

**GOGROWWITHLOVE C.I.C.**

**Company limited by guarantee**

**Company Registration Number:  
13114311 (England and Wales)**

**Unaudited statutory accounts for the year ended 31 January 2023**

**Period of accounts**

**Start date: 1 February 2022**

**End date: 31 January 2023**

# **GOGROWWITHLOVE C.I.C.**

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# GOGROWWITHLOVE C.I.C.

## Profit And Loss Account for the Period Ended 31 January 2023

	2023	13 months to 31 January 2022
	£	£
Turnover:	2,395	5,877
Cost of sales:	( 3,871 )	
<b>Gross profit(or loss):</b>	<u>(1,476)</u>	<u>5,877</u>
Distribution costs:	( 847 )	( 1,377 )
Administrative expenses:	( 10,267 )	( 9,680 )
Other operating income:	2,235	50
<b>Operating profit(or loss):</b>	<u>(10,355)</u>	<u>(5,130)</u>
<b>Profit(or loss) before tax:</b>	<u>(10,355)</u>	<u>(5,130)</u>
<b>Profit(or loss) for the financial year:</b>	<u>(10,355)</u>	<u>(5,130)</u>

# GOGROWWITHLOVE C.I.C.

## Balance sheet

As at 31 January 2023

	<i>Notes</i>	<i>2023</i>	<i>13 months to 31 January 2022</i>
		<b>£</b>	<b>£</b>
<b>Fixed assets</b>			
Intangible assets:		0	0
Tangible assets:	3	<b>1,282</b>	604
<b>Total fixed assets:</b>		<b>1,282</b>	604
<b>Current assets</b>			
Debtors:	4	<b>786</b>	
Cash at bank and in hand:		<b>3,197</b>	12,321
<b>Total current assets:</b>		<b>3,983</b>	12,321
Prepayments and accrued income:		<b>750</b>	750
Creditors: amounts falling due within one year:	5	<b>( 21,500 )</b>	( 18,805 )
<b>Net current assets (liabilities):</b>		<b>(16,767)</b>	(5,734)
<b>Total assets less current liabilities:</b>		<b>(15,485)</b>	( 5,130)
<b>Total net assets (liabilities):</b>		<b>(15,485)</b>	(5,130)
<b>Members' funds</b>			
Profit and loss account:		<b>(15,485)</b>	( 5,130)
<b>Total members' funds:</b>		<b>( 15,485)</b>	(5,130)

The notes form part of these financial statements

## **GOGROWWITHLOVE C.I.C.**

### **Balance sheet statements**

For the year ending 31 January 2023 the company was entitled to exemption under section 477 of the Companies Act 2006 relating to small companies.

The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.

The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.

These accounts have been prepared and delivered in accordance with the provisions applicable to companies subject to the small companies regime.

**This report was approved by the board of directors on 24 November 2023  
and signed on behalf of the board by:**

Name: Sandra Cristina DECA  
Status: Director

The notes form part of these financial statements

# **GOGROWWITHLOVE C.I.C.**

## **Notes to the Financial Statements for the Period Ended 31 January 2023**

### **1. Accounting policies**

#### **Basis of measurement and preparation**

These financial statements have been prepared in accordance with the provisions of Financial Reporting Standard 101

**GOGROWWITHLOVE C.I.C.**

**Notes to the Financial Statements**  
**for the Period Ended 31 January 2023**

**2. Employees**

	<i>2023</i>	<i>13 months to 31 January 2022</i>
Average number of employees during the period	3	3

# GOGROWWITHLOVE C.I.C.

## Notes to the Financial Statements

for the Period Ended 31 January 2023

### 3. Tangible assets

	Land & buildings	Plant & machinery	Fixtures & fittings	Office equipment	Motor vehicles	Total
Cost	£	£	£	£	£	£
At 1 February 2022				755		755
Additions				998		998
Disposals						
Revaluations						
Transfers						
At 31 January 2023				1,753		1,753
<b>Depreciation</b>						
At 1 February 2022				151		151
Charge for year				320		320
On disposals						
Other adjustments						
At 31 January 2023				471		471
<b>Net book value</b>						
At 31 January 2023				1,282		1,282
At 31 January 2022				604		604



