

COMPANY REGISTRATION NUMBER: 12832434

Alpha Fitness Hampshire Limited
Filleted Unaudited Financial Statements
31 August 2021

Alpha Fitness Hampshire Limited

Financial Statements

Period from 24 August 2020 to 31 August 2021

Contents

	Page
Balance sheet	1
Notes to the financial statements	3

Alpha Fitness Hampshire Limited

Balance Sheet

31 August 2021

	Note	£	31 Aug 21 £
Fixed assets			
Tangible assets	6		48,550
Current assets			
Debtors	7	3,665	
Cash at bank and in hand		37,951	

		41,616	
Creditors: amounts falling due within one year	8	(105,917)	

Net current liabilities			(64,301)

Total assets less current liabilities			(15,751)
Creditors: amounts falling due after more than one year	9		(2,351)

Net liabilities			(18,102)

Alpha Fitness Hampshire Limited

Balance Sheet *(continued)*

31 August 2021

	Note	£	31 Aug 21 £
Capital and reserves			
Called up share capital			1,000
Profit and loss account			(19,102)

Shareholders deficit			(18,102)

These financial statements have been prepared and delivered in accordance with the provisions applicable to companies subject to the small companies' regime and in accordance with Section 1A of FRS 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland'.

In accordance with section 444 of the Companies Act 2006, the profit and loss account has not been delivered.

For the period ending 31 August 2021 the company was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

Directors' responsibilities:

- The members have not required the company to obtain an audit of its financial statements for the period in question in accordance with section 476 ;
- The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of financial statements .

These financial statements were approved by the board of directors and authorised for issue on 24 May 2022 , and are signed on behalf of the board by:

Mrs K Hammond

Director

Company registration number: 12832434

Alpha Fitness Hampshire Limited

Notes to the Financial Statements

Period from 24 August 2020 to 31 August 2021

1. General information

The company is a private company limited by shares, registered in England and Wales. The address of the registered office is Marwell Activity Centre, Hurst Lane, Owslebury, Winchester, SO21 1EZ.

2. Statement of compliance

These financial statements have been prepared in compliance with Section 1A of FRS 102, 'The Financial Reporting Standard applicable in the UK and the Republic of Ireland'.

3. Accounting policies

Basis of preparation

The financial statements have been prepared on the historical cost basis and in sterling, which is the functional currency of the entity.

Revenue recognition

Turnover is measured at the fair value of the consideration received or receivable and represents amounts receivable for goods supplied and services rendered, stated net of discounts and of Value Added Tax.

Income tax

The taxation expense represents the aggregate amount of current and deferred tax recognised in the reporting period. Current tax is recognised on taxable profit for the current and past periods. Deferred tax is recognised in respect of all timing differences at the reporting date.

Tangible assets

Tangible assets are initially recorded at cost, and subsequently stated at cost less any accumulated depreciation and impairment losses.

Depreciation

Depreciation is calculated so as to write off the cost or valuation of an asset, less its residual value, over the useful economic life of that asset as follows:

Equipment	-	33% straight line
-----------	---	-------------------

Finance leases and hire purchase contracts

Assets held under finance leases and hire purchase contracts are recognised in the balance sheet as assets and liabilities at the lower of the fair value of the assets and the present value of the minimum lease payments, which is determined at the inception of the lease term. Any initial direct costs of the lease are added to the amount recognised as an asset. Lease payments are apportioned between the finance charges and reduction of the outstanding lease liability using the effective interest method. Finance charges are allocated to each period so as to produce a constant rate of interest on the remaining balance of the liability.

Government grants

Government grants are recognised at the fair value of the asset received or receivable. Grants are not recognised until there is reasonable assurance that the company will comply with the conditions attaching to them and the grants will be received. Government grants are recognised using the accrual model. Under the accrual model, government grants relating to revenue are recognised on a systematic basis over the periods in which the company recognises the related costs for which the grant is intended to compensate. Grants that are receivable as compensation for expenses or losses already incurred or for the purpose of giving immediate financial support to the entity with no future related costs are recognised in income in the period in which it becomes receivable.

Defined contribution plans

Contributions to defined contribution plans are recognised as an expense in the period in which the related service is provided. Prepaid contributions are recognised as an asset to the extent that the prepayment will lead to a reduction in future payments or a cash refund.

4. Other operating income

Other operating income is income received from Government grants.

5. Employee numbers

The average number of persons employed by the company during the period amounted to 2 .

6. Tangible assets

	Equipment £	Total £
Cost		
At 24 August 2020	—	—
Additions	58,331	58,331
	-----	-----
At 31 August 2021	58,331	58,331
	-----	-----
Depreciation		
At 24 August 2020	—	—
Charge for the period	9,781	9,781
	-----	-----
At 31 August 2021	9,781	9,781
	-----	-----
Carrying amount		
At 31 August 2021	48,550	48,550
	-----	-----

7. Debtors

	31 Aug 21
	£
Other debtors	3,665

8. Creditors: amounts falling due within one year

	31 Aug 21
	£
Trade creditors	24,256
Social security and other taxes	842
Other creditors	80,819

	105,917

9. Creditors: amounts falling due after more than one year

	31 Aug 21
	£
Other creditors	2,351

10. Directors' advances, credits and guarantees

During the period, the directors had interest-free, repayable on demand loans with the company. At the end of the period the directors were owed £51,009.

This document was delivered using electronic communications and authenticated in accordance with the registrar's rules relating to electronic form, authentication and manner of delivery under section 1072 of the Companies Act 2006.