

Registered number: 12648691

Ginger Health & Wellbeing Ltd

ACCOUNTS

FOR THE YEAR ENDED 30/06/2023

Prepared By:

Lindrick Accountancy Services Ltd

205 Outgang Lane

Dinnington

Sheffield

S25 3QY

Ginger Health & Wellbeing Ltd

ACCOUNTS

FOR THE YEAR ENDED 30/06/2023

DIRECTORS

Virginia Woolhouse

REGISTERED OFFICE

Hooton Common Farm

Kilnhurst Road, Hooton Roberts

Rotherham

England

S65 4PD

COMPANY DETAILS

Private company limited by shares registered in EW -
England and Wales, registered number 12648691

ACCOUNTANTS

Lindrick Accountancy Services Ltd

205 Outgang Lane

Dinnington

Sheffield

S25 3QY

Ginger Health & Wellbeing Ltd

ACCOUNTS
FOR THEYEARENDED30/06/2023
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The following do not form part of the statutory financial statements:	
Trading And Profit And Loss Account	-
Profit And Loss Account Summaries	-

BALANCE SHEET AT 30/06/2023

	Notes	2023 £	2022 £
FIXED ASSETS			
Tangible assets	3	2,103	2,804
CURRENT ASSETS			
Debtors	4	198	776
Cash at bank and in hand		<u>1,126</u>	<u>2,605</u>
		1,324	3,381
CREDITORS: Amounts falling due within one year	5	<u>17,735</u>	<u>17,377</u>
NET CURRENT LIABILITIES		<u>(16,411)</u>	<u>(13,996)</u>
TOTAL ASSETS LESS CURRENT LIABILITIES		<u>(14,308)</u>	<u>(11,192)</u>
CAPITAL AND RESERVES			
Called up share capital	6	1	1
Profit and loss account		<u>(14,309)</u>	<u>(11,193)</u>
SHAREHOLDERS' FUNDS		<u>(14,308)</u>	<u>(11,192)</u>

For the year ending 30/06/2023 the company was entitled to exemption under section 477 of the Companies Act 2006 relating to small companies.

The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.

The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.

These accounts have been prepared and delivered in accordance with the provisions applicable to companies subject to the small companies regime.

The directors have decided not to deliver to the registrar a copy of the company's profit and loss account.

Approved by the board on 18/03/2024 and signed on their behalf by

.....
 Virginia Woolhouse
 Director

NOTES TO THE ACCOUNTS
FOR THE YEAR ENDED 30/06/2023

1. ACCOUNTING POLICIES

1a. Basis Of Accounting

The accounts have been prepared under the historical cost convention.

The accounts have been prepared in accordance with FRS102 section 1A - The Financial Reporting Standard applicable in the UK and Republic of Ireland and the Companies Act 2006 .

1b. Depreciation

Depreciation has been provided at the following rates in order to write off the assets over their estimated useful lives.

Plant and Machinery	25%
Equipment	25%

2. EMPLOYEES

	2023	2022
	No.	No.
Average number of employees	-	1

3. TANGIBLE FIXED ASSETS

	Plant and Machinery Etc. £	Total £
Cost		
At 01/07/2022	<u>3,845</u>	<u>3,845</u>
At 30/06/2023	<u>3,845</u>	<u>3,845</u>
Depreciation		
At 01/07/2022	1,041	1,041
For the year	<u>701</u>	<u>701</u>
At 30/06/2023	<u>1,742</u>	<u>1,742</u>
Net Book Amounts		
At 30/06/2023	<u>2,103</u>	<u>2,103</u>
At 30/06/2022	<u>2,804</u>	<u>2,804</u>

4. DEBTORS	2023	2022
	£	£
Amounts falling due within one year:		
Trade debtors	126	662
VAT	<u>72</u>	<u>114</u>
	<u>198</u>	<u>776</u>
5. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR		
	2023	2022
	£	£
Trade creditors	240	380
Other creditors	<u>17,495</u>	<u>16,997</u>
	<u>17,735</u>	<u>17,377</u>
6. SHARE CAPITAL	2023	2022
	£	£
Allotted, issued and fully paid:		
1 Ordinary shares of £1 each	<u>1</u>	<u>1</u>
	<u>1</u>	<u>1</u>

This document was delivered using electronic communications and authenticated in accordance with the registrar's rules relating to electronic form, authentication and manner of delivery under section 1072 of the Companies Act 2006.