

REGISTERED NUMBER: 11731188 (England and Wales)

FINANCIAL STATEMENTS FOR THE PERIOD 17 DECEMBER 2018 TO 31 MARCH 2020

FOR

MINDFUL HEALTHCARE LIMITED

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FOR THE PERIOD 17 DECEMBER 2018 TO 31 MARCH 2020**

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MINDFUL HEALTHCARE LIMITED
COMPANY INFORMATION
FOR THE PERIOD 17 DECEMBER 2018 TO 31 MARCH 2020

DIRECTORS:

S J E Barnby
J L Curtis
Dr B H Marais
C R Field

REGISTERED OFFICE:

16 Jacksons Orchard
Long Marston
Stratford-Upon-Avon
Warwickshire
CV37 8RU

REGISTERED NUMBER:

11731188 (England and Wales)

ACCOUNTANTS:

Vernon Gosling Friday Limited
10 Beech Court
Wokingham Road
Hurst
Berkshire
RG10 0RQ

MINDFUL HEALTHCARE LIMITED (REGISTERED NUMBER: 11731188)

**BALANCE SHEET
31 MARCH 2020**

	Notes	£
CURRENT ASSETS		
Debtors	4	50,000
Cash at bank		<u>4,943</u>
		54,943
CREDITORS		
Amounts falling due within one year	5	<u>16,274</u>
NET CURRENT ASSETS		38,669
TOTAL ASSETS LESS CURRENT LIABILITIES		38,669
CAPITAL AND RESERVES		
Called up share capital		17,119
Share premium		167,255
Retained earnings		<u>(145,705)</u>
SHAREHOLDERS' FUNDS		38,669

The company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the period ended 31 March 2020.

The members have not required the company to obtain an audit of its financial statements for the period ended 31 March 2020 in accordance with Section 476 of the Companies Act 2006.

The directors acknowledge their responsibilities for:

- (a) ensuring that the company keeps accounting records which comply with Sections 386 and 387 of the Companies Act 2006 and
- (b) preparing financial statements which give a true and fair view of the state of affairs of the company as at the end of each financial year and of its profit or loss for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the company.

The financial statements have been prepared and delivered in accordance with the provisions applicable to companies subject to the small companies regime.

In accordance with Section 444 of the Companies Act 2006, the Income Statement has not been delivered.

The financial statements were approved by the Board of Directors and authorised for issue on 1 December 2020 and were signed on its behalf by:

C R Field - Director

The notes form part of these financial statements

NOTES TO THE FINANCIAL STATEMENTS
FOR THE PERIOD 17 DECEMBER 2018 TO 31 MARCH 2020

1. **STATUTORY INFORMATION**

Mindful Healthcare Limited is a private company, limited by shares, registered in England and Wales. The company's registered number and registered office address can be found on the Company Information page.

2. **ACCOUNTING POLICIES**

Basis of preparing the financial statements

These financial statements have been prepared in accordance with Financial Reporting Standard 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland" including the provisions of Section 1A "Small Entities" and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

Turnover

Turnover is measured at the fair value of the consideration received or receivable, excluding discounts, rebates, value added tax and other sales taxes.

3. **EMPLOYEES AND DIRECTORS**

The average number of employees during the period was 1.

4. **DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR**

	£
Trade debtors	<u>50,000</u>

5. **CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR**

	£
Trade creditors	10,183
Taxation and social security	1,713
Other creditors	<u>4,378</u>
	<u>16,274</u>

This document was delivered using electronic communications and authenticated in accordance with the registrar's rules relating to electronic form, authentication and manner of delivery under section 1072 of the Companies Act 2006.