

Unaudited Financial Statements

for the Period 7 November 2018 to 30 November 2019

for

True Personal Training Ltd

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Balance Sheet
30 November 2019

	£	£
FIXED ASSETS		32,169
CURRENT ASSETS	23,181	
CREDITORS Amounts falling due within one year	(62,783)	
NET CURRENT LIABILITIES		(39,602)
TOTAL ASSETS LESS CURRENT LIABILITIES		(7,433)
CREDITORS Amounts falling due after more than one year		4,539
NET LIABILITIES		(11,972)
CAPITAL AND RESERVES		(11,972)

NOTES TO THE FINANCIAL STATEMENTS

1. **STATUTORY INFORMATION**

True Personal Training Ltd is a private company, limited by shares, registered in England and Wales. The company's registered number and registered office address are as below:

Registered number: 11664554
Registered office: 11 The Shambles
Wetherby
West Yorkshire
LS22 6NG

2. **AVERAGE NUMBER OF EMPLOYEES**

The average number of employees during the period was 3.

3. **GOING CONCERN**

The company continues to be supported by its director. They have reviewed the company's financial position and have concluded that it will be able to meet its financial obligations for at least 12 months from the date these financial statements were approved. The financial statements have therefore been prepared on a going concern basis.

Balance Sheet - continued
30 November 2019

The company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the period ended 30 November 2019.

The members have not required the company to obtain an audit of its financial statements for the period ended 30 November 2019 in accordance with Section 476 of the Companies Act 2006.

The director acknowledges his responsibilities for:

- (a) ensuring that the company keeps accounting records which comply with Sections 386 and 387 of the Companies Act 2006 and preparing financial statements which give a true and fair view of the state of affairs of the company as at the end of each financial year and of its profit or loss for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the company.
- (b)

The financial statements have been prepared in accordance with the micro-entity provisions and delivered in accordance with the provisions applicable to companies subject to the small companies regime.

The financial statements were approved by the director on 31 March 2020 and were signed by:

E J A Rycroft - Director

This document was delivered using electronic communications and authenticated in accordance with the registrar's rules relating to electronic form, authentication and manner of delivery under section 1072 of the Companies Act 2006.