

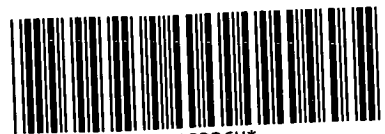
Registered number
12108737

The Wild Mind Project CiC

Report and Accounts

31 December 2021

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COMPANIES HOUSE

The Wild Mind Project CIC
Report and accounts
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The Wild Mind Project CiC
Registered number: 12108737
Directors' Report

The directors present their report and accounts for the year ended 31 December 2021.

Principal activities

The Wild Mind Project provides mental and emotional wellbeing support to young people. We use a combination of nature-based activities such as wildlife conservation and gardening, combined with varied creative activities. A talking circle allows participants to connect and share personal and collective struggles within the safe boundaries of the group. Our programmes can help to relieve anxiety, alleviate symptoms of depression and empower young people to cope with life's challenges. Importantly, the young people develop a supportive peer network and are encouraged to join community projects, to experience the benefits of giving back to society or caring for the environment.

The company has a collaborative approach to mental health and also supports the parents or carers of young people we aim to help, either through workshops or joint programmes with their young person. Our aim is to improve communication and understanding between parents/carers and young people, leading to improved relationships.

The Directors express their gratitude to all the individuals and entities who have and who continue to support the the company in its objective by way of donations, grants and voluntary work. During this year, we have enjoyed the support from many such sources, including the following.

The Dolan Charitable Trust	LBRuT Local Area Fund
The National Lottery Community Fund	Sussex Community Foundation
Coop Local Community Fund	Tesco
one Richmond	Chiswick House & Gardens
Inspire Hounslow	The Linbury Trust
London Community Fund	Thrive London
Tesco Bags of Help	Greater London Authority
Royal Borough of Hounslow	Brighton & Hove Council
English Heritage	

Directors

The following persons served as directors during the year:

Ms Bernice Simcox
Mr John Anderson
Mr Andrew Spriggs - resigned 14 February 2022

Small company provisions

This report has been prepared in accordance with the provisions in Part 15 of the Companies Act 2006 applicable to companies subject to the small companies regime.

This report was approved by the board on 8 April 2022 and signed on its behalf.



B Simcox
Director

**The Wild Mind Project CiC
Profit and Loss Account
for the year ended 31 December 2021**

	Year ended 31/12/2021	17/07/2019 to 31/12/2020
	£	£
Turnover	50,067	10,271
Cost of sales	<u>(35,274)</u>	<u>(6,591)</u>
Gross profit	14,793	3,680
Administrative expenses	<u>(5,167)</u>	<u>(3,590)</u>
Operating profit	<u>9,626</u>	<u>90</u>
 Profit before taxation	 9,626	 90
Tax on profit	<u>17</u>	<u>(17)</u>
Profit for the financial year/period	<u>9,643</u>	<u>73</u>

The Wild Mind Project CiC**Registered number:****12108737****Balance Sheet****as at 31 December 2021**

		2021		2020	
	Notes	£	£	£	£
Current assets					
Debtors	4	-		300	
Cash at bank and in hand		17,060		19,884	
		<u>17,060</u>		<u>20,184</u>	
Creditors: amounts falling due within one year	5	<u>(7,344)</u>		<u>(20,111)</u>	
Net current assets			<u>9,716</u>		<u>73</u>
Net assets			<u>9,716</u>		<u>73</u>
Financed by					
Profit and loss account			<u>9,716</u>		<u>73</u>
			<u>9,716</u>		<u>73</u>

The directors are satisfied that the company is entitled to exemption from the requirement to obtain an audit under section 477 of the Companies Act 2006.

The members have not required the company to obtain an audit in accordance with section 476 of the Act.

The directors acknowledge their responsibilities for complying with the requirements of the Companies Act 2006 with respect to accounting records and the preparation of accounts.

The accounts have been prepared and delivered in accordance with the special provisions applicable to companies subject to the small companies regime. The profit and loss account has not been delivered to the Registrar of Companies.

**J Anderson****Director****Approved by the board on 8 April 2022**

The Wild Mind Project CiC
Notes to the Accounts
for the year ended 31 December 2021

1 General Information

The company is a private company limited by guarantee and is registered in England and Wales. The address of the registered office is 128 Hythe Road Brighton England BN16 6JS.

2 Accounting policies

Basis of preparation

The accounts have been prepared under the historical cost convention and in accordance with FRS 102, The Financial Reporting Standard applicable in the UK and Republic of Ireland (as applied to small entities by section 1A of the standard).

Income

Income includes non-exchange transactions. A non-exchange transaction is a transaction whereby an entity receives value from another entity without directly giving approximately equal value in exchange or gives value to another entity without directly receiving approximately equal value in exchange. Non-exchange transactions include, but are not limited to, donations, grants and legacies.

