

MTF FITNESS LTD

**Company Registration Number:
11447859 (England and Wales)**

Unaudited micro entity accounts for the year ended 31 July 2022

Period of accounts

Start date: 01 August 2021

End date: 31 July 2022

MTF FITNESS LTD

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for the Period Ended 31 July 2022

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MTF FITNESS LTD

Company Information

for the Period Ended 31 July 2022

Registered office:

40
Brancaster Drive
London
GBR
NW7 2SJ

Company Registration Number:

11447859 (England and Wales)

MTF FITNESS LTD

Profit and Loss Account for the Period Ended 31 July 2022

	<i>2022</i> <i>£</i>	<i>2021</i> <i>£</i>
Turnover	43,866	32,928
Income from coronavirus (COVID-19) business support grants	4,000	27,429
Cost of Materials	(46,340)	(57,188)
Tax on Profit	-	(183)
Profit or (Loss) for Period	1,526	2,986

MTF FITNESS LTD

Balance sheet

As at 31 July 2022

	<i>2022</i> <i>£</i>	<i>2021</i> <i>£</i>
Creditors: amounts falling due within one year:	(13,471)	(15,000)
Net current assets (liabilities):	(13,471)	(15,000)
Total assets less current liabilities:	(13,471)	(15,000)
Total net assets (liabilities):	(13,471)	(15,000)
Capital and reserves:	(13,471)	(15,000)

MTF FITNESS LTD

Balance sheet continued

For the year ending 31 July 2022 the company was entitled to exemption under section 477 of the Companies Act 2006 relating to small companies.

The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.

The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.

These accounts have been prepared and delivered in accordance with the provisions of the small companies regime applicable to micro-entities.

This report was approved by the board of directors on 17 November 2022

And Signed On Behalf Of The Board By:

Name: Samira Tarjan

Status: Director

The notes form part of these financial statements

MTF FITNESS LTD

Footnotes to the Financial Statements

for the Period Ended 31 July 2022

1. Employee Information

Average number of employees: 0

MTF FITNESS LTD

Footnotes to the Financial Statements

for the Period Ended 31 July 2022

2. Off balance sheet disclosure

No

This document was delivered using electronic communications and authenticated in accordance with the registrar's rules relating to electronic form, authentication and manner of delivery under section 1072 of the Companies Act 2006.