)</u>	<u>-</u>

For the year ending 31 January 2023 the company was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies. The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.

The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.

These accounts have been prepared and delivered in accordance with the provisions applicable to companies subject to the small companies' regime and in accordance with the provisions of FRS 102 Section 1A - Small Entities. The profit and loss account has not been delivered to the Registrar of Companies.

The financial statements were approved by the Board of Directors and authorised for issue on 18 July 2023 and were signed on its behalf by

Conor Mckeogh
Director

Company Registration No. 13126425

FOCUSED FITNESS TC LTD
NOTES TO THE ACCOUNTS
FOR THE YEAR ENDED 31 JANUARY 2023

1 Statutory information

Focused Fitness TC Ltd is a private company, limited by shares, registered in England and Wales, registration number 13126425. The registered office is 120 RHOSNESNI LANE, WREXHAM, LL12 7NB, WALES.

2 Compliance with accounting standards

The accounts have been prepared in accordance with the provisions of FRS 102 Section 1A Small Entities. There were no material departures from that standard.

3 Accounting policies

The principal accounting policies adopted in the preparation of the financial statements are set out below and have remained unchanged from the previous year, and also have been consistently applied within the same accounts.

Basis of preparation

The accounts have been prepared under the historical cost convention as modified by the revaluation of certain fixed assets.

Presentation currency

The accounts are presented in £ sterling.

Tangible fixed assets and depreciation

Tangible assets are included at cost less depreciation and impairment. Depreciation has been provided at the following rates in order to write off the assets over their estimated useful lives:

4 Tangible fixed assets

	Land & buildings £	Plant & machinery £	Total £
Cost or valuation	At cost	At cost	
At 1 February 2022	-	-	-
Additions	3,947	6,497	10,444
At 31 January 2023	3,947	6,497	10,444
Depreciation			
Charge for the year	987	1,624	2,611
At 31 January 2023	987	1,624	2,611
Net book value			
At 31 January 2023	2,960	4,873	7,833

5 Debtors

	2023 £	2022 £
Amounts falling due within one year		
Accrued income and prepayments	2,000	-

FOCUSED FITNESS TC LTD
NOTES TO THE ACCOUNTS
FOR THE YEAR ENDED 31 JANUARY 2023

6 Creditors: amounts falling due after more than one year	2023	2022
	£	£
Bank loans	15,491	-
Loans from directors	14,425	-
	<hr/> 29,916	<hr/> -
	<hr/> <hr/>	<hr/> <hr/>

7 Average number of employees

During the year the average number of employees was 0 (2022: 0).

