

**Active Lifestyle Limited**  
**Unaudited Financial Statements**  
**for the Period 25 July 2019 to 31 December 2019**

Aggarwal & Co Limited  
Chartered Accountants  
5 London Road  
Rainham  
Gillingham  
Kent  
ME8 7RG

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for the Period 25 July 2019 to 31 December 2019**

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**Active Lifestyle Limited**  
**Company Information**  
**for the Period 25 July 2019 to 31 December 2019**

|                           |   |
|---------------------------|---|
| <b>DIRECTOR:</b>          | Miss D S K Deol   |
| <b>REGISTERED OFFICE:</b> | 5 London Road<br>Rainham<br>Gillingham<br>Kent<br>ME8 7RG   |
| <b>BUSINESS ADDRESS:</b>  | 1 Wentworth Close<br>Gravesend<br>Kent<br>DA11 7NL  |
| <b>REGISTERED NUMBER:</b> | 12122415 (England and Wales)  |
| <b>ACCOUNTANTS:</b>       | Aggarwal & Co Limited<br>Chartered Accountants<br>5 London Road<br>Rainham<br>Gillingham<br>Kent<br>ME8 7RG |

Statement of Financial Position  
31 December 2019

|  | Notes | £            |
|--|-------|--------------|
| <b>CURRENT ASSETS</b>                        |       |              |
| Debtors                                      | 4     | 26,792       |
| <b>CREDITORS</b>                             |       |              |
| Amounts falling due within one year          | 5     | 27,072       |
| <b>NET CURRENT LIABILITIES</b>               |       | <u>(280)</u> |
| <b>TOTAL ASSETS LESS CURRENT LIABILITIES</b> |       | <u>(280)</u> |
| <b>CAPITAL AND RESERVES</b>                  |       |              |
| Called up share capital                      |       | 100          |
| Retained earnings                            |       | <u>(380)</u> |
|  |       | <u>(280)</u> |

The company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the period ended 31 December 2019.

The members have not required the company to obtain an audit of its financial statements for the period ended 31 December 2019 in accordance with Section 476 of the Companies Act 2006.

The director acknowledges her responsibilities for:

- (a) ensuring that the company keeps accounting records which comply with Sections 386 and 387 of the Companies Act 2006 and preparing financial statements which give a true and fair view of the state of affairs of the company as at the end of each financial year and of its profit or loss for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the company.
- (b)

The financial statements have been prepared and delivered in accordance with the provisions applicable to companies subject to the small companies regime.

In accordance with Section 444 of the Companies Act 2006, the Income Statement has not been delivered.

The financial statements were approved by the director and authorised for issue on 24 September 2020 and were signed by:

Miss D S K Deol - Director

**Notes to the Financial Statements  
for the Period 25 July 2019 to 31 December 2019**

**1. STATUTORY INFORMATION**

Active Lifestyle Limited is a private company, limited by shares, registered in England and Wales. The company's registered number and registered office address can be found on the Company Information page.

The presentation currency of the financial statements is the Pound Sterling (£).

**2. ACCOUNTING POLICIES**

**Basis of preparing the financial statements**

These financial statements have been prepared in accordance with Financial Reporting Standard 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland" including the provisions of Section 1A "Small Entities" and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

**Income recognition**

Income represents the fair value of consideration received or receivable derived from the provision of goods and services to customers during the year (excluding value added tax) and is recognised when the company becomes entitled to it, usually on the rendering of an invoice.

Income is recognised when goods have been delivered to customers such that risks and rewards of ownership have transferred to them.

**Financial instruments**

The Company enters into basic financial instruments that result in the recognition of financial assets and liabilities like trade and other accounts receivable and payable, loans from banks and other third parties and loans to related parties.

Basic financial instruments are recognised at amortised cost, with changes recognised in the income statement.

**Taxation**

Taxation for the period comprises current and deferred tax. Tax is recognised in the Income Statement, except to the extent that it relates to items recognised in other comprehensive income or directly in equity.

Current or deferred taxation assets and liabilities are not discounted.

Current tax is recognised at the amount of tax payable using the tax rates and laws that have been enacted or substantively enacted by the statement of financial position date.

**Deferred tax**

Deferred tax is recognised in respect of all timing differences that have originated but not reversed at the statement of financial position date.

Timing differences arise from the inclusion of income and expenses in tax assessments in periods different from those in which they are recognised in financial statements. Deferred tax is measured using tax rates and laws that have been enacted or substantively enacted by the period end and that are expected to apply to the reversal of the timing difference.

Unrelieved tax losses and other deferred tax assets are recognised only to the extent that it is probable that they will be recovered against the reversal of deferred tax liabilities or other future taxable profits.

**Pension costs and other post-retirement benefits**

The company operates a defined contribution pension scheme. Contributions payable to the company's pension scheme are charged to profit or loss in the period to which they relate.

Notes to the Financial Statements - continued  
for the Period 25 July 2019 to 31 December 2019

3. **EMPLOYEES AND DIRECTORS**

The average number of employees during the period was 14 .

4. **DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR**

|               |               |
|---------------|---------------|
| Trade debtors | £             |
|               | <u>26,792</u> |

5. **CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR**

|                                    |               |
|------------------------------------|---------------|
| Trade creditors                    | £             |
|                                    | 708           |
| Amounts owed to group undertakings | 1,712         |
| Taxation and social security       | 23,215        |
| Other creditors                    | <u>1,437</u>  |
|                                    | <u>27,072</u> |

6. **ULTIMATE CONTROLLING PARTY**

The ultimate controlling company and the relevant legal entity is TD Lifestyle PLC of 71-75 Shelton Street, Covent Garden, London, WC2H 9JQ.

7. **FREQUENCY OF REPORTING**

The company shortened its accounting reference date from 31 July 2020 to 31 December 2019 in order to match its period end date with that of its parent and fellow subsidiaries.

This document was delivered using electronic communications and authenticated in accordance with the registrar's rules relating to electronic form, authentication and manner of delivery under section 1072 of the Companies Act 2006.