

**SEVEN HILLS FITNESS TRAINING LTD
UNAUDITED ACCOUNTS
FOR THE YEAR ENDED 31 AUGUST 2022**

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UNAUDITED ACCOUNTS
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**SEVEN HILLS FITNESS TRAINING LTD
COMPANY INFORMATION
FOR THE YEAR ENDED 31 AUGUST 2022**

Director	Benjamin David COBLEY
Company Number	12812771 (England and Wales)

SEVEN HILLS FITNESS TRAINING LTD
STATEMENT OF FINANCIAL POSITION
AS AT 31 AUGUST 2022

	Notes	2022 £	2021 £
Current assets			
Cash at bank and in hand		-	455
Creditors: amounts falling due within one year	<u>4</u>	(14,428)	(14,883)
Net current liabilities		<u>(14,428)</u>	<u>(14,428)</u>
Net liabilities		(14,428)	(14,428)
Capital and reserves			
Called up share capital		(2)	(2)
Profit and loss account		(14,426)	(14,426)
Shareholders' funds		<u>(14,428)</u>	<u>(14,428)</u>

For the year ending 31 August 2022 the company was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies. The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.

The director acknowledges his responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.

These accounts have been prepared and delivered in accordance with the provisions applicable to companies subject to the small companies' regime and in accordance with the provisions of FRS 102 Section 1A - Small Entities. The profit and loss account has not been delivered to the Registrar of Companies.

The financial statements were approved by the Board and authorised for issue on 6 July 2023 and were signed on its behalf by

Benjamin David COBLEY
Director

Company Registration No. 12812771

SEVEN HILLS FITNESS TRAINING LTD
NOTES TO THE ACCOUNTS
FOR THE YEAR ENDED 31 AUGUST 2022

1 Statutory information

SEVEN HILLS FITNESS TRAINING LTD is a private company, limited by shares, registered in England and Wales, registration number 12812771.

2 Compliance with accounting standards

The accounts have been prepared in accordance with the provisions of FRS 102 Section 1A Small Entities. There were no material departures from that standard.

3 Accounting policies

The principal accounting policies adopted in the preparation of the financial statements are set out below and have remained unchanged from the previous year, and also have been consistently applied within the same accounts.

Basis of preparation

The accounts have been prepared under the historical cost convention as modified by the revaluation of certain fixed assets.

Presentation currency

The accounts are presented in £ sterling.

4 Creditors: amounts falling due within one year

	2022	2021
	£	£
Other creditors	-	900
Loans from directors	14,428	13,983
	<u>14,428</u>	<u>14,883</u>

5 Average number of employees

During the year the average number of employees was 0 (2021: 0).

