

**SESSIONS GROUP LTD**  
**UNAUDITED ACCOUNTS**  
**FOR THE YEAR ENDED 30 SEPTEMBER 2022**

**SESSIONS GROUP LTD**  
**UNAUDITED ACCOUNTS**  
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**SESSIONS GROUP LTD**  
**COMPANY INFORMATION**  
**FOR THE YEAR ENDED 30 SEPTEMBER 2022**

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<b>Directors</b>	David John Landells Hallett Ian Minor Justin George James Rookard
<b>Company Number</b>	12862600 (England and Wales)
<b>Registered Office</b>	47 Poulton Close Maldon CM9 6GA United Kingdom

**SESSIONS GROUP LTD**  
**STATEMENT OF FINANCIAL POSITION**  
**AS AT 30 SEPTEMBER 2022**

	Notes	2022 £	2021 £
<b>Fixed assets</b>			
Investments	4	2	-
<b>Current assets</b>			
Debtors	5	-	2
<b>Net current assets</b>		-	2
<b>Net assets</b>		2	2
<b>Capital and reserves</b>			
Called up share capital		2	2
<b>Shareholders' funds</b>		2	2

For the year ending 30 September 2022 the company was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies. The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.

The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.

These accounts have been prepared and delivered in accordance with the provisions applicable to companies subject to the small companies' regime and in accordance with the provisions of FRS 102 Section 1A - Small Entities. The profit and loss account has not been delivered to the Registrar of Companies.

The financial statements were approved by the Board of Directors and authorised for issue on 26 April 2023 and were signed on its behalf by

Ian Minor  
Director

Company Registration No. 12862600

**SESSIONS GROUP LTD**  
**NOTES TO THE ACCOUNTS**  
**FOR THE YEAR ENDED 30 SEPTEMBER 2022**

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**1 Statutory information**

Sessions Group Ltd is a private company, limited by shares, registered in England and Wales, registration number 12862600. The registered office is 47 Poulton Close, Maldon, CM9 6GA, United Kingdom.

**2 Compliance with accounting standards**

The accounts have been prepared in accordance with the provisions of FRS 102 Section 1A Small Entities. There were no material departures from that standard.

**3 Accounting policies**

The principal accounting policies adopted in the preparation of the financial statements are set out below and have remained unchanged from the previous year, and also have been consistently applied within the same accounts.

***Basis of preparation***

The accounts have been prepared under the historical cost convention as modified by the revaluation of certain fixed assets.

***Presentation currency***

The financial statements are prepared in GBP, which is the functional currency of the entity.

***Revenue recognition***

Turnover is measured at the fair value of the consideration received or receivable for goods supplied and services rendered, net of discounts and Value Added Tax.

Revenue from the sale of goods is recognised when the significant risks and rewards of ownership have transferred to the buyer (usually on despatch of the goods); the amount of revenue can be measured reliably; it is probable that the associated economic benefits will flow to the entity; and the costs incurred or to be incurred in respect of the transactions can be measured reliably.

***Financial instruments***

A financial asset or a financial liability is recognised only when the entity becomes a party to the contractual provisions of the instrument.

Basic financial instruments are initially recognised at the transaction price, unless the arrangement constitutes a financing transaction, where it is recognised at the present value of the future payments discounted at a market rate of interest for a similar debt instrument.

Debt instruments are subsequently measured at amortised cost.

**4 Investments**

	<b>Subsidiary undertakings</b>
	<b>£</b>
Valuation at 1 October 2021	-
Additions	2
Valuation at 30 September 2022	<u>2</u>

The company has subscribed to the 100% share capital of “Hustle + Grind Limited”.

**SESSIONS GROUP LTD**  
**NOTES TO THE ACCOUNTS**  
**FOR THE YEAR ENDED 30 SEPTEMBER 2022**

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<b>5 Debtors</b>	<b>2022</b>	<b>2021</b>
	<b>£</b>	<b>£</b>
<b>Amounts falling due within one year</b>		
Other debtors	-	2
	<u>          </u>	<u>          </u>

**6 Average number of employees**

During the year the average number of employees was 0 (2021: 0).

