

**EM-POWER FITNESS LTD  
UNAUDITED FINANCIAL STATEMENTS  
FOR THE YEAR ENDED 31 AUGUST 2022**

Bookkeeping & Accountancy Direct Ltd  
Kesteven House  
78 London Road  
Worcester  
WR5 2DY

**Em-Power Fitness Ltd**  
**Balance Sheet**  
**As at 31 August 2022**

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**Registered number:** 12183426

	<b>2022</b>	<b>2021</b>
	<b>£</b>	<b>£</b>
Fixed assets	25,222	22,931
Current assets	31,504	8,273
Prepayments and accrued income	4,200	4,200
Creditors: Amounts Falling Due Within One Year	(52,382 )	(24,516 )
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<b>NET CURRENT LIABILITIES</b>	(16,678 )	(12,043 )
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<b>TOTAL ASSETS LESS CURRENT LIABILITIES</b>	8,544	10,888
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Accruals and deferred income	(963 )	(1,600 )
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<b>NET ASSETS</b>	7,581	9,288
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<b>CAPITAL AND RESERVES</b>	7,581	9,288
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Notes

**1. General Information**

Em-Power Fitness Ltd is a private company, limited by shares, incorporated in England & Wales, registered number 12183426 . The registered office is 175 Medway Road, Worcester, WR5 1LL.

**2. Average Number of Employees**

Average number of employees, including directors, during the year was as follows: 1 2 (2021: 1)

For the year ending 31 August 2022 the company was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

The member has not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.

The director acknowledges his responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.

These accounts have been prepared in accordance with the micro-entity provisions and delivered in accordance with the provisions applicable to companies subject to the small companies' regime.

On behalf of the board

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Mr Lewis Newell

Director  
**30th May 2023**

This document was delivered using electronic communications and authenticated in accordance with the registrar's rules relating to electronic form, authentication and manner of delivery under section 1072 of the Companies Act 2006.