

100 FITNESS LTD
UNAUDITED ACCOUNTS
FOR THE YEAR ENDED 30 NOVEMBER 2021

100 FITNESS LTD
ANNUAL REPORT AND UNAUDITED ACCOUNTS
FOR THE YEAR ENDED 30 NOVEMBER 2021

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100 FITNESS LTD
COMPANY INFORMATION
FOR THE YEAR ENDED 30 NOVEMBER 2021

Director	Joel Thomas
Company Number	12310638 (England and Wales)
Registered Office	30 UNION ROAD CROYDON CR0 2XU ENGLAND
Accountants	Berko Wealth Ltd 38 Nye Bevan Estate London E5 0AG

100 FITNESS LTD
STATEMENT OF FINANCIAL POSITION
AS AT 30 NOVEMBER 2021

	2021 £	2020 £
Current assets	1,287	10
Creditors: amounts falling due within one year	13,715	-
Net current assets	<u>15,002</u>	<u>10</u>
Total assets less current liabilities	<u>15,002</u>	<u>10</u>
Net assets	<u>15,002</u>	<u>10</u>
Capital and reserves	<u>15,002</u>	<u>10</u>

NOTES TO THE ACCOUNTS

1 Statutory information

100 Fitness Ltd is a private company, limited by shares, registered in England and Wales, registration number 12310638. The registered office is 30 UNION ROAD, CROYDON, CR0 2XU, ENGLAND.

2 Average number of employees

During the year the average number of employees was 0 (2020: 0).

For the year ending 30 November 2021 the company was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies. The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.

The director acknowledges his responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.

These accounts have been prepared in accordance with the micro-entity provisions of the Companies Act 2006 and FRS 105, The Financial Reporting Standard applicable to the Micro-entities Regime. The accounts have been delivered in accordance with the provisions applicable to companies subject to the small companies regime. The profit and loss account has not been delivered to the Registrar of Companies.

Approved by the board on 27 September 2022

Joel Thomas
Director

Company Registration No. 12310638

