

Registered number
12193474

HABITUAL HEALTH LTD

Unaudited Filleted Accounts

31 August 2020

HABITUAL HEALTH LTD**Registered number:** 12193474**Balance Sheet****as at 31 August 2020**

	Notes	2020 £
Fixed assets		
Tangible assets	2	2,798
Current assets		
Debtors	3	53,724
Cash at bank and in hand		21,514
		<hr/> 75,238
Creditors: amounts falling due within one year	4	(4,584)
Net current assets		<hr/> 70,654
Net assets		<hr/> <hr/> 73,452
Capital and reserves		
Called up share capital		1,196
Share premium		249,848
Profit and loss account		(177,592)
Shareholders' funds		<hr/> <hr/> 73,452

The directors are satisfied that the company is entitled to exemption from the requirement to obtain an audit under section 477 of the Companies Act 2006.

The members have not required the company to obtain an audit in accordance with section 476 of the Act.

The directors acknowledge their responsibilities for complying with the requirements of the Companies Act 2006 with respect to accounting records and the preparation of accounts.

The accounts have been prepared and delivered in accordance with the special provisions applicable to companies subject to the small companies regime. The profit and loss account has not been delivered to the Registrar of Companies.

Napala Ransom Pratini

Director

Approved by the board on 9 October 2020

HABITUAL HEALTH LTD

Notes to the Accounts

for the period from 6 September 2019 to 31 August 2020

1 Accounting policies

Basis of preparation

The accounts have been prepared under the historical cost convention and in accordance with FRS 102, The Financial Reporting Standard applicable in the UK and Republic of Ireland (as applied to small entities by section 1A of the standard).

Turnover

Turnover is measured at the fair value of the consideration received or receivable, net of discounts and value added taxes. Turnover includes revenue earned from the sale of goods and from the rendering of services. Turnover from the sale of goods is recognised when the significant risks and rewards of ownership of the goods have transferred to the buyer. Turnover from the rendering of services is recognised by reference to the stage of completion of the contract. The stage of completion of a contract is measured by comparing the costs incurred for work performed to date to the total estimated contract costs.

Tangible fixed assets

Tangible fixed assets are measured at cost less accumulative depreciation and any accumulative impairment losses. Depreciation is provided on all tangible fixed assets, other than freehold land, at rates calculated to write off the cost, less estimated residual value, of each asset evenly over its expected useful life, as follows:

Fixtures, fittings, tools and equipment	20% reducing balance
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Debtors

Short term debtors are measured at transaction price (which is usually the invoice price), less any impairment losses for bad and doubtful debts. Loans and other financial assets are initially recognised at transaction price including any transaction costs and subsequently measured at amortised cost determined using the effective interest method, less any impairment losses for bad and doubtful debts.

Creditors

Short term creditors are measured at transaction price (which is usually the invoice price). Loans and other financial liabilities are initially recognised at transaction price net of any transaction costs and subsequently measured at amortised cost determined using the effective interest method.

Taxation

A current tax liability is recognised for the tax payable on the taxable profit of the current and past periods. A current tax asset is recognised in respect of a tax loss that can be carried back to recover tax paid in a previous period.

Research and development

Expenditure on research and development is written off in the year in which it is incurred.

2 Tangible fixed assets

		Plant and machinery etc £
Cost		
Additions		3,305
At 31 August 2020		<u>3,305</u>
Depreciation		
Charge for the period		507
At 31 August 2020		<u>507</u>
Net book value		
At 31 August 2020		2,798
3 Debtors	2020	
	£	
Other debtors	<u>53,724</u>	
4 Creditors: amounts falling due within one year	2020	
	£	
Trade creditors	285	
Taxation and social security costs	3,337	
Other creditors	962	
	<u>4,584</u>	

5 Other information

HABITUAL HEALTH LTD is a private company limited by shares and incorporated in England.

Its registered office is:

The Frames 1 Phipp Street

Unit 411

London

EC2A 4PS

This document was delivered using electronic communications and authenticated in accordance with the registrar's rules relating to electronic form, authentication and manner of delivery under section 1072 of the Companies Act 2006.