

**JAMES SEELEY PERSONAL TRAINING LTD
UNAUDITED FINANCIAL STATEMENTS
FOR THE YEAR ENDED 30 NOVEMBER 2022**

JAMES SEELEY PERSONAL TRAINING LTD
Balance Sheet
As at 30 November 2022

Registered number: 12322441

	2022	2021
	£	£
Fixed assets	709	1,064
Current assets	10,878	12,386
Creditors: Amounts Falling Due Within One Year	(11,586)	(13,440)
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NET CURRENT LIABILITIES	(708)	(1,054)
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TOTAL ASSETS LESS CURRENT LIABILITIES	1	10
	<hr/>	<hr/>
NET ASSETS	1	10
	<hr/> <hr/>	<hr/> <hr/>
CAPITAL AND RESERVES	1	10
	<hr/> <hr/>	<hr/> <hr/>

Notes

1. Average Number of Employees

Average number of employees, including directors, during the year was as follows: 1 (2021: 1)

2. General Information

JAMES SEELEY PERSONAL TRAINING LTD is a private company, limited by shares, incorporated in England & Wales, registered number 12322441 . The registered office is 61 Ridgeway, Nailsea, BS48 2EG.

For the year ending 30 November 2022 the company was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

The member has not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.

The director acknowledges his responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.

These accounts have been prepared in accordance with the micro-entity provisions and delivered in accordance with the provisions applicable to companies subject to the small companies' regime.

On behalf of the board

Mr James Seeley

Director

05/01/2023

This document was delivered using electronic communications and authenticated in accordance with the registrar's rules relating to electronic form, authentication and manner of delivery under section 1072 of the Companies Act 2006.