

**VITAMIN SHOP STAINES LTD  
UNAUDITED ACCOUNTS  
FOR THE YEAR ENDED 30 SEPTEMBER 2020**

**VITAMIN SHOP STAINES LTD**  
**UNAUDITED ACCOUNTS**  
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**VITAMIN SHOP STAINES LTD**  
**COMPANY INFORMATION**  
**FOR THE YEAR ENDED 30 SEPTEMBER 2020**

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<b>Director</b>	Michal Antoni Przybylski
<b>Company Number</b>	11561528 (England and Wales)
<b>Registered Office</b>	161 HIGH STREET STAINES-UPON-THAMES TW18 4PA ENGLAND
<b>Accountants</b>	KM Accountancy Services Ltd ACCA Accounting Technician 1000 Great West Rd Suite 209, United Business Centre Brentford, London TW8 9DW

**VITAMIN SHOP STAINES LTD**  
**STATEMENT OF FINANCIAL POSITION**  
**AS AT 30 SEPTEMBER 2020**

	Notes	2020 £	2019 £
<b>Current assets</b>			
Inventories		33,491	20,000
Cash at bank and in hand		992	1,205
		<u>34,483</u>	<u>21,205</u>
<b>Creditors: amounts falling due within one year</b>	4	(55,340)	(48,385)
<b>Net current liabilities</b>		<u>(20,857)</u>	<u>(27,180)</u>
<b>Total assets less current liabilities</b>		(20,857)	(27,180)
<b>Creditors: amounts falling due after more than one year</b>	5	(13,500)	-
<b>Net liabilities</b>		<u>(34,357)</u>	<u>(27,180)</u>
<b>Capital and reserves</b>			
Called up share capital		100	100
Capital contribution reserve		(2,136)	(2,136)
Profit and loss account		(32,321)	(25,144)
<b>Shareholders' funds</b>		<u>(34,357)</u>	<u>(27,180)</u>

For the year ending 30 September 2020 the company was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies. The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.

The director acknowledges his responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.

These accounts have been prepared and delivered in accordance with the provisions applicable to companies subject to the small companies' regime and in accordance with the provisions of FRS 102 Section 1A - Small Entities. The profit and loss account has not been delivered to the Registrar of Companies.

The financial statements were approved by the Board and authorised for issue on 18 May 2021 and were signed on its behalf by

Michal Antoni Przybylski  
Director

Company Registration No. 11561528

**VITAMIN SHOP STAINES LTD**  
**NOTES TO THE ACCOUNTS**  
**FOR THE YEAR ENDED 30 SEPTEMBER 2020**

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**1 Statutory information**

Vitamin Shop Staines Ltd is a private company, limited by shares, registered in England and Wales, registration number 11561528. The registered office is 161 HIGH STREET, STAINES-UPON-THAMES, TW18 4PA, ENGLAND.

**2 Compliance with accounting standards**

The accounts have been prepared in accordance with the provisions of FRS 102 Section 1A Small Entities. There were no material departures from that standard.

**3 Accounting policies**

The principal accounting policies adopted in the preparation of the financial statements are set out below and have remained unchanged from the previous year, and also have been consistently applied within the same accounts.

***Basis of preparation***

The accounts have been prepared under the historical cost convention as modified by the revaluation of certain fixed assets.

***Presentation currency***

The accounts are presented in £ sterling.

<b>4 Creditors: amounts falling due within one year</b>	<b>2020</b>	<b>2019</b>
	<b>£</b>	<b>£</b>
VAT	206	329
Other creditors	-	1,400
Loans from directors	55,134	44,824
Accruals	-	1,832
	<hr/>	<hr/>
	55,340	48,385
	<hr/>	<hr/>
<b>5 Creditors: amounts falling due after more than one year</b>	<b>2020</b>	<b>2019</b>
	<b>£</b>	<b>£</b>
Bank loans	13,500	-

**6 Average number of employees**

During the year the average number of employees was 1 (2019: 1).

