

HUNTSLAND NUTRITION C.I.C.

**Company Registration Number:
11460745 (England and Wales)**

Unaudited statutory accounts for the year ended 31 July 2020

Period of accounts

Start date: 1 August 2019

End date: 31 July 2020

HUNTSLAND NUTRITION C.I.C.

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HUNTSLAND NUTRITION C.I.C.

Directors' report period ended 31 July 2020

The directors present their report with the financial statements of the company for the period ended 31 July 2020

Directors

The directors shown below have held office during the whole of the period from
1 August 2019 to 31 July 2020

Heidi Giaever
Geert Henri Follens

The above report has been prepared in accordance with the special provisions in part 15 of the Companies Act 2006

This report was approved by the board of directors on
29 April 2021

And signed on behalf of the board by:

Name: Heidi Giaever
Status: Director

HUNTSLAND NUTRITION C.I.C.

Profit And Loss Account for the Period Ended 31 July 2020

| | 2020 | 13 months to 31 July 2019 |
|--|----------------|------------------------------|
| | £ | £ |
| Turnover: | 6,000 | 1,930 |
| Gross profit(or loss): | 6,000 | 1,930 |
| Administrative expenses: | (7,724) | (5,183) |
| Operating profit(or loss): | (1,724) | (3,253) |
| Profit(or loss) before tax: | (1,724) | (3,253) |
| Profit(or loss) for the financial year: | (1,724) | (3,253) |

HUNTSLAND NUTRITION C.I.C.

Balance sheet

As at 31 July 2020

| | <i>Notes</i> | <i>2020</i> | <i>13 months to 31 July 2019</i> |
|--|--------------|------------------|--------------------------------------|
| | | £ | £ |
| Called up share capital not paid: | | 100 | 100 |
| Fixed assets | | | |
| Tangible assets: | 3 | 880 | 0 |
| Total fixed assets: | | 880 | 0 |
| Current assets | | | |
| Debtors: | 4 | 540 | 340 |
| Cash at bank and in hand: | | 2,262 | 598 |
| Total current assets: | | 2,802 | 938 |
| Net current assets (liabilities): | | 2,802 | 938 |
| Total assets less current liabilities: | | 3,782 | 1,038 |
| Creditors: amounts falling due after more than one year: | 5 | (8,510) | (4,091) |
| Accruals and deferred income: | | (150) | (100) |
| Total net assets (liabilities): | | (4,878) | (3,153) |
| Capital and reserves | | | |
| Called up share capital: | | 100 | 100 |
| Other reserves: | | (4,978) | (3,253) |
| Total Shareholders' funds: | | (4,878) | (3,153) |

The notes form part of these financial statements

HUNTSLAND NUTRITION C.I.C.

Balance sheet statements

For the year ending 31 July 2020 the company was entitled to exemption under section 477 of the Companies Act 2006 relating to small companies.

The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.

The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.

These accounts have been prepared and delivered in accordance with the provisions applicable to companies subject to the small companies regime.

**This report was approved by the board of directors on 29 April 2021
and signed on behalf of the board by:**

Name: Heidi Giaever
Status: Director

The notes form part of these financial statements

HUNTSLAND NUTRITION C.I.C.

Notes to the Financial Statements

for the Period Ended 31 July 2020

1. Accounting policies

Basis of measurement and preparation

These financial statements have been prepared in accordance with the provisions of Section 1A (Small Entities) of Financial Reporting Standard 102

HUNTSLAND NUTRITION C.I.C.

Notes to the Financial Statements for the Period Ended 31 July 2020

2. Employees

| | <i>2020</i> | <i>13 months to 31 July 2019</i> |
|---|-------------|--------------------------------------|
| Average number of employees during the period | 1 | 1 |

HUNTSLAND NUTRITION C.I.C.

Notes to the Financial Statements

for the Period Ended 31 July 2020

3. Tangible assets

| | Land & buildings | Plant & machinery | Fixtures & fittings | Office equipment | Motor vehicles | Total |
|-----------------------|------------------|-------------------|---------------------|------------------|----------------|-------|
| Cost | £ | £ | £ | £ | £ | £ |
| At 1 August 2019 | | | | 0 | | 0 |
| Additions | | | | 880 | | 880 |
| Disposals | | | | | | |
| Revaluations | | | | | | |
| Transfers | | | | | | |
| At 31 July 2020 | | | | 880 | | 880 |
| Depreciation | | | | | | |
| At 1 August 2019 | | | | | | |
| Charge for year | | | | | | |
| On disposals | | | | | | |
| Other adjustments | | | | | | |
| At 31 July 2020 | | | | | | |
| Net book value | | | | | | |
| At 31 July 2020 | | | | 880 | | 880 |
| At 31 July 2019 | | | | 0 | | 0 |

HUNTSLAND NUTRITION C.I.C.

Notes to the Financial Statements for the Period Ended 31 July 2020

4. Debtors

| | <i>2020</i> | <i>13 months to 31 July 2019</i> |
|---------------|-------------|--------------------------------------|
| | £ | £ |
| Trade debtors | 540 | 340 |
| Total | <u>540</u> | <u>340</u> |

HUNTSLAND NUTRITION C.I.C.

Notes to the Financial Statements

for the Period Ended 31 July 2020

5. Creditors: amounts falling due after more than one year note

| | <i>2020</i> | <i>13 months to 31 July 2019</i> |
|---------------------------|--------------|--------------------------------------|
| | <i>£</i> | <i>£</i> |
| Bank loans and overdrafts | 8,510 | 4,091 |
| Total | <u>8,510</u> | <u>4,091</u> |

COMMUNITY INTEREST ANNUAL REPORT

HUNTSLAND NUTRITION C.I.C.

Company Number: 11460745 (England and Wales)

Year Ending: 31 July 2020

Company activities and impact

The company's activities involve nutrition consultations and lifestyle advice to patients in the Crawley area, but with COVID lockdown, extending to virtual on-line sessions involving patients in other areas. All patient consultations undertaken this year are with patients who currently (or are likely to) suffer from metabolic health challenges, food addiction and related diseases, where help to change their diets and eating habits can improve their health and reduce their risk of related knock-on diseases. Most of the work has been with Southgate Medical Group, providing practical support to this and other GP surgeries in the area. Approximately one quarter of the time has been spent working to support patients from other surgeries. The vast majority of consultations this year have been done in partnership with and invoiced to Social Prescribing.

Consultation with stakeholders

The main stakeholder relations are as follows: Patients – these are the stakeholders who personally benefit from nutrition consultations to improve their health and wellbeing. All invoiceable time is spent with this stakeholder group. Surgery Clinicians – these stakeholders refer patients to Huntsland Nutrition CIC. A small amount of time is spent liaising with this group of stakeholders to ensure good communication about patient progress and challenges and to encourage appropriate referrals. Social Prescribing / Prescription Plus, Crawley CVS – this stakeholder provides the funding for patients referred by the surgeries, so as such, this is the main customer who has paid Huntsland Nutrition CIC this year.

Directors' remuneration

A salary of £2,500 was paid to the director Heidi Giaever in the year. There were no other transactions or arrangements in connection with the remuneration of directors, or compensation for director's loss of office, which require to be disclosed

Transfer of assets

No transfer of assets other than for full consideration

This report was approved by the board of directors on
29 April 2021

And signed on behalf of the board by:

Name: Heidi Giaever

Status: Director

This document was delivered using electronic communications and authenticated in accordance with the registrar's rules relating to electronic form, authentication and manner of delivery under section 1072 of the Companies Act 2006.