

HUNTSLAND NUTRITION C.L.C.

**Company Registration Number:
11460745 (England and Wales)**

Unaudited statutory accounts for the year ended 31 July 2021

Period of accounts

Start date: 1 August 2020

End date: 31 July 2021

HUNTSLAND NUTRITION C.I.C.

Contents of the Financial Statements

for the Period Ended 31 July 2021

Directors report

Profit and loss

Balance sheet

Additional notes

Balance sheet notes

Community Interest Report

HUNTSLAND NUTRITION C.I.C.

Directors' report period ended 31 July 2021

The directors present their report with the financial statements of the company for the period ended 31 July 2021

Directors

The directors shown below have held office during the whole of the period from
1 August 2020 to 31 July 2021

Heidi Giaever
Geert Henri Follens

The above report has been prepared in accordance with the special provisions in part 15 of the Companies Act 2006

This report was approved by the board of directors on
12 April 2022

And signed on behalf of the board by:

Name: Heidi Giaever
Status: Director

HUNTSLAND NUTRITION C.L.C.

Profit And Loss Account for the Period Ended 31 July 2021

	<i>2021</i>	<i>2020</i>
	£	£
Turnover:	7,135	6,000
Gross profit(or loss):	<u>7,135</u>	<u>6,000</u>
Administrative expenses:	(8,419)	(7,725)
Operating profit(or loss):	<u>(1,284)</u>	<u>(1,725)</u>
Profit(or loss) before tax:	<u>(1,284)</u>	<u>(1,725)</u>
Profit(or loss) for the financial year:	<u>(1,284)</u>	<u>(1,725)</u>

HUNTSLAND NUTRITION C.I.C.

Balance sheet

As at 31 July 2021

	<i>Notes</i>	<i>2021</i>	<i>2020</i>
		£	£
Called up share capital not paid:		100	100
Fixed assets			
Tangible assets:	3	1,212	880
Total fixed assets:		<u>1,212</u>	<u>880</u>
Current assets			
Cash at bank and in hand:		4,047	2,802
Total current assets:		<u>4,047</u>	<u>2,802</u>
Net current assets (liabilities):		<u>4,047</u>	<u>2,802</u>
Total assets less current liabilities:		<u>5,359</u>	<u>3,782</u>
Creditors: amounts falling due after more than one year:	4	(11,351)	(8,510)
Accruals and deferred income:		(170)	(150)
Total net assets (liabilities):		<u>(6,162)</u>	<u>(4,878)</u>
Capital and reserves			
Called up share capital:		100	100
Profit and loss account:		(6,262)	(4,978)
Total Shareholders' funds:		<u>(6,162)</u>	<u>(4,878)</u>

The notes form part of these financial statements

HUNTSLAND NUTRITION C.I.C.

Balance sheet statements

For the year ending 31 July 2021 the company was entitled to exemption under section 477 of the Companies Act 2006 relating to small companies.

The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.

The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.

These accounts have been prepared and delivered in accordance with the provisions applicable to companies subject to the small companies regime.

**This report was approved by the board of directors on 12 April 2022
and signed on behalf of the board by:**

Name: Heidi Giaever
Status: Director

The notes form part of these financial statements

HUNTSLAND NUTRITION C.I.C.

Notes to the Financial Statements

for the Period Ended 31 July 2021

1. Accounting policies

Basis of measurement and preparation

These financial statements have been prepared in accordance with the provisions of Section 1A (Small Entities) of Financial Reporting Standard 102

Tangible fixed assets depreciation policy

25% Reducing Balance

HUNTSLAND NUTRITION C.I.C.

Notes to the Financial Statements for the Period Ended 31 July 2021

2. Employees

	<i>2021</i>	<i>2020</i>
Average number of employees during the period	1	1

HUNTSLAND NUTRITION C.L.C.

Notes to the Financial Statements

for the Period Ended 31 July 2021

3. Tangible assets

	Land & buildings	Plant & machinery	Fixtures & fittings	Office equipment	Motor vehicles	Total
Cost	£	£	£	£	£	£
At 1 August 2020	0	416		464		880
Additions		610		201		811
Disposals						
Revaluations						
Transfers						
At 31 July 2021	0	1,026		665		1,691
Depreciation						
At 1 August 2020		0		0		0
Charge for year		257		222		479
On disposals						
Other adjustments						
At 31 July 2021		257		222		479
Net book value						
At 31 July 2021	0	769		443		1,212
At 31 July 2020	0	416		464		880

HUNTSLAND NUTRITION C.I.C.

Notes to the Financial Statements

for the Period Ended 31 July 2021

4. Creditors: amounts falling due after more than one year note

	<i>2021</i>	<i>2020</i>
	£	£
Other creditors	11,351	8,510
Total	<u>11,351</u>	<u>8,510</u>

COMMUNITY INTEREST ANNUAL REPORT

HUNTSLAND NUTRITION C.I.C.

Company Number: 11460745 (England and Wales)

Year Ending: 31 July 2021

Company activities and impact

The company's activities involve nutrition consultations and lifestyle advice to patients in Sussex and beyond, including virtual on-line sessions. All patient consultations undertaken this year are with patients who currently (or are likely to) suffer from metabolic health challenges, food addiction and related diseases, where help to change their diets and eating habits can improve their health and reduce their risk of related knock-on diseases. Most of the work has been with private patients and some from patients at GP surgeries in Sussex. Most consultations this year have been private and some invoiced to Social Prescribing.

Consultation with stakeholders

Patients – these are the stakeholders who personally benefit from nutrition consultations to improve their health and wellbeing. All invoiceable time is spent with this stakeholder group. Surgery Clinicians – these stakeholders refer patients to Huntsland Nutrition CIC. A small amount of time is spent liaising with this group of stakeholders to ensure good communication about patient progress and challenges and to encourage appropriate referrals. Social Prescribing / Prescription Plus, Crawley CVS – this stakeholder has provided funding for patients referred by the surgeries. There is increasingly less work with this stakeholder. PCNs – These are primary care networks of surgeries, who are increasingly funding patients for referrals.

Directors' remuneration

A salary of £2500 was paid to the director Heidi Giaever in the year. There were no other transactions or arrangements in connection with the remuneration of directors, or compensation for director's loss of office, which require to be disclosed

Transfer of assets

No transfer of assets other than for full consideration

This report was approved by the board of directors on
12 April 2022

And signed on behalf of the board by:

Name: Heidi Giaever

Status: Director

This document was delivered using electronic communications and authenticated in accordance with the registrar's rules relating to electronic form, authentication and manner of delivery under section 1072 of the Companies Act 2006.