The company recognises receipts of resources from non-exchange transactions as follows:

- a Transactions that do not impose specified future performance-related conditions on the company are recognised in income when the resources are received or receivable.
- b Transactions that do impose specified future performance-related conditions on the company are recognised in income only when the performance-related conditions are met. Transactions that specify a time period for the performance of the conditions of the grant or donation are recognised as income over the period of performance on a straight-line basis or in accordance with delivery milestones set by the donor
- c Where resources are received before the revenue recognition criteria are satisfied, a liability is recognised

All other incoming resources from non-exchange transactions are measured at the fair value of the resources received or receivable.

Taxation

The Company is a not-for-profit entity. It does not carry out any trading activities and surpluses which the Company carries are for the purposes only for the furtherance of its non-profit-making activities. On this basis, it is deemed that there is no liability to corporation tax.

3 Employees

	2021	2020
	Number	Number
Average number of persons employed by the company	<u>1</u>	<u>1</u>

The Wild Mind Project CiC
Notes to the Accounts
for the year ended 31 December 2021

4 Debtors	2021	2020
	£	£
Other debtors	-	300
	<hr/>	<hr/>
5 Creditors: amounts falling due within one year	2021	2020
	£	£
Deferred income	3,931	18,941
Directors' loan account - B Simcox	500	500
Net pay control	-	300
Members' contribution	3	3
Trade creditors	64	350
Corporation tax	-	17
Taxation and social security costs	2,126	-
Other creditors	720	-
	<hr/>	<hr/>
	7,344	20,111

Deferred income comprise funding grants received but not yet recognized as income because the deliverables and associated conditions for these grants take place after 31 December 2021.

Director loan - this is unsecured, interest free and repayable on demand

The Wild Mind Project CIC
Detailed profit and loss account
for the year ended 31 December 2021
This schedule does not form part of the statutory accounts

	Year ended 31/12/20221			Period 17/07/2019 to 31/12/2020		
	Total	Restricted funding	Unrestricted funding	Total	Restricted Funding	Unrestricted funding
Income						
Consultancy	-			773		773
Corporate & Organisation Session	518		518			
Donations	225		225	503		503
Public Sessions & Events	594	344	250	-		
Restricted Funding Grants	29,295	29,295		4,995	4,995	
Unrestricted Funding Grants	19,435		19,435	4,000		4,000
Total - income	50,067	29,639	20,428	10,271	4,995	5,276
Cost of project fulfilment						
Consultant and Contractor Costs - Programs	586	586		200	200	
Consultant and Contractor External Costs - Public Sessions & Events	1,600	1,600				
Contractors and Temp staff	2,913	2,913		1,400	1,291	109
Equipment & Resources - Corp & Organisat	-			33		33
Equipment & Resources - Programs	3,518	509	3,009	220	111	109
& Events	356	323	33	605	473	132
General Expenses	703	445	258	-		
Marketing - Programmes	1,058	1,058		-		
Marketing - Public Sessions & Events	191	78	113	-		
Miscellaneous Expenses	190	30	160	315	194	121
Other Direct Costs - Programs	571	571		-		
Salaries	21,194	19,788	1,406	3,473	2,700	773
Travel - National	1,183	68	1,115	-		
Venue Costs - Programs	917	917		-		
Venue Costs - Public Sessions & Events	294	294		345	195	150
Total - cost of project fulfilment	35,274	29,180	6,094	6,591	5,164	1,427
Other operating expenses						
Accountancy services	720		720	-		
Accounting Software	215		215	306		306
Bank Fees	2		2	-		
Employers National Insurance	1,025		1,025			
Entertainment-100% business	-			52		52
Insurance	461		461	461		461
IT Software and Consumables	96		96	192		192
Legal - Compliance and Registration	15		15	195		195
Marketing - Events	-			48		48
Marketing - Promotion resources & generic flyers	971		971	1,085	281	804
Marketing - Website & Email hosting	312		312	291		291
Office Equipment costs	174		174	7	7	
Postage, Freight & Courier	-			21		21
Printing & Stationery	1		1	308	2	306
Subscriptions	50		50	90		90
Salaries	911		911	-		
Subsistence & Refreshments	-			80		80
Telephone & Internet	174		174	97		97
Training & Conferences	40		40	306		306
Travel expenses	-			51		51
Total - other operating expenses	5,167	-	5,167	3,590	290	3,300
Net profit	9,626	459	9,167	90	(459)	549
Corp tax	(17)		(17)	17		17
Net income	9,643	459	9,184	73	(459)	532
Total funds brought forward	73	(459)	532	-	-	-
Total funds carried forward	9,716	-	9,716	73	(459)	532

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CIC 34

Community Interest Company Report

For official use
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***Please
complete in
typescript, or
in bold black
capitals.***

**Company Name in
full**

The Wild Mind Project CIC

Company Number

12108737

Year Ending

31 December 2021

(The date format is required in full)

Please ensure the company name is consistent with the company name entered on the accounts.

This template illustrates what the Regulator of Community Interest Companies considers to be best practice for completing a simplified community interest company report. All such reports must be delivered in accordance with section 34 of the Companies (Audit, Investigations and Community Enterprise) Act 2004 and contain the information required by Part 7 of the Community Interest Company Regulations 2005. For further guidance see chapter 8 of the Regulator's guidance notes and the alternate example provided for a more complex company with more detailed notes.