**GOGROWWITHLOVE C.I.C.**

**Notes to the Financial Statements**  
**for the Period Ended 31 January 2023**

**4. Debtors**

	<i>2023</i>	<i>13 months to 31 January 2022</i>
	<i>£</i>	<i>£</i>
Other debtors	786	
Total	<u>786</u>	

# GOGROWWITHLOVE C.I.C.

## Notes to the Financial Statements

for the Period Ended 31 January 2023

### 5. Creditors: amounts falling due within one year note

	<i>2023</i>	<i>13 months to 31 January 2022</i>
	<i>£</i>	<i>£</i>
Other creditors	21,500	18,805
Total	<u>21,500</u>	<u>18,805</u>

# COMMUNITY INTEREST ANNUAL REPORT

GOGROWWITHLOVE C.I.C.

Company Number: 13114311 (England and Wales)

Year Ending: 31 January 2023

## Company activities and impact

In its first year since GoGrowWithLove C.I.C was established, the organisation has been awarded Haringey Best Community Organisation Newcomer of the Year in the Haringey Community Impact Awards, with its ethos of "Sowing Seeds and Cultivating Futures". GGWL shaped its work supporting the community by providing access to food-growing skills development with children and families in primary schools, children's centers, The new community green space the Love Garden Community, and Moorland Allotment Plots. GGWL provides training in food growing skills to women of African Caribbean heritage as well as in the local multi-cultural community. GGWL provides development skills in nature and ecological-related sustainable business enterprises. GGWL designs and facilitates workshops around food growing skills to encourage the community to have a closer relationship to where their food comes from and to have knowledge of the nutritional benefits of locally naturally grown food. GGWL works in supporting the development of community gardens that ultimately contribute towards the local food economy, providing access to increased physical and mental health benefits. GGWL has been creative in providing wider community access to food-growing training by delivering online training, using technology in an innovative manner to provide food and land skills training. GGWL has increased partnerships with the local housing trust to improve places and spaces that matter to local communities. One of those spaces was an unused urban space which is now affectionately called "The Love Garden". The Community Garden was an underused green space which was blighted by anti-social behavior, we mobilised resources working to transform it into a thriving community garden and food growing space. This newly developed community garden has become a social, teaching, and volunteering green space that provides a platform for intergenerational, multicultural communities to practice food growing and plays a positive role in encouraging closer community cohesion and interaction between communities who for many years interacted minimally socially. This increase in social interaction in the Love Garden space supports reducing social isolation, by giving an opportunity to residents to engage in well-being activities. The development of the Love Garden has made it a source of pride and a focal point in the local community. GGWL provides nature-related workshops, events, and family fun days. The local residents regularly express delight seeing the vibrant growing vegetable beds and are very complimentary at the transformation of the space.

## Consultation with stakeholders

GGWL has engaged with its stakeholders first and foremost the local community, the children, women and families, and partners such as Lordship Hub, Wolves Lane Horticultural Centre, Tottenham Produce Show, Capital Growth, LandWorkers Alliance, Metropolitan Thames Valley Housing Trust, Schools, Allotments, to provide events/workshops and training to benefit the local community and give access to naturally fresh-grown produce, growing, entrepreneurship/business enterprise, nature crafts, wellbeing/mindfulness, sustainability. A full list of stakeholders on [gogrow.org.uk](http://gogrow.org.uk) GGWL has developed a successful and empowering project called Women Leading with The Land at SoilsStars Loveland in Moorland Allotments, North London to train African Caribbean heritage women in land cultivation and food growing. The project has supported in re-establishing and transforming depleted allotment plots into thriving edible holistic allotment farms gardens and growing to share food and herbs with the local community, in particular with families in schools and children centers, estate resident associations in Haringey and Enfield. The project continues to grow and train women to grow food to sustain the local food economy.

## Directors' remuneration

There were barely any transactions or arrangements in connection with the remuneration of directors or compensation for the director's loss of office.

## Transfer of assets

No transfer of assets other than for full consideration

This report was approved by the board of directors on  
**27 November 2023**

And signed on behalf of the board by:

**Name: Sandra Cristina DECA**

**Status: Director**

This document was delivered using electronic communications and authenticated in accordance with the registrar's rules relating to electronic form, authentication and manner of delivery under section 1072 of the Companies Act 2006.