Registered Number 12443745 (England and Wales)

# Unaudited Financial Statements for the Year ended 28 February 2023

# Company Information for the year from 1 March 2022 to 28 February 2023

**Directors** BENNETT, Claire Marie

**Registered Address** Unit 10, Homelands Commercial Centre Vale Road

Bishops Cleeve

Cheltenham

GL52 8PX

**Registered Number** 12443745 (England and Wales)

# Balance Sheet as at 28 February 2023

	Notes	2023		2023 2022		.2
		£	£	£	£	
Fixed assets						
Intangible assets	6		3,500		5,600	
Tangible assets	7	_	571	_	754	
			4,071		6,354	
Current assets						
Debtors	8	6,562		2,573		
Cash at bank and on hand		4,724		2,062		
		11,286		4,635		
Creditors amounts falling due within one year	9	(16,219)		(9,005)		
Net current assets (liabilities)		_	(4,933)	_	(4,370)	
Total assets less current liabilities			(862)		1,984	
Creditors amounts falling due after one year		_	(2,238)	_	-	
Net assets		_	(3,100)	_	1,984	
Capital and reserves						
Called up share capital			100		100	
Profit and loss account		_	(3,200)	_	1,884	
Shareholders' funds		_	(3,100)	_	1,984	

The company was entitled to exemption from audit for this reporting period under section 477 of the Companies Act 2006 relating to small companies.

The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.

The Director acknowledges their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.

These accounts have been prepared in accordance with the provisions applicable to companies subject to the small companies regime. The directors have chosen to not file a copy of the company's profit and loss account.

The members have agreed to the preparation of abridged accounts for this accounting period in accordance with section 444(2A).

The financial statements were approved and authorised for issue by the Director on 5 June 2023, and are signed on its behalf by:

BENNETT, Claire Marie **Director Registered Company No. 12443745** 

# Notes to the Financial Statements for the year ended 28 February 2023

### 1. Statutory information

The company is a private company limited by shares and registered in England and Wales. The company's registered number and registered office address can be found on the Company Information page.

### 2. Compliance with applicable reporting framework

The financial statements have been prepared in compliance with FRS 102 Section 1A as it applies to the financial statements for the period and there were no material departures from the reporting standard.

### 3. Principal activities

The principle activity of the company in the period under review was that of providing mental health training and wellbeing consultancy.

#### 4. Accounting policies

#### **Turnover policy**

Turnover is measured at the fair value of the consideration received or receivable, net of discounts and value added taxes. Turnover includes revenue earned from the sale of goods and from the rendering of services.

#### Property, plant and equipment policy

Tangible fixed assets are stated at cost or valuation less depreciation. Depreciation is provided on all tangible fixed assets as follows:

### **Intangible assets policy**

Intangible assets are initially measured at cost. After initial recognition, intangible assets are measured at cost less any accumulated amortisation and any accumulated impairment losses.

Computer software and websites are being amortised evenly over their estimated useful life of three years.

#### Revenue recognition policy

Turnover from the sale of goods is recognised when the significant risks and rewards of ownership of the goods have transferred to the buyer. Turnover from the rendering of services is recognised by reference to the stage of completion of the contract. The stage of completion of a contract is measured by comparing the costs incurred for work performed to date to the total estimated contract costs.

#### Foreign currency translation and operations policy

Transactions in foreign currencies are initially recognised at the rate of exchange ruling at the date of the transaction. At the end of each reporting period foreign currency monetary items are translated at the closing rate of exchange. Non-monetary items that are measured at historical cost are translated at the rate ruling at the date of the transaction. All differences are charged to profit or loss.

#### **Employee benefits policy**

Contributions to defined contribution plans are expensed in the period to which they relate.

# 5. Employee information

		2023	2022
	Average number of employees during the year	1	0
6.	Intangible assets		
			Total
			£
	Cost or valuation		-
	At 01 March 22		6,300
	At 28 February 23	=	6,300
	Amortisation and impairment	=	
	At 01 March 22		700
	Charge for year		2,100
	At 28 February 23	_	2,800
	Net book value	-	
	At 28 February 23	_	3,500
	At 28 February 22	=	5,600
7.	Property, plant and equipment		
			Total
			_
			£
	Cost or valuation		4 220
	At 01 March 22		1,238
	Additions	-	166
	At 28 February 23	=	1,404
	Depreciation and impairment  At 01 March 22		484
	Charge for year		349
	At 28 February 23	_	833
	Net book value	=	
	At 28 February 23	_	 571
	At 28 February 22	=	754
	AL 20 I CUITURI Y 22	=	/24

#### 8. Debtors

	2023	2022
	£	£
Trade debtors / trade receivables	5,628	1,260
Prepayments and accrued income	934	1,313
Total	6,562	2,573

Short term debtors are measured at transaction price (which is usually the invoice price), less any impairment losses for bad and doubtful debts. Loans and other financial assets are initially recognised at transaction price including any transaction costs and subsequently measured at amortised cost determined using the effective interest method, less any impairment losses for bad and doubtful debts.

# 9. Creditors within one year

	2023	2022
	£	£
Trade creditors / trade payables	687	217
Bank borrowings and overdrafts	799	3,750
Amounts owed to related parties	124	8
Taxation and social security	5,298	741
Other creditors	6,588	4,264
Accrued liabilities and deferred income	2,723	25
Total	16,219	9,005

Short term creditors are measured at transaction price (which is usually the invoice price). Loans and other financial liabilities are initially recognised at transaction price net of any transaction costs and subsequently measured at amortised cost determined using the effective interest method.

This document was delivered using electronic communications and authenticated in accordance with the registrar's rules relating to electronic form, authentication and manner of delivery under section 1072 of the Companies Act 2006.