

**AHEAD OF WELLBEING COMMUNITY INTEREST COMPANY**

**Company limited by guarantee**

**Company Registration Number:  
12045474 (England and Wales)**

**Unaudited statutory accounts for the year ended 30 June 2020**

**Period of accounts**

**Start date: 12 June 2019**

**End date: 30 June 2020**

# **AHEAD OF WELLBEING COMMUNITY INTEREST COMPANY**

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**for the Period Ended 30 June 2020**

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# AHEAD OF WELLBEING COMMUNITY INTEREST COMPANY

## Directors' report period ended 30 June 2020

The directors present their report with the financial statements of the company for the period ended 30 June 2020

### Principal activities of the company

Principal activity of the company during the financial period was of other human health activities.

### Directors

The director shown below has held office during the whole of the period from  
**12 June 2019 to 30 June 2020**

Sadie Jukes

The directors shown below have held office during the whole of the period from  
**12 June 2019 to 30 June 2020**

Elainor Louisa Walsh  
Brenda Morrison Webb

The director shown below has held office during the whole of the period from  
**12 June 2019 to 30 June 2020**

Jim Nicholls

The director shown below has held office during the period of  
**12 June 2019 to 12 June 2020**

Nicola Bailey

The above report has been prepared in accordance with the special provisions in part 15 of the Companies Act 2006

This report was approved by the board of directors on  
**11 June 2021**

And signed on behalf of the board by:

**Name: Elainor Louisa Walsh**  
**Status: Director**

# AHEAD OF WELLBEING COMMUNITY INTEREST COMPANY

## Balance sheet

As at 30 June 2020

	<i>Notes</i>	<i>13 months to 30 June 2020</i>	<b>£</b>
<b>Current assets</b>			
Cash at bank and in hand:			19,807
<b>Total current assets:</b>			<u>19,807</u>
Creditors: amounts falling due within one year:	3	( 589 )	
<b>Net current assets (liabilities):</b>			<u>19,218</u>
<b>Total assets less current liabilities:</b>			<u>19,218</u>
<b>Total net assets (liabilities):</b>			<u>19,218</u>
<b>Members' funds</b>			
Profit and loss account:			19,218
<b>Total members' funds:</b>			<u>19,218</u>

The notes form part of these financial statements

# AHEAD OF WELLBEING COMMUNITY INTEREST COMPANY

## Balance sheet statements

For the year ending 30 June 2020 the company was entitled to exemption under section 477 of the Companies Act 2006 relating to small companies.

The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.

The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.

These accounts have been prepared and delivered in accordance with the provisions applicable to companies subject to the small companies regime.

The directors have chosen not to file a copy of the company's profit and loss account.

**This report was approved by the board of directors on 11 June 2021  
and signed on behalf of the board by:**

Name: Elaine Louisa Walsh  
Status: Director

The notes form part of these financial statements

# **AHEAD OF WELLBEING COMMUNITY INTEREST COMPANY**

## **Notes to the Financial Statements**

**for the Period Ended 30 June 2020**

### **1. Accounting policies**

#### **Basis of measurement and preparation**

These financial statements have been prepared in accordance with the provisions of Section 1A (Small Entities) of Financial Reporting Standard 102

# AHEAD OF WELLBEING COMMUNITY INTEREST COMPANY

## Notes to the Financial Statements for the Period Ended 30 June 2020

### 2. Employees

*13 months to 30  
June 2020*

Average number of employees during the period

3

# AHEAD OF WELLBEING COMMUNITY INTEREST COMPANY

## Notes to the Financial Statements

for the Period Ended 30 June 2020

### 3. Creditors: amounts falling due within one year note

	<i>13 months to 30 June 2020</i>
	<b>£</b>
Taxation and social security	<b>182</b>
Accruals and deferred income	<b>400</b>
Other creditors	<b>7</b>
Total	<b><u>589</u></b>

# **COMMUNITY INTEREST ANNUAL REPORT**

## **AHEAD OF WELLBEING COMMUNITY INTEREST COMPANY**

**Company Number: 12045474 (England and Wales)**

**Year Ending: 30 June 2020**

### **Company activities and impact**

Holistic mental health services provided at low cost or free to those needing support. Peer group sessions, mental health first aid and wellbeing training. Domestic abuse safe space and freedom programme facilitating. Addiction guidance and support, women's wellbeing, mens peer groups and advocacy. Providing services to 600 plus participants over 12 months from June 2019 to June 2020.

### **Consultation with stakeholders**

Focus groups consisting of previous and current service users, focus groups meet bi-monthly in order to measure the effectiveness and going forward needs.

### **Directors' remuneration**

No remuneration was received

### **Transfer of assets**

No transfer of assets other than for full consideration

This report was approved by the board of directors on  
**11 June 2021**

And signed on behalf of the board by:

**Name: Elainor Louisa Walsh**

**Status: Director**

This document was delivered using electronic communications and authenticated in accordance with the registrar's rules relating to electronic form, authentication and manner of delivery under section 1072 of the Companies Act 2006.