

LIVING MIND WELLBEING LIMITED
UNAUDITED ACCOUNTS
FOR THE PERIOD FROM 16 AUGUST 2018 TO 31 JULY 2019

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UNAUDITED ACCOUNTS
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LIVING MIND WELLBEING LIMITED
COMPANY INFORMATION
FOR THE PERIOD FROM 16 AUGUST 2018 TO 31 JULY 2019

Directors	Dr A Sarkhel Mrs M Gulati Sarkhel
Company Number	11473598 (England and Wales)
Registered Office	10 Harley Street London W1G 9PF
Accountants	Rhian Davies ACA 31 New Road Llandeilo SA19 6DF

LIVING MIND WELLBEING LIMITED
STATEMENT OF FINANCIAL POSITION
AS AT 31 JULY 2019

	Notes	2019 £
Fixed assets		
Tangible assets	4	44,144
Current assets		
Debtors	5	15,045
Cash at bank and in hand		11,547
		<u>26,592</u>
Creditors: amounts falling due within one year	6	(46,308)
Net current liabilities		<u>(19,716)</u>
Net assets		<u>24,428</u>
Capital and reserves		
Called up share capital		100
Profit and loss account		24,328
Shareholders' funds		<u><u>24,428</u></u>

For the period ending 31 July 2019 the company was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies. The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.

The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.

These accounts have been prepared and delivered in accordance with the provisions applicable to companies subject to the small companies' regime and in accordance with the provisions of FRS 102 Section 1A - Small Entities. The profit and loss account has not been delivered to the Registrar of Companies.

Approved by the Board on 12 April 2020.

Dr A Sarkhel
Director

Company Registration No. 11473598

LIVING MIND WELLBEING LIMITED
NOTES TO THE ACCOUNTS
FOR THE PERIOD FROM 16 AUGUST 2018 TO 31 JULY 2019

1 Statutory information

Living Mind Wellbeing Limited is a private company, limited by shares, registered in England and Wales, registration number 11473598. The registered office is 10 Harley Street, London, W1G 9PF.

2 Compliance with accounting standards

The accounts have been prepared in accordance with the provisions of FRS 102 Section 1A Small Entities. There were no material departures from that standard.

3 Accounting policies

The principal accounting policies adopted in the preparation of the financial statements are set out below and have been consistently applied within the same accounts.

Basis of preparation

The accounts have been prepared under the historical cost convention as modified by the revaluation of certain fixed assets.

Presentation currency

The accounts are presented in £ sterling.

Turnover

Turnover is measured at the fair value of the consideration received or receivable, excluding discounts, rebates, value added tax and other sales taxes. Turnover from the sale of goods is recognised when goods have been delivered to customers such that risks and rewards of ownership have transferred to them. Turnover from the rendering of services is recognised by reference to the stage of completion of the contract. The stage of completion of a contract is measured by comparing the costs incurred for work performed to date to the total estimated contract costs.

Tangible fixed assets and depreciation

Tangible assets are included at cost less depreciation and impairment. Depreciation has been provided at the following rates in order to write off the assets over their estimated useful lives:

Plant & machinery	25% reducing balance
Computer equipment	25% straight line

4 Tangible fixed assets

	Plant & machinery £	Computer equipment £	Total £
Cost or valuation	At cost	At cost	
At 16 August 2018	-	-	-
Additions	56,852	2,006	58,858
At 31 July 2019	56,852	2,006	58,858
Depreciation			
Charge for the period	14,213	501	14,714
At 31 July 2019	14,213	501	14,714
Net book value			
At 31 July 2019	42,639	1,505	44,144

LIVING MIND WELLBEING LIMITED
NOTES TO THE ACCOUNTS
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5	Debtors	2019
		£

	Trade debtors	15,045
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6	Creditors: amounts falling due within one year	2019
		£

	Taxes and social security	2,224
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	Other creditors	44,084
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		46,308
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7 Transactions with related parties

Included in Other Creditors is an amount of £44,084 owed by the company to Living Mind Limited. The two companies are connected as they share the same directors.

8 Average number of employees

During the period the average number of employees was 2.

