

**TONIC NUTRITION LTD
UNAUDITED ACCOUNTS
FOR THE YEAR ENDED 31 DECEMBER 2021**

TONIC NUTRITION LTD
ANNUAL REPORT AND UNAUDITED ACCOUNTS
FOR THE YEAR ENDED 31 DECEMBER 2021

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TONIC NUTRITION LTD
COMPANY INFORMATION
FOR THE YEAR ENDED 31 DECEMBER 2021

Director	S Van Kampen
Company Number	12174856 (England and Wales)
Registered Office	21 VARDENS ROAD LONDON SW11 1RQ UNITED KINGDOM
Accountants	D M Pettitt Accountancy Services 33 Bowmans Close Steyping West Sussex BN44 3SR

TONIC NUTRITION LTD
STATEMENT OF FINANCIAL POSITION
AS AT 31 DECEMBER 2021

	2021	2020
	£	£
Fixed assets	8,696	-
Current assets	198,590	226,073
Creditors: amounts falling due within one year	(66,940)	(75,412)
Net current assets	131,650	150,661
Total assets less current liabilities	140,346	150,661
Creditors: amounts falling due after more than one year	(32,500)	(32,500)
Accruals and deferred income	(4,480)	(4,480)
Net assets	103,366	113,681
Capital and reserves	103,366	113,681

NOTES TO THE ACCOUNTS

1 Statutory information

TONIC NUTRITION LTD is a private company, limited by shares, registered in England and Wales, registration number 12174856. The registered office is 21 VARDENS ROAD, LONDON, SW11 1RQ, UNITED KINGDOM.

2 Director's advances, credit and guarantees

At 31 December 2021 the company owed its director £16,499 (2020 £2,224) and this is included in creditors.

3 Average number of employees

During the year the average number of employees was 3 (2020: 3).

For the year ending 31 December 2021 the company was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies. The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.

The director acknowledges his responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.

These accounts have been prepared in accordance with the micro-entity provisions of the Companies Act 2006 and FRS 105, The Financial Reporting Standard applicable to the Micro-entities Regime. The accounts have been delivered in accordance with the provisions applicable to companies subject to the small companies regime. The profit and loss account has not been delivered to the Registrar of Companies.

Approved by the board on 30 September 2022

S Van Kampen
Director

Company Registration No. 12174856

