

Registered number: 12648691

Ginger Health & Wellbeing Ltd
ACCOUNTS
FOR THE YEAR ENDED 30/06/2022

Prepared By:
Lindrick Accountancy Services Ltd
205 Outgang Lane
Dinnington
Sheffield
S25 3QY

ACCOUNTS
FOR THE YEAR ENDED 30/06/2022

DIRECTORS

Virginia Woolhouse

REGISTERED OFFICE

Hooton Common Farm
Kilnhurst Road, Hooton Roberts
Rotherham
England
S65 4PD

COMPANY DETAILS

Private company limited by shares registered in EW - England and
Wales, registered number 12648691

ACCOUNTANTS

Lindrick Accountancy Services Ltd
205 Outgang Lane
Dinnington
Sheffield
S25 3QY

ACCOUNTS
FOR THE YEAR ENDED 30/06/2022

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The following do not form part of the statutory financial statements:	
Trading And Profit And Loss Account	-
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BALANCE SHEET AT 30/06/2022

		2022	2021
	Notes	£	£
FIXED ASSETS			
Tangible assets	3	2,804	1,440
CURRENT ASSETS			
Debtors	4	776	416
Cash at bank and in hand		2,605	2,638
		<u>3,381</u>	<u>3,054</u>
CREDITORS: Amounts falling due within one year	5	<u>17,377</u>	<u>14,591</u>
NET CURRENT LIABILITIES		<u>(13,996)</u>	<u>(11,537)</u>
TOTAL ASSETS LESS CURRENT LIABILITIES		<u>(11,192)</u>	<u>(10,097)</u>
CAPITAL AND RESERVES			
Called up share capital	6	1	1
Profit and loss account		<u>(11,193)</u>	<u>(10,098)</u>
SHAREHOLDERS' FUNDS		<u>(11,192)</u>	<u>(10,097)</u>

For the year ending 30/06/2022 the company was entitled to exemption under section 477 of the Companies Act 2006 relating to small companies.

The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.

The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.

These accounts have been prepared and delivered in accordance with the provisions applicable to companies subject to the small companies regime.

The directors have decided not to deliver to the registrar a copy of the company's profit and loss account.

**Approved by the board on 21/03/2023 and signed on their behalf
by**

.....
Virginia Woolhouse
Director

**NOTES TO THE ACCOUNTS
FOR THE YEAR ENDED 30/06/2022**

1. ACCOUNTING POLICIES

1a. Basis Of Accounting

The accounts have been prepared under the historical cost convention.

The accounts have been prepared in accordance with FRS102 section 1A - The Financial Reporting Standard applicable in the UK and Republic of Ireland and the Companies Act 2006 .

1b. Depreciation

Depreciation has been provided at the following rates in order to write off the assets over their estimated useful lives.

Plant and Machinery	25%
Equipment	25%

2. EMPLOYEES

	2022	<i>2021</i>
	No.	No.
Average number of employees	1	1

3. TANGIBLE FIXED ASSETS

	Plant and Machinery Etc. £	Total £
Cost		
At 01/07/2021	1,920	1,920
Additions	1,925	1,925
At 30/06/2022	<u>3,845</u>	<u>3,845</u>
Depreciation		
At 01/07/2021	480	480
For the year	561	561
At 30/06/2022	<u>1,041</u>	<u>1,041</u>
Net Book Amounts		
At 30/06/2022	<u>2,804</u>	<u>2,804</u>
At 30/06/2021	<u>1,440</u>	<u>1,440</u>

4. DEBTORS	2022	2021
	£	£
Amounts falling due within one year:		
Trade debtors	662	120
VAT	114	296
	<u>776</u>	<u>416</u>

5. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2022	2021
	£	£
Trade creditors	380	405
Other creditors	16,997	14,186
	<u>17,377</u>	<u>14,591</u>

6. SHARE CAPITAL

	2022	2021
	£	£
Allotted, issued and fully paid:		
1 Ordinary shares of £1 each	<u>1</u>	<u>1</u>
	<u>1</u>	<u>1</u>
New shares issued during period:		
0 Ordinary shares of £1 each	<u>0</u>	<u>1</u>
	<u>-</u>	<u>1</u>

This document was delivered using electronic communications and authenticated in accordance with the registrar's rules relating to electronic form, authentication and manner of delivery under section 1072 of the Companies Act 2006.