

Registered number
12310638

100 FITNESS LTD

Filleted Accounts

30 November 2022

100 FITNESS LTD**Registered number: 12310638****Balance Sheet****as at 30 November 2022**

	2022	2021
	£	£
Current assets	6,888	1,287
Creditors: amounts falling due within one year	2,462	13,715
Net current assets	9,350	15,002
Total assets less current liabilities	9,350	15,002
Accruals and deferred income	(1,440)	-
Net assets	7,910	15,002
Capital and reserves	7,910	15,002
	Number	Number
Average number of employees	0	0

The company is a private company limited by shares and incorporated in England. Its registered office is .

The directors are satisfied that the company is entitled to exemption from the requirement to obtain an audit under section 477 of the Companies Act 2006.

The members have not required the company to obtain an audit in accordance with section 476 of the Act.

The directors acknowledge their responsibilities for complying with the requirements of the Companies Act 2006 with respect to accounting records and the preparation of accounts.

The accounts have been prepared in accordance with the micro entity provisions of the Companies Act 2006 and FRS 105, The Financial Reporting Standard applicable to the Micro-entities Regime. The accounts have been delivered in accordance with the provisions applicable to companies subject to the small companies regime. The profit and loss account has not been delivered to the Registrar of Companies.

THOMAS, Joel

Director

Approved by the board on 27 October 2023

This document was delivered using electronic communications and authenticated in accordance with the registrar's rules relating to electronic form, authentication and manner of delivery under section 1072 of the Companies Act 2006.