(N.B. A Filing Fee of £15 is payable on this document. Please enclose a cheque or postal order payable to Companies House)

PART 1 - GENERAL DESCRIPTION OF THE COMPANY'S ACTIVITIES AND IMPACT

In the space provided below, please insert a general account of the company's activities in the financial year to which the report relates, including a description of how they have benefited the community.

The Wild Mind Project has provided mental and emotional wellbeing support to 121 young people in 2021. We have used a combination of nature and creative activities which we deliver in community green spaces. Our nature activities, such as wildlife conservation and gardening, improve public areas that benefit the local community. These activities are combined with a wide range of creative activities and grounding exercises including meditation.

Talking and sharing has been encouraged, and importantly, the young people have developed a supportive peer network of new friends, that continues, well beyond the end of the programmes. The young people have also been encouraged to join local charitable projects, to experience the benefits of feeling part of their community and caring for the environment. We have run specific programmes for young people who identify as LGBTQ as they are a particularly vulnerable group.

Our programmes have helped to relieve anxiety, alleviate symptoms of depression and built resilience so that the young people can cope with life's challenges.

Through a collaborative approach to mental health, we have also supported 40 young people's parents/carers either through workshops or joint programmes with their young person. Our programmes improve communication and empathy between parent/carers and young people, leading to improved relationships.

We have worked with and trained 15 volunteers, some of whom have requested work experience as part of their studies.

The Wild Mind Project has expanded its operation into Brighton and East Sussex.

(If applicable, please just state "A social audit report covering these points is attached").

(Please continue on separate continuation sheet if necessary.)

PART 2 – CONSULTATION WITH STAKEHOLDERS – Please indicate who the company's stakeholders are; how the stakeholders have been consulted and what action, if any, has the company taken in response to feedback from its consultations? If there has been no consultation, this should be made clear.

Our stakeholders are young people experiencing mental ill-health, parents and carers of the young people, the organisations that refer young people to us (CAMHS, social workers, GPs etc), the local community organisations we work in partnership with and the land owners who own the green spaces we run the programmes at.

Before launching the organisation, we held focus groups, meetings and workshops with various stakeholders to understand need. The CEO is now a member of a number of local committees and forums discussing mental health, youth early intervention etc.

We have a steering group to help evaluate and improve our programmes and operation. Actions are minuted and followed through. Members include young people who have attended our programmes, members of the LGBTQ community, a youth counsellor, a conservationist, a partner charity, a beneficiary, a psychology student and parents of children with mental ill-health, representing a cross section of our stakeholders.

Participants are asked to complete an evaluation tool at the beginning and end of each session and a more in-depth questionnaire at the beginning and the end of each programme. This enables beneficiaries to give feedback.

Are evaluation data is analysed by University College London who have found a consistent and significant wellbeing improvement across our participants.

(If applicable, please just state "A social audit report covering these points is attached").

PART 3 – DIRECTORS' REMUNERATION – if you have provided full details in your accounts you need not reproduce it here. Please clearly identify the information within the accounts and confirm that, "There were no other transactions or arrangements in connection with the remuneration of directors, or compensation for director's loss of office, which require to be disclosed" (See example with full notes). If no remuneration was received you must state that "no remuneration was received" below.

Salaries	22,105
Employers' National Insurance contributions	<u>1,025</u>
Total	<u>£ 23,130</u>

There were no other transactions or arrangements in connection with the remuneration of directors, or compensation for director's loss of office, which require to be disclosed.

PART 4 – TRANSFERS OF ASSETS OTHER THAN FOR FULL CONSIDERATION – Please insert full details of any transfers of assets other than for full consideration e.g. Donations to outside bodies. If this does not apply you must state that "no transfer of assets other than for full consideration has been made" below.


No transfer of assets other than for full consideration has been made

PART 5 – SIGNATORY (Please note this must be a live signature)

(DD/MM/YY)

The original report must be signed by a director or secretary of the company

Signed



Date

08/04/2022

Please note that it is a legal requirement for the date format to be provided in full throughout the CIC34 report.

Applications will be rejected if this information is incorrect.

Office held (delete as appropriate) Director/Secretary

You do not have to give any contact information in the box opposite but if you do, it will help the Registrar of Companies to contact you if there is a query on the form. The contact information that you give will be visible to searchers of the public record.

B Simcox		
C/O 128 Hythe Road		
Brighton	E Sussex	BN1 6JS
Tel no 01273 230102		
DX Number		DX Exchange

When you have completed and signed the form, please attach it to the accounts and send both forms by post to the Registrar of Companies at:

For companies registered in England and Wales: Companies House, Crown Way, Cardiff, CF14 3UZ
DX 33050 Cardiff

For companies registered in Scotland: Companies House, 4th Floor, Edinburgh Quay 2, 139
Fountainbridge, Edinburgh, EH3 9FF DX 235 Edinburgh or LP – 4 Edinburgh 2

For companies registered in Northern Ireland: Companies House, 2nd Floor, The Linenhall, 32-38
Linenhall Street, Belfast, BT2 8BG

(N.B. Please enclose a cheque for £15 payable to Companies House)