

VITAMIN SHOP STAINES LTD
UNAUDITED ACCOUNTS
FOR THE YEAR ENDED 30 SEPTEMBER 2021

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UNAUDITED ACCOUNTS
CONTENTS

	Page
<u>Company information</u>	<u>3</u>
<u>Statement of financial position</u>	<u>4</u>
<u>Notes to the accounts</u>	<u>5</u>

VITAMIN SHOP STAINES LTD
COMPANY INFORMATION
FOR THE YEAR ENDED 30 SEPTEMBER 2021

Director	Michal Antoni Przybylski
Company Number	11561528 (England and Wales)
Registered Office	161 HIGH STREET STAINES-UPON-THAMES TW18 4PA ENGLAND
Accountants	KM Accountancy Services Ltd ACCA Accounting Technician 1000 Great West Rd Suite 209, United Business Centre Brentford, London TW8 9DW

VITAMIN SHOP STAINES LTD
STATEMENT OF FINANCIAL POSITION
AS AT 30 SEPTEMBER 2021

	Notes	2021 £	2020 £
Current assets			
Inventories		41,250	33,491
Cash at bank and in hand		808	992
		<u>42,058</u>	<u>34,483</u>
Creditors: amounts falling due within one year	4	(71,996)	(55,340)
Net current liabilities		<u>(29,938)</u>	<u>(20,857)</u>
Total assets less current liabilities		(29,938)	(20,857)
Creditors: amounts falling due after more than one year	5	(11,486)	(13,500)
Net liabilities		<u>(41,424)</u>	<u>(34,357)</u>
Capital and reserves			
Called up share capital		100	100
Capital contribution reserve		(2,136)	(2,136)
Profit and loss account		(39,388)	(32,321)
Shareholders' funds		<u>(41,424)</u>	<u>(34,357)</u>

For the year ending 30 September 2021 the company was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies. The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.

The director acknowledges his responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.

These accounts have been prepared and delivered in accordance with the provisions applicable to companies subject to the small companies' regime and in accordance with the provisions of FRS 102 Section 1A - Small Entities. The profit and loss account has not been delivered to the Registrar of Companies.

The financial statements were approved by the Board and authorised for issue on 17 April 2022 and were signed on its behalf by

Michał Antoni Przybylski
Director

Company Registration No. 11561528

VITAMIN SHOP STAINES LTD
NOTES TO THE ACCOUNTS
FOR THE YEAR ENDED 30 SEPTEMBER 2021

1 Statutory information

Vitamin Shop Staines Ltd is a private company, limited by shares, registered in England and Wales, registration number 11561528. The registered office is 161 HIGH STREET, STAINES-UPON-THAMES, TW18 4PA, ENGLAND.

2 Compliance with accounting standards

The accounts have been prepared in accordance with the provisions of FRS 102 Section 1A Small Entities. There were no material departures from that standard.

3 Accounting policies

The principal accounting policies adopted in the preparation of the financial statements are set out below and have remained unchanged from the previous year, and also have been consistently applied within the same accounts.

Basis of preparation

The accounts have been prepared under the historical cost convention as modified by the revaluation of certain fixed assets.

Presentation currency

The accounts are presented in £ sterling.

4 Creditors: amounts falling due within one year

	2021	2020
	£	£
Bank loans and overdrafts	2,871	-
VAT	49	206
Other creditors	69,076	-
Loans from directors	-	55,134
	<hr/> 71,996	<hr/> 55,340
	<hr/> <hr/>	<hr/> <hr/>

5 Creditors: amounts falling due after more than one year

	2021	2020
	£	£
Bank loans	11,486	13,500
	<hr/> <hr/>	<hr/> <hr/>

6 Average number of employees

During the year the average number of employees was 1 (2020: 1